



## **Palm Sunday - The Lord's Entrance into Jerusalem**

**Our Holy Father Hilarion the Younger** – Hilarion was abbot of the monastery of Pelekete near Hellespont. He healed sicknesses and drove out evil spirits. He died in prison for his faith in

754.

**\*\* Sunday, March 28<sup>th</sup>, 2021\*\***

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***The Most Holy Trinity Parish will hold public Liturgical Services on Easter Sunday, April 4<sup>th</sup> and on the three following Sundays - April 11<sup>th</sup>,***

***18<sup>th</sup> & 25<sup>th</sup>.***

**Our Holy Week/Easter Schedule:**

**\*\*\* Good Friday – April 2<sup>nd</sup> – 4:00 – 6:00 p.m.** – church open for private prayers & Confession

**\*\*\* Holy Saturday – April 3<sup>rd</sup> – 10:00 a.m. – noon** – church open for private prayers & Confession

**At 3:00 p.m. Blessing of Paschal Food** – outside the church

**\*\*\* Easter Sunday – April 4<sup>th</sup>** - Divine Liturgies at 8:00 a.m.; 10:00 a.m. & 12:00 p.m.



**Please continue to join Holy Eucharist Cathedral (New Westminster) for live-streamed coverage of liturgical services**

**\*\* Sundays \*\*** at 8:30 a.m. Divine Liturgy (Eng.) and at 10:30 a.m. Божественна Літургія (Укр.).\*\*\*

<https://www.facebook.com/holyeucharistcathedral/>

**Youtube** [https://www.youtube.com/channel/UCPp1JaDotIj\\_4h3aAJq0Srg](https://www.youtube.com/channel/UCPp1JaDotIj_4h3aAJq0Srg)

Telus TV channel by tuning to channel 876 on TELUS Optik.

**Also \*\*\* Live streaming from the Exaltation of Holy Cross Parish, Surrey - 09:00 AM & 11:00 AM**

<https://www.facebook.com/crossparish>



### ***Palm Sunday First Antiphon***

I am filled with love\* for the Lord will hear the voice of my plea.

*Through the prayers of the Mother of God, O Saviour, save us.*

For He has inclined His ear to me,\* and I will call to Him all the days of my life.

*Through the prayers of the Mother of God, O Saviour, save us*

The pangs of death encircled me,\* the trials of Hades befell me.

*Through the prayers of the Mother of God, O Saviour, save us*

I met with anguish and pain,\* and called upon the name of the Lord.

*Through the prayers of the Mother of God, O Saviour, save us*

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Only-begotten...

### ***Third Antiphon***

***Give thanks to the Lord for He is good, \* for His mercy endures forever.***

***Troparion, Tone 1:*** Assuring us before Your Passion of the general resurrection, \* You raised Lazarus from the dead, O Christ God: \* and so, like the children we also carry signs of

victory \* and cry to You, the conqueror of death: \* Hosanna in the highest! \* Blessed is He who comes \* in the name of the Lord.

***Therefore, let the house of Israel say that He is good,\* for His mercy endures forever.***

***Troparion, Tone 1:*** Assuring us before Your Passion of the general resurrection, \* You raised Lazarus from the dead, O Christ God: \* and so, like the children we also carry signs of victory \* and cry to You, the conqueror of death: \* Hosanna in the highest! \* Blessed is He who comes \* in the name of the Lord.

***Therefore, let the house of Aaron say that He is good,\* for His mercy endures forever.***

***Troparion, Tone 1:*** Assuring us before Your Passion of the general resurrection, \* You raised Lazarus from the dead, O Christ God: \* and so, like the children we also carry signs of victory \* and cry to You, the conqueror of death: \* Hosanna in the highest! \* Blessed is He who comes \* in the name of the Lord.

***Let all who fear the Lord say that He is good,\* for His mercy endures forever.***

***Troparion, Tone 1:*** Assuring us before Your Passion of the general resurrection, \* You raised Lazarus from the dead, O Christ God: \* and so, like the children we also carry signs of victory\* and cry to You, the conqueror of death: \* Hosanna in the highest! \* Blessed is He who comes \* in the name of the Lord.

***Entrance –***

Blessed is He who comes in the name of the Lord, we bless you from the house of the Lord,\* the Lord is God and has appeared to us.

***Troparion, Tone 1:*** Assuring us before Your Passion of the general resurrection, \* You raised Lazarus from the dead, O Christ God: \* and so, like the children we also carry signs of

victory \* and cry to You, the conqueror of death: \* Hosanna in the highest! \* Blessed is He who comes \* in the name of the Lord.

