



4th Sunday after Pentecost

Sunday of All Saints of Rus'-Ukraine

The Holy Martyr Hyacinth – Hyacinth was martyred under the Emperor Trojan, at the beginning of the 2nd century.

Our Holy Father Anatolius – Anatolius became Patriarch of Constantinople in 449. He took part in the Council of Chalcedon in 451 and died in 458.

**** Sunday, July 3rd, 2022 ****

Pastor: *Fr. Andrzej Wasylanko*

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Liturgical Services this coming week

Sunday, July 3 ** 8:30 a.m. ** Rosary (Eng.) ** 9:00 a.m. Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners

Monday, July 4 ** 8:45 a.m. Div. Lit: +Ryszard W.

Tuesday, July 5 * 10:00 a.m.**** Div. Lit: God's blessings to Adrian W.

Wed., July 6 * 10:00 a.m. **** Div. Lit: Irena's Intentions

Friday, July 8 ** 10:00 a.m. *** Div. Lit: God's blessings to Al & Sharon Ludwig (61st Wedding Ann.)

Sunday, July 10 * 9:30 a.m. * Rosary (Eng.) * 10:00 a.m. Divine Liturgy (Eng./Ukr.)

Troparion, Tone 3: Let the heavens be glad, let the earth rejoice, * for the Lord has done a mighty deed with His arm. * He trampled death by death. He became the first-born of the dead; * He saved us from the abyss of Hades * and granted great mercy to the world.

Troparion, Tone 4: O you, who glorified Christ: * princes and bishops, * monastics and martyrs, * and steadfast confessors of Christian Ukraine throughout all times, * pray Christ God to look with favour on our people * and to grant them the grace to persevere in the faith * that the souls of prayerful faithful * who revere your sacred memory * may be saved.

Glory be to the Father and to the Son and to the Holy Spirit

Kontakion, Tone 3: You rose from the tomb, O compassionate Lord, * and led us out from the gates of death. * Today Adam exults and Eve rejoices, * and the prophets together with the patriarchs * unceasingly acclaim the divine might of Your power.

Now and for ever and ever. Amen.

Kontakion, Tone 4: You shine as bright beacons, * O God-inspired and righteous saints of our Church. * By your encouraging example, * you serve communities of faithful throughout the Christian world. * Therefore we humbly bow our heads to you * thanking our great and all-gracious God * Who has made you our intercessors in heaven * where you pray for our souls.

Prokeimenon, Tone 3 - Sing to our God, sing; sing to our King, sing.

verse: Clap your hands, all you nations; shout unto God with the voice of joy.

Prokeimenon, Tone 7 - Precious in the sight of the Lord is the death of His venerable ones.

Epistle: Romans 6:18-23:

Brothers and Sisters, you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regards to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.



Alleluia, Tone 3 - In You, O Lord, have I hoped that I may not be put to shame for ever.

verse: Be a protector unto me, O God, and a house of refuge to save me.

verse: Blessed is the man who fears the Lord; he shall delight exceedingly in His commandments.

verse: His posterity shall be mighty upon the earth.

Gospel: Matthew 8:5-13

At that time, when Jesus entered Capernaum, a centurion came to him, appealing to him and saying, “Lord, my servant is lying at home paralyzed, in terrible distress.” And he said to him, “I will come and cure him.” The centurion answered, “Lord, I am not worthy to have you come under my roof; but only speak the word, and my servant will be healed. For I also am a man under authority, with soldiers under me; and I say to one, ‘Go,’ and he goes, and to another, ‘Come,’ and he comes, and to my slave, ‘Do

this,' and the slave does it." When Jesus heard him, he was amazed and said to those who followed him, "Truly I tell you, in no one in Israel have I found such faith. I tell you, many will come from east and west and will eat with Abraham and Isaac and Jacob in the kingdom of heaven, while the heirs of the kingdom will be thrown into the outer darkness, where there will be weeping and gnashing of teeth." And to the centurion, Jesus said, "Go; let it be done for you according to your faith." And the servant was healed in that hour.

Communion Hymn - Praise the Lord from the heavens; * praise Him in the highest. (Psalm 148:1). *** Rejoice in the Lord, O you just; * praise befits the righteous.* Alleluia, alleluia, alleluia.



