



21st Sunday after Pentecost

The Holy Wonderworker and Equal-to-the-Apostles Abercius – Abercius was Bishop of Hierapolis in Phrygia at the time of Emperor Antoninus (161-180). He performed many miracles of healing including the Emperor's daughter. Soon everyone in pagan Hierapolis came to believe in Christ and was baptized. He died at the end of the 2nd century.

Holy Father John Paul II, Pope.

***** Sunday, October 22nd, 2023 *****

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Parish Liturgical Services

Saturday, Oct. 21 * Grindrod Parish ** 3:30 - 4:00 p.m.**
Confessions ** 4:00 p.m. *Div. Lit.: God's blessings to all parishioners*

Sunday, Oct. 22 * 9:30 a.m. ** Rosary (Eng.) / Confessions**
***** 10:00 a.m. * Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners**

Monday, Oct. 23 * 9:30 a.m. Div. Lit.: Souls in Purgatory – Leah B.**

Tuesday Oct. 24 * 9:00 a.m. Div. Lit.: +John Eng**

Thursday, Oct. 26 ** Feast of +Great-Martyr Demetrius *
9:30 a.m. Div. Lit.: God's blessings & good health for Al Ludwig

Friday, Oct. 27 * 6:00 p.m. Moleben to the Mother of God –**
day of prayer, fasting & penance for peace in the world

Saturday, Oct. 28Grindrod Parish ** 2:30 - 3:00 p.m.**
Confessions * 3:00 p.m. *Div. Lit.: God's blessings to all parishioners*

Sunday, Oct. 29 *** 9:30 a.m. ** **Rosary (Eng.) / Confessions**
 *** **10:00 a.m.** * *Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners*

Troparion, Tone 4: When the disciples of the Lord learned from the angel* the glorious news of the resurrection* and cast off the ancestral condemnation,* they proudly told the apostles:* “Death has been plundered!* Christ our God is risen,* granting to the world great mercy.”

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 4: My Saviour and Deliverer from the grave * as God raised out of bondage the children of the earth* and shattered the gates of Hades; * and as Master, He rose on the third day.

Now and for ever and ever. Amen.

Theotokion, Tone 4: By your birth, O immaculate one, * Joachim and Anna were freed from the reproach of childlessness, * and Adam and Eve * from the corruption of death.* And your people, redeemed from the guilt of their sins,* celebrate as they cry out to you: * “The barren one gives birth to the Mother of God* and nourisher of our life.”

Prokeimenon, Tone 4 - How great are Your works, O Lord* You have made all things in wisdom.

verse: Bless the Lord, O my soul: O Lord my God, You are exceedingly great. (*Psalms 103:24,1*)

Epistle: *Galatians 2:16-20 (NRSV)*

Brothers and Sisters, we know that a person is justified not by the works of the law, but through faith in Jesus Christ. And we have come to believe in Christ Jesus, so that we might be justified by faith in Christ, and not by doing the works of the law, because no one will be justified by the works of the law. But if, in our effort to be justified in Christ, we ourselves have been found to be sinners, is Christ then a servant of sin? Certainly not! But if I

build up again the very things that I once tore down, then I demonstrate that I am a transgressor. For through the law I died to the law, so that I might live to God. I have been crucified with Christ; and it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh, I live by faith in the Son of God, who loved me and gave himself for me.

Alleluia, Tone 4 - Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.

verse: You have loved justice and hated iniquity.

Gospel: Luke 8:5-15 (NRSV)



The Lord spoke this parable: “A sower went out to sow his seed; and as he sowed, some fell on the path and was trampled on, and the birds of the air ate it up. Some fell on the rock; and as it grew up, it withered for lack of moisture. Some fell among thorns, and the thorns grew with it and choked it. Some fell into good soil, and when it grew, it produced a hundredfold.” As he said this, he called out, “Let anyone with ears to hear listen!”

Then his disciples asked him what this parable meant. He said, “To you it has been given to know the secrets of the kingdom of God; but to others I speak in parables, so that ‘looking they may not perceive, and listening they may not understand.’

“Now the parable is this: The seed is the word of God. The ones on the path are those who have heard; then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. The ones on the rock are those who, when they hear the word, receive it with joy. But these have no root; they believe only for a while and in a time of testing fall away. As for what fell among the thorns, these are the ones who hear; but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. But as for that in the good soil, these are the ones who, when they hear the word, hold it fast in an honest and good heart, and bear fruit with

patient endurance.

