



7th Sunday after Pentecost **Commemoration of the First Six** **Ecumenical Councils**

Our Venerable Mother Macrina, Sister of Saint Basil the Great – Macrina was the oldest sister of St. Basil the Great and St. Gregory of Nyssa. When her betrothed died, she became a nun. She died in 379 as she conversed on her deathbed with her brother, Gregory, on the immortality of the soul.

Our Venerable Father Dios – Dios was born of Christian parents in Syrian Antioch. He was a celebrated monastic who performed many miracles. One of the most celebrated monasteries in Constantinople was founded by him. He died in 430.

****** Sunday, July 19th, 2020 ******

Pastor: *Fr. Andrzej Wasylanko*

109 Tranquille Rd. Kamloops, BC V3B 3E8

Mailing address: *118 Don St., Kamloops, BC V2B 1B7*

Phones: *250-376-3690 (church) ** 250-461-7249 (residence)*

Email: mostholyltrinitypar@shaw.ca

Website: <http://kamloops.nweparchy.ca/>

Facebook: [holyltrinitykamloopsbc](https://www.facebook.com/holytrinitykamloopsbc)

Parish Liturgical Services



In order to participate in liturgical services in church, please sign up by contacting Fr. Andrzej

tel: 250-376-3690

email: fr.wasylanko@gmail.com

Saturday, July 18 * 3:00 p.m. *** Divine Liturgy**
(Eng./Ukr.): God's blessings to all parishioners

Thursday, July 23 * 9:00 a.m. Div. Lit:** God's blessings to Gladys & Oliver Olafson (65th Wedding Anniversary)

Friday, July 24 * Feast of Borys & Hlib *** 9:00 a.m.** Div. Lit: +Mary Elizabeth, +Emmett, +Margaret & +Angus Brady

Saturday, July 25 * Feast of Dormition of St. Anna *** 9:00 a.m.** Div. Lit: God's blessings to Anne Tofan

Sunday, July 26 ** 9:30 a.m. * Sacrament of Reconciliation *** 10:00 a.m. *** Divine Liturgy (Eng./Ukr.):** God's blessings to all parishioners



Troparion, Tone 6: Angelic powers were upon Your tomb * and the guards became like dead men; * Mary stood before Your tomb * seeking Your most pure body. * You captured Hades without being overcome by it. * You met the Virgin and granted life. * O Lord, risen from the dead, * glory be to You!

Troparion, Tone 8: Christ our God, You are glorified above all, * You established our fathers as beacons on earth * and through them guided all of us to the true faith. * Glory to You, most compassionate Lord.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: The Son who ineffably shone from the Father * was born two-fold of nature from a woman. * Beholding Him, we do not reject the image of His form; * but depicting it, we revere it faithfully. * Therefore, the Church, holding the true faith, * kisses the icon of Christ's becoming man.

Now and for ever and ever. Amen.

Theotokion, Tone 6: Undaunted patroness of Christians, * O steadfast intermediary with the Creator, * turn not away from the suppliant voices of sinners, * but in your kindness come to help us who cry out to you in faith. * Be quick to intercede, make haste to plead, * for you are ever the patroness of those who honour you, O Mother of God.

Prokeimenon, Tone 4 - Blessed are You, Lord God of our fathers,* and praised and glorified is Your Name forever.
verse: For You are righteous in everything that You have done to us. (*Daniel 3:26-27*)

Epistle - Hebrews 13:7-16

Brethren, remember those who rule over you, who have spoken the word of God to you, whose faith you follow, considering the outcome of their conduct. Jesus Christ is the same yesterday, today, and forever. Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods, which have not profited those who have been occupied with them.

We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp. Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate. Therefore let us go forth to Him, outside the camp, bearing His reproach. For here we have no continuing city, but we seek the one to come. Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name. But do not forget to do good and to share, for with such sacrifices God is well pleased.

Alleluia, Tone 1 - The God of gods, the Lord, spoke and summoned the earth from the rising of the sun to its setting.
verse: Gather to Him His devout ones, who with sacrifice make covenant with Him. (*Psalms 49:1,5*)

Gospel - John 17:1-13

At that time, Jesus lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. I have glorified You

on the earth. I have finished the work which You have given Me to do. And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was.

“I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word. Now they have known that all things which You have given Me are from You. For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me.

“I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours. And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are. While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled. But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves.”

