



8th Sunday after Pentecost

The Holy Priest-Martyr Hermolaus and those with him – Hermolaus was a priest in Nicomedia under Emperor Maximian. He was martyred for his faith along with the two companion priests, Hermippus and Hermocrates, in 404.

Holy Venerable-Martyr Parasceve – Parasceve was born in Rome of Christian parents. She gave all her goods to the poor and became a nun, preaching the gospel with great zeal. She suffered martyrdom in 140.

****** Sunday, July 26th, 2020 ******

Pastor: *Fr. Andrzej Wasylanko*

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Facebook: holytrinitykamloopsbc

Parish Liturgical Services



***In order to participate in liturgical services in church, please sign up by contacting Fr. Andrzej
tel: 250-376-3690
email: fr.wasylanko@gmail.com***

Sunday, July 26 ** 9:30 a.m. * Sacrament of Reconciliation *** 10:00 a.m. *** Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners**

Monday, July 27 * 10:00 a.m. Div. Lit: God's blessings to SSVP Members (Kamloops Conference)**

Tuesday, July 28 * 9:00 a.m.** Div. Lit: +Isabel Mac Lean

Wednesday, July 29 * 9:00 a.m.** Div. Lit: God's blessings and good health to Ann Gulka

Thursday, July 30 * 6:00 p.m.** Moleben to St. Mother Teresa of Culcatta

Friday, July 31 * 9:00 a.m.** Div. Lit: God's blessings for Al & Sharon Ludwig - Mrs. Gemma Bittante

Sunday, August 2 ** 9:30 a.m. *** Sacrament of Reconciliation *** **10:00 a.m. ***** Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners



Liturgical Propers - Tone 7, pg. 103

Epistle: A reading from the First letter of St. Paul to the Corinthians (1:10-18)

Brothers and Sisters, I appeal to you by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the

cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Gospel: Matthew 14:14-22

At that time, Jesus saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, “This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.” Jesus said to them, “They need not go away; you give them something to eat.” They replied, “We have nothing here but five loaves and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children. Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds.



**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners who join us today in our church for the Divine Liturgy and those who continue to pray at home. We wish you a healthy & blessed week!

Dear Parishioners, although we have reopened our church, because of health concerns and the safety of each other, not everyone will be able to join us for the Sunday Divine Liturgy. Please continue participating in online or televised services and remain united with each other in thought and prayer. Keep up

the phone calls and don't forget those who may not receive many calls, emails, texts, etc.

Holiness as a Sign of the Action of the Holy Spirit

717 - Christian holiness is not a perfection grounded in our nature, but is achieved rather through the active participation of a person in the holiness of God. Saint John Cassian teaches:

All holy people have certainly had God within them. For we know well that God was in the patriarchs, and that he spoke in the prophets. We believe that not only apostles and martyrs but all the saints and servants of God have within them the Spirit of God, according to this: "For we are the temple of the living God" (2 Cor 6:16) And again: "Do you not know that you are God's temple and that God's Spirit dwells in you?" (1 Cor. 3:16). And thus we are all receivers of God.

718 - All Christians receive holiness in embryonic form through the Holy Mysteries of Baptism and Chrismation, and they are called not to squander it, but to nurture it to fullness. Again, John Cassian reminds us:

As far as human weakness permits, [people] should humble themselves before God, be subject to God, make themselves dwellings for God, and by their faith and piety win this, to have God as their guest and indweller. For in proportion as anyone is fit for God's gift, so does the Divine grace reward that person: in proportion as a person seems worthy of him; in proportion as a human being seems worthy of God, so does that person enjoy God's presence, according to the Lord's promise, "those who love me will keep my word, and my Father will love them, and we will come to them and make our home with them" (Jn 14:23).

Catechism of the Ukrainian Catholic Church – "Christ Our Pascha" #717-718 pg. 236-237

St. Diadochos of Photiki – "On Spiritual Knowledge"

"All men are made in God's image; but to be in His likeness is granted only to those who through great love have brought their own freedom into subjection to God. For only when we do not belong to ourselves do we become like Him who through love has reconciled us to Himself. No one achieves this unless he

persuades his soul not to be distracted by the false glitter of this world.

Evil does not exist by nature, nor is any man naturally evil, for God made nothing that was not good. When in the desire of his heart someone conceives and gives form to what in reality has no existence, then what he desires begins to exist. We should therefore turn our attention away from the inclination to evil and concentrate it on the remembrance of God; for good, which exists by nature, is more powerful than our inclination to evil. The one has existence while the other has not, except when we give it existence through our actions.”

