



3rd Sunday After Pentecost

The Holy Martyr Aquilina - Aquilina suffered for her faith in Christ in 293. **The Holy Father Triphillius, Bishop of Leucosia (Nicosia) on Cyprus (343)** – Triphillius, one of the greatest orators of his time, studied at the school of Law of Beyrouth. As bishop of Leucosia, he attended the Council of Sardica in the year 343. *Apostles' Fast.*

**** Sunday, June 13th, 2021****

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Sunday's Liturgical Propers: TONE TWO -p.91



In order to participate in liturgical services in church, you must sign up by contacting Fr. Andrzej @ 250-461-7249 or email: fr.wasylanko@gmail.com

Parish Liturgical Services

Sunday, June 13 * 8:00 a.m. & 10:00 a.m. *****

Div. Lit. (Eng./Ukr.): God's blessings to all parishioners

Monday, June 14 ** 9:30 a.m. * Graduation Mass at St Ann's Academy**

Wednesday, June 16 * 9:30 a.m.** Div. Lit: God's blessings & good health for Lil & Ray Saranchuk

Thursday, June 17 * 9:30 a.m.** Div. Lit.: God's blessings & good wishes to all Members of Knights of Columbus & their families

Friday, June 18 * 6:30 p.m.** Moleben to Christ the Lover of Mankind

Sunday, June 20 ** 8:00 a.m. & 10:00 a.m. ***
Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners



Epistle: A Reading from the Epistle of St. Paul to the Romans (5:1-10):

Brothers and Sisters, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person— though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners, Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life.

Gospel: Matthew 6:22-33



The Lord said to his disciples, “The eye is the lamp of the body. So, if your eye is healthy, your whole body will be full of light; but if your eye is unhealthy, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! “No one can serve two masters; for a slave will either hate the one and love the other, or be devoted to the one and despise the other. You cannot serve God and wealth. “Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.”



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!
I love You above all things and I desire to receive You into my soul.
Since I cannot receive You now,
I place before You my whole life and hope, O loving Master;
and I ask, pray, and entreat You: Make me worthy to partake in a

mystical way and with a pure conscience of Your awesome and heavenly Mysteries:
for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation.
I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.

Молитва духовного Причастя

Мій Ісусе! Я вірю, що Ти присутній у цих Святих Дарів!
Люблю Тебе над усе і моя душа тужить за Тобою.
Не можу зараз Тебе прийняти в Євхаристії,
тому хоча б духовно прийди до мого серця!
Запрошую Тебе, відчиняю навстіж двері мого серця,
згадаючи Твої слова: «Ось стою під дверима і стукаю.
Якщо хто почує Мій голос і відчинить двері,
Я ввійду до нього, і буду вечеряти з ним, а він зі Мною».
Я весь єднаюся з Тобою. Ісусе, моє найвище Добро
й моя солодка Любове!
Торкнись мого серця і запали його,
щоб воно завжди палало любов'ю до Тебе! Амінь.

**** ANNOUNCEMENTS ****

A warm welcome - to all parishioners who join us today in our church for the Divine Liturgy and all who continue to pray at home. We wish you all a healthy & blessed week!



The Heart – The Core of the Human Person

747 - Holy scriptures speaks of the heart as the inner essence of a human being and the core, or centre, of the entire person. “Just as water reflects the face, so one human heart reflects another. “

(Prov. 27:19). The spiritual and moral state of the whole person depends on the state of the heart. The heart is the seat not only of feelings, but also of cognition, self-awareness and consciousness, as well as a human being's other spiritual powers.

748 - The heart is the sanctuary of the human being, where one stands before the face of God. In the Holy Scriptures, we read about the “thoughts and intentions of the heart” (Heb 4:12), where the heart constitutes the very essence of a person, the “place” where a person assumes responsibility and opens or closes oneself to God's actions. The heart is also the seat of the will. It makes decisions (see 1 Cor. 4:5; 2 Cor 7:9, 8:16), and from it come good and evil intentions (see Mt 15:19; Rom 10:1; Is 57:17), and love of God and neighbor (see Mt 22:37; Mk 12:30-33; Lk 10:27).

Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #747-48 p. 244

CATECHETICAL SUMMARY



In today's Gospel reading, Jesus Christ is encouraging us not to be too anxious about the material world, our temporal earthly lives and bodies — what we shall eat, drink, or wear.

We are descendants of Adam, and find ourselves in a fallen state. We sustain our lives by devouring the created world, we wrap our bodies in that which is corruptible, our soul draws its inspiration from the lusts and desires of our bodies, and our spirit feeds on the passions of the soul. This is the order of life that has become habitual to us, but it is not natural for us; God did not create us for such an existence.

Christ came to restore our human nature, to lift us out of the fallen state, and to give a new and original order to our lives. Our spirit must now find nourishment in God, the source of life; our soul must be inspired by things divine, even as the spirit draws it to God; even our bodies must not live “by bread alone, but by

every word that proceeds from the mouth of God” (Mt. 4:4), that is to say, by the Good Shepherd, Christ Himself, Who is the Son and the Word of God.

Today’s Scripture readings speak of faith, which is “the substance of things hoped for, the evidence of things not seen” (Hebrews 11:1 OSB). The Epistle tells us, “now that we have been justified through faith, let us have peace with God.” In today’s world we desperately need peace: all over the world, and especially in our country, we see civil unrest, riots, disease, injustice, and death. Yet St Paul says that we Christians “exult in tribulations.” That’s not to say that we are glad these terrible things are happening, but we rejoice because through them God works good: “tribulation produces endurance, and endurance challenge, and challenge hope, and hope does not deceive, for God’s love is poured forth in our hearts through the Holy Spirit, who has been given to us.” By suffering, God makes us stronger, better people. Through the gift of faith, we have hope, we can be *sure* of God’s love for us, and that He has a plan. God is taking care of us, and St Paul explains why we can be sure of this, saying that, though we would be hesitant to give our lives even for righteous men, Jesus gave His life for us, even though we are sinners!

The Gospel reading continues this theme, comparing us to birds and flowers. Jesus says “But if God so clothes the wildflower of the field, which today is alive and tomorrow is thrown into the oven, how much more you, O you of little faith! Therefore do not be anxious.” Jesus is telling us to trust Him completely, not worrying about tomorrow. But this doesn’t mean that we should do nothing. We should give ourselves over to God completely. In the last verse of today’s gospel, Jesus says, “seek first the kingdom of God and His righteousness, and all these things shall be added to you” (OSB). In other words, if we seek God in all things and at all times, and we strive to do His will and follow His commandments, then He will take care of us and make sure that we have what we need. Jesus tells us that, to do this, we must make sure our spiritual eyes are healthy. We need to pray often, and look at God, and not look at the chaos and evil in the world

around us, lest we forget Him. If we do this, as Saint Paul tells us, we will have peace. (But that doesn't mean we won't have trials and troubles, because remember, trials and tribulations make us stronger!)

CHALLENGE QUESTIONS:

1. Have there been times in my life, when I didn't trust God, and I thought everything relied on me? How did that work out?
2. Have there been times where I understood that God made something good and beautiful happen out of a tragedy or other bad situation? Has suffering ever made me stronger or helped me grow?
3. Jesus says "The lamp of the body is the eye. If your eye is sound, your whole body will be full of light." In what ways can I make sure that my spiritual eyes are healthy?
4. When I am going through rough times, and I am suffering, what can I do to remind myself that God has a plan, this is somehow part of it, and this is somehow good for me?

