



*** 7th Sunday of Pascha ***
Sunday of the Holy Fathers of the First Ecumenical Council of Nicaea,
The Venerable-Martyr Theodosia the Virgin -
she was born in Tyre of Lebanon and suffered martyrdom for Christ on Easter Sunday, 307.

**** Sunday, May 29th, 2022 ****

Pastor: *Fr. Andrzej Wasylanko*
109 Tranquille Rd. Kamloops, BC V3B 3E8
Mailing address: 118 Don St., Kamloops, BC V2B 1B7
Phones: 250-376-3690 (church) ** 250-461-7249 (residence)
Email: mostholytrinitypar@shaw.ca
Website: <http://kamloops.nweparchy.ca/>
Facebook: [@holytrinitykamloopsbc](https://www.facebook.com/holytrinitykamloopsbc)

Liturgical Services this coming week

Sunday, May 29 ** 9:30 a.m. ** Rosary (Eng.) ** 10:00 a.m.

Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners

Monday, May 30 ** 6:30 p.m. * Moleben to the Mother of God

Tuesday, May 31 ** 9:00 a.m. * Div. Lit: Good health & God's blessings to Cecil & Muriel Sh.

Wednesday, June 1 * Moleben to Christ the Lover of Mankind *** 6:30 p.m.**

Thursday, June 2 * 9:00 a.m.** Div. Lit: Special Intention**

Saturday, June 4 ** ** 9:00 a.m. *Div. Lit.: +Beloved Deceased Ones (5th All Souls Saturday) followed by Annual Grave blessings service ******

Pentecost Sunday, June 5 ** 9:30 a.m. ** Rosary (Eng.) ** 10:00 a.m. *Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners*

First Antiphon

Clap your hands, all you nations; * shout to God with the voice of joy.

Through the prayers of the Mother of God, O Saviour, save, us.

For the Lord most high is awesome, * a great king of all the earth.

Through the prayers of the Mother of God, O Saviour, save, us.

He has subdued peoples to us, * and nations under our feet.

Through the prayers of the Mother of God, O Saviour, save, us.

God ascended amid shouts of joy; * the Lord at the sound of the trumpet.

Through the prayers of the Mother of God, O Saviour, save, us.

+Glory... Now... Only-Begotten Son...

Third Antiphon

Come, let us sing joyfully to the Lord,* let us acclaim God, our Saviour.

*Son of God, who ascended in glory, * save us who sing to You:
Alleluia.*

Let us come before His face with praise,* and acclaim Him in psalms.

*Son of God, who ascended in glory, * save us who sing to You:
Alleluia.*

For God is the great Lord,* the great king over all the earth.

*Son of God, who ascended in glory, * save us who sing to You:
Alleluia.*

Entrance

Come, let us worship * and fall down before Christ.

*Son of God, who ascended in glory, * save us who sing to You:
Alleluia.*

Troparion, Tone 6: Angelic powers were upon Your tomb * and the guards became like dead men; * Mary stood before Your tomb * seeking Your most pure body. * You captured Hades without being overcome by it. * You met the Virgin and granted life. * O Lord, risen from the dead, * glory be to You!

Troparion, Tone 4: You ascended in glory, O Christ our God, * giving joy to Your disciples by the promise of the Holy Spirit, * and assuring them through your blessing * that You are the Son of God, * the Redeemer of the world.

Troparion, Tone 8: Christ our God, You are glorified above all, * You established our Fathers as beacons on earth * and through them guided all of us to the true faith. * Glory to You, most compassionate Lord.

+Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 8: The apostles' preaching and the Fathers' doctrine * confirmed the Church's one faith, * and wearing the garment of truth * woven from theology that descends from on high, * she rightly imparts * the mystery of godliness * and sings its glory.

Now and forever and ever. Amen.

Kontakion, Tone 6: When you had fulfilled Your plan for us * and united things on earth with those in heaven, * You ascended in glory, O Christ our God, * in no way distant, but remaining inseparable, * You cried to those who love You: * I am with You and there is none against you.

Prokeimenon, Tone 4: Blessed are You, Lord God of our fathers, and praised and glorified is Your Name forever.

verse: For You are righteous in everything that You have done to us.

