



***** Easter Sunday *****

Pascha / Великдень

Resurrection of Our Lord

**** Sunday, April 4th, 2021 ****

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Easter Season Greeting

Christ Is Risen! - Indeed He Is Risen!

Chrystos Voskres! - Voistynu Voskres!

Христос Воскрес! - Воістину Воскрес!

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***The Most Holy Trinity Parish Public Liturgical Services
Postponed Until May 13, 2021 (or further notice)***

Please join in live-streamed coverage of liturgical services:

St. Nicholas parish - Paschal Matins and Divine Liturgy starting at

8:00 am via [Facebook](#) or [Website](#)

**Holy Eucharist Cathedral (New Westminster) – Divine Liturgy at 8:00
a.m. (Ukr.) & 10:00 a.m. (Eng.)**

<https://www.facebook.com/holyeucharistcathedral/>

Youtube https://www.youtube.com/channel/UCPp1JaDotlj_4h3aAJq0Srg

Check the time...



Liturgical Instruction: After the priest exclaims “Blessed is the Kingdom” and we have responded “Amen,” the priest sings the following Troparion once and the people repeat it. Then the priest sings the first half, and we conclude it. This is done every day until the Wednesday before Ascension Thursday.

Troparion: **Christ is risen from the dead, trampling death by death, and to those in the tombs giving life. (3x)**

First Antiphon

Verse 1: Shout to the Lord, all the earth, sing now to His name, give glory to His praise.

Refrain: Through the prayers of the Mother of God, * O Saviour, save us.

Verse 2: Say unto God, "How awesome are your works! Because of the greatness of Your strength Your enemies will flatter you".

Refrain: Through the prayers of the Mother of God...

Verse 3: Let all the earth worship You and sing to You, let it sing to Your name, O Most High!

Refrain: Through the prayers of the Mother of God...

+Glory be to the Father and to the Son and to the Holy Spirit. Now and for ever and ever. Amen.

Third Antiphon

Verse 1: Let God arise, and let His enemies be scattered; let those who hate Him flee from before His face (Ps 67:2).

Troparion: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.

Verse 2: As smoke vanishes, let them vanish, as wax melts before the fire (Ps 67:3).

Troparion: Christ is risen from the dead...

Verse 3 (Soloist): So let sinners perish before the face of God, but let the righteous be glad (Ps 67:3-4).

Troparion: Christ is risen from the dead ...

Entrance Verse:

In the churches bless God, the Lord from the fountains of Israel.

Troparion: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.

+Glory be to the Father and to the Son and to the Holy Spirit. Now and for ever and ever. Amen.

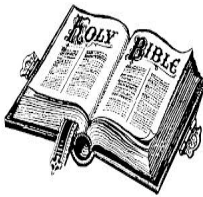
Kontakion (Tone 8): Though You descended into a tomb, O Immortal One, * yet You destroyed the power of Hades; * and You rose as victor, O Christ God, * calling to the myrrh-bearing women: Rejoice! * and giving peace to Your apostles: * You, who grant Resurrection to the fallen.

Instead of "Holy God... ": All you, who have been baptized into Christ, you have put on Christ! Alleluia!

Prokimenon, Tone 8: This is the day which the Lord has made; * let us rejoice and be glad in it (Ps 117:24).

verse: Give thanks to the Lord for He is good, for His mercy endures forever

Epistle: A reading from the Acts of the Apostles (Acts 1:1-8):



In the first book, Theophilus, I wrote about all that Jesus did and taught from the beginning until the day when he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles whom he had chosen. After his suffering he presented himself alive to them by many convincing proofs, appearing to them over the course of forty days and speaking about the kingdom of God. While staying with them, he ordered them not to leave Jerusalem, but to wait there for the promise of the Father. ‘This’, he said, ‘is what you have heard from me; for John baptized with water, but you will be baptized with the Holy Spirit not many days from now.’ So when they had come together, they asked him, ‘Lord, is this the time when you will restore the kingdom to Israel?’ He replied, ‘It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.’

Alleluia, Tone 4: When You rise, You will have compassion on Sion.

verse: The Lord looked down from heaven to earth to hear the groans of the prisoners, to set free the sons of those put to death.