Communion Hymn - Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (*Psalm 148:1*)



CATECHETICAL SUMMARY

Jesus used the parable of the sower to demonstrate how the Word of God interacts with different kinds of people. There are serious impediments to a seed's ability to germinate, let alone blossom, in the different places the seed might land. This is as true for a farm field, as it is for the garden of our hearts. We cultivate the ground of our hearts through repentance and confession of sins, which requires the plough of humility to break up the clods of our hard heartedness.

“Ploughing the ground was devised by farmers as a means of extracting wild roots from deep down in the earth, and rendering it capable of receiving our seeds and plants. Confession does exactly this for the reasonable field, our heart. It digs up the evil passions concealed within it and throws them out, making it ready to take in the sacred seeds, and suitable to grow a fine harvest of virtues” (Saint Gregory Palamas)

“To believe in Jesus means believing that love exists in the world and is stronger than any evil in which an individual person or the rest of the world is ensnared... The young can build a better future if they first put their faith in God, and if they pledge themselves to build this new world in accordance with God's plan, with wisdom and trust.” *St. John Paul II*

A warm welcome - to all parishioners & guests who join us today in our church for the Divine Liturgy. We wish you a blessed & healthy week!

**** ANNOUNCEMENTS ****



Thank you to all our Supporters & Volunteers –



Дякуємо – We are very grateful to everyone for your continued support of our parish community and for supporting our brothers & sisters in Ukraine. Our gratitude to everyone who has so far contributed towards our insurance bill. Thank you to Mr. Orest Hrycewich & Mr. John Chaplin for winterising the irrigation system. God bless you all!

Please Pray for health of ... All those wounded in the war in Ukraine and: June W., Joe & Linda S., Sharon & Al L., , Fr. Volodymyr D., Ken S., Michelle M., Rita N., Claude & Eva G., Mary & Dave E., Lawrence & Ping B., Jill C., Shelly N., Shane E., Elsie K., Wilma C., Rob E., Billie M., Dave C., Matt D., Bill P., Thomas H., Gladys O., Jeanne R., Lisa M., Suzanne C., Clay B., Stefanica K., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Let us Pray for Bishop Elect Michael – please include in your daily prayers Bishop Elect Michael, as he prepares for his episcopal ordination and future ministry in our Eparchy.

Let us Pray & Fast for Peace in the World - Appeal of the Holy Father

<https://www.vatican.va/content/francesco/en/audiences/2023/documents/20231018-udienza-generale.html>

Today too, dear brothers and sisters, our thoughts turn to Palestine and Israel. The number of victims is rising and the situation in Gaza is desperate. Please, let everything possible be done to avoid a humanitarian disaster. The possible widening of the conflict is disturbing, while so many war fronts are already open in the world. May weapons fall silent! Let us heed the cry for peace of populations, of the people, of the children! Brothers and sisters, war does not solve any problem: it sows only death and destruction, foments hate and proliferates revenge. War cancels out the future. I urge believers to take just one side in this conflict: that of peace. But not with words – with prayer, with total dedication. With this in mind, I have decided to call for a day of fasting and prayer, of penance, on Friday 27 October, to which I invite sisters and brothers of the various Christian

denominations, those belonging to other religions and all those who have at heart the cause of peace in the world, to join in as they see fit. That evening, at 6 p.m., at Saint Peter's, we will spend an hour of prayer, in a spirit of penance, to implore peace in our time, peace in this world. I ask all the particular Churches to participate by arranging similar activities involving the People of God.

Horizon of Hope – A Toolkit for Catholic Parishes on Palliative Care – our third presentation to take place today, **Sunday, Oct. 22nd** after the Divine Liturgy.

Perogy Work-Bee – will take place this coming **Wed., Oct. 25 & Wed., Nov. 1st**. We will begin at 9:00 a.m. Please come and join us in this fundraising project.



Sts. Peter & Paul Parish – will resume **3:00 p.m.** Divine Liturgies starting next **Saturday, Oct. 28th**.

Special Request – Fundraiser for the Insurance Bill – on behalf of our Parish Council, we are turning to the generosity of our faithful with a request for donations to cover the cost of our annual insurance bill. Thank you for your support - we have collected \$1,305 so far. May God bless and reward you for your generosity.



Daylight Saving Time – will end on **Sunday, Nov. 5th** when local daylight time is about to reach **2:00:00 AM** clocks are turned **backward** 1 hour to **1:00 AM** local standard time instead.

2023 Choose Life - Kamloops 40 Day Prayer Vigil will continue until Sunday, Nov. 5th from 10:00 a.m. – 11:00 a.m. at Sacred Heart Cathedral, 3rd Ave. & Nicola St. Please join this prayerful witness for the sanctity of life conception, throughout each person's life to its natural end.