Commentary on the Sunday Gospel Reading:

<https://godwithusonline.org/reflections/the-third-sunday-after-pentecost-ukrainian/>

**** To Ponder – The Fathers & Mothers Speak *****

“When God created man, he breathed into him something divine, as it were, a hot and bright spark added to reason, which lit up the mind and showed him the difference between right and wrong. This is called the conscience, which is the law of his nature ... it is something divinely implanted in us, as we have said, and it can never be destroyed. It always patiently reminds us of our duties.”

Abba Dorotheus

Please Pray for health of ... All those affected by the coronavirus, and: Jayne & Ernie P., Don N., Ambrose S., Robert M., Dave & Betty C., Matt D., Alexandra & Oleh K., Miroslaw G., John N., Fr. John N., T.W., Bill P., Thomas H., Bohdan R., Lawrence & Ping B., Peter O., Gladys



O., Alex S., Jessica N., Olga P., Sharon B., Zonia R., Brian K., Mary W., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Supporters – Дякуємо – Our

Dakuję

gratitude to everyone for your prayers & ongoing financial support of our parish and for all other ways in which you assist our church community. God bless you all!

The Fast of the Holy Apostles – which started last Monday will last until June 29, the Feast of the Holy Apostles Peter & Paul.

2021 St. Ann Academy's Graduation Mass – will be celebrated at SAA on Monday, June 14th at 9:30 a.m.

SSVP Board Monthly Meeting – will take place this coming Tuesday, June 15th at 11:00 a.m.

Alpha online – our next catechetical session will take place on **Wednesday, June 16th** at 10:30 a.m.

Father Le Jeune 4th Degree Knights of Columbus Assembly – will hold their monthly zoom meeting this coming **Thursday, June 17th, 2021** at 7:00 p.m.



SSVP Next Monthly Meeting – will take place on Monday, June 21st at 11:00 a.m.

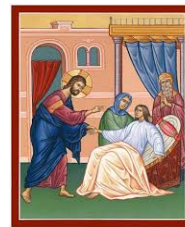
Upcoming Feasts – The Nativity of St. John the Baptist will be celebrated this **coming Thursday, June 24th** and the Feast of the Holy Apostles, Sts. Peter & Paul on **Tuesday, June 29th**.

Parish Council Meeting – will take place on Monday, June 28th at 11:00 a.m.



Prayer During the Coronavirus Outbreak

Lord, Our God, We thank you for the life that is your gift,



For the providence that sustains us,
And for your wisdom that directs the course of our days. The
threat of an infection of coronavirus is upon us today. This
disease causes fear among us and has claimed lives.
We humbly beg you, loving Lord, dispel our fear and deliver
us from this and other diseases.
Heal those who are afflicted and stop the spread of the virus.
Strengthen us in charity to care for one another.
For You are a God of mercy, kindness, and love, and we glorify
You Father, Son, and Holy Spirit, now and for ever and ever.
Amen.



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies
and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest,
and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating
surgery, hospitalization or treatments and who would like to receive
anointing or to meet with parish priest, please call or email Fr.
Andrzej in advance to arrange a time and a day.



Please join in live-streamed coverage of liturgical services:

**Holy Eucharist Cathedral (New Westminster) – Divine
Liturgy at 8:30 a.m. (Eng.) & 10:30 a.m. (Ukr.)**

<https://www.facebook.com/holyeucharistcathedral/>

Youtube https://www.youtube.com/channel/UCPp1JaDotIj_4h3aAJq0Srg

St. Nicholas Parish, (Victoria) - Divine Liturgy at 10:00 a.m.
via [Facebook](#) or [Website](#)

St. George's Parish (Prince George) - Divine Liturgy: 8:30 a.m. – (in Ukrainian) & 10:00 a.m. (in English) - Facebook page or at parish webpage (www.sgparish.ca)



CCCB Statement Delegation to the Holy See

The Catholic Bishops in Canada have genuinely heard the sincere invitation to engage wholeheartedly with the past and are deeply committed to take truly meaningful active steps together with Indigenous Peoples in view of a future filled with greater respect and cooperation. The recent discovery of children's remains at a burial site of a former residential school in Kamloops, British Columbia remind us of a tragic legacy still felt today. With the strong encouragement of Pope Francis, the Bishops of Canada have pledged true and deep commitment to renewing and strengthening relationships with Indigenous Peoples across the land. In recent years, regional and diocesan listening circles have taken place across the country in order to hear the stories from local Indigenous communities and their hopes for the future. Mutual listening is the beginning of our common efforts to bring about shared and long-lasting reconciliation, authentic healing and bridge building.