Communion Hymn - Praise the Lord from the heavens, * praise Him in the highest. * Rejoice in the Lord, O you just; * praise befits the righteous. * Alleluia, alleluia, * alleluia.



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul.

Since I cannot receive You now, I place before You my whole life and hope, O loving Master; and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and



heavenly Mysteries: for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation.

I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.

Молитва духовного Причастя

Мій Ісусе! Я вірю, що Ти присутній у цих Святих Дарів!
Люблю Тебе над усе і моя душа тужить за Тобою.
Не можу зараз Тебе прийняти в Євхаристії,
тому хоча б духовно прийди до мого серця!
Запрошую Тебе, відчиняю навстіж двері мого серця,
згадаючи Твої слова: «Ось стою під дверима і стукаю.
Якщо хто почує Мій голос і відчинить двері,
Я ввійду до нього, і буду вечеряти з ним, а він зі Мною».
Я ввесь єднаюся з Тобою. Ісусе, моє найвище Добро
й моя солодка Любове!
Торкнись мого серця і запали його,
щоб воно завжди палало любов'ю до Тебе! Амінь.

**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners who join us today in our church for the Divine Liturgy and those who continue to pray at home. We wish you a healthy & blessed week!

Dear Parishioners, although we have reopened our church, because of health concerns and the safety of each other, not everyone will be able to join us for the Sunday Divine Liturgy. Please continue participating in online or televised services and remain united with each other in thought and prayer. Keep up

the phone calls and don't forget those who may not receive many calls, emails, texts, etc.

Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #55-58, pg. 28-29

Tradition of the Holy Fathers of the Church.

55 - The apostolic proclamation of the Gospel was continued by the Fathers of the Church, of whom the first were disciples of the apostles: the holy hieromartyr Clement, Pope of Rome; Saint Ignatius the God-Bearer; and Saint Polycarp of Smyrna. Their teaching and witness of the faith was received from Christ's apostles, and for this reason it is held in special esteem in the Christian community.

56 - The Church acknowledges those who preached the Gospel in truthfulness of teaching and in holiness of life, and refers to them as Holy Fathers. For this reason they proclaimed the Good News by the power of the Holy Spirit, the Spirit of truth. Thus, for the Church they became Fathers in the faith, becoming like the apostle Paul, who said: “For though you might have ten thousand guardians in Christ, you do not have many fathers. Indeed, in Christ Jesus I became your father through the gospel” (1 Cor 4:15-16).

57 - The Holy Fathers of the Church were witnesses of the Apostolic Tradition. They defended its purity and aligned their own theological teaching with it. The fullness of God's Revelation is found in Christ Jesus. However, in the course of history, the Church has progressively uncovered the depths of this Revelation. In their sermons and explanations, the Fathers of the Church further deepened the understanding of Apostolic Tradition and professed it in a conciliar fashion. Their heritage is an integral part of Holy Tradition. In the course of each liturgical year, the Church commemorates the Holy Fathers, who clearly defined at Ecumenical Councils that which in the Church has been believed always, everywhere, and by all.

58 - The unified conciliar thought of the Fathers defined the content of faith. Thanks to this, the faith endured for centuries without error and was professed in the fullness of truth. The definitions of faith provided by the Ecumenical Councils acquired the status of dogmas, and they became the unchangeable teachings of the Church. Through these dogmas, the Fathers delineated the true profession of the Mysteries of God, defending the Tradition from erroneous interpretations. The transmission of faith continues to this day through the ministry of bishops, the successors of the apostles. We refer to this ministry as the “Teaching Office” (in Latin, Magisterium) of the Church, when bishops transmit with one mind, always and everywhere, that which they have received from the apostles

Commentary on Sunday’s gospel:

<https://godwithusonline.org/reflections/the-sunday-of-the-fathers-of-the-first-six-ecumenical>

Please Pray for health of ... All those affected by the coronavirus, and Sandra A., Gladys O., Alex S., Jessica N., Fr. Josaphat T., Olga P., Sharon B., Zonia R., Brian K., Maria Z., Jayne & Ernie P., Lawrence & Ping B., Allan N., Moris P., Mary W., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Supporters – Дякуємо - Many thanks to everyone for your financial support of our parish and for all other ways in which you assist our church community. God bless you all!



The Holy Trinity Parish welcomes Fr. Stepan Dvoshyya!

