

**\*\* 3<sup>rd</sup> Sunday of Pascha \*\***  
**Sunday of the Myrrh-Bearing Women**

**The Holy Prophet Jeremiah (625-585 BC) –** Jeremiah was one of the four major prophets. In 587 BC, at the time of the Babylonian exile, he fled to Egypt with his disciple Baruch. He died there having been stoned by his own people.

**Coronation of Pochaiv Icon of the Mother of God (1773).  
Passing into Eternal Life (1951) of Blessed Klymentii (Clement) Sheptytsky, Archimandrite of the Studites and Confessor**

**\*\* Sunday, May 1<sup>st</sup>, 2022 \*\***

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***Easter Season Greeting until May 25<sup>th</sup>***  
***Christ Is Risen! - Indeed He Is Risen!***  
***Chrystos Voskres! - Voistynu Voskres!***  
***Xpucmoc Bockpec! - Boicmyu Bockpec!***

***Parish Liturgical Services***

**Sunday, May 1 \*\* 9:30 a.m. \*\* Rosary (Eng.) \*\*\* 10:00 a.m.**  
\*\*\* *Divine Liturgy* (Eng./Ukr.) God's blessings to all parishioners

**Monday, May 2 \*\* 9:00 a.m. \*\* Moleben to the Mother of God**

**Wednesday, May 4 \*\*\* 9:00 a.m. \*\*\* *Div. Lit.:* +*Mary Ann V.***

**Thursday, May 5 \*\*\* 9:00 a.m. \*\*\* *Div. Lit.:* *God's blessings to Neil & Tania N.***

**Friday, May 6 \*\*\* 9:00 a.m. \*\*\* Div. Lit.: +Bernice L.**

**Sunday, May 8 \*\* 9:30 a.m. \*\* Rosary (Eng.) \*\* 10:00 a.m.**  
*Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners*

*After the priest has exclaimed, "Blessed be the Kingdom..." and the people have responded, "Amen," the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.*

**Paschal Troparion:** Christ is risen from the dead, \* trampling death by death, \* and to those in the tombs \* giving life.

**Troparion, Tone 2:** When You went down to death, O Life Immortal, \* You struck Hades dead with the blazing light of Your divinity. \* When You raised the dead from the nether world, \* all the powers of heaven cried out: \* "O Giver of Life, Christ our God, glory be to You!"

**Troparion, Tone 2:** The noble Joseph took down Your most pure body from the tree. \* He wrapped it in a clean shroud, and with aromatic spices\* placed it in burial in a new tomb. \* But on the third day You arose, O Lord,\* granting the world Your great mercy.

**Glory...**

**Kontakion, Tone 2:** You commanded the myrrh-bearers to rejoice, O Christ God, \* and ended the grief of our mother Eve by Your resurrection. \* You ordered the apostles to proclaim to all: \* "The Saviour is risen from the tomb."

**Now...**

**Kontakion, Tone 8:** Though You descended into a tomb, O Immortal One, \* yet You destroyed the power of Hades; \* and You rose as victor, O Christ God, \* calling to the myrrh-bearing women: Rejoice! \* and giving peace to Your apostles: \* You, who grant Resurrection to the fallen.

**Prokimenon, Tone 6:** Save Your people, O Lord, \* and bless Your inheritance.

*Verse:* Unto You I will cry, O Lord my God, lest You turn from me in silence.

**Epistle : Acts 6:1-7**

In those days, when the disciples were increasing in number, the Hellenists complained against the Hebrews because their widows were being neglected in the daily distribution of food. And the twelve called together the whole community of the disciples and said, ‘It is not right that we should neglect the word of God in order to wait at tables. Therefore, friends, select from among yourselves seven men of good standing, full of the Spirit and of wisdom, whom we may appoint to this task, while we, for our part, will devote ourselves to prayer and to serving the word.’ What they said pleased the whole community, and they chose Stephen, a man full of faith and the Holy Spirit, together with Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus, a proselyte of Antioch. They had these men stand before the apostles, who prayed and laid their hands on them. The word of God continued to spread; the number of the disciples increased greatly in Jerusalem, and a great many of the priests became obedient to the faith.

**Alleluia, Tone 8:** You have shown favour to Your land, O Lord; You brought back the captives of Jacob.

*verse:* Mercy and truth have met; righteousness and peace have embraced.