Commentary on Sunday’s gospel:

<https://godwithusonline.org/reflections/the-eighth-sunday-after-pentecost/>

Please Pray for health of ... All those affected by the coronavirus, and Gladys O., Alex S., Jessica N., Fr. Josaphat T., Olga P., Sharon B., Zonia R., Brian K., Maria Z., Jayne & Ernie P., Lawrence & Ping B., Allan N., Moris P., Mary W., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Supporters – Дякуємо - Many thanks to everyone for your financial support of our parish and for all other ways in which you assist our church community. God bless you all!

Дякуємо

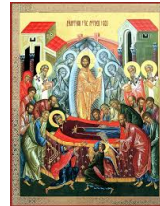


Многая Лита! – very special God’s blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special anniversary during **the month of July** (5th – Adrian Wasylinko; 8th – Al & Sharon Ludwig (1961); 10th – Sophia Wasylinko; 23rd – Adelle Dmyterko; July 30th Peter & Judy Orichowsky).

Annual Service of Blessing Cars – will take place today **Sunday, July 26th** after the Divine Liturgy at 10:00 a.m.

Society of St. Vincent de Paul, OLPH, Kamloops – will hold their next general monthly meeting tomorrow, **Monday July 27th** after 10:00 a.m. Divine Liturgy. Meeting to be held in the MHTC parish hall.

The Fast of the Mother of God – as part of our preparation for the great feast of the Dormition of the Mother of God on August 15, there is a special time of fasting that will **begin this coming Saturday, Aug 1st** and will last until the day before the Feast, Aug. 14.

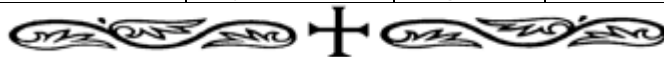


Up-coming Major Feasts - on Thursday, August 6th we will celebrate the feast of the Transfiguration of the Lord and on Saturday, August 15th the feast of Dormition of the Mother of God.

Perogies & Sausage on Sale – anyone interested in purchasing our delicious perogies and garlic sausage, please contact Mrs. Adelle Dmyterko at 250-554-3107 or Fr. Andrzej at 250-461-7249.

The Most Holy Trinity Parish Stewardship: Sunday, July 19 - \$555.00 **** *May God bless and reward you for your generosity & support.*

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
23:44-56	July 26	August 1	Pss 141 - 142



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul.

Since I cannot receive You now, I place before You my whole life and hope, O loving Master;

and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of



the kingdom of heaven, for confidence before You, and not for judgment or condemnation.

I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.

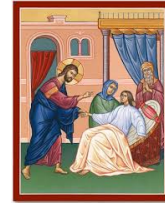
Prayer During the Coronavirus Outbreak

Lord, Our God,

We thank you for the life that is your gift,

For the providence that sustains us,

And for your wisdom that directs the course of our days. The threat of an infection of coronavirus is upon us today. This disease causes fear among us and has claimed lives.



We humbly beg you, loving Lord, dispel our fear and deliver us from this and other diseases.

Heal those who are afflicted and stop the spread of the virus.

Strengthen us in charity to care for one another.

For You are a God of mercy, kindness, and love, and we glorify You Father, Son, and Holy Spirit, now and for ever and ever. Amen.



Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

The Coronaspection Project - JULY 23, 2020 DEBORAH CASTELLANO LUBOV INTERVIEW

Rabbi Alon Goshen-Gottstein, Following the Coronaspection Series, With Interfaith & Ecumenical Leaders, Shares His Perspective

Following three installments of the Coronaspection project by Rabbi Alon Goshen-Gottstein, featured here on Zenit, Zenit took the time to interview the rabbi regarding this project, and specifically how he saw the messages of Christian leaders.

Zenit: For the sake of readers who may have not followed some of the earlier notices, could you summarize for us what is Coronaspection?

Rabbi: Coronaspection is a series of 40 video interviews and messages with religious leaders regarding the spiritual challenges brought about by the Corona virus. Leaders from 15 countries and 7 religions were interviewed and asked how to handle some of the major faith challenges of the moment: how to deal with fear and anxiety; how to cope with loss; how to use the time in lockdown and how to use solitude; how to maintain a sense of solidarity with others; what kind of world do they envision for the future. The sum total is a storehouse of teaching and inspiration, delivered by some of the most prominent voices in religion, in general and in the Christian world in particular.

Christian Participation in Coronaspection

Zenit: Who were the Christian leaders whose voices are featured in Coronaspection?