Epistle: A reading from the Acts of the Apostles (*Acts 20:16-18, 28-36*)



In those days, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; he was eager to be in Jerusalem, if possible, on the day of Pentecost. From Miletus he sent a message to Ephesus, asking the elders of the church to meet him. When they came to him, he said to them: “Keep watch over yourselves and over all the flock, of which the Holy Spirit has made you overseers, to shepherd the church of God that He obtained with the blood of his own Son. I know that after I have gone, savage wolves will come in among you, not sparing the flock. Some even from your own group will come distorting the truth in order to entice the disciples to follow them. Therefore be alert, remembering that for three years I did not cease night or day to warn everyone with tears. And now I commend you to God and to the message of His grace, a message that is able to build you up and to give you the inheritance among all who are sanctified. I coveted no one’s silver or gold or clothing. You know for yourselves that I worked with my own hands to support myself and my companions. In all this I have given you an example that by such work we must support the weak, remembering the words of the Lord Jesus, for He Himself said, ‘It is more blessed to give than to receive.’” When he had finished speaking, he knelt down with them all and prayed.

Alleluia, Tone 1: The God of gods, the Lord, spoke and summoned the earth from the rising of the sun to its setting.

verse: Gather to Him His devout ones, who with sacrifice make covenant with Him.

Gospel: John 17:1-13

At that time Jesus looked up to heaven and said, “Father, the hour has come; glorify your Son so that the Son may glorify You, since You have given Him authority over all people, to give eternal life to all whom you have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. I glorified You on earth by finishing the work that You gave Me to do. So now, Father, glorify Me in your

own presence with the glory that I had in Your presence before the world existed. “I have made Your name known to those whom You gave me from the world. They were Yours, and You gave them to me, and they have kept Your word. Now they know that everything You have given Me is from you; for the words that You gave to Me I have given to them, and they have received them and know in truth that I came from You; and they have believed that You sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom You gave me, because they are Yours. All Mine are Yours, and Yours are Mine; and I have been glorified in them.” And now I am no longer in the world, but they are in the world, and I am coming to You. Holy Father, protect them in Your name that You have given Me, so that they may be one, as We are one. While I was with them, I protected them in Your name that You have given Me. I guarded them, and not one of them was lost except the one destined to be lost, so that the scripture might be fulfilled. But now I am coming to You, and I speak these things in the world so that they may have My joy made complete in themselves.

Hymn to the Mother of God: O my soul, magnify the Lord who in glory ascended bodily into the heavens.

Irmos Tone 5: O Mother of God, * you transcended both mind and word, * and in time, ineffably bore the Timeless One:* it is you who, with one accord,* we, the faithful, magnify.

Communion Hymn: Praise the Lord from the heavens; * praise Him in the highest. *** Rejoice in the Lord, O you just; * praise befits the righteous. Alleluia (x3).

Instead of “We have seen the true light...” & “Let our mouths be filled...” we sing: Be exalted, O God, above the heavens, above all the earth be Your glory.



CATECHETICAL SUMMARY



This Sunday is the Sunday of the Fathers of the First Council of Nicea. Obviously, the “fathers” of the council refers to the 318 Bishops that traveled from all over the world to join together to give voice to the Orthodox Catholic Faith as it was established and received from the Apostles. Primarily, the fathers of the council focused their attention on the Arian heresy and proclaimed with one voice that Jesus is truly God and truly man, an Eternal Divine Person with two distinct natures. One of the bishops that joined the council was the great Saint Athanasios, bishop of Alexandria.

It was Saint Athanasios who, in his debates with the arch-heretic Arius, uttered the famous statement “God became man that man might become god.” This truth, so central to our Christian faith, restates the foundational Christian belief that the purpose of the Incarnation, the reason why God became a man in the womb of Holy Theotokos, was so that he might reclaim his creation from the dominion of the devil and reunite us with Him. Through our baptism, we are joined to Christ in a real way so that we are able to say with Saint Paul, “it is no longer I who lives, but Christ who lives in me.”

