

## **23<sup>rd</sup> Sunday after Pentecost**

**Our Holy Father John Chrysostom (the Golden-Mouthed), Archbishop of Constantinople** - John Chrysostom died in the

year 407 in exile in Armenia. He was elected patriarch of Constantinople in 397 where he served zealously for six years, sending missionaries to the pagan Celts and Scythians, purging the church of simony, writing a liturgy, and interpreting the Scriptures in many Bible commentaries that survive to this day. He was unjustly exiled twice for denouncing the cupidity of Empress Eudoxia. His last words were: "Glory to God for everything."

**\*\* Sunday, November 13<sup>th</sup>, 2022 \*\***

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### ***Liturgical Services this coming week***

**Saturday, Nov. 12 \*\*\* Grindrod Parish \*\*\* 4:00 p.m. Div. Lit.:**  
*God's blessings to all parishioners*

**Sunday, Nov. 13 \*\* 9:30 a.m. \*\* Rosary (Eng.) /Sacrament of Confession \*\* 10:00 a.m. Divine Liturgy (Eng./Ukr.):**  
*God's blessings to all parishioners*

**Wednesday, Nov. 16 \*\*\* 9:00 a.m. Div. Lit.: Div. Lit.: +John & Brenda Kolody**

**Thursday, Nov. 17 \*\*\* 9:00 a.m. Div. Lit.: God's blessings & good health for Brother Knights of Columbus & their families**

**Friday, Nov. 18 \*\*\* 9:00 a.m. Div. Lit.:** *Lidia's intention*

**Saturday, Nov. 19 \*\*\* Grindrod Parish \*\*\* 4:00 p.m. Div. Lit.:**  
*God's blessings to all parishioners*

**Sunday, Nov. 20 \*\* 9:30 a.m. \*\* Rosary (Eng.) / Sacrament of**

Confession \*\* 10:00 a.m. *Div. Lit.* (Eng./Ukr.): God's blessings to all parishioners



**Troparion, Tone 6:** Angelic powers were upon Your tomb \* and the guards became like dead men; \* Mary stood before Your tomb \* seeking Your most pure body. \* You captured Hades without being overcome by it. \* You met the Virgin and granted life. \* O Lord, risen from the dead, \* glory be to You!

**Troparion, Tone 8:** Grace shone forth from your mouth like a fiery beacon \* and enlightened the universe, \* bestowing on the world not the treasures of greed, \* but rather showing us the heights of humility. \* As you teach us by your words, O John Chrysostom, our father, \* intercede with the Word, Christ our God, for the salvation of our souls.

*Glory be to the Father and to the Son and to the Holy Spirit.*

**Kontakion, Tone 6:** With His life-giving hand \* Christ our God, the Giver of life, \* raised all the dead from the murky abyss \* and bestowed resurrection upon humanity. \* He is for all the Saviour, \* the resurrection and the life, and the God of all.

*Now and for ever and ever. Amen.*

**Kontakion, Tone 6:** From heaven you received divine grace; \* your lips have taught us all to worship the Triune God, \* O blessed John Chrysostom. \* It is fitting that we praise you; \* for you are a teacher clarifying things divine.

**Prokeimenon, Tone 6** - Save Your people, O Lord, \* and bless Your inheritance.

**verse:** Unto You I will cry, O Lord, my God, lest You turn from me in silence. (*Psalm 27:9,1*)

**Prokeimenon, Tone 1** - My mouth shall speak wisdom and the meditation of my heart understanding. (*Psalm 48:4*)

**Epistle** - *Ephesians 2:4-10*

*A reading from the Epistle of the Holy Apostle Paul to the Ephesians.*

Brothers and Sisters, God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

***Alleluia, Tone 6*** - He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.

***verse:*** He says to the Lord: You are my protector and my refuge, my God, in Whom I hope. (*Psalm 90:1,2*)

***verse:*** The mouth of the just man shall meditate wisdom and his tongue shall speak judgement. (*Psalm 36:3*)

***Gospel - Luke 8:26-39***



At that time, the Lord arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, “What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me”— for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, “What is your name?” He said, “Legion”; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it, told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, “Return to your home, and declare how much God has done for you.” So he went away, proclaiming throughout the city how much Jesus had done for him.

**Communion Hymn** - Praise the Lord from the heavens; \* praise Him in the highest. (*Psalm 148:1*). \* The just man shall be in everlasting remembrance; \* of evil hearsay he shall have no fear \*. Alleluia, alleluia, \* alleluia.



***Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #409-12, p. 140-1***

*1) Baptism Is the Birth to New Life in Christ*

409 The Father reveals and grants us eternal life through his Son in the Holy Spirit. This life of the new creation becomes accessible to us not only after death, but even now. Through the Holy Mysteries of Baptism and Chrismation, along with the Eucharist, we are united to Christ. In him we become heirs of divine life, bearers of the

Holy Spirit, who reveals to us the full truth of Christ. The Spirit leads us along the paths of Christ's commandments and prays within us: "Abba! Father!" (*Rom 8:15*). Through these Holy Mysteries we become members of the Body of Christ and temples of the Holy Spirit.

*Baptism Is Dying and Rising in Christ*

411 In order to make us partakers of divine life, and to enable us to live by the freedom of God's children, Christ frees us from the bondage of sin. We had descended into this slavery through the fall of Adam and our own sins. Having taken the sin of the world upon himself, Christ also accepted the ultimate consequence of this sin, which is death. But he overcame it by the death he freely accepted on the cross. In Baptism, Christ makes us partakers of his victory over sin and death.

412 Our entry into new life also begins with our dying to sin (see *Rom 6:2*), which is a dying with Christ. But this dying culminates in our rising with him: "Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life" (*Rom 6:4*). Through his Death and Resurrection and the sending of the Holy Spirit, Christ has led us into divine life. We enter into this life through our death and resurrection in Christ and by receiving the gift of the Holy Spirit. Only through the death of the "old self" can one become a "new person"—a "new creation" in Christ (see *2 Cor 5:17*; *Col 3:9-10*; *Gal 6:15*).

**\*\* To Ponder – The Fathers & Mothers Speak \*\*\***

*"Demons are cruel, mischievous, hurtful and treacherous to those who are in their power. See how they hurried the swine over a precipice and drowned them in the waters? ... It will never happen that those who love Christ will become subject to them, as*

*long as we walk in his footsteps, avoid negligence in doing what is right, desire that which is honorable, and follow the virtuous and praiseworthy lifestyle that Christ has marked out for us by the precepts of the Gospel.” St. Cyril of Jerusalem*

*“The demons have no means of taking possession of a man’s spirit or body, nor power forcibly to enter his soul, unless they first deprive him of all holy thoughts, and make him empty and devoid of spiritual contemplation.” St. John Cassian*

*“One cannot expect to become a saint without paying the price, and the price is much renunciation, much temptation, much struggle and persecution, and all sorts of sacrifices. One cannot love God except at the cost of oneself.” St Teresa of Calcutta*



## **CATECHETICAL SUMMARY:**



Around 2,400 years ago an elderly and respected man stood trial for his life. When he was about to be condemned to death, he said something that has remained with us even today. The man was the Greek philosopher, Socrates, and in that most important moment he stated before his judges, “The unexamined life is not worth living.” In other words, one who goes about life without considering what he does, why he does it, where his life is headed, and how he might improve himself, is not really living.

In this we are reminded that there are two types of “life” that we can speak about—bodily life and spiritual life. It is very possible to be alive in the body and dead in the spirit. It is also possible to die in the body and be alive in the spirit.

In the Gospel text today, we learn of Jesus’ journey “to the other side of the sea” where he meets one who is in every way like the “living” dead. There Jesus confronts “life” apart from God – which is described in the most horrific terms, the “life” of the demons – and drives it out of the man and into the sea.

While the story of the demoniac may seem to be an extreme example, it helps us see what life apart from God looks like in its ultimate end.

Jesus, who is God, comes to us in our sin (the demoniac), under the dominion of the devil and “living in the tombs.” Notice that Jesus does not wait for us to come to him, but in the mystery of the Incarnation, he takes on our human nature, and he himself enters into our life as he entered the land of the Gerasenes – and there he comes to heal us, and to “raise us up” that we may no longer be under the dominion of death, but under the dominion of life.

Just like the demoniac, we who have received this gift of new life in Christ Jesus are called to live accordingly.

Does the demoniac go back to live in the tombs? No! His life has changed! He is no longer living in death, but in the light of Christ.

The Gospel concludes by telling us that “the man from whom the demons had gone **begged that he might be with Jesus**; but Jesus sent him away, saying “return to your home, and declare how much God has done for you.” And he went away, proclaiming throughout the whole city everything that Jesus had done for him.

### **Sunday Gospel Reflection:**

<https://godwithusonline.org/reflections/the-twenty-third-sunday-after-pentecost-ukrainian/>



## **\*\* ANNOUNCEMENTS \*\***

**A warm welcome** - to all parishioners & guests who join us today in our church for the Divine Liturgy. We wish you a healthy & blessed week!



