

## **9<sup>th</sup> Sunday after Pentecost**

**The Dormition of Saint Anna, Mother of the Most Holy God-bearer (Theotokos)** – today we commemorate the Falling Asleep of St. Anne. Her main feast is September 9<sup>th</sup>. She is the wife of Joachim, the mother of the Theotokos, and thus the grandmother according to the flesh of our Lord Jesus.

**Holy Women Olympiada and Eupraxia (5th c.)** - Olympias was a deaconess first under Patriarch Nectorius and later under St. John Chrysostom. She was exiled to Nicomedia where she died in 408. St. Chrysostom wrote many letters to her in exile. **Eupraxia** was a great ascetic in Egypt. She died in 413.

**\*\* Sunday, July 25<sup>th</sup>, 2021 \*\***

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## **Parish Liturgical Services**

**Saturday, July 24 \*\* 3:00 p.m. \*\*\***

*Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners*

**Wednesday, July 28 \*\*\* 6:30 p.m. Moleben to the Merciful Christ**

**Thursday, July 29 \*\*\* 10:00 a.m. Div. Lit: +Norma Chin - Margaret McDonald**

**Friday, July 30 \*\*\* 10:00 a.m. Div. Lit: +Ben Fouillar SSVP**

**Sunday, August 1 \*\*\* 10:00 a.m. \*\*\* Div. Lit.**  
(Eng./Ukr.): God's blessings to all parishioners



*Troparion, Tone 8:* You came down from on high, O Merciful One, \* and accepted three days of burial \* to free us from our sufferings. \* O Lord, our life and our resurrection, \* glory be to You.

*Troparion, Tone 4:* O godly-minded Anna, \* you bore in your womb the pure Mother of God, who gave birth to Life. \* Rejoicing, therefore, in glory \* you have passed today to a heavenly inheritance, \* where those who exult have their dwelling. \* There you intercede for the forgiveness of sins \* of those who love you, O ever-blessed one.

Glory be to the Father and to the Son and to the Holy Spirit.

*Kontakion, Tone 8:* When You rose from the tomb, \* You also raised the dead and resurrected Adam. \* Eve exults in Your resurrection, \* and the ends of the world celebrate Your rising from the dead, \* O most merciful One.

Now and for ever and ever. Amen.

*Kontakion, Tone 2:* We feast the memory of the forebears of Christ \* as with faith we beseech them to help us \* and rescue from every affliction \* those who cry out: Our God is with us,\* the God whose will it was to glorify them.

*Prokeimenon, Tone 8* - Pray and give thanks to the Lord our God.

*verse:* In Judea God is known; His name is great in Israel.  
(*Psalm 75:12,2*)

*Prokeimenon, Tone 4* - God is wonderful in His saints, \* the God of Israel.

*Epistle - A reading from the First letter of St. Paul to the Corinthians (1 Corinthians 3:9-17)*

Brethren, we are God's fellow workers; you are God's field, you are God's building. According to the grace of God which was given to me, as a wise master builder, I have laid the foundation, and another builds on it. But let each one take heed how he builds on it. For no other foundation can anyone lay than that which is laid, which is Jesus Christ. Now if anyone builds on this foundation with gold, silver, precious stones, wood, hay, straw, each one's work will become clear; for the Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is. If anyone's work which he has built on it endures, he will receive a reward. If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire.

Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

**Alleluia, Tone 8** - Come, let us rejoice in the Lord; let us acclaim God our Saviour.

*verse:* Let us come before His countenance with praise and acclaim Him with psalms. (*Psalm 94:1,2*)

*verse:* The salvation of the righteous is from the Lord; He is their protector in time of trouble. (*Psalm 36:39*)

**Gospel - Matthew 14:22-34**

At that time, Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. And when



He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary.

Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they

cried out for fear.

But immediately Jesus spoke to them, saying, “Be of good cheer! It is I; do not be afraid.”

And Peter answered Him and said, “Lord, if it is You, command me to come to You on the water.”

So He said, “Come.” And when Peter had come down out of the boat, he walked on the water to go to Jesus. But when he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, “Lord, save me!”

And immediately Jesus stretched out His hand and caught him, and said to him, “O you of little faith, why did you doubt?” And when they got into the boat, the wind ceased.

