



21st Sunday after Pentecost

The Holy Martyrs Zenobius and Zenobia His Sister - Zenobius gave all to the poor and healed the sick. He was Bishop of Aegae in Cilicia. When he was asked to deny Christ or die, he said, "Life without Christ is not life but death; and death for Christ's sake is not death, but life." Zenobius and his sister Zenobia suffered in the year 285.

Passing into eternal life of Blessed Priest-martyr Olesky Zarytsky (1963), Pastor of Strutyn near Zolochiv, and Siberia, Martyr. Свв. мчч. Зиновія й Зиновії, сестри його. {Свщмч. Григорія Лакоти.}

**** Sunday, October 30th, 2022 ****

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Liturgical Services this coming week

Saturday, Oct 29*** Grindrod Parish *** **4:00 p.m.** *Div. Lit.: God's blessings to all parishioners*

Sunday, Oct. 30 ** 9:30 a.m. ** **Rosary** (Eng.) /Sacrament of Confession ** **10:00 a.m.** *Divine Liturgy* (Eng./Ukr.): God's blessings to all parishioners

Monday, Oct. 31 ** **9:15 a.m.** *Div. Lit.: God's blessings & good health for Camille – Leah B.*

Wednesday, Nov. 2 *** **9:30 a.m.** *Div. Lit.: God's blessings for the Poor – Colette Mujcin*

Thursday, Nov. 3 *** **9:30 a.m.** *Div. Lit.: God's blessings & good health for Anne D. & David E.*

Friday, Nov. 4 *** **9:30 a.m.** *Div. Lit.: God's blessings to Christina & Brock*

Saturday, Nov. 5 *** Grindrod Parish *****4:00 p.m.** *Div. Lit.:*

God's blessings to all parishioners

Sunday, Nov. 6 ** 9:30 a.m. ** **Rosary** (Eng.) / Sacrament of Confession ** **10:00 a.m.** *Div. Lit.* (Eng./Ukr.): God's blessings to all parishioners

Troparion, Tone 4: When the disciples of the Lord learned from the angel* the glorious news of the resurrection * and cast off the ancestral condemnation, * they proudly told the apostles: * “Death has been plundered! * Christ our God is risen, * granting to the world great mercy.”

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 4: My Saviour and Deliverer from the grave* as God raised out of bondage the children of the earth* and shattered the gates of Hades;* and as Master, He rose on the third day.

Now and for ever and ever. Amen.

Theotokion, Tone 4: By your birth, O immaculate one, * Joachim and Anna were freed from the reproach of childlessness, * and Adam and Eve * from the corruption of death. * And your people, redeemed from the guilt of their sins, * celebrate as they cry out to you: * “The barren one gives birth to the Mother of God * and nourisher of our life.”

Prokeimenon, Tone 4 - How great are Your works, O Lord* You have made all things in wisdom.

verse: Bless the Lord, O my soul: O Lord my God, You are exceedingly great. (*Psalms 103:24,1*)

Epistle: *Galatians 2:16-20 (NRSV)*

Brothers and Sisters, we know that a person is justified not by the works of the law but through faith in Jesus Christ. And we have come to believe in Christ Jesus, so that we might be justified by faith in Christ, and not by doing the works of the law, because no one will be justified by the works of the law. But if, in our effort to be justified in Christ, we ourselves have been found to be

sinner, is Christ then a servant of sin? Certainly not! But if I build up again the very things that I once tore down, then I demonstrate that I am a transgressor. For through the law I died to the law, so that I might live to God. I have been crucified with Christ; and it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Alleluia, Tone 4- Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice.

verse: You have loved justice and hated iniquity. (*Psalm 44:5,8*)

Gospel: *Luke 8:5-15 (NRSV)*



The Lord spoke this parable: “A sower went out to sow his seed; and as he sowed, some fell on the path and was trampled on, and the birds of the air ate it up. Some fell on the rock; and as it grew up, it withered for lack of moisture. Some fell among thorns, and the thorns grew with it and choked it. Some fell into good soil, and when it grew, it produced a hundredfold.” As he said this, he called out, “Let anyone with ears to hear listen!”