CATECHETICAL SUMMARY

There is a tendency in our culture to separate the mind from the body, as if the mind is who we really are, while the body is merely a machine that we move wherever we want. Even some Christians would go so far as to say that as long as a man believes that Jesus is Lord, he is saved, regardless of what he does with his body. However, this is not the vision of the human person found in Sacred Scripture, or the tradition of the Church. Instead, the human person is a union of spiritual and physical realities, mind and body, soul and flesh. So, what a man does with his body can be a physical sign of the state of his heart and his progress in the spiritual life. Writing to the Church in Rome, St. Paul says that before faith in Christ, before grace and baptism, the Christians of Rome were slaves to sin. St. Paul calls them, and us also, to be slaves of God instead, to serve righteousness and holiness with our whole life, our whole person, with both our body and soul.

The Gospel speaks of the centurion's faith. A spiritual interpretation of the passage could suggest that when a man turns his heart, and all of its thoughts, over to the Lord, he will hand

himself over to become a servant of holiness and righteousness and be spiritually healed. If he turns to the Lord often with prayer, and embraces the good thoughts and ignores the evil thoughts, he will easily be able to take command of his unruly body with its passions. Just as the Lord performs miracles by the command of His Word, and the centurion commands his soldiers and servants with his word, likewise, we can offer our bodies and our whole life to bear the fruit of sanctification and holiness. We have two choices: we can be slaves to sin and receive the wages of sin, which is death, hell, and spiritual suffering, or we can repent and become slaves to righteousness, be made right before God, and this will lead us into life everlasting.

CHALLENGE QUESTIONS:

1. What parts of your life are unruly or serve sin? Anger, jealousy, greed, lust, etc.
2. If you were to take control of those parts of your life and offer them over to serve holiness, what would it look like? Gentleness, gratitude, generosity, humility, etc.
3. Name three practical actions you can do, starting today, that will lead you to be a slave to righteousness, instead of a slave to sin.

THE FATHERS ON SCRIPTURE

Some argue that the centurion, by his description, implied the reason why he had not brought his servant to Jesus, saying, “Lord, my servant is lying paralyzed at home, in terrible distress,” as though he was at his last gasp, or even, as Luke said, he was “at the point of death.” In my opinion, however, the reason he had not brought him, was in itself a sign of his great faith, even much greater than those who let the patient down through the roof. The centurion knew for certain that even a mere command was enough for raising the servant up, therefore he thought it unnecessary to bring him. *ST. JOHN CHRYSOSTOM, THE GOSPEL OF MATTHEW, HOMILY 26.1.*

Commentary on the Sunday Gospel Reading:

<https://godwithusonline.org/reflections/the-fourth-sunday-after-pentecost-ukrainian/>



**** To Ponder – The Fathers & Mothers Speak *****

“If people would do for God what they do for the world, what great number of Christians would go to heaven.” **St. John Vianney**”

“When we are conscious of having failed and done wrong, we must humble ourselves before God, implore His pardon, and then quietly move ahead. Our defects should make us humble, but never cowardly.” **St. Clement Mary Hofbauer**

“We are not the sum of our weaknesses and failures, we are the sum of the Father’s love for us and our real capacity to become the image of His Son Jesus.” **St. John Paul the Great**

“Know that the greatest service that man can offer to God is to help convert souls.” **St. Rose of Lima**

“Prayer, good reading, the frequentation of the sacraments, with the proper dispositions, and particularly the flight of idleness – these are, believe me, the means of sanctifying yourself.” **St. Paul of the Cross**

******* *Prayers* *******

Prayer for the Afflicted People of Ukraine in Time of War

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that Your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions.



Above all, we pray for all Your precious children, at risk and in fear, that You would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen.

Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts! I love You above all things and I desire to receive You into my soul. Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation. I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.



** ANNOUNCEMENTS **



A warm welcome - to all parishioners & guests who join us today in our church for the Divine Liturgy. We wish you a healthy & blessed week!



Thank you to all our Supporters & Volunteers – Дякуємо – Many

thanks to everyone for your continued support of our parish community and for supporting our brothers & sisters in Ukraine. Our gratitude to Mr. John Chaplin for installing the new dishwasher in the parish residence. God bless you all!



