



Pentecost Sunday

Неділя П'ятидесятниці

The Holy Priest-Martyr Dorotheus, Bishop of Tyre (361-63). * The Holy Priest-Martyr Cosmas, Presbyter of Armenia (1707). * Veneration of the Icon of the Mother of God, "Of Ichor," so called because it belonged to Ichor Olhovych, Prince of Kiev (+1147)

**** Sunday, June 5th, 2022 ****

Pastor: *Fr. Andrzej Wasylanko*

109 Tranquille Rd. Kamloops, BC V3B 3E8

Mailing address: 118 Don St., Kamloops, BC V2B 1B7

*Phones: 250-376-3690 (church) ** 250-461-7249 (residence)*

Email: mostholytrinitypar@shaw.ca

Website: <http://kamloops.nweparchy.ca/>

Facebook: @holytrinitykamloopsbc

Liturgical Services this coming week

Pentecost Sunday, June 5 ** 9:30 a.m. ** Rosary (Eng.) ** 10:00 a.m. Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners

Monday of the Holy Spirit, June 6 ** 9:00 a.m. Div. Lit: +Douglas Ch.

Tuesday, June 7 ** 9:00 a.m. * Div. Lit: +Maurice N.

Wednesday, June 8 * Moleben to Christ the Lover of Mankind *** 6:30 p.m.**

Thursday, June 9 * 9:00 a.m.** Div. Lit: +Deceased in Hanlon & Fromcoeur families**

All Saints Sunday, June 12 ** 9:30 a.m. ** Rosary (Eng.) ** 10:00 a.m. Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners

At the beginning of the Divine Liturgy, immediately after “Blessed be the Kingdom” and our “Amen”, we kneel and recite the following prayer:

“Heavenly King, Advocate, Spirit of Truth, * Who are everywhere present and fill all things, * Treasury of Blessings, Bestower of Life, * come and dwell within us, cleanse us of all that defiles us, * and, O Good One, save our souls.” Amen.

1st Antiphon:

The heavens tell the glory of God, * and the firmament declares the work of His hand.

Refrain: *Through the prayers of the Mother of God,* O Savior, save us.*

Day to day pours forth the message * and night proclaims this knowledge to night.

Refrain: *Through the prayers of the Mother of God...*

Their utterance has gone forth into all the earth, * and their words unto the ends of the world.

Refrain: *Through the prayers of the Mother of God....*

Glory be to the Father and to the Son.. Only-begotten Son ..

3rd Antiphon:

Verse: O Lord, by Your power the king shall rejoice and greatly exult in Your salvation.

Troparion Tone 8: *Blessed are You, O Christ our God who revealed the fishermen as most wise by sending them the Holy Spirit; through them You caught the entire world. Loving Master, glory to You.*

Verse: You gave him his heart’s desire and did not deny the request of his lips.

Troparion Tone 8: *Blessed are You.....*

Verse: For You have gone before him with gracious blessings, you have placed upon his head a crown of precious stones.

Troparion Tone 8: *Blessed are You....*

Priest: Wisdom! Stand aright!

Entrance Verse: Be exalted, O Lord, in Your strength; we will sing and make music to Your might.

Troparion Tone 8: *Blessed are You....*

Glory be to the Father and to the Son

Kontakion Tone 8: When the Most High came down and confused the tongues, He parted the nations. When He divided the tongues of fire, He called all to unity; thus with one voice we glorify the all-Holy Spirit.

Instead of "Holy God.." we sing..

All you, who have been baptized into Christ, you have put on Christ! Alleluia! (3)

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen. **You have put on Christ! Alleluia!**

All you, who have been baptized into Christ, you have put on Christ! Alleluia!

Prokeimenon Tone 8: Their utterance has gone forth into all the earth, * and their words unto the ends of the world.

Verse: The heavens tell the glory of God, and the firmament declares the work of His hand.

Epistle: A Reading from the Acts of the Apostles: 2: 1 – 11

When the days of Pentecost were ending, the disciples were all together in one place. And suddenly there came a sound from heaven, as of a violent wind blowing, and it filled the whole house where they were sitting. And there appeared to them separate tongues as of fire, and they settled upon each one of

them, and all were filled with the Holy Spirit, and they began to speak in foreign tongues, as the Holy Spirit granted them to speak. Now, there were staying in Jerusalem devout Jews from every nation under heaven. And when this sound occurred, a great crowd gathered, and they were astounded because each one heard them speaking in his own language. And all of them, amazed and wondering, were saying to each other, “Look, are not all these men who are speaking Galileans? How then have all of us heard our own language in which we were born? Parthians and Medes and Elamites, and inhabitants of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya around Cyrene, and visitors from Rome, Jews also and proselytes, Cretans and Arabs, we have heard them speaking in our own language of the wonderful works of God.”