In conversation with Indigenous people and communities, both at the local and national levels, and bilaterally with the First Nations, Métis and Inuit national organizations, the Bishops, sponsors of this project, have been preparing, for over two years now, a delegation of Indigenous people to meet with the Holy Father to foster meaningful encounters of dialogue and healing. This pastoral visit will include the participation of a diverse group of Elders/Knowledge Keepers, residential school survivors and youth from across the country. The event will likewise provide Pope Francis with a unique opportunity to hear directly from Indigenous Peoples, express his heartfelt closeness, address the impact of colonization and the implication of the Church in the residential schools, so as to respond to the suffering of Indigenous Peoples and the ongoing effects of intergenerational trauma.

The global pandemic caused by COVID-19 has stalled this project; however, the Bishops remain committed to moving forward with the delegation prior to the end of 2021, in compliance with international travel guidelines.

The delegation to the Holy See represents an important step on the journey of reconciliation and shared healing for Indigenous Peoples and the Church in Canada. Pope Francis, in his 6 June 2021 Angelus message, spoke about the shocking discovery of children's remains at the former Kamloops residential school and, while conveying sorrow and solidarity, emphasized the importance of "walking side by side in dialogue and in mutual respect in the recognition of the rights and cultural values of all the sons and daughters of Canada". It is our hope that these forthcoming encounters – and the important collaboration and partnership that has supported the planning – will lead to a shared future of peace and harmony between Indigenous Peoples and the Catholic Church in Canada.



CCCB Executive Committee Statement on the Recent Acts of Violence in Canada

In recent weeks, Canada has unfortunately witnessed a disturbing rise in harmful and violent acts against the Jewish People and Muslims. These acts have included offensive slurs, prejudice, hostility, and even terror claiming lives.

The Catholic Bishops of Canada adamantly object to all forms and expressions of hatred and they strongly denounce the recent violence seen in Canada against the Jewish People and Muslims, for which there can be no possible justification ever.

The Bishops appeal to the minds and hearts of the Catholic faithful, and all people of good will, to denounce Anti-Semitism, Islamophobia, and all similar forms of extremism and violence against fellow human beings. They likewise pray for an increase in tireless, sincere and constructive dialogue, greater understanding, social harmony, and mutual respect, in order that

Canadians from all backgrounds, faith traditions and cultures may live not as strangers or adversaries, but peacefully as brothers and sisters.

Let us all heed Pope Francis' call, inspired by the Gospel, to be "peacemakers, men and women prepared to work boldly and creatively to initiate processes of healing and renewed encounter." (Fratelli Tutti, no. 225)

+ Richard Gagnon
on behalf of the Executive Committee of the Canadian
Conference of Catholic Bishops 10 June 2021



Catechetical Resources online in English & Ukrainian

1. Royal Doors with daily readings and reflections, UGCC
Catechism online, articles, etc

<https://www.royaldoors.net/>

2. Formed: Christian movies, TV shows, prayers, etc.

<https://watch.formed.org/browse>

3. Dynamic Catholic. Beautiful resource for the whole family
with Catechism for children, marriage enrichment programs, etc.

<https://dynamiccatholic.com/>



1. Живе ТВ. <https://zhyve.tv/>

2. Дивен Світ. <https://dyvensvit.org/>

3. Катехизм УГКЦ. <http://catechismugcc.org/>