*Glory be to the Father and to the Son and to the Holy Spirit.*

***Troparion, Tone 4:*** Buried with You through Baptism, O Christ our God, \* we have been granted immortal life by Your resurrection, \* and we sing Your praises, crying out: \* Hosanna in the highest! \* Blessed is He who comes in the name of the Lord.

Now and for ever and ever. Amen.

***Kontakion, Tone 6:*** Mounted on the throne in heaven, O Christ God, \* and on a colt here on earth, \* You accepted the praise of the angels, \* and the hymn of the children who cried to You: \* Blessed are You who have come to call Adam back.

***Prokeimenon, Tone 4 -*** Blessed is He who comes in the name of the Lord; \* God the Lord has appeared to us.

***verse:*** Give thanks to the Lord for He is good, for His mercy endures forever. (*Psalm 117:26-27*)

***Epistle - Philippians 4:4-9***

Brothers and Sisters, rejoice in the Lord always; again I will say, rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

***Alleluia, Tone 1 -*** Sing to the Lord a new song, for He has worked wonders.

*verse:* All the ends of the earth have seen the salvation of our God. (*Psalm 97:1*)



***Gospel - John 12:1-18***

Six days before the Passover, Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me."

When the great crowd of the Jews learned that he was there, they came not only because of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus to death as well, since it was on account of him that many of the Jews were deserting and were believing in Jesus.

The next day the great crowd that had come to the festival heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, shouting,

"Hosanna! Blessed is the one who comes in the name of the Lord — the King of Israel!"

Jesus found a young donkey and sat on it; as it is written:

"Do not be afraid, daughter of Zion. Look, your king is coming, sitting on a donkey's colt!"

His disciples did not understand these things at first; but when Jesus was glorified, then they remembered that these things had been written of him and had been done to him. So the crowd that had been with him when he called Lazarus out of the tomb and

raised him from the dead continued to testify. It was also because they heard that he had performed this sign that the crowd went to meet him.

***Hymn to the Mother of God:***

O my soul, magnify Christ who is seated on a foal.

***And the irmos:*** The Lord is God and has appeared to us: \* together let us celebrate. \* Come with great rejoicing; let us magnify Christ \* with palms and olive branches, and with songs let us cry aloud to Him: \* Blessed is He who comes in the name of the Lord.

***Communion Hymn*** - Blessed is He who comes in the name of the Lord;\* God the Lord has appeared to us.\* Alleluia, alleluia,\* alleluia.

**\*\* ANNOUNCEMENTS \*\***



*Dear Parishioners, please be assured of my prayers and well wishes in this continuing time of battle with the coronavirus.*

*As you are aware, churches have been permitted public indoor services following covid protocols for a few days during Spring. In our church, the first of these will take place on Easter Sunday. I would ask that you kindly follow the schedule in the bulletin as well as directions for participation in the services. Additionally, please continue tuning in to online or televised services and remain united with each other in thought, prayer, phone calls, etc.*



**Entrance of the Lord into Jerusalem**

**221** - The Church begins to celebrate the Resurrection as victory over death with the commemoration of the raising of Lazarus, during which Jesus reveals himself to be “the Resurrection and the Life.” “Those who believe in me, even though they die, will

live” (Jn 1:25). The Floral Triodion begins with Lazarus Saturday. It leads into Holy Week, which bears the good news about Christ’s victory over sin and death through his Passion and the Cross. The sign of the imminent victory is the entrance of Christ, the God-man, into Jerusalem. “As man he wept for Lazarus, and as God he resurrected him from the dead. As man he sat upon the donkey, and as to God they cried out to him: ‘Blessed is he who comes in the name of the Lord.’”

**222** - In the liturgical hymns of Palm Sunday, also known as Flowery Sunday, we sing of the children of Jerusalem, who greeted Christ as King even though the Pharisees and scribes refused to accept Him: “O, evil and adulterous generation, why have you treated your Lord so faithlessly? ... Why have you rejected the prophet’s words, which proclaim him? Your own children sang to your shame today: ‘Hosanna to the son of David! Blessed is he who comes in the name of the Lord!’” Just as the people greeted Christ with branches from trees, so Christians also greet Christ with “palms of virtue” as he enters upon his voluntary Passion. Those who have not acquired virtues and have rejected Christ are compared to the barren fig tree: “The rod of Aaron, though dried up and withered, was changed into a green branch that put forth leaves; but the lawless assembly was changed into an unfruitful fig tree.”

