



**** 4th Sunday of Pascha ****
Sunday of the Paralytic
“Mother’s Day”

The Holy Apostle and Evangelist John the Theologian – John was a disciple of John the Baptist who led him to Jesus. At Jesus’ Crucifixion, the Lord entrusted His Mother to John’s care. John lived until an advanced age.

Our Venerable Father Arsenius the Great – Arsenius was born in Roe of a noble family. He enjoyed a high position in the imperial palace. He retired into Egypt to become a hermit. He died in the year 445.

**** Sunday, May 8th, 2022 ****

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Easter Season Greeting until May 25th
Christ Is Risen! - Indeed He Is Risen!
Chrystos Voskres! - Voistynu Voskres!
Xpucmoc Bockpec! - BoicmyHy Bockpec!

No Liturgical Services this coming week

Sunday, May 8 ** Service Cancelled. **

Sunday, May 15 ** 9:30 a.m. ** Rosary (Eng.) ** 10:00 a.m.

Divine Liturgy (Eng./Ukr.): God’s blessings to all parishioners

After the priest has exclaimed, “Blessed be the Kingdom...” and the people have responded, “Amen,” the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.

Paschal Troparion: Christ is risen from the dead, * trampling death by death, * and to those in the tombs * giving life.

Troparion, Tone 3: Let the heavens be glad, let the earth rejoice, * for the Lord has done a mighty deed with His arm. * He trampled death by death. He became the first-born of the dead; * He saved us from the abyss of Hades * and granted great mercy to the world.

Troparion, Tone 2: O beloved apostle of Christ our God,* hasten, deliver a people without defense.* He who received you when you leaned upon His breast accepts you as you bow in prayer.* Implore Him, O Theologian, to scatter the cloud of nations that besets us,* asking peace and great mercy.

Kontakion, Tone 3: Lord, as of old You raised the Paralytic,* lift my soul by Your divine presence,* for by many sins and foolish actions,* I, too, am now afflicted and crippled.* Raise me, that being saved I may cry to You:* Glory to Your power, O merciful Christ.

Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 8: Though You descended into a tomb, O Immortal One, * yet You destroyed the power of Hades; * and You rose as victor, O Christ God, * calling to the myrrh-bearing women: Rejoice! * and giving peace to Your Apostles: * You, who grant Resurrection to the fallen.

Now and for ever and ever. Amen.

Kontakion, Tone 2: O virgin apostle, who can recount your mighty works?* For you pour out wonders and healings* and you pray for our souls as Theologian and friend of Christ.

Prokeimenon, Tone 1 - Let Your mercy, O Lord, be upon us, as we have hoped in You.

verse: Rejoice in the Lord, O you just; praise befits the righteous.

Prokeimenon, Tone 8 - Their utterance has gone forth into all the earth, and their word unto the ends of the world.

Epistle - Acts 9:32-42



In those days, as Peter went here and there among all the believers, he came down also to the saints living in Lydda. There he found a man named Aeneas, who had been bedridden for eight years, for he was paralyzed. Peter said to him, "Aeneas, Jesus Christ heals you; get up and make your bed!" And immediately he got up. And all the residents of Lydda and Sharon saw him and turned to the Lord.

Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. At that time she became ill and died. When they had washed her, they laid her in a room upstairs. Since Lydda was near Joppa, the disciples, who heard that Peter was there, sent two men to him with the request, "Please come to us without delay." So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, "Tabitha, get up." Then she opened her eyes, and seeing Peter, she sat up. He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. This became known throughout Joppa, and many believed in the Lord.

Alleluia, Tone 1 - Of Your mercies, O Lord, I will sing forever; with my mouth I will proclaim Your truth from generation to generation.

verse: For You have said, "Mercy will be established forever."

verse: The heavens shall confess Your wonders, O Lord, and Your truth in the church of the saints.

Gospel - John 5:1-15

At that time, Jesus went up to Jerusalem. Now in Jerusalem by the Sheep Gate there is a pool, called in Hebrew Beth-zatha, which has five porticoes. In these lay many invalids - blind, lame, and paralyzed. One man was there who had been ill for thirty-eight years. When Jesus saw him lying there and knew that he had been there a long time, he said to him, "Do you want to be made well?" The sick man answered him, "Sir, I have no one to put me into the pool when the water is stirred up; and while I am making my way, someone else steps down ahead of me." Jesus said to him, "Stand up, take your mat and walk." At once the man was made well, and he took up his mat and began to walk.

Now that day was a sabbath. So the Jews said to the man who had been cured, "It is the sabbath; it is not lawful for you to carry your mat." But he answered them, "The man who made me well said to me, 'Take up your mat and walk.'" They asked him, "Who is the man who said to you, 'Take it up and walk'?" Now the man who had been healed did not know who it was, for Jesus had disappeared in the crowd that was there. Later Jesus found him in the temple and said to him, "See, you have been made well! Do not sin any more, so that nothing worse happens to you." The man went away and told the Jews that it was Jesus who had made him well.