*Gospel: Mark 15:43-16:8*

At that time, Joseph of Arimathea, a respected member of the council, who was also himself waiting expectantly for the kingdom of God, went boldly to Pilate and asked for the body of Jesus. Then Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he had been dead for some time. When he learned from

the centurion that he was dead, he granted the body to Joseph. Then Joseph bought a linen cloth, and taking down the body, wrapped it in the linen cloth, and laid it in a tomb that had been hewn out of the rock. He then rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where the body was laid. When the sabbath was over, Mary Magdalene, and Mary the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, "Who will roll away the stone for us from the entrance to the tomb?" When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, "Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to Galilee; there you will see him, just as he told you." So they went out and fled from the tomb, for terror and amazement had seized them; and they said nothing to anyone, for they were afraid.

*Hymn to the Mother of God* \*\*\* The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

*Communion Hymn:* Receive the Body of Christ; \* taste the fountain of immortality. \*\*\* Praise the Lord from the heavens; praise Him in the highest.\* Alleluia, alleluia,\* alleluia.

*Instead of "Blessed is He..." we sing: **Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.***

*Instead of* “We have seen .....

*Instead of* “Let our mouths...” *we sing:* **Christ is risen ... (3x).**

*Instead of* “Blessed be the name..” *we sing:* **Christ is risen (3x).**

“Christ is risen” is sung again once (using a simple cord chant) instead of “Glory be to the Father...” at the dismissal.

*Then the Troparion* “Christ is risen” is sung as in the beginning of the Liturgy, but with an additional ending.

**Troparion:** Christ is risen from the dead, trampling death by death, and to those in the tombs giving life *(3x).*

*And to us He has granted life eternal \* we bow down before His resurrection on the third day.*



## CATECHETICAL SUMMARY

In today’s Epistle and Gospel text we are introduced to eight new figures who will play a prominent role in the early church. In some ways, we can begin to speak of a “second generation” of Christian leaders. The first generation are, of course, the Apostles. But now the Apostles need help, and the seven “servants” (deacons) are chosen from among the “many disciples” who now followed the Way. The eighth figure is that of Joseph of Arimathea, and in many ways he reveals to us today the meaning of the services of the first deacons.

We know that through Baptism we are incorporated into Christ and made into his body. Each baptized Christian is called to be the hands and feet, the arms and legs, the eyes and ears of Christ. We are, through Holy Baptism, made into the revelation of Christ on earth. And each one of us is called to his ministry of salvation. Thus, when we serve each other, it is Christ who serves through us. And, when we serve each other, it is Christ himself whom we serve. Just as Joseph of Arimathea cared for the body of Christ as he took it down from the Cross, wrapped it in linen with spices

and laid it in his own new tomb, the seven new deacons ordained in today's Epistle serve Christ himself in the persons of the widows, the hungry and the needy.

The ministry of service, however, is not reserved for the deacons alone. Each one of us who is baptized into Christ, is called to learn from the deacons and assist them in Christ's ministry. For it is Christ who told us that he has come "not to be served but to serve." All of the members of Christ's body, if we are to live his life, must begin to live this life in service to others. Through this service, we will serve Christ himself.

### CHALLENGE QUESTIONS:

1. What are the ways that God may be calling me to serve others in my own life?
2. Do I recognize Christ in my fellow brothers and sisters, and in myself?



*We hear the words of the angel, the same words that the Myrrh-bearing women hear, "He has risen" and with these same women who went to the Apostles, we sing aloud these words, "Christ is risen from the dead!" We then sing the praises of the Risen One and celebrate the Eucharist, as He commanded, in the empty tomb.*

*Our walk with the Myrrh-bearing women to the empty tomb, our discovery of the stone being rolled to the side, the amazement at seeing the empty tomb and hearing the voice of the young man in a white robe, the astonishment that comes upon us at the realization that the resurrection of our Lord is real and actual and not a metaphor, our going and announcing the Good News that the Lord is risen—all of this is NOT just some sort of commemoration of past historical events. It IS a remembering in*

*which we are made present to these events. With God's grace and our faith, when we realize this, a determination will seize us. We will have a desire welling up in us, a desire to proclaim and sing of the Resurrection within our Church community (our parish) and also outside to the whole world. We will desire to share this Good News with everyone we meet—we will want to show everyone what we have found—pearl beyond price! Like the women, the only fear we have is of distorting or losing this message that Christ is risen from the dead, trampling death by death, and to those in the tombs giving life! (Reflections from Royal Doors)*

***Commentary on the Sunday Gospel Reading:***

<https://godwithusonline.org/reflections/the-sunday-of-the-myrrhbearing-women-ukrainian/>