Then his disciples asked him what this parable meant. He said, “To you it has been given to know the secrets of the kingdom of God; but to others I speak in parables, so that ‘looking they may not perceive, and listening they may not understand.’

“Now the parable is this: The seed is the word of God. The ones on the path are those who have heard; then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. The ones on the rock are those who, when they hear the word, receive it with joy. But these have no root; they believe only for a while and in a time of testing fall away. As for what fell among the thorns, these are the ones who hear; but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. But as for that in the good soil, these are the ones who, when they hear the

word, hold it fast in an honest and good heart, and bear fruit with patient endurance.

Communion Hymn - Praise the Lord from the heavens; * praise Him in the highest. * Alleluia, alleluia, * alleluia. (*Psalm 148:1*)



Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #407-08, p. 140

The Mystical Life of the Church

407. Through Baptism, Chrismation, and the Eucharist, called the *Mysteries of Christian Initiation*, a person becomes a member of the Body of Christ and is enabled to participate in Christ’s priesthood, kingship, and prophetic mission. Through the Mysteries of Repentance and Anointing, called *Mysteries of Healing*, we receive both spiritual and physical healing. Through the *Mysteries of Service*, Priesthood and Marriage, Christians are consecrated to the service of the ecclesial community or to the *domestic church*.

The Holy Mysteries of Christian Initiation

408. Participation in the life of the Most Holy Trinity becomes a reality for us through the Holy Mysteries of Baptism, Chrismation, and Eucharist. In other words, we partake of God’s life by being united to Christ, receiving the seal of the Holy Spirit, and sharing the Body and Blood of Christ in the community called Church. As a person after birth begins to breathe and then receives nourishment in order to live, so the newly baptized, born to new life in the baptismal font, begins to breathe by the Holy Spirit and receives the nourishment of Holy Communion in order to grow in Christ. Through the prayers and sacred actions of the liturgical rite of each of these Mysteries, the Church leads the faithful (the Greek Fathers speak of *mystagogy—leading into the mystery*) into an understanding of the Mystery and perceiving it as a single, unified action of God’s

grace. This is why in the tradition of the Eastern Church, these three Holy Mysteries are celebrated together.



**** To Ponder – The Fathers & Mothers Speak *****

A Sacrament - is an outward sign, instituted by Christ and entrusted to the Church to give grace. Grace is God's uncreated energy bestowed in the sacraments and is therefore truly experienced. Grace bears fruit in those who receive them with the required dispositions.

Salvation - the fulfillment of humanity in Christ, through deliverance from the curse of sin and death, to union with God through Christ the Savior. Salvation includes a process of growth of the whole person whereby the sinner is changed into the image and likeness of God. One is saved by faith through grace.

Resurrection – the reunion of the soul and body after death which revitalize and transform the physical body into spiritual body. Jesus Himself is the first fruits of perfect resurrection. He will never again be subject to death.

Immortality – eternal life – those who follow Christ will rise to eternal life with Him in heaven; those who reject Him will be resurrected to eternity in hell.

CATECHETICAL SUMMARY

Jesus used the parable of sower to show how the Word of God interacts with different kinds of people. There are serious impediments to a seed's ability to germinate, let alone blossom, in the different places the seed might land. This is as true for a farm field as it is for the garden of our hearts. We cultivate the ground of our hearts through repentance and confession of sins, which requires the plough of humility to break up the clods of our hard heartedness.



“Ploughing the ground was devised by farmers as a means of extracting wild roots from deep down in the earth, and rendering

it capable of receiving our seeds and plants. Confession does exactly this for the reasonable field, our heart. It digs up the evil passions concealed within it and throws them out, making it ready to take in the sacred seeds and suitable to grow a fine harvest of virtues” (Saint Gregory Palamas)

** ANNOUNCEMENTS **

A warm welcome - to all parishioners & guests who join us today in our church for the Divine Liturgy. We wish you a healthy & blessed week!