Fr. Andrzej’s vacation time – from **Tuesday, July 14th to Wednesday, July 22nd inclusive**, Fr. Andrzej is taking part of his

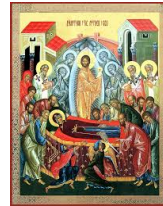
annual vacation. Fr. Stepan Dovhoshyya from Vernon is substituting him.

Fr. Stepan's contact information: phone - **250-549-1327** & email - dovhoshiastepan@gmail.com.

Annual Service of Blessing Cars – will take place next **Sunday, July 26th** after the Divine Liturgy at 10:00 a.m.

Society of St. Vincent de Paul, OLPH, Kamloops – will hold their next general monthly meeting on **Monday July 27th** after 10:00 a.m. Divine Liturgy. Meeting to be held in the MHTC parish hall.

The Fast of the Mother of God – as part of our preparation for the great feast of the Dormition of the Mother of God on August 15, there is a special time of fasting that will **begin on Saturday, Aug 1st** and will last until the day before the Feast, Aug. 14.



Up-coming Major Feasts - on Thursday, August 6th we will celebrate the feast of the Transfiguration of the Lord and on Saturday, August 15th the feast of Dormition of the Mother of God.

Perogies & Sausage on Sale – anyone interested in purchasing our delicious perogies and garlic sausage, please contact Mrs. Adelle Dmyterko at 250-554-3107 or Fr. Andrzej at 250-461-7249.

The Most Holy Trinity Parish Stewardship: Sunday, July 12 - \$555.00 **** *May God bless and reward you for your generosity & support.*

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
23:33-43	July 19	July 25	Pss 139 - 140

Camp St. Volodymyr 2020 Update - As more information on COVID-19 has emerged, the Camp Committee has made the difficult decision to postpone camp for the safety of our children and staff. Please stay tuned for upcoming summer programs for children and youth this summer.

Prayer During the Coronavirus Outbreak

Lord, Our God,
We thank you for the life that is your gift,

For the providence that sustains us,
And for your wisdom that directs the course of
our days. The threat of an infection of
coronavirus is upon us today. This disease
causes fear among us and has claimed lives.



We humbly beg you, loving Lord, dispel our
fear and deliver us from this and other diseases.
Heal those who are afflicted and stop the spread of the virus.
Strengthen us in charity to care for one another.

For You are a God of mercy, kindness, and love, and we glorify
You Father, Son, and Holy Spirit, now and for ever and ever.
Amen.



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies
and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest,
and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating
surgery, hospitalization or treatments and who would like to receive
anointing or to meet with the parish priest, please call or email Fr.
Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion);
- 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently;
- 3) You attend Divine Services regularly;
- 4) Your lifestyle is consistent with the teaching of the Catholic Church;
- 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast).
- 6) You have been in church from the beginning of the service, or at least heard the Gospel.
- 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Please join Holy Eucharist Cathedral (New Westminster) or St. Nicholas parish (Victoria) Facebook page for live-streamed coverage of liturgical services

www.facebook.com/stnicholasvictoria

<http://www.stnicholasparish.org/index.php>

<https://www.facebook.com/holyeucharistcathedral/>

Youtube https://www.youtube.com/channel/UCPp1JaDotIj_4h3aAJq0Srg

Holy Eucharist Cathedral Parish

Divine Liturgy @ 8:30 a.m.: For the Parishioners of the Holy Eucharist Cathedral

Divine Liturgy @ 10:30 a.m.: For the Faithful of the Eparchy of New Westminster



Catechetical Recourses on line in English & Ukrainian

1. Royal Doors with daily readings and reflections, UGCC Catechism online, articles, etc

<https://www.royaldoors.net/>

2. Formed: Christian movies, TV shows, prayers, etc.

<https://watch.formed.org/browse>

3. Dynamic Catholic. Beautiful resource for the whole family with Catechism for children, marriage enrichment programs, etc.

<https://dynamiccatholic.com/>

4. God With Us - an outreach project of the Eparchial Directors of Religious Education and Eastern Catholic Associates and is dedicated to the catholic renewal of Eastern Catholics in accord with the Church's call for a new evangelization: <https://godwithusonline.org>

5. Word on Fire Institute: <https://dailycatholicgospel.com/thank-you-daily-gospel>

1. Живе ТВ - <https://zhyve.tv/>

2. Дивен Світ - <https://dyvensvit.org/>

3. Катехизм УГКЦ - <http://catechismugcc.org/>