Alleluia Verses: By the Lord’s word the heavens were established, and by the breath of His mouth all their host.

- The Lord has looked down from heaven and beheld the whole human race.

Gospel: John 7: 37–52; 8: 12



Now on the last, the great day of the feast, Jesus stood and cried out, saying, “If anyone thirsts, let him come to me and drink. Anyone who believes in me, as the Scripture says, ‘*From within him there shall flow rivers of living water.*’” He said this, however, of the Spirit, whom they who believed in him were to receive; for the Spirit had not yet been given, since Jesus had not yet been glorified. Some of the crowd, therefore, when they had heard these words, said, “This is truly the Prophet.” Others said, “This is the Christ.” Some, however, said, “Can the Christ come from Galilee? Does not the Scripture say it is of the offspring of David, and from Bethlehem, the village where David lived, that the Christ is to come?” So there arose a division among the crowd because of him. And some of them wanted to seize him, but no one laid hands on him. The attendants therefore came to the chief priests

and Pharisees; and these said to them, “Why have you not brought him?” The attendants answered, “Never has man spoken as this man.” The Pharisees then answered them, “Have you also been fooled? Has any one of the rulers believed in him, or any of the Pharisees? But this crowd, which does not know the Law, is accursed.” Nicodemus, the man who had come to him at night, who was one of them, said to them, “Does our Law judge a man unless it first gives him a hearing, and knows what he does?” They answered and said to him, “Are you also a Galilean? Search and see that out of Galilee arises no prophet.” And again Jesus spoke to them saying, “I am the Light of the world. Anyone who follows me does not walk in the darkness, but will have the light of life.”

Instead of “It is truly right...”: O my soul, magnify the one Divinity in three Persons.

*Rejoice, O Queen, * boast of virgins and mothers,* for every tongue, though capable and eloquent,* cannot hymn you as is your due,* and every mind is confounded * in seeking to comprehend the way in which you gave birth.* Wherefore with one accord, we glorify you.*

Communion Verse: Your good Spirit will lead me * to the land of righteousness. Alleluia (3)



The Life-Creating Spirit is the Giver of Grace

266

The Source of all grace is God the Father. From the Father, through the Son, and in the Holy Spirit, the grace of God descends upon all creation and sustains its existence. By the power of grace, all being has been wisely ordered, the laws of nature have been established, and the beauty of the universe and of humankind has been designed. Of all that was created, only humankind, called to life in God, has been granted the ability to cooperate with the Holy Spirit, the



Treasury of Blessings, who grants God's grace in a variety of gifts (see 1 Cor 12:4-13). In this cooperation (in Greek, synergia), the natural powers (in Greek, energiai) of humankind are united with the divine and uncreated gift of the grace of the Holy Spirit.

267

The bearer of God's grace in the world is Christ's Church. Through the ministrations of the Holy Mysteries, by means of sanctification and blessing, she apportions grace to those who believe in Christ. Through prayer, ascetical effort, and a life of virtue, Christians grow in the grace of the Holy Spirit to the fullness of divinization. Transfigured by grace, human nature abides in God's nature, "without division or confusion." At the same time, in humankind and through humankind, the nature of all creation is transfigured to its final consummation, as "a new heaven and a new earth" (Rev 21:1)* *Catechism of the Ukrainian Catholic Church*

Commentary on the Sunday Gospel Reading

https://instituteofcatholicculture.org/reflections/byzantine-gospel-reflection-for-pentecost?vgo_ee=XcvTTzIRR%2BLHT0RYF0PgjxwUnRnImwuiCIJkd9A7F3A%3D



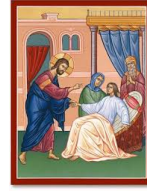
***** *Prayers* *****

Prayer for the Afflicted People of Ukraine in Time of War

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that Your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions. Above all, we pray for all Your precious children, at risk and in fear, that You would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen.

Prayer During the Coronavirus Outbreak

Lord, Our God, We thank you for the life that is your gift, for the providence that sustains us,
And for your wisdom that directs the course of our days. The threat of an infection of coronavirus is upon us today. This disease causes fear among us and has claimed lives. We humbly beg you, loving Lord, dispel our fear and deliver us from this and other diseases.



Heal those who are afflicted and stop the spread of the virus. Strengthen us in charity to care for one another. For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever. Amen.

Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul. Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation. I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.



**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners who join us today in our church for the Divine Liturgy and those who continue to pray at home. We wish you a healthy & blessed week!

Please Pray for health of ... All those affected by the coronavirus, those wounded in the war in Ukraine and: Lil & Ray S; Elsie K., Paulette K., Bev. N, Irene M., Sharon & Al L., Wilma C., Rob E., Billie M., Peter O., Rob R., F.T., Zbigniew K., Pat B., Anne D., Margaret M., Dave & Betty C., Matt D., Bill P., Thomas H., Lawrence & Ping B., Gladys O., Zonia K., Brian K., Mary & Dave E., Jeanne R., Lisa M., Michael L., Melynda S., Suzanne C., Clay B., Stefanica K., Sarah N., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



**Thank you to all our Supporters
& Volunteers – Дякуємо –**

Many thanks to everyone for your continued support of our parish community and for supporting our brothers & sisters in Ukraine. God bless you all!



Sunday Coffee resumes today – please join us after the Divine Liturgy for our parish fellowship and also for a special presentation by **Mr. Paolo Bigit**, Ukrainian Humanitarian Effort Coordinator for Kamloops and region.

2022 Parish Feast-day (Praznyk) – will be celebrated next Sunday, June 12th. This year, we will be honoured with the presence of our Apostolic Administrator, Bishop David Motiuk and Sisters Angelica & Pat.

Knights of Columbus Council 8132 (OLPH) meeting – will take place this **Thursday, June 9th** at 7:00 p.m.

Zahalnytsia/No fasting – due to the festive Pentecost season, this coming **Friday, June 10th** is not a fasting day.

The Fast of the Holy Apostles – begins on the Monday after All Saints Sunday (Monday, June 13th) and lasts until June 29, the Feast of the Holy Apostles Peter & Paul.

Father Le Jeune 4th Degree Knights of Columbus Assembly – will hold their monthly meeting on **Thursday, June 16th, 2022** at 7:00 p.m.

St. Ann's Academy Graduation Mass – will be celebrated on **Friday, June 17th** at 2:00 p.m. at SAA's gym.

Monthly Parish Council Meeting – will take place on **Wednesday, June 22nd** at 6:30 p.m. in the parish hall.



10th World Meeting of Families – theme: “Family Love: Vocation and Path to Holiness” – will be celebrated on Sunday, June 26, 2022. Although the main gathering will take place in Rome, during our coffee time at Holy Trinity Parish, we will have a special program to celebrate this event. In preparation for the **10th World Meeting of Families**, the Standing Committee for Family and Life – Canadian Conference of Catholic Bishops is hosting a **live and nationwide Rosary for the Family via Zoom Webinar**. The virtual event will take place on Father’s Day, **Sunday, June 19 at 1:00 pm** and will be facilitated by several families from across the country.

Pope Francis’ Visit to Canada - July 24-29, 2022 - The historic visit, focused on Indigenous healing and reconciliation. During his visit, Pope Francis will adopt three communities as a base for his Canadian visit: Edmonton, Quebec City, and Iqaluit.

Parish Fundraiser to Support Those Fleeing the War in Ukraine – we have the opportunity to purchase Ukrainian pins at the church entrance as a way of supporting our brothers and sisters who will come from Ukraine. Suggested donation is \$10.

Sunday Obligation - At the outset of the pandemic, a **dispensation from the obligation of attending the Sunday and Feast Day Divine Liturgy** was granted, with the intent of safeguarding the health and well-being of the faithful in the midst of the global pandemic. With the significant lessening in recent months of pandemic danger both provincially and globally, we are now at a stage where the dispensation can no longer be justified. Accordingly, the dispensation will be lifted as of **Pentecost Sunday, June 5**.

The Synod of Bishops of the Ukrainian Catholic Church - will take place from **July 7-15** in Przemyśl (Peremyshl), Poland. Its main theme will be "Synodality and Catholicity: The experience of the UGCC." His Beatitude Sviatoslav issued a decree on May 16, 2022, convening the Holy Synod of Bishops of the UGCC. Due to the Coronavirus pandemic, the 2020 and 2021 Synods of UGCC Bishops were held online. In 2022, the Synod was planned to

be held in Kyiv; however, due to the ongoing war, the venue was changed to Przemyśl.