THE FATHERS ON THE GOSPEL

The Lord says “all mine are yours,” as if He were submitting His lordship over creation to the Father, but he also adds “Yours are mine,” to show that the creating command came from the Father to Him. The Son did not need help to accomplish His work, nor are we to believe that He received a separate commandment for each portion of His work. Such extreme inferiority would be entirely inadequate to His divine glory. Rather, the Word was full of His Father’s grace. He shines forth from the Father and accomplishes everything according to His parent’s plan. He is not different in essence, nor is He different in power from his Father, and if their power is equal, then their works are the same. Christ

is the power of God and the wisdom of God. All things were made through Him, and all things were created through Him and for Him, not as if He were discharging the service of a slave, but instead He creatively fulfills the will of His Father. (St. Basil the Great , “On the Holy Spirit 8.19”)

Commentary on the Sunday Gospel Reading

<https://godwithusonline.org/reflections/the-sunday-of-the-fathers-of-the-first-council-of-nicea-ukrainian/>



***** ***Prayers*** *****

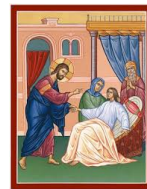
Prayer for the Afflicted People of Ukraine in Time of War

God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that Your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions. Above all, we pray for all Your precious children, at risk and in fear, that You would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen.

Prayer During the Coronavirus Outbreak

Lord, Our God, We thank you for the life that is your gift, for the providence that sustains us, And for your wisdom that directs the course of our days. The threat of an infection of coronavirus is upon us today. This disease causes fear among us and has claimed lives. We humbly beg you, loving Lord, dispel our fear and deliver us from this and other diseases.

Heal those who are afflicted and stop the spread of the virus. Strengthen us in charity to care for one another. For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever. Amen.



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul. Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation. I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.



**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners who join us today in our church for the Divine Liturgy and those who continue to pray at home. We wish you a healthy & blessed week!

Please Pray for health of ... All those affected by the coronavirus, those wounded in the war in Ukraine and: Paulette K., Bev. N, Irene M., Sharon & Al L., Wilma C., Rob E., Elsie K., Billie M., Peter O., Rob R., F.T., Zbigniew K., Pat B., Anne D., Margaret M., Dave & Betty C., Matt D., Bill P., Thomas H., Lawrence & Ping B., Gladys O., Zonia K., Brian K., Mary & Dave E., Jeanne R., Lisa M., Michael L., Melynda S., Suzanne C., Clay B., Stefanica K., Sarah N., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Supporters

& Volunteers – Дякуємо – Many thanks to everyone for your continued support

of our parish community and for supporting our brothers & sisters in Ukraine. God bless you all!





Многая Літа! – very special God's blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special anniversary during **the month of May** (10th – Anne Tofan; 12th – Taylor Russell; 16th – Peter Orichowski; 19th – Joshua Kantor & Fr. Andrzej; 20th – Lidia & Fr. Andrzej (2000); 26th – Juliana Wasylanko; 28th – Ken Sawka.)

National UCWLC Day! * Многая літа!** – on behalf of the Most Holy Trinity parish we would like to wish many God's blessings of good health, joy, peace and happiness to **all the members of our UCWLC Branch** on the annual **League Day**. We express our gratitude for the hard work and generosity that is given to the parish by our Ladies. God bless you all. **Многая Літа!**

Sunday Coffee Postponed until next Sunday, June 5th.

Note From Pro-Life Kamloops Society - please join us this coming **Friday, June 3rd** for our monthly silent prayer vigil. We gather from 10:00 a.m. – 11:00 a.m. on Columbia St. in front of First Baptist Church between 4th & 5th Ave.

2022 Cemetery Grave blessings – will take place this coming **Saturday, June 4th** after the Divine Liturgy at 9:00 a.m.

Special Visit – Next Sunday, June 5th we will be visited by **Mr. Paolo Bigit**, Ukrainian Humanitarian Effort Coordinator for Kamloops and the Region. During our coffee time, he will provide us with an update on the Ukrainian refugees in Kamloops.

Knights of Columbus Council 8132 (OLPH) Meeting – will take place this **Thursday, June 9th** at 7:00 p.m.

The Fast of the Holy Apostles – begins on the Monday after All Saints Sunday (Monday, June 13th) and lasts until June 29, the Feast of the Holy Apostles Peter & Paul.

St. Ann's Academy Graduation Mass – will be celebrated on Friday, June 17th at 2:00 p.m. at SAA's gym.