Gospel: A reading of the Gospel according to St. John (1:1-17):

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being

through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it. There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. The true light, which enlightens everyone, was coming into the world. He was in the world, and the world came into being through him; yet the world did not know him. He came to what was his own, and his own people did not accept him. But to all who received him, who believed in his name, he gave power to become children of God, who were born, not of blood, or of the will of the flesh, or of the will of man, but of God. And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father's only son, full of grace and truth. (John testified to him and cried out, 'This was he of whom I said, "He who comes after me ranks ahead of me because he was before me.") From his fullness we have all received, grace upon grace. The law indeed was given through Moses; grace and truth came through Jesus Christ.

Instead of "It is truly...": The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice!

Irmos (Tone 1): Shine, shine, O new Jerusalem! for the glory of the Lord has risen upon you! Exult now and be glad, O Zion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Verse: Receive the body of Christ; taste the fountain of immortality. Alleluia! (3x).

Instead of "Blessed is He...": Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.

Instead of "We have seen the true light...": Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.

Instead of "Let our mouths...": Christ is risen from the dead, trampling death by death, and to those in the tombs giving life (3x).

Instead of "Blessed be the name of the Lord...": Christ is risen from the dead, trampling death by death, and to those in the tombs giving life (3x).

"Christ is risen" is sung again once (using a simple chord chant) instead of "Glory be to the Father..." at the dismissal.

Then the Troparion "Christ is risen" is sung as in the beginning of the Liturgy, but with an additional ending.

Troparion: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life (3x).

And to us He has granted life eternal; we bow down before His resurrection on the third day.*



******* ANNOUNCEMENTS *******

*“O day of Resurrection! * Let us beam with festive joy! * This indeed is the Lord’s own Pasch * for from death to life, from earth to heaven Christ has led us, * as we shout the vict’ry hymn: Christ is risen from the dead!” (Resurrection Matins)*

Dear Brothers & Sisters in Christ!

May our resurrected Lord fill Your hearts with joy, peace and love, and grant You many blessings and graces as we celebrate this glorious time of Pascha!

In Christ ! - Fr. Andrzej & Family

Easter Greeting Messages:

Most Rev. Bishop David Matiuk

[Bishop David's Message on the Occasion of the Feast of the Resurrection of Our Lord - www.youtube.com](http://www.youtube.com)

Attached Easter Pastoral Messages from:

1. Patriarch Sviatoslav
2. Metropolitan Lawrence and the Ukrainian Catholic Bishops in Canada
3. Archbishop Richard Gagnon, President, CCCB

<https://www.cccb.ca/letter/2021-easter-message/>



**** To Ponder – The Fathers & Mothers Speak ****

“It is true. If you believe that Jesus Christ is Lord and that God has raised Him from the dead, you will be saved. Jesus on the cross on Calvary

welcomed the thief to Paradise. He will welcome you also.” St. Cyril of Jerusalem

“May the joy of the risen Jesus Christ be with you, to bring joy into your very soul. The good God has given Himself to us. During His life here on earth, Jesus wanted to share His joy with His apostles, “That my joy may be in you.” Joy was the password of the first Christians. “Rejoice in the Lord always, again I say to you, rejoice.” St. Mother Teresa of Calcutta

Please Pray for health of ... All those affected by the coronavirus, and: Ambrose S., Robert M., Dave & Betty C., Matt D., Alexandra & Oleh K., Miroslaw G., John N., Fr. John N., T.W., Bill P., Thomas H., Bohdan R., Lawrence & Ping B., Peter O., Gladys O., Alex S., Jessica N., Olga P., Sharon B., Zonia R., Brian K., Jayne & Ernie P., Mary W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Zahalnytsia – due to the festive Easter season, **the Friday after Pascha (April 9)** is not a fasting day. Let us feast and rejoice!