Please Pray for health of ... All those affected by the coronavirus, those wounded in the war in Ukraine and: Lil & Ray S; Jeanette N., Elsie K., Paulette K., Irene M., Sharon & Al L., Wilma C., Rob E., Billie M., Peter O., Rob R., F.T., Zbigniew K., Pat B., Anne D., Margaret M., Dave & Betty C.,



Matt D., Bill P., Thomas H., Lawrence & Ping B., Gladys O., Zonia K., Brian K., Mary & Dave E., Jeanne R., Lisa M., Michael L., Melynda S., Suzanne C., Clay B., Stefanica K., Sarah N., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.

Saints Peter and Paul Ukrainian Greek Catholic Church in Grindrod - invites you to its Parish Feast Day Celebration today, Sunday, July 3. The Divine Liturgy will be celebrated at 1:00 p.m. Reception, social, games ... etc. to follow. We are looking forward to seeing you, welcoming you and sharing the joy of celebration with all of you!

Congratulations!/Mnohaya Lita - on behalf of our parish community, we express our gratitude to **Mrs. Adelle Dmyterko & Mrs. Mildred Kolody** for having served their church for over 50 years as members of the UCWLC. We congratulate them for receiving special UCWLC 50 years membership pins.

Thank you for your generosity – Most Holy Trinity parish is very grateful to the parish UCWLC for their \$3000 donation toward 2022 residence property tax. God bless you.

2022 Papal Visit to Canada - Wednesday, July 6, public ticketing for Pope Francis' open air Mass at Commonwealth Stadium, Edmonton, will officially open at 10:30 a.m. Mountain Time.

The public can access tickets (free) through the papal visit website: www.papalvisit.ca.

Additional information regarding participation at other papal events will also be made available next week.

Also, our parishes are asked to take up a special collection during the Divine Liturgies on Sunday, July 24. The proceeds from the collections will help to defray the costs of the papal visit. Through the generosity of several individuals, donations will be matched up to \$200,000. We are praying for & looking forward to welcoming Pope Francis to Canada, July 24-29 for his pilgrimage of healing, reconciliation and hope.

Ukrainian Ice Cream Social – this coming **Thursday, July 7th from 6-7 p.m.** we are invited by Kamloops Immigrant

Services and our MP, Mr. Frank Caputo's office, to meet newcomer families from Ukraine while enjoying delicious ice cream. It will also be an opportunity for the official expression of appreciation from the government for all the support we offer to our newcomers from Ukraine. We will gather at Square Parking lot at 275 Seymour Str. RSVP: Clare at 250-851-4991 or frank.caputo.c1@parl.gc.ca

Prolife Monthly Vigil – is planned for this coming Friday, July 8th. We will be meeting from 10 a.m. to 11 a.m. at First Baptist Church on Columbia St.

Parish Fundraiser to Support Those Fleeing the War in Ukraine – we have the opportunity to purchase Ukrainian pins at the church entrance as a way of supporting our brothers and sisters who will come from Ukraine. Suggested donation is \$10.

New dishwasher for parish residence – after months of problems, the parish residence dishwasher needed to be replaced. Anyone wishing to donate and help with the cost of this appliance, is welcome to do so. We appreciate any donation. Thank you.

Annual Vacation Time – Fr. Andrzej will take the next part of his annual vacation from **Wednesday, July 20th to Wednesday, July 27, 2022**. Fr. Stepan Dovhoshyya from Vernon will be substituting. Divine Liturgy for Sunday July 24th will be celebrated on Saturday, July 23rd at 3:00 p.m. Fr. Stepan's contact information: phone - **250-549-1327** & email - dovhoshiyastepan@gmail.com.

The Synod of Bishops of the Ukrainian Catholic Church - will take place from **July 7-15** in Przemyśl, Poland. Its main theme will be "Synodality and Catholicity: The experience of the UGCC." His Beatitude Sviatoslav issued a decree on May 16, 2022, convening the Holy Synod of Bishops of the UGCC. Due to the Coronavirus pandemic, the 2020 and 2021 Synods of UGCC Bishops were held online. In 2022, the Synod was planned to be held in Kyiv; however, due to the ongoing war, the venue was changed to Przemyśl.

Annual Service of Blessing Cars – will take place on **Sunday, July 17th** after the Divine Liturgy at 10:00 a.m.

The Most Holy Trinity Parish Stewardship: Sunday, Sunday, June 26th - \$1045 (Includes - \$100 Ukr. Refugee; cleaning of gutters on church & residence - \$100 & dishwasher - \$65)**** *May*

God bless and reward you for your generosity & support .



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with the parish priest, please call or email Fr.

Andrzej in advance to arrange a time and a day.



Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