**UPCOMING COURSE AT GOD WITH US – “HEAVEN ON EARTH” - The Beauty & Symbolism of the Divine Liturgy**

Wednesdays, May 4 - 18 @ 8 - 9 PM ET

**Register**

When pagans of Kiev entered Hagia Sophia and first experienced the Divine Liturgy, they famously said: “We knew not whether we were in heaven or on earth, for surely there is no such splendor or beauty anywhere on earth.” Join us as Fr. David Anderson guides us to understand what the beauty of the Divine Liturgy reveals to us. <https://godwithusonline.org/events/heaven-on-earth/>

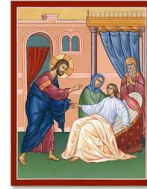
\*\*\*\*\* ***Prayers*** \*\*\*\*\*

***Prayer for the Afflicted People of Ukraine in Time of War***



God of peace and justice, we pray for the people of Ukraine today. We pray for peace and the laying down of weapons. We pray for all those who fear for tomorrow, that Your Spirit of comfort would draw near to them. We pray for those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions. Above all, we pray for

all Your precious children, at risk and in fear, that You would hold and protect them. We pray in the name of Jesus, the Prince of Peace. Amen.



### **Prayer During the Coronavirus Outbreak**

Lord, Our God, We thank you for the life that is your gift,

For the providence that sustains us,

And for your wisdom that directs the course of our days. The threat of an infection of coronavirus is upon us today. This disease causes fear among us and has claimed lives.

We humbly beg you, loving Lord, dispel our fear and deliver us from this and other diseases.

Heal those who are afflicted and stop the spread of the virus.

Strengthen us in charity to care for one another.

For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever.

Amen.

### ***Prayer of Spiritual Communion***

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul.

Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation. I embrace You as You enter and abide in me, and I unite myself completely to You.

Permeate my soul and body, and never permit me to be separated from You. Amen.

**\*\* ANNOUNCEMENTS \*\***





**A warm welcome** - to all parishioners who join us today in our church for the Divine Liturgy and those who continue to pray at home. We wish you a healthy & blessed week!

**Please Pray for health of ...** All those affected by the coronavirus, those wounded in the war in Ukraine and: Paulette K., Bev. N, Msgr. Jerry D., Irene M., Sharon & Al L., Wilma C., Rob E., Elsie K., Billie M., Peter O., Rob R., F.T., Zbigniew K., Pat B., Anne D., Margaret M., Ernie P., Dave & Betty C., Matt D., Bill P., Thomas H., Lawrence & Ping B., Gladys O., Zonia K., Brian K., Mary & Dave E., Jeanne R., Lisa M., Michael L., Melynda S., Suzanne C., Clay B., Stefanica K., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



**Thank you to all our Supporters & Volunteers –**

**Дякуємо** – Many thanks to everyone for

your continued support of our parish community and for supporting our brothers & sisters in Ukraine. Our gratitude to everyone who came on Wednesday to help with our yard clean-up. God bless you all!



**Многая Літа!** – very special God's blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special day during **the month of April (3<sup>rd</sup> – Elsie Kinaschuk.)**

**Monthly Meeting for SSVP**- will take place on Monday, May 16<sup>th</sup> at 11:00 a.m. at our parish hall.

**Prolife Kamloops First Friday** – will take place this coming Friday, May 6<sup>th</sup> from 10:00 to 11:00 a.m.. As usual the gathering will take place at First Baptist Church on Columbia St. between 4<sup>th</sup> and 5<sup>th</sup> Ave.

**CCCB Office for Family and Life** – will present a special workshop this coming **Saturday, 7<sup>th</sup> May 2022, 1:00 to 3:00 p.m. EDT.** The workshop will be on the theme of the 10<sup>th</sup> World Meeting of Families, *Family Love: Vocation and Path to Holiness.*

**New Westminster Clergy Annual Retreat & Conference** – will take place in Kelowna from Monday, May 9<sup>th</sup> to Thursday, May 12<sup>th</sup>.

**Monthly Parish Council Meeting** – will take place this coming **Wednesday, May 18<sup>th</sup>** at 6:30 p.m. in the parish hall.  
**Church & Residence Carpet Cleaning** - will take place on Wednesday, May 18<sup>th</sup>.

**Father Le Jeune 4<sup>th</sup> Degree Knights of Columbus Assembly** – will hold their monthly zoom meeting this coming **Thursday, May 19<sup>th</sup>, 2022** at 7:00 p.m.