Rabbi: Let us begin with Pope Francis, who supported the project and our use of his messages in the framework of Coronaspection. Other Catholic voices include Cardinal Christoph Schoenborn, Bishop Domenico Sorrentino and Maria Voce. On the Orthodox side we had a message from Patriarch Daniel of Romania and an interview with Bishop Kallistos Ware of Oxford. The archbishop of Canterbury, Justin Welby, gives a very engaged and joyful interview, and the head of the Church of Sweden, the Lutheran archbishop Antje Jackelen shares the concerns of her church during this period. The new Patriarch of the Armenian Church in Istanbul, Patriarch Mahsalian, offers a view from Turkey, and finally Elder Jeffrey Holland of the

Church of Jesus Christ of Latter Day Saints shares his own spiritual process during Corona times. This is a wide and diverse group of thinkers, and it has been a thrill to have contact with them and to learn about their faith, spiritual life and message during this challenging period.

Zenit: Do you believe the answers to the questions in some way break down according to the differences in religion?

Rabbi: One of striking outcomes of the interview process has been that there is great unanimity across the religions. There are some fundamental messages that resonate across the project, regardless of religious affiliation. One of them is the recognition of the fundamental unity of humanity and how we are all interconnected. As the Archbishop of Canterbury states – the virus has taught us that we are all connected. It hits all without discrimination and its dissemination shows how we are all closely related. The challenge, he says, is how to turn this interconnectivity to an interconnectivity of compassion. This is probably the greatest message that comes out of the project and it is shared by religious leaders of all faiths. Another key feature that emerges is the basic sense of positivity that religions bring. Religions teach hope, and each of the messages in the project is a message of hope. Bishop Sorrentino speaks of the various positive aspects that emerge from the virus, from discovery of family life as a life of prayer to the increased sense of spiritual search that characterizes this period. Citing St. Francis' canticle to creatures, he says – if St. Francis can speak of sister death, why can't we speak of brother Corona?

Zenit: Can one identify differences in spiritual approach according to denominations?

Rabbi: One of the interesting things to observe is that differences in denomination matter less than differences in religious personality. This is true across religions and it is also true across Christian denominations. Thus, answers break down according to personal disposition, rather than according to theological adherence. Let me illustrate this with reference to the two Orthodox voices. Both of them address the question of God as the author of COVID-19. Patriarch Daniel speaks of it as a test from God, by means of which our love and faith are tested. By contrast, Metropolitan Ware refuses to see the pandemic as something brought about by God. The God of love, he claims, could not cause the suffering of innocent. God, therefore,

allows the pandemic, but does not bring it about intentionally. This is a significant theological divide and we see two noted theologians and churchmen of the Orthodox world taking different stands on the matter.

The Archbishop of Canterbury takes the side of Metropolitan Ware, while Bishop Sorrentino seems to be more comfortable with the perspective of Patriarch Daniel. I cannot see these differences as stemming from denominational divides...

Christian Responses and Interfaith Awareness

Zenit: Is there nevertheless a particularity to the message of Christian leaders?

Rabbi: As I said, the messages of all religious leaders across religious divides tend to be very similar in responding to the challenges of the pandemic. One does notice two features that characterize most, if not all, Christian speakers. First, there is a strong emphasis on love. I am not suggesting that Christian leaders are the only ones to emphasize love. In fact, an earlier feature in Zenit profiled Maria Voce in relation to Imam Abdul Rauf and both of them consider love an important response. Still, across the board, the love-response is much stronger among Christian leaders, suggesting the centrality of love to the Christian experience and spirituality. For many, this is the test, or the outcome, or the means of expressing oneself during the pandemic.

Related to this is also the emphasis on prayer. I think all Christian leaders, without fail, speak to the importance of prayer during this period. I am sure prayer is important for all religions, but one notices a very central role allocated to prayer by Christian leaders. Love and prayer definitely come across as central features in the life of Christian leaders.

There is one additional very important element – self reflexivity. While this is not relevant to all Christian leaders, it strikes me that the greatest percentage among project participants who share doubt, struggle and a personal spiritual process during COVID-19 comes from Christian leaders. Cardinal Schoenborn shares his struggles of faith. Metropolitan Ware shares how he deals with doubt. Elder Holland shares how his view of others has changed radically due to lockdown and how he has discovered new dimensions in his spiritual life; Archbishop Welby shares his own self-examination and his

learning to gain deeper trust in God. Clearly, there is something in Christian formation and education that allows for a great degree of self-reflexivity. The group of people featured in *Coronaspection* are all highly evolved and self-aware, but I would consider nonetheless that this is one feature that is very characteristic of Christian participants...