*Catechism of the Ukrainian Catholic Church – “Christ Our Pascha”*  
#221-2 p. 79-80 <http://catechism.royaldoors.net/catechism/>



**\*\* To Ponder – The Fathers & Mothers Speak \*\*\***

*“When God created Adam He did not give bodily wings like the birds, but prepared for him in advance the wings of the Holy Spirit – the wings he desires to give him in the resurrection – to lift him up and carry him whither the Spirit wishes. Saintly*

*souls receive these wings even now when they take flight in the spirit toward heavenly thoughts.” St. Macarius*

*“We must love with Jesus’ love and His spirit of sacrifice. God loved us by giving himself to us. We too must give ourselves to one another. Because of this, we must reject whatever would keep us from giving ourselves to one another.” St. Mother Teresa of Calcutta*

### **Commentary on the Sunday Gospel Reading:**

<https://godwithusonline.org/reflections/palm-sunday-ukrainian/>



### **Palm Sunday**

"Like the children, we, too, bear symbols of victory, and cry out to You, the Conqueror of death: 'Hosanna in the highest! Blessed is he who comes in the name of the Lord.'"

(Troparion of Palm Sunday)

Our Lord Jesus Christ climaxed His mission on earth with two memorable events — the resurrection of Lazarus from the dead and His triumphal entry into Jerusalem. These two events, witnessed by great crowds of people, gave a clear and convincing testimony concerning the messianic mission of Christ and His divinity. These two illustrious events also raised the curtain on the last act of the drama of Christ's life: His passion and death. Since the first centuries of Christianity, the Eastern Church has been celebrating the memory of the triumphal entry of Christ into Jerusalem on the Sunday before His glorious Resurrection. Palm Sunday from the earliest times has been regarded as a great feast of our Lord and is included in the twelve principal festivals of our Church Year. It, too, has its own particular customs, which the other feasts do not have.

### **The Customs of Palm Sunday**

Among the Jews and ancient Romans, the palm branch was the



symbol of victory. For this reason it was held in the hand during a triumphal or victory procession. Also, at the public games, the victors were presented with the palm branch as a sign of victory. In the New Testament, the palm branch became the symbol of martyrdom. In the catacombs, palm branches were laid on the tomb of a martyr as the symbol of the victory of the martyr. The olive branch is the symbol of peace. In our Trebnyk (Euchologion), in the prayer for blessing of palms, the willow branch is also called the symbol of the resurrection. In Greek, palm branches are called "baia"; and in the Church-Slavonic transcription "Vayia"; hence, the name "Nedilya Vayij" (Sunday of Palms).

It is difficult to say with certainty when the custom of blessing branches of the palm, olive or other trees in church arose. The blessing of branches seems to have already been in practice in some places, in the seventh century, although the actual ceremony of blessing does not appear in liturgical documents until the ninth century. The blessing and distribution of palms, according to the prescription of our rite, takes place on Palm Sunday during the Matins service after the Gospel at Psalm 50.

In Eastern Ukraine, a custom also existed of blessing and distributing willow branches in the cities on Saturday evening, while in the villages, these were blessed and distributed on the morning of Palm Sunday. Along with a willow branch the faithful also received a small candle, as a symbol of the resurrection. Among our people, various practices existed, even some superstitious ones, that were associated with the blessed willow branch. The blessed willow branch was never destroyed by our people. Instead, they placed it in the house behind an icon, or planted it in the garden. With it they blessed the cattle, when they were being led for the first time into pasture. The farmer carried the blessed willow branch around his farm, praying that it might be protected from impure spirits. Some even swallowed the bud of the willow so that "the throat would not hurt." In some places, a blessed willow branch was placed in the hands of the deceased, so that at the general resurrection they would meet

Christ carrying the emblem of victory.

As they were going out of the church on Palm Sunday, the faithful would lightly strike one another on the shoulder with the willow branch, saying: 'It is not I who strike you, but it is the willow branch, within a week we shall celebrate Easter.' Thus did they remind one another that Easter was drawing near.

Following the example of the Church in Jerusalem, a custom of holding a procession with palms on Palm Sunday also arose in Greece in the ninth-tenth centuries, during which the patriarch of Constantinople rode through the streets on a donkey.

### **The Spiritual Meaning of Palm Sunday**

The Jews wanted to see their messiah in power and glory. Accordingly, Jesus Christ, by raising Lazarus from the dead and by His triumphal entry into Jerusalem, gave them clear proof of His power and glory. He demonstrated, publicly, that He is not only the Lord of living and dead nature, but also Lord of hearts of men. Such a triumphal procession Jerusalem had not witnessed for a long time.