Then those who were in the boat came and worshiped Him, saying, “Truly You are the Son of God.” When they had crossed over, they came to the land of Gennesaret.

**Communion Hymn** - Praise the Lord from the heavens;\* praise Him in the highest. (*Psalm 148:1*)\* Rejoice in the Lord, O you just;\* praise befits the righteous.\* Alleluia, alleluia,\* alleluia. (*Psalm 32:1*)



### **Prayer of Spiritual Communion**

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul.

Since I cannot receive You now,

I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries:

for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven,

for confidence before You, and not for judgment or condemnation.

I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.



## **\*\* ANNOUNCEMENTS \*\***

**A warm welcome** - to all parishioners who join us today in our church for the Divine Liturgy and all who continue to pray at home. We wish you all a healthy & blessed week!



*To Ponder:*

“By His walking on the sea, and by His commanding another to do so and preserving Peter in jeopardy, their faith was henceforth great. On that occasion He rebuked the sea. But now He is not rebuking the sea, but in another sense His power is still being abundantly demonstrated. For this reason the believers worship Him and say, “Truly you are the Son of God.” Did Jesus refuse to accept this confession? No, on the contrary, He rather confirmed what they said and with even greater authority healed such as approached Him.

***St. John Chrysostom***

***Commentary on the Sunday’s Scriptural texts:***

**<https://godwithusonline.org/reflections/the-ninth-sunday-after-pentecost-ukrainian/>**

**Please Pray for health of ...** All those affected by the coronavirus, and: Rob E., Margaret M., Roman M., Jayne & Ernie P., Don N., Ambrose S., Robert M., Dave & Betty C., Matt D., Alexandra & Oleh K., Miroslaw G., John N., Fr. John



N., T.W., Bill P., Thomas H., Bohdan R., Lawrence & Ping B., Peter O., Gladys O., Alex S., Jessica N., Olga P., Sharon B., Zonia R., Brian K., Mary W., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Ann D., Suzanne C., Clay B., Maria W., Anne D., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



**Thank you to all our Supporters – Дякуємо – Our**

gratitude to everyone for your prayers & ongoing financial support of our parish and for all other ways in which you assist our church community. God bless you all!



### **The Most Holy Trinity Parish Welcomes Fr. Stepan Dovahshyya!**

**Fr. Andrzej's vacation time** – from Thursday, July 22 to Monday, July 26<sup>th</sup> inclusive, Fr. Andrzej will be away on part of his annual vacation. Fr. Stepan Dovahshyya will be substituting Fr. Andrzej. Fr. Stepan's contact information: phone - **250-549-1327** & email - [dovhoshiastepan@gmail.com](mailto:dovhoshiastepan@gmail.com).



**Mnohaya Lita!** – very special God's blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special anniversary during **the month of July** (5<sup>th</sup> – Adrian Wasylinko; 8<sup>th</sup> – Al & Sharon Ludwig (1961); 10<sup>th</sup> – Sophia Wasylinko; 23<sup>rd</sup> – Adelle Dmyterko; July 30<sup>th</sup> Peter & Judy Orichowsky).

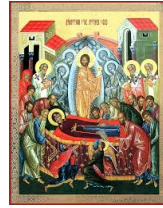
### **The 1<sup>st</sup> World Day for Grandparents and the Elderly**

- to be celebrated on July 25, fourth Sunday of July. The theme of this first World Day is **"I am with you always"** (cf. **Mt 28:20**). The theme's purpose is to convey the closeness of God and the Church to the elderly and also to emphasize the intergenerational closeness between the young and the elderly.

**Sacrament of Reconciliation** – dear parishioners, due to the Covid 19 pandemic, we were not able to hold our annual Advent & Lenten missions and thus missed an opportunity for the Sacrament of Confession. Now that we can gather again in church, I invite and encourage you to partake of this very important Sacrament. Fr.

Andrzej is available before Sunday Divine liturgies, or before the daily Divine Liturgies and also at other pre-arranged times.

**Up-coming Major Feasts** - on Friday, August 6<sup>th</sup> we will celebrate the feast of the Transfiguration of the Lord and on Sunday, August 15<sup>th</sup> the feast of Dormition of the Mother of God.