*Dasia*

**Thank you to all our Supporters & Volunteers – Дякуємо – Many**



thanks to everyone for your continued support of our parish community and for supporting our brothers & sisters in Ukraine. Our gratitude to everyone who came to help with perogy making & to Mr. Orest Hrycewich for clearing the snow in our parking lot. God bless you all!

**Please Pray for health of ...** All those affected by the coronavirus, those wounded in the war in Ukraine and: Rita N., Claude & Eva G., Mary & Dave E., Lawrence & Ping B., Ashley H.; Steven Ch., Jill C., Trinity N., Shelly N., Shane E., Ray S; Jeanette N., Elsie K., Paulette K., Irene M., Sharon & Al L., Wilma C., Rob E., Billie M., Peter O., Rob R., Zbigniew K., Pat B., Anne D., Dave & Betty C., Matt D., Bill P., Thomas H., Gladys O., Zonia K., Brian K., Jeanne R., Lisa M., Michael L., Suzanne C., Clay B., Stefanica K., Sarah N., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



**UCWLC Holy Trinity Parish Brunch** – is organizing a potluck lunch today, **Sunday, Nov. 13<sup>th</sup>** after our Divine Liturgy.

**St. Philip's Fast (Пилипівка)** – a time of 40 days preparation for Christmas will begin this coming **Tuesday, Nov. 15<sup>th</sup>, 2022**. Let us all take advantage of this special liturgical season and purify our hearts for Christ's birth through prayer, fasting, almsgiving and confession.

**Sunday Coffee Volunteers** – for the last few months, we have been enjoying our coffee gatherings after Sunday services. It's truly wonderful that we are able to gather and socialize together. In order to provide this opportunity, we are asking more people to be involved – volunteering to bring some sweets and make coffee, maybe once every couple of months. For more information, please talk to Mrs. Mary Emery.

**Upcoming Feast-days** – next Sunday, Nov. 20<sup>th</sup> – feast of Venerable Josaphata & on Monday Nov. 21<sup>st</sup> - the Entrance of the Mother of God into the Temple.

**Next Perogy Work-Bee** – will take place this coming **Tuesday, Nov. 15** starting at 9:00 a.m. Please come and join us in this fundraising project.



**Perogy Sales** – We are now accepting **phone calls for orders**.



Anyone wishing to purchase perogies, please call Mrs. Adelle Dmyterko at **250-554-3107** or Mrs. Mary Emery **250-376-8934**. Cost: \$6.00 a dozen.

**Society of St. Vincent de Paul, OLPH Conference, Kamloops** – will hold their next monthly members meeting this coming **Tuesday, Nov 15**, at 1:00 p.m. in our parish hall.

**The Father Le Jeune 4<sup>th</sup> Degree Knights of Columbus Assembly** – will hold their monthly meeting on **Thursday, Nov. 17<sup>th</sup>** at 7:00 p.m.



**Monthly Ukrainian Dinner** – will take place at the United church this coming **Friday, Nov. 18<sup>th</sup> at 6:00 p.m.** at 421 St. Paul St., Kamloops.

**Next Monthly Parish Council Meeting** – will take place next **Sunday, Nov. 20** at noon at the parish hall.

**Advent Penitential Services** - Fr. Andrzej will be assisting in the Sacrament of Confession at St. Ann's Academy on Friday, Nov. 25<sup>th</sup> from 8:45 until Noon.

**St. Philip's Fast Mission** – will take place at Sts. Peter & Paul parish in Grindrod on **Saturday, Dec. 3<sup>rd</sup>** & the Most Holy Trinity parish on **Sunday, Dec. 4<sup>th</sup>**. Fr. Yuriy Sakvuk from the Holy Eucharist Cathedral in the New Westminster will be our guest priest.



### **Ukrainian (Famine-Genocide) of 1932-1933 - Голодомор 1932-1933 - Ukraine Remembers – The World Acknowledges**

Holodomor – one of the most monstrous crimes in the history of mankind, was the result of a deliberate political strategy masterminded by Stalin and his totalitarian communist regime. By the magnitude, losses during the Holodomor surpassed those of the Ukrainian nation during the Second World War. Ukrainians worldwide continue to suffer the consequences of this merciless act.