St. Matthew the Evangelist confirmed this: "And when He entered Jerusalem, all the city was thrown into commotion, saying: 'Who is this?' But the crowds kept on saying: 'This is Jesus the prophet from Nazareth of Galilee.'" (Mtt. 21, 10-11)

The honor given to Christ lasted for only a brief moment, for His betrayal by Judas, His rejection by the people, His condemnation by the Jewish leaders, His passion, the way of the cross and crucifixion followed in quick succession. These very same people who, on Sunday cried out, "Hosanna", within a few days would be crying out: "Crucify Him. '

Palm Sunday teaches us the instability of worldly glory and the vanity of earthly happiness. Joy and sadness here on earth are two inseparable sisters. Therefore, if we wish one day to have a share in the triumph of Christ in heaven, we must first undergo a Passion week and a Golgotha with Him here on earth. Only then, will we be able, like Him, to enter into everlasting triumph, joy

and resurrection.

**Please Pray for health of ...** All those affected by the coronavirus, and: Robert M., Dave & Betty C., Matt D., Alexandra & Oleh K., Mirosław G., John N., Fr. John N., T.W., Bill P., Thomas H., Bohdan R., Lawrence & Ping B., Peter O., Gladys O., Alex S., Jessica N., Olga P., Sharon B., Zonia R., Brian K., Jayne & Ernie P., Mary W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



**Thank you to all our Supporters**

– **Дякуємо** – Our gratitude to everyone for your prayers & ongoing financial support of our parish and for all other ways in which you assist our church community.

*Дякуємо*



**Churches opened for public services** – Dear brothers & sisters in Christ, you are doubtless aware that churches in BC have been allowed indoor church services for Easter. We received permission from our Provincial Health Officer to have four days of services from Sunday, March 28<sup>th</sup> to Thursday, May 13<sup>th</sup>. At our parish the following Sundays were designated: 1. Easter Sunday April 4<sup>th</sup>; 2. Thomas Sunday April 11<sup>th</sup> and Sundays April 18<sup>th</sup> & 25<sup>th</sup>.

I would like to bring to your attention that according to the guidelines, only 10% of the church capacity may be used. This means that in our church building, only 10 people (including the priest) are permitted at each service.

In order to participate in any of these public Sunday services and for private prayer on Good Friday and Holy Saturday, each parishioner needs to pre-register and also is required to follow all provincial health directives.

Please call **Fr. Andrzej at 250-461-7249** or **Mrs. Adelle Dmyterko at 250-554-3107** to pre-register for the services.

**Happy Birthday**



**Многая Літа!** – very special God's blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special anniversary during **the month of March** (2<sup>nd</sup> - Mikayla Harasymchuk 20<sup>th</sup> - Robert

Russell; 24<sup>th</sup> - Ann Derzak; 27 - Sam Daneliuk; 31<sup>st</sup> - Todd Flodstrom).

### **Online Lenten Resources:**

**Ascension Press Presents: The Bible in a Year with Fr. Mike Schmitz** <https://media.ascensionpress.com/category/ascension-podcasts/bibleinayear/>

**Dynamic Catholic Best Lent Ever** - A daily email with a short video to help you reconnect with yourself and your God.  
<https://www.dynamiccatholic.com/lent/best-lent-ever.html>

**Lenten Reflections with Bishop Barron:**  
<https://www.lentreflections.com>



### ***Lenten Scriptural Readings for this week***

**Monday:** Ezekiel 1:1-20; Exodus 1:1-20 & Job 1:1-12

**Tuesday:** Ezekiel 1:21-28; Exodus 2:5-10 & Job 1:13-22

**Wednesday:** Ezekiel 2:3-3:3; Exodus 2:11-22 & Job 2:1-10

**Thursday:** Jeremiah 11:18-23; 12:1-5, 9-11, 14-15; Exodus 19:10-19 & Job 38:1-21; 42:1-5

### **Prayer During the Coronavirus Outbreak**

Lord, Our God,  
We thank you for the life that is your gift,  
For the providence that sustains us,  
And for your wisdom that directs the course of our days. The threat of an infection of coronavirus is upon us today. This disease causes fear among us and has claimed lives.



We humbly beg you, loving Lord, dispel our fear and deliver us from this and other diseases.

Heal those who are afflicted and stop the spread of the virus.

Strengthen us in charity to care for one another.

For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever.

Amen.

### *Prayer of Spiritual Communion*

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul.



Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation.

I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.