**The Fast of the Mother of God** — as part of our preparation for the great feast of the Dormition of the Mother of God on August 15, there is a special time of fasting that will **begin on Sunday, Aug 1<sup>st</sup>** and will last until the day before the Feast, Aug. 14.

### **Prayer During the Coronavirus Outbreak**

Lord, Our God, We thank you for the life that is your gift,

For the providence that sustains us,

And for your wisdom that directs the course of our days. The threat of an infection of coronavirus

is upon us today. This disease causes fear among us and has claimed lives.

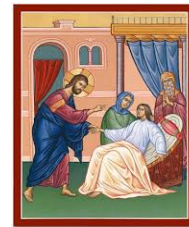
We humbly beg you, loving Lord, dispel our fear and deliver us from this and other diseases.

Heal those who are afflicted and stop the spread of the virus.

Strengthen us in charity to care for one another.

For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever.

Amen.



### **Prayer for Preparation for Holy Communion (St. John of Damascus)**

“O Master, Lord Jesus Christ our God, You alone have authority to forgive people their sins, for You are good and love all. Forgive my transgressions committed in knowledge or ignorance. Make me worthy to receive Your divine and glorious, all-pure and life-giving Mysteries without condemnation, incurring neither punishment, nor the increase of my sins. Let me, instead, receive cleansing, sanctification, and a pledge of life and

kingdom to come. Let Your Mysteries be a rampart, a help, a routing of my adversaries; and let them wipe away my many transgressions. For You are a God of mercy, compassion, and love for all, and to You we render glory, with the Father and the Holy Spirit, now and always and for ever and ever. Amen.”



### **PRAYER FOR THE FIRST WORLD DAY FOR GRANDPARENTS AND THE ELDERLY**

I thank You, Lord, for the comfort of Your presence: even in times of loneliness, You are my hope and my confidence, You have been my rock and my fortress since my youth!

I thank You for having given me a family and for having blessed me with a long life. I thank You for moments of joy and difficulty, for the dreams that have already come true in my life and for those that are still ahead of me. I thank You for this time of renewed fruitfulness to which You call me.

Increase, O Lord, my faith, make me a channel of your peace, teach me to embrace those who suffer more than me, to never stop dreaming and to tell of your wonders to new generations.

Protect and guide Pope Francis and the Church, that the light of the Gospel might reach the ends of the earth. Send Your Spirit, O Lord, to renew the world, that the storm of the pandemic might be calmed, the poor consoled and wars ended.

Sustain me in weakness and help me to live life to the full in each moment that You give me, in the certainty that you are with me every day, even until the end of the age.

Amen.





## **Pastoral Ministry and Sacraments:**

**Reconciliation:** on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

**Holy Communion:** for the sick, by appointment, any time.

**Baptisms:** by appointment.

**Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

**Funerals and Memorials:** by appointment.

**Anointing of the Sick (Holy Unction):** Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.



### **Catechetical Resources online in English & Ukrainian**

1. Royal Doors with daily readings and reflections, UGCC Catechism online, articles, etc

<https://www.royaldoors.net/>

2. Formed: Christian movies, TV shows, prayers, etc.

<https://watch.formed.org/browse>

3. Dynamic Catholic. Beautiful resource for the whole family with Catechism for children, marriage enrichment programs, etc.

<https://dynamiccatholic.com/>



1. Живе ТВ. <https://zhyve.tv/>

2. Дивен Світ. <https://dyvensvit.org/>

3. Катехизм УГКЦ. <http://catechismugcc.org/>



**Please join in live-streamed coverage of liturgical services:**

**Holy Eucharist Cathedral (New Westminster)** – Divine Liturgy at **8:30 a.m.** (Eng.) & **10:30 a.m.** (Ukr.)

<https://www.facebook.com/holyeucharistcathedral/>

**Youtube** [https://www.youtube.com/channel/UCPp1JaDotlj\\_4h3aAJq0Srg](https://www.youtube.com/channel/UCPp1JaDotlj_4h3aAJq0Srg)

**St. Nicholas Parish**, (Victoria) - Divine Liturgy at **10:00 a.m.**  
via [Facebook](#) or [Website](#)

**St. George's Parish (Prince George)** - Divine Liturgy: **8:30 a.m.** –  
(in Ukrainian) & **10:00 a.m.** (in English) - Facebook page or at  
parish webpage ([www.sgparish.ca](http://www.sgparish.ca))