Hymn to the Mother of God

The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn

Receive the Body of Christ;* taste the fountain of immortality.*

Praise the Lord from the heavens; praise Him in the highest.

(*Psalm 148:1*)* Their utterance has gone forth into all the earth,*

and their word unto the ends of the world.* Alleluia, alleluia,* alleluia. (*Psalm 18:5*)

Instead of “Blessed is He...” *we sing*: **Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.**

Instead of “We have seen

Instead of “Let our mouths...” *we sing*: **Christ is risen ... (3x).**

Instead of “Blessed be the name..” *we sing*: **Christ is risen (3x).**

“Christ is risen” is sung again once (using a simple chord chant) instead of “Glory be to the Father...” at the dismissal.

Then the Troparion “Christ is risen” is sung as in the beginning of the Liturgy, but with an additional ending.

Troparion: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life *(3x)*.

*And to us He has granted life eternal * we bow down before His resurrection on the third day.*



Commentary on the Sunday Gospel Reading:

<https://godwithusonline.org/reflections/the-sunday-of-the-paralytic-ukrainian/>

CATECHETICAL SUMMARY

“Let them know that the Lord came not to make a display, but to heal and teach those who were suffering. For the way for one aiming at display would be just to appear, and to dazzle the beholders; but for one seeking to heal and teach the way is, not simply to sojourn here, but to give himself to the aid of those in want...” **Saint Athanasius, *On the Incarnation***

In both the Epistle and Gospel proclaimed in the Church today, we hear of healings. And lest we be “dazzled” by these healings it is important to remember their true meaning and purpose. For Christ’s miracles were meant for one purpose, to bring those who were “dazzled” by them to faith in him and trust in his word. Yes,

these miraculous healings did take place, but they were not simply a bodily healing.

More importantly, Jesus' healings were an opportunity for the one healed to walk once again with God. "Go," Jesus tells the former paralytic, "and sin no more."

This ministry of spiritual healing is extended to us also who have been baptized into Christ. Let us, therefore, following Saint Athanasius' admonition, seek not simply to impress people with exterior show, but begin to live the life of Christ, giving ourselves "to the aid of those in want."

CHALLENGE QUESTIONS:

1. What does it mean to spiritually walk with God?
2. How can we help heal others who are spiritual paralytics?
3. What does it mean to be in "want" or need?
4. What does it mean to be in spiritual poverty?



Notice that the paralytic did not call out to Christ to help him; instead, the Lord reached out to him, asking "*Do you want to be made well?*" That may seem like a strange question,

for presumably anyone waiting by a pool for healing after 38 years of illness would want to be made well. But think for a moment about how we have all learned to adapt to our favourite sins, how we have become comfortable with whatever forms of corruption have become second nature to us over the years. By virtue of coming to Church, we are apparently religious people, but that does not mean that we truly want to be healed. For to be healed means obeying the Lord's command to this fellow: "*Stand up, take your mat and walk.*" It requires making the effort to rise up in obedience, to be transformed personally in how we live each day, and to grow in holiness. It would not have sufficed for

that man to have remained on his bed and have warm feelings about how Christ had healed him. Just as anyone who lies motionless for a long time will become weak and unable to rise up and walk on his own power, the same will be true of us spiritually.



***** *Prayers* *****



Prayer for Mothers

Heavenly Father, from the beginning you have chosen to entrust the human person to mothers in a special way. We thank and praise you for the gift of mothers; for their tenderness, care, and compassion, for their intuition and encouragement, for commitment and sacrifice. Bless all mothers this day. Keep, strengthen, and refresh them in your loving care. May they be blessed by our openhearted love and gratitude. Amen.

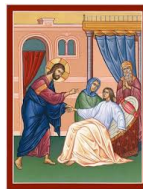
Prayer for the Afflicted People of Ukraine in Time of War



God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that Your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions. Above all, we pray for all Your precious children, at risk and in fear, that You would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen.

Prayer During the Coronavirus Outbreak

Lord, Our God, We thank you for the life that is your gift, For the providence that sustains us, And for your wisdom that directs the course of our days. The threat of an infection of coronavirus is upon us today. This



disease causes fear among us and has claimed lives. We humbly beg you, loving Lord, dispel our fear and deliver us from this and other diseases.

Heal those who are afflicted and stop the spread of the virus. Strengthen us in charity to care for one another.

For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever. Amen.

Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts! I love You above all things and I desire to receive You into my soul. Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation. I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.

**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners who join us today in our church for the Divine Liturgy and those who continue to pray at home. We wish you a healthy & blessed week!