Spirit of Awareness - Dear parishioners, if our brother/sister in Christ, who usually sits next to you, is not in church today, please contact them and ask how they are doing. Let them know that our parish community misses them!

Note from The Shuswap Pro-Life Society - Pro-Life Crash Course: Conversations about abortion can be awkward or difficult, but they don't have to be! The Shuswap Pro-Life Society is teaming up with CCBR to offer their celebrated pro-life crash course

on Friday, November 3 (evening) and Saturday, November 4 (morning and afternoon) at the Little Mountain Bible Chapel in Salmon Arm. Gain inspiration and training from the pro-life experts at CCBR so you can have life-saving conversations and contribute to cultural change!

This exciting event will kick off with a pizza dinner at 5:30 pm on Friday. Lunch will be provided on Saturday and there is also a discounted student rate. To reserve your spot, register at endthekilling.ca/crash-course. We thank you for your interest in standing up for the babies and we hope to see you at the crash course!

**Enthronement (Installation) of Bishop Michael Kwiatkowski
- Saturday, Nov. 18th, 2023 at 10 a.m.
followed by a celebratory banquet.**

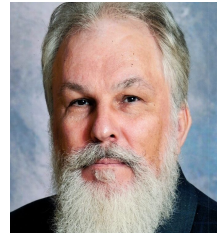
Protection of the Blessed Virgin Mary Parish
560 West 14th Avenue, Vancouver BC.

Banquet tickets available through the Pastoral
Centre (Chancery) in New Westminster and

Protection of the Blessed Virgin Mary Parish. **Price \$75** (Please
make sure to secure your participation in this historical event
before Nov. 15). **Tickets can be purchased through:**

Fr. Joseph Pidskalny 604-879-5830, office@stmarysbc.com

Fr. Yuri Sakvuk 7787899639 sakvuk@gmail.com



This Week's Parish Stewardship: Saturday, Oct. 14 –
Grindrod: \$420.00 *** Sunday Oct. 15 - **Kamloops:** \$1500.60
(includes \$350 for Insurance) *** May God bless you for your
generosity.

**Basic Guidelines for Reception of Holy
Communion:**

You are a member of the Catholic Church (Orthodox faithful are
welcome to receive Holy Communion); 2) You have participated in
the Sacrament of Confession at least during the Easter or Christmas
seasons this past year if not more frequently; 3) You attend Divine
Services regularly; 4) Your lifestyle is consistent with the teaching of
the Catholic Church; 5) You have kept the Liturgical fast – no food at
least one hour prior to the Divine Liturgy (water and medicine does

not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization, or treatments, and who would like to receive anointing, or to meet with the parish priest, please call, or email Fr. Andrzej in advance to arrange a time and a day.



Prayer for the Afflicted People of Ukraine in Time of War

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that Your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions. Above all, we pray for all Your precious children, at risk and in fear, that You would hold and protect them. We pray in the name of Jesus, the Prince of Peace.

Amen.

To Ponder - Ten Commandments

God gave us commandments to teach us how to love God and one another. We can find the commandments in the Bible. They can help guide our examination of conscience.

The Commandments

Thinking about Ways We May Have Sinned

1. I, the Lord, am your God. You shall not have any other gods besides me.

Do I love God with all my heart? Am I truly thankful for the gift of God's love for me? Do I show this by loving others?

2. You shall not take the name of the Lord, your God, in vain.

Do I ever use God's or Jesus' name when I am angry? Do I always use the names of God and Jesus with respect and love?

3. Remember to keep holy the Sabbath day.

Do I honor God by what I do on Sundays? Do I spend time in prayer with my family and with the people of God, the Church, at Sunday Divine Liturgy?

4. Honor your father and mother.

Do I love, respect, and obey my parents and others who care for me? Do my words and actions show this all the time?

5. You shall not kill.

Do I show respect for the gift of life by caring for all of God's creatures, especially people? Have I ever wanted to harm or hurt anyone?

6. You shall not commit adultery.

Do I respect my own body and the bodies of others as gifts from God? Do I use my body in ways that would please God?

7. You shall not steal.

Have I ever take something that belongs to someone else?
Am I as careful with other people's things as I am with my own things?

8. You shall not bear false witness against your neighbor.

Do I always tell the truth? Do I ever lie or hurt anyone by what I say?

9. You shall not covet your neighbor's wife.

Am I ever jealous of someone else's family? Am I grateful for the love that my own family shows me?

10. You shall not covet anything that belongs to your neighbor.

Am I thankful for all that I have? Am I ever jealous or greedy?

The Greatest Commandment

You shall love the Lord your God with your whole heart, with your whole soul, with your whole mind.

You shall love your neighbor as yourself.