Monthly Parish Council Meeting – will take place on **Wednesday, June 22nd** at 6:30 p.m. in the parish hall.

10th World Meeting of Families – theme: “Family Love: Vocation and Path to Holiness” – will be celebrated on Sunday, June 26, 2022. Although the main gathering will take place in Rome, we will also celebrate this event on Eparchial and parish levels.

Pope Francis’ Visit to Canada - July 24-29, 2022 - The historic visit, focused on Indigenous healing and reconciliation. During his visit, Pope Francis will adopt three communities as a base for his Canadian visit: Edmonton, Quebec City, and Iqaluit.

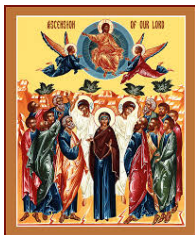
Parish Fundraiser to Support Those Fleeing the War in Ukraine – we have the opportunity to purchase Ukrainian pins at the church entrance as a way of supporting our brothers and sisters who will come from Ukraine. Suggested donation is \$10.

Sunday Obligation - At the outset of the pandemic, a **dispensation from the obligation of attending the Sunday and Feast Day Divine Liturgy** was granted, with the intent of safeguarding the health and well-being of the faithful in the midst of the global pandemic.

With the significant lessening in recent months of pandemic danger both provincially and globally, we are now at a stage where the dispensation can no longer be justified. Accordingly, the **dispensation will be lifted as of Pentecost Sunday, June 5.**

Participation in Divine Liturgy on Sundays and on Holy Days of Obligation, is a duty that is at once sacred and joyful. It springs from the commandment to keep holy the Sabbath Day. In the Christian tradition, the Sabbath is Sunday, when we celebrate with joy the victory of the Risen Christ over death. Regular celebration of Sunday Divine Liturgy gives to our lives right order, since it places the worship of God before all else and orients us toward our ultimate destiny in Christ.

With you, we rejoice in the return to gathering in person to worship God at Sunday Divine Liturgy, and to living the Sabbath fully with our parish community, family, and friends. It is our hope that the fulfillment of our sacred duty to worship God on Sundays and Holy Days of Obligation will spur us along the path of spiritual renewal. May the celebration of Pentecost Sunday inspire us to rejoice in worshipping the Lord always. “Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.”



The Ascension of Our Lord

The feast of the Lord's Ascension always falls on a Thursday, on the fortieth day after Christ's resurrection. This is one of the principal feast days of our Lord and therefore, has a post-feast of nine days. It celebrates the memory of Christ's Ascension into heaven and underscores its significance for Christ and for us.

St. John Chrysostom, in his homily on the Ascension says: "Today the human race is completely reconciled with God. The ancient battle and enmity have disappeared. We, who were unworthy to live even on earth — are now lifted up to heaven. Today we become heirs to the kingdom of heaven, we, who do not even deserve earth, we ascend to heaven and inherit the throne of the King and Lord. Human nature, against which the cherubim guarded paradise, is now raised up above all the cherubim."

In the fourth century the feast of the Lord's Ascension became a universal feast, celebrated everywhere. The Historian Socrates (+440) calls it a "general feast". (History of the Church, 7,26)

The feast of the Ascension was highly extolled in the sermons of St. John Chrysostom, St. Gregory of Nyssa, St. Epiphany of Cyprus, Leo the Great and others. In the fourth century, Queen Helena erected a church at the place of Christ's Ascension in honor of this feast.

The spirit of the services of this feast, as a whole, is uplifting and joyful. The Church rejoices at the glory of Christ (God and Man), who is now seated at the right hand of the Father. He ascended into heaven, in order to send us the Comforter — the Holy Spirit — and to "prepare a place for us," (John 14,2) as he promised.

"The Lord ascended into heaven," we sing in the first stichera of the Great Vespers service of the feast of the Ascension, "in order to send the Comforter to the world. Therefore, heaven prepared a throne for him and the clouds assisted him in his ascent. The

angels wonder as they see a man more exalted than they. The Father receives into his bosom him, who is eternally with him. The Holy Spirit commands all his angels: "Lift up your gates' lintels, O princes; all you nations clap your hands; for Christ has ascended whither He was before. "



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with the parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy

Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