### **The War in Ukraine:**

#### **A Call to Prayer, Fasting, and Action**

**Fasting** - We, the Ukrainian Catholic Bishops in Canada, invite you to fast for the people of Ukraine and for peace in their country. Like the Holodomor Ukrainian Famine in 1932-1933, many people in

Ukraine today have no food. In solidarity with them, let us fast. In particular, we invite you to a three-day fast starting on Thursday, November 24, concluding on Saturday, November 26, when we commemorate the Holodomor annually throughout Canada. Fast as best as you can. For some, that will mean only bread and water, for some no sweets, for others only one meal each day. However you choose to fast, unite your thoughts and prayers before the Lord for peace for the people of Ukraine.

**Action** - We, the Ukrainian Catholic Bishops in Canada, acknowledge and thank you for your unprecedented generosity in providing humanitarian aid to the people of Ukraine. May God bless your kindness and generosity!

Yet, today, as winter approaches, the people of Ukraine need your support evermore.

We invite you to consider a further humanitarian aid donation so that the people of Ukraine may have the basic necessities in life that each of us enjoys – food, shelter, clothing, and medicine, as well as heat, for their homes this winter.

Kindly donate through your local parish, [Catholic Near East Welfare Association – Canada \(CNEWA\)](#), [Development and Peace – Caritas Canada](#), [Aid to the Church in Need – Canada](#), [Canadian Jesuit International](#), or the [Ukrainian Canadian Congress](#).

**2023 Holy Land Pilgrimage** - the faithful of the New Westminster Eparchy are invited to join the Pilgrimage to the Holy land and to discover the oldest city in the world, Jericho, as well as many other ancient cities such as Bethlehem, Nazareth, Ein Karem, Capernaum, Magdala, Abu Gosh... **Travel Date:** March 11 - 19, 2023  
For more information: call 778-927-6436 or Email: [communications@uahelp.ca](mailto:communications@uahelp.ca)

**This Week's Parish Stewardship:** Sunday, Nov 6. – **Kamloops:** \$.00. \*\*\* Grindrod –\$.00. *May God bless and reward you for your generosity & support.*

### **Pastoral Ministry and Sacraments:**

**Reconciliation:** on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

**Holy Communion:** for the sick, by appointment, any time.

**Baptisms:** by appointment.

**Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

**Funerals and Memorials:** by appointment.

**Anointing of the Sick (Holy Unction):** Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with the parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

**The Ukrainian Catholic Archeparchy of Winnipeg** is pleased to



announce that following upon the decision of the Ukrainian Greek Catholic Synod of Bishops, Pope Francis has transferred Bishop Andriy Rabi, until now the Auxiliary Bishop of the Archeparchy of Philadelphia (USA) to the position of Auxiliary Bishop of the Archeparchy of

Winnipeg.

Bishop Andriy Rabi was born 1 October 1975 in Lviv, Ukraine, and after initiating seminary studies in Ivano-Frankivsk, transferred to the United States where he completed his seminary formation and was ordained to the priesthood on 19 December 2001 in Philadelphia by Metropolitan Stefan Soroka. In addition to various pastoral assignments in the United States, he continued his studies, completing a doctorate at the Catholic University of America in Washington DC in the field of Church Canon Law. He also served in various capacities within the Philadelphia chancery serving, in addition to other positions, as chancellor and vicar general.

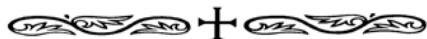
He received episcopal ordination on 3 September 2017 in Lviv, Ukraine. Bishop Andriy Rabi is the 7<sup>th</sup> auxiliary bishop to serve the see of Winnipeg, the first being Bishop Neil Savaryn, OSBM, who was appointed in 1943. Bishop Rabi's pastoral and canonical experience will be of great assistance as the Archeparchy of Winnipeg ministers to some 12,000 Ukrainian refugees who have recently arrived in Manitoba fleeing the war in Ukraine.

\*\*\*\*\* *Prayers* \*\*\*\*\*

*Prayer for the Afflicted People of Ukraine  
in Time of War*

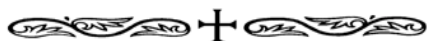


God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that Your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions. Above all, we pray for all Your precious children, at risk and in fear, that You would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen.



### *Prayer of Spiritual Communion*

My Jesus, I believe that You are present in these Holy Gifts! I love You above all things and I desire to receive You into my soul. Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation. I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.



### **Basic Guidelines for Reception of Holy Communion:**

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion);
- 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently;
- 3) You attend Divine Services regularly;
- 4) Your lifestyle is consistent with the teaching of the Catholic Church;
- 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast).
- 6) You have been in church from the beginning of the service, or at least heard the Gospel.
- 7) To the best of your ability, you are in the state of Grace.

*If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*