**Support & Prayers for Ukraine** - Dear brothers and sisters in Christ, please continue to pray for the end of the war in Ukraine and for peace. Our collection for financial support is ongoing. Thank you to those who have already donated. We have collected \$ 3,810.00. For more options and information on how to support Ukraine, please refer to the Eparchial website: <http://nweparchy.ca/help-the-people-of-ukraine-to-survive-the-war-donate-here/>

**Parish Fundraiser to Support Those Fleeing the War in Ukraine** – we have the opportunity to purchase Ukrainian pins at the church entrance as a way of supporting our brothers and sisters who will come from Ukraine. Suggested donation is \$10.

**Upcoming Major Feast Days** – The Ascension of Our Lord Jesus Christ will be celebrated on **Thursday, May 26<sup>th</sup>** & The Descent of the Holy Spirit – **Pentacost Sunday, June 5<sup>th</sup>**.

**12 Hours of Prayer for Palliative Care - Friday, May 6, 7 am – 7 pm.** Sacred Heart Cathedral (Church and Lower Hall) - Hosted by Catholic Women's League Kamloops Parishes. Everyone is welcome. Everyone has a story: if not yourself, someone you know and love, is/has struggled with end-of-life healthcare and ageing issues. What do you know about hospice and palliative care?

**Drop in during the day for prayer, a meal or a speaker, a discussion, or information.**

### **Special Announcements:**

1. At the outset of the pandemic, a **dispensation from the obligation of attending the Sunday and Feast Day Divine**

**Liturgy** was granted, with the intent of safeguarding the health and well-being of the faithful in the midst of the global pandemic.

With the significant lessening in recent months of pandemic danger both provincially and globally, we are now at a stage where the dispensation can no longer be justified. Accordingly, the **dispensation will be lifted as of Pentecost Sunday, June 5.**

Participation in Divine Liturgy on Sundays, and on Holy Days of Obligation, is a duty that is at once sacred and joyful. It springs from the commandment to keep holy the Sabbath Day. In the Christian tradition, the Sabbath is Sunday, when we celebrate with joy the victory of the Risen Christ over death. Regular celebration of Sunday Divine Liturgy gives to our lives right order, since it places the worship of God before all else and orients us toward our ultimate destiny in Christ.

With you, we rejoice in the return to gathering in person to worship God at Sunday Divine Liturgy, and to living the Sabbath fully with our parish community, family, and friends. It is our hope that the fulfillment of our sacred duty to worship God on Sundays and Holy Days of Obligation will spur us along the path of spiritual renewal.

May the celebration of Pentecost Sunday inspire us to rejoice in worshipping the Lord always. “Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.”

**2. Pope Francis**, in consultation with the Synod of Bishops of the Ukrainian Catholic Church:

- has **appointed Bishop Bryan Bayda**, currently Bishop of Saskatoon and Apostolic Administrator of the Eparchy of Toronto and Eastern Canada, as **Bishop of the Eparchy of Toronto and Eastern Canada**; and has **appointed Metropolitan Lawrence Huculak**, as **Administrator of the Eparchy of Saskatoon**, while remaining Metropolitan Archbishop of Winnipeg for Ukrainian Catholics in Canada.

3. On May 3<sup>rd</sup> and 4<sup>th</sup>, the statue of Our Lady of the Cape, from the Shrine of cape de Madeline in Quebec, will be visiting St. Joseph’s Ukrainian Catholic Church and Bishop Velychkovsky Martyr’s Shrine (Winnipeg). The Church and Shrine will be open from 10:00 am until after the evening service for private devotions. A Moleben to the Mother of God will be celebrated on Tuesday, May 3<sup>rd</sup> at 7:00 pm, the Rosary for Ukraine on Wednesday at 1:30 pm, and the Acatist in

Honour of Blessed Vasyl on Wednesday 7:00 pm. Please come and join us to pray before Our Lady of the Cape.

**The Most Holy Trinity Parish Stewardship:** Sunday, April 24 - \$ 585 (Ukrainian Refugees Support - \$100). *May God bless and reward you for your generosity & support.*



**Pastoral Ministry and Sacraments:**

**Reconciliation:** on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

**Holy Communion:** for the sick, by appointment, any time.

**Baptisms:** by appointment.

**Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

**Funerals and Memorials:** by appointment.

**Anointing of the Sick (Holy Unction):** Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with the parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

**Basic Guidelines for Reception of Holy Communion:**

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

*If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*