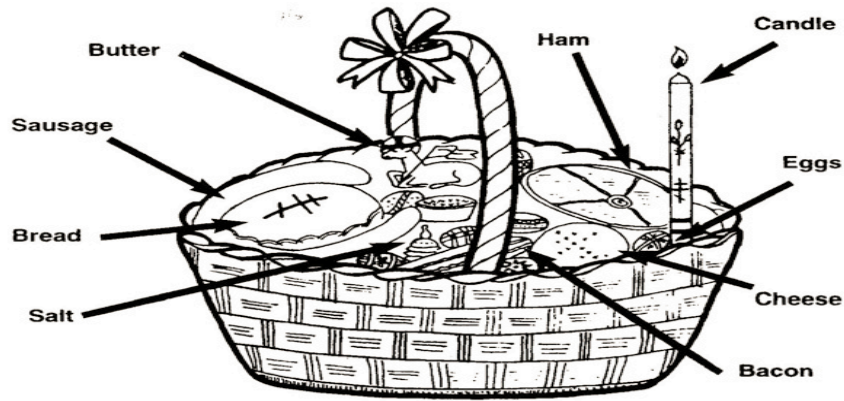
New Pastoral Appointments – Fr. Andrii Malysh, presently pastor of the Exaltation of the Holy Cross, Surrey, is leaving for the Eparchy of London, England. Father Andriy Werbowy has been named pastor of the Exaltation of the Holy Cross, Surrey, as of April 5th. We are grateful to Fr. Andrii Malysh & his family for their beautiful ministry in our Eparchy. We welcome and congratulate Fr. Andriy Werbowy & his family on his new appointment.

Knights of Columbus Council 8132 (OLPH) Zoom Meetings – regular members’ meeting will take place on Thursday, April 8th at 7:00 p.m.

New Westminster Eparchy Clergy Zoom Conference – will take place on Thursday, April 15th from 11:00 a.m. 1 :00 p.m.

St. Vincent de Paul Society – will hold their AGM zoom meeting on Monday, April 19th at 11:00 a.m.





Ukrainian Catholic Easter Traditions

By 'Rev. Anthony Holowaychuk

For many Ukrainians, Easter would not be Easter without the traditional Easter Basket. Going back in time we discover that in our tradition, Lent used to be a time of strict fasting and abstaining from meat, eggs and dairy products for the whole season. To show joy and thanksgiving at the end of Lent, the faithful took foods to be blessed at the Easter Morning Divine Liturgy and, bringing it home, the entire family shared it to "Break-the-Fast". The first food to "Break-the-Fast" was the blessed egg.

Eggs are a sign of hope and resurrection. Jesus comes from the tomb as the chick breaks the shell at birth. Because of the special meaning, it is fitting that the eggs should be decorated with symbols of Easter, and blessed.

Meats and Sausage represent the animals used for sacrifices in the Old Testament. They remind us of Christ who, in the New Testament, as a Lamb, sacrificed himself on the cross for our salvation. The sausage represents the links of the chains of death, which Christ broke by His Resurrection.

Paska (Easter Bread) is symbolic of Jesus who said: "I am the Bread of Life". He gives Himself as food in the Eucharist saying: "Whoever eats of this Bread will have life everlasting".

Horseradish represents the bitter herbs prescribed in the original Passover Meal as a reminder of the bitterness of life in the captivity of Egypt. Today it reminds us of the bitterness of Christ's Passion, the pains of crucifixion by which He entered into the glory of Resurrection.

Salt is the symbol of perseverance of faith, according to the words of Christ: "You are the salt of the earth" (Mt. 5:13)

Cheese and Butter are related to prosperity, abundance and peace in the Promised Land. They remind us of the abundance of graces and peace granted to us by the Risen Christ.

Each basket should have a lighted candle as a symbol of the radiance of the Resurrected Christ, who said: "I am the Light of the World" (Jn. 8:12).



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!



I love You above all things and I desire to receive You into my soul. Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation.

I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.



Prayer During the Coronavirus Outbreak

Lord, Our God,
We thank you for the life that is your gift,
For the providence that sustains us,
And for your wisdom that directs the course of our days. The threat of an infection of coronavirus is upon us today. This disease causes fear among us and has claimed lives. We humbly beg you, loving Lord, dispel our fear and deliver us from this and other diseases. Heal those who are afflicted and stop the spread of the virus. Strengthen us in charity to care for one another. For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever. Amen.