DeKlyt **Thank you to all our Supporters & Volunteers – Дякуємо –** Many thanks to everyone for your continued support of our parish community and for supporting our brothers & sisters in Ukraine. Our gratitude to members of Knights of Columbus from St. Vianney parish for repairing our hall floor, to Mr. John Ch. & Orest H. for their work on the church premises, and to Adelle & Matt D. for providing lunch for the working crew. God bless you all!



Please Pray for health of ... All those affected by the coronavirus, those wounded in the war in Ukraine and: Mary & Dave E., Lawrence & Ping B., Ashley H.; Steven C., Jill C., Trinity N., Shelly N., Shane E., Ray S; Jeanette N., Elsie K., Paulette K., Irene M., Sharon & Al L., Wilma C., Rob E., Billie M., Peter O., Rob R., F.T., Zbigniew K., Pat B., Anne D., Margaret M., Dave & Betty C., Matt D., Bill P., Thomas H., Gladys O., Zonia K., Brian K., Jeanne R., Lisa M., Michael L., Suzanne C., Clay B., Stefanica K., Sarah N., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Mnohaya Lita! Congratulations!–

very special God's blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special anniversary during **the month of October** (4th – Roxanne Russell; 11th – Velma Canning & Myron

Musey; 16th – Brayden Flodstrom; 19th Myron Wizniak; 24th Liudmyla Panchuk; 25th – David Emery; 27th – Matt Dmyterko).

Thank you Brother Knights from Bishop Harrington Council #9508 (St. John Vianney parish) – for your great job of repairing our parish hall floor. God bless you all!

Perogy Work-Bee – will take place this coming **Tuesday, Nov. 1** starting at 9:00 a.m. Please come and join us in this fundraising project.



Daylight Saving Time – will end next **Sunday, Nov. 6th** when local daylight time is about to reach **2:00:00 AM** clocks are turned **backward** 1 hour to **1:00 AM** local standard time instead.

Society of St. Vincent de Paul, OLPH Conference, Kamloops – will hold their next monthly Board meeting on **Tuesday, Nov 8.** at 1:00 p.m. in our parish hall.

UCWLC Holy Trinity Parish Branch – will organize a potluck lunch on **Sunday, Nov. 13th** after our Sunday Divine Liturgy.

St. Philip's Fast (Пилипівка) – a time of 40 days preparation for Christmas will begin on **Tuesday, Nov. 15th, 2022.**

St. Philip's Fast Mission – will take place at Sts. Peter & Paul parish in Grindrod on **Saturday, Dec. 3rd** & the Most Holy Trinity parish on **Sunday, Dec. 4th**. Fr. Yuriy Sakvuk from the Holy Eucharist Cathedral in the New Westminster will be our guest priest.

2022 Choose Life Kamloops 40 Day Vigil - after morning Mass at Sacred Heart Cathedral, approximately 10:00 - 11:00 a.m. for 40 days (until Nov. 6). Everyone is welcome!

Knights of Columbus OLPH Council #8132 - will hold their monthly meetings on Thursdays, Nov. 3 & Nov. 10 at 7:00 p.m.

Next Monthly Parish Council Meeting – will take place on **Sunday, Nov. 20** at noon at the parish hall.

This Week's Parish Stewardship: Sunday, Oct. 23 – **Kamloops:** \$376.00. *** Grindrod –\$380.00. *May God bless and reward you for your generosity & support.*

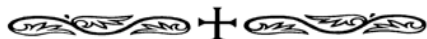


Prayer for the Afflicted People of Ukraine in Time of War

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that Your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions. Above all, we pray for all Your precious children, at risk and in fear, that You would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen.

Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts! I love You above all things and I desire to receive You into my soul. Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation. I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.



Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with the parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.