Echoes of Pope Francis' Teachings

Zenit: Does the teaching of Pope Francis find an echo in the messages of other Christian voices in the project?

Rabbi: I'd like to suggest two points in which the teachings of Pope Francis provide a framework by means of which we can appreciate the teachings of other Christian leaders. First, the question of judgement. One of the great "temptations" is to consider COVID-19 a punishment for some transgression. Almost all project participants avoid this view. To claim it is a punishment raises serious challenges in terms of identifying the sin and proportionality of the punishment, what we call the problem of theodicy. Pope Francis has made a brilliant reversal by stating: "It is not the time of your judgement, but of our judgement: a time to choose what matters and what passes away, a time to separate what is necessary from what is not. It is a time to get our lives back on track with regard to you, Lord, and to others." This approach is reflected in most teachings, even if they are not directly indebted to the Pope. One seeks to make the period one of spiritual growth and proper choice, and not to "hide" behind the notion of punishment.

A second, and very beautiful, way in which he is present in the project, is through some of the metaphors and framings he provides. He speaks of this period as a period of night. This is then echoed in the teachings of others. Cardinal Schoenborn offers a wonderful homily on night and awaiting the light, as a carryover of the Pope's teachings.

Takeaways from Coronaspection

Zenit: What have you, as a Rabbi, learned from the messages of Christian leaders who have participated in "Coronaspection"?

Rabbi: I have learned something from each of the interviews. A full version of lessons learned from the project and analyses of what each of the interviews teaches us will appear in a book scheduled for publication next week. Cascade Books will release *Coronaspection: World Religious Leaders Reflect on COVID-19*. I would like to share

three insights from that forthcoming book, without in any way diminishing from the many others.

The first is Patriarch Mashalian speaking of the need to build a storehouse of spirituality as a means of dealing with the challenges of the moment and how our entire lives are a preparation to build up such a storehouse. I resonate deeply with this approach, as I do with his emphasis on the Psalms as a means of prayer in many circumstances. Strikingly, he is the only teacher to have made explicit appeal to the Psalms.

The second is when Bishop Sorrentino was asked: what would St. Francis tell us now? And he replied: he would tell us to sing the Canticle of Creatures. I am a great admirer of St. Francis, and this eventually also led me to my friendship with Bishop Sorrentino. I love this answer. To sing as a response to hardship, and to affirm the goodness of God in all.

The third is Metropolitan Ware speaking of seeing the face of the other person and learning to appreciate the value of every person as his takeaway from this pandemic. A similar idea is voiced by Elder Holland. I think at the end of the day it all comes back to our ability to view the other person and to find God in the face of the other.

Zenit: How can readers view these interviews?

Rabbi: Simple. If you type www.coronaspection.org you will be taken to a page with a wall of images. Click on the image of the person and you will find long and short forms of the interviews. Or go to the link of Christian leaders, and you will find all Christian leaders listed there.



Please join Holy Eucharist Cathedral (New Westminster) or St. Nicholas parish (Victoria) Facebook page for live-streamed coverage of liturgical services

www.facebook.com/stnicholasvictoria

<http://www.stnicholasparish.org/index.php>

<https://www.facebook.com/holyeucharistcathedral/>

Youtube https://www.youtube.com/channel/UCPp1JaDotIj_4h3aAJq0Srg

Holy Eucharist Cathedral Parish

Divine Liturgy @ 8:30 a.m.: For the Parishioners of the Holy Eucharist Cathedral

Divine Liturgy @ 10:30 a.m.: For the Faithful of the Eparchy of New Westminster

Catechetical Recourses on line in English & Ukrainian

1. Royal Doors with daily readings and reflections, UGCC Catechism online, articles, etc

<https://www.royaldoors.net/>

2. Formed: Christian movies, TV shows, prayers, etc.

<https://watch.formed.org/browse>

3. Dynamic Catholic. Beautiful resource for the whole family with Catechism for children, marriage enrichment programs, etc.

<https://dynamiccatholic.com/>

4. God With Us - an outreach project of the Eparchial Directors of Religious Education and Eastern Catholic Associates and is dedicated to the catholic renewal of Eastern Catholics in accord with the Church's call for a new evangelization: <https://godwithusonline.org>

5. Word on Fire Institute: <https://dailycatholicgospel.com/thank-you-daily-gospel>

1. Живе ТВ - <https://zhyve.tv/>

2. Дивен Світ - <https://dyvensvit.org/>

3. Катехизм УГКЦ - <http://catechismugcc.org/>

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with the parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.