Please Pray for health of ... All those affected by the coronavirus, those wounded in the war in Ukraine and: Paulette K., Bev. N, Msgr. Jerry D., Irene M., Sharon & Al



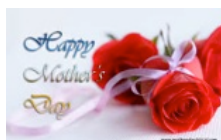
L., Wilma C., Rob E., Elsie K., Billie M., Peter O., Rob R., F.T., Zbigniew K., Pat B., Anne D., Margaret M., Dave & Betty C., Matt D., Bill P., Thomas H., Lawrence & Ping B., Gladys O., Zonia K., Brian K., Mary & Dave E., Jeanne R., Lisa M., Michael L., Melynda S., Suzanne C., Clay B., Stefanica K., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Supporters & Volunteers –



Дякуємо – Many thanks to everyone for your continued support of our parish community and for supporting our brothers & sisters in Ukraine. God bless you all!



Happy Mother's Day!!! – We wish all mothers, god-mothers and spiritual mothers many God's blessings, good health, joy and peace on this special day. May you be greatly rewarded for your

love, care and commitment in this privileged and demanding call of being a mother.

Cancellation of today's Divine Liturgy - due to Fr. Andrzej having tested positive for covid and requiring to isolate, today's Divine Liturgy and weekday services are cancelled.

New Westminster Clergy Annual Retreat & Conference – will take place in Kelowna from Monday, May 9th to Thursday, May 12th.

Monthly Parish Council Meeting – will take place on **Wednesday, May 18th** at 6:30 p.m. in the parish hall.

Church & Residence Carpet Cleaning - will take place on Wednesday, May 18th.

Father Le Jeune 4th Degree Knights of Columbus Assembly – will hold their monthly meeting via zoom on **Thursday, May 19th, 2022** at 7:00 p.m.



Monthly Meeting for SSVP- will take place on Tuesday, May 24th at 11:00 a.m. at our parish hall.

Support & Prayers for Ukraine - Dear brothers and sisters in Christ, please continue to pray for the end of the war in Ukraine and for peace. Our collection for financial support is ongoing. Thank you to those who have already donated. We have collected \$ 3,810.00. For more options and information on how to support Ukraine, please refer to the Eparchial website: <http://nweparchy.ca/help-the-people-of-ukraine-to-survive-the-war-donate-here/>

Parish Fundraiser to Support Those Fleeing the War in Ukraine – we have the opportunity to purchase Ukrainian pins at the church entrance as a way of supporting our brothers and sisters who will come from Ukraine. Suggested donation is \$10.

Upcoming Major Feast Days – The Ascension of Our Lord Jesus Christ will be celebrated on **Thursday, May 26th** & The Descent of the Holy Spirit – **Pentacost Sunday, June 5th**.

Sunday Obligation - At the outset of the pandemic, a **dispensation from the obligation of attending the Sunday and Feast Day Divine Liturgy** was granted, with the intent of safeguarding the health and well-being of the faithful in the midst of the global pandemic.

With the significant lessening in recent months of pandemic danger both provincially and globally, we are now at a stage where the dispensation can no longer be justified. Accordingly, the **dispensation will be lifted as of Pentecost Sunday, June 5.**

Participation in Divine Liturgy on Sundays and on Holy Days of Obligation, is a duty that is at once sacred and joyful. It springs from the commandment to keep holy the Sabbath Day. In the Christian tradition, the Sabbath is Sunday, when we celebrate with joy the victory of the Risen Christ over death. Regular celebration of Sunday Divine Liturgy gives to our lives right order, since it places the worship of God before all else and orients us toward our ultimate destiny in Christ.

With you, we rejoice in the return to gathering in person to worship God at Sunday Divine Liturgy, and to living the Sabbath fully with our parish community, family, and friends. It is our hope that the fulfillment of our sacred duty to worship God on Sundays and

Holy Days of Obligation will spur us along the path of spiritual renewal.

May the celebration of Pentecost Sunday inspire us to rejoice in worshipping the Lord always. “Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.”

The Most Holy Trinity Parish Stewardship: Sunday, May 1 - \$ 935.00. *May God bless and reward you for your generosity & support.*



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with the parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy

Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Sunday live-streamed coverage of liturgical services:

Holy Eucharist Cathedral (New Westminster) – Divine Liturgy at 8:30 a.m. (Eng.) & 10:30 a.m. (Ukr.)

<https://www.facebook.com/holyeucharistcathedral/>

Youtube https://www.youtube.com/channel/UCPp1JaDotIj_4h3aAJq0Srg

St. George's Parish (Prince George) - Divine Liturgy: 8:30 a.m. – (in Ukrainian) & 10:00 a.m. (in English) - Facebook page or at parish webpage (www.sgparish.ca)