The Most Holy Trinity Parish Stewardship: Sunday, May 22nd - \$ 610.00; Sunday, May 29th - \$1175.00 **** *May God bless and reward you for your generosity & support*



The Feast of Pentecost

The glorious feast of the Resurrection concludes with a feast also most glorious and great — and that is, the feast of Pentecost. After the Nativity and Resurrection of our Lord, this feast belongs to the greatest feasts in the Ecclesiastical Year. The Descent of the Holy Spirit is, as it were, the seal on the work of the salvation of the human race accomplished by the Son of God. On the day of Pentecost, the Holy Spirit himself anoints the Apostles as preachers of the Good News of Christ. On this day, the Church was born and began to function. The Holy Spirit ever guides, enlightens, sanctifies and preserves her on the path of truth.

"When the work the Father gave to the Son to do on earth was accomplished," says The Vatican Council, "the Holy Spirit was sent on the day of Pentecost in order that He might continually sanctify the Church, and thus all those who believe would have access through Christ in one Spirit to the Father... The Spirit dwells in the Church and in the hearts of the faithful, as in a temple. In them, He prays on their behalf and bears witness to the fact that they are adopted sons... By the power of the Gospel He makes the Church keep the freshness of youth. Uninterruptedly, He renews it and leads it to perfect union with its Spouse." (Constitution on the Church, 54) The holy feast of Pentecost deserves our special attention because of its history, liturgy, and significance.

The Old Testament Pentecost

The Jewish people in ancient times celebrated three great feasts annually: the feast of the Passover, the feast of Pentecost and the feast of Tabernacles. In the Book of Exodus we read: "Three times every year you shall celebrate feasts to me. You shall keep the feast of the unleavened bread. You shall keep the feast of the harvest of the first-fruits of your work, whatsoever you have sown in the field, and the feast also in the end of the year, when you have gathered in all your crops out of the field." (Exodus 23, 14-16)

The feast takes its name from the fiftieth day after the feast of the Passover, and also from the fiftieth day from the beginning of the harvest. Pentecost is

a Greek word which means "the fiftieth day". Originally, Pentecost was a feast of harvest and thanksgiving. On that day, according to the prescription of the law, great crowds of Jews would flock to Jerusalem even from distant lands, to render thanks to the Lord for the fruits of the earth and to make an offering of these fruits in the temple. Later, the Jews connected the feast of Pentecost as a feast of the harvest with an event in the history of Israel, in this case, with the anniversary of the giving of the Law to Moses on Mount Sinai on the fiftieth day after their departure from Egypt.

The Christian Pentecost

The Apostles and first Christians retained from the Old Testament the feast of the Passover as well as the feast of Pentecost. They also preserved the name, Pentecost, because, for them, it was also the fiftieth day after the Pasch (Resurrection); however, they attached to it an altogether different significance. The principal motive for celebrating Pentecost in the Church of the New Testament was the event of the Descent of the Holy Spirit upon the Apostles. Thus, this feast is also called the day of the Descent of the Holy Spirit or the day of the Holy Trinity.

The Church of the Old Testament had a custom on the feast of Pentecost of covering the floor of their homes and synagogues with fresh grass and adorning their homes and synagogues with the branches of trees and with flowers as a sign that, when the Law of God was given at Mount Sinai, all nature was in bloom. Presumably, the Apostles also observed this custom and decorated the upper room with greenery and flowers. This custom was also taken over by the Church of the New Testament. From this custom, Pentecost received another name namely, "Green Sunday". Flowers and greens are a sign of life and therefore became a symbol of the life-giving Spirit. Just as nature in springtime is renewed with greens and flowers, so too, holy Church and her faithful are renewed by the power of the Holy Spirit.

The Significance of the Feast of the Descent of the Holy Spirit

The event of the descent of the Holy Spirit was most fruitful in its effects and had great significance for the Apostles and the first Christians; it has this same significance for the whole Church everywhere and always. St. John Chrysostom in his homily on the feast of the Pentecost says: "The all gracious God today bestowed upon us gifts, too great to be adequately expressed in words.

Therefore, let us all rejoice together, and while rejoicing, let us praise

our God... For I ask, what was given to us for our salvation that was not given to us by the Holy Spirit? He freed us from slavery, adopted and called us to the freedom of the children of God. From this fountain (i.e. the Holy Spirit) flow prophecies, the grace of healing, and all the other gifts and fruits with which the Church is wont to adorn herself. " In the sticheras of the Great Vespers service of Pentecost we read: "The Holy Spirit is the giver of all gifts. He pours forth prophecies, perfects the priesthood, teaches wisdom to the illiterate, and transforms fishermen into theologians; he brings together into one community the entire Church of God. O Comforter, one with the Father in nature and co-reigning with Him, glory to you.



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with the parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy

Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.