



4th Sunday of Pascha; Sunday of the Paralytic

The repose of our Venerable Father Theodosius, Hegumen of the Monastery of the Caves at Kiev and Organizer of the Cenoebitic (Common) Life in Rus' (1074).

**** Sunday, May 3rd, 2020 ****

Pastor: Fr. Andrzej Wasylanko

109 Tranquille Rd. Kamloops, BC V3B 3E8

Mailing address: 118 Don St., Kamloops, BC V2B 1B7

Phones: 250-376-3690 (church) ** 250-461-7249 (residence)

Email: mostholytrinitypar@shaw.ca

Website: <http://kamloops.nweparchy.ca/>

Facebook: holytrinitykamloopsbc

Easter Season Greeting until May 20th

Christ Is Risen! - Indeed He Is Risen!

Chrystos Voskres! - Voistynu Voskres!

Христос Воскрес! - Воістину Воскрес!

++++++

The Most Holy Trinity Parish Public Liturgical Services Postponed Until Further Notice.

Please join Holy Eucharist Cathedral (New Westminster) or St. Nicholas parish (Victoria) Facebook page for live-streamed coverage of liturgical services

www.facebook.com/stnicholasvictoria

<http://www.stnicholasparish.org/index.php>

<https://www.facebook.com/holyeucharistcathedral/>

Youtube https://www.youtube.com/channel/UCPp1JaDotIj_4h3aAJq0Srg

Holy Eucharist Cathedral schedule:

Sunday, May 3 * Div. Lit. at 9:00 a.m. (Eng.) & 10:00 a.m. (Ukr.)

Tuesday, May 5 - Saturday May 9 *** Bilingual Divine Liturgy at 9:00 a.m.

Tuesday, May 5 - Friday, May 8 *** Молебень/Moleben at 6:00 p.m.

Saturday, May 9 *** Vespers at 6:00 p.m.

Sunday, May 10 * Div. Lit. at 9:00 a.m. (Eng.) & 10:00 a.m. (Ukr.)



After the priest has exclaimed, “Blessed be the Kingdom...” and the people have responded, “Amen,” the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.

Paschal Troparion

Christ is risen from the dead, * trampling death by death, * and to those in the tombs* giving life.

Troparion, Tone 3: Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

+Glory be to the Father, and to the Son, and to the Holy Spirit.

Kontakion, Tone 3: Lord, as of old You raised the Paralytic,* lift my soul by Your divine presence,* for by many sins and foolish actions,* I, too, am now afflicted and crippled.* Raise me, that being saved I may cry to You:* Glory to Your power, O merciful Christ.

Now and for ever and ever. Amen.

Kontakion, Tone 8: Though You descended into a tomb, O Immortal One,* yet You destroyed the power of Hades;* and You rose as victor, O Christ God,* calling to the myrrh-bearing women: Rejoice!* and giving peace to Your Apostles:* You, who grant Resurrection to the fallen.

Prokeimenon, Tone 1 - Let Your mercy, O Lord, be upon us, as we have hoped in You.

verse: Rejoice in the Lord, O you just; praise befits the righteous.

Epistle: A reading from the Acts of the Apostles (Acts 9:32-42):



In those days, as Peter went here and there among all the believers, he came down also to the saints living in Lydda. There he found a man named Aeneas, who had been bedridden for eight years, for he was paralyzed. Peter said to him, “Aeneas, Jesus Christ heals you; get up and make your bed!” And immediately he got up. And all the residents of Lydda and Sharon saw him and turned to the Lord.

Now in Joppa there was a disciple whose name was Tabitha, which in Greek is Dorcas. She was devoted to good works and acts of charity. At that time she became ill and died. When they had washed her, they laid her in a room upstairs. Since Lydda was near Joppa, the disciples, who heard that Peter was there, sent two men to him with the request, "Please come to us without delay." So Peter got up and went with them; and when he arrived, they took him to the room upstairs. All the widows stood beside him, weeping and showing tunics and other clothing that Dorcas had made while she was with them. Peter put all of them outside, and then he knelt down and prayed. He turned to the body and said, "Tabitha, get up." Then she opened her eyes, and seeing Peter, she sat up. He gave her his hand and helped her up. Then calling the saints and widows, he showed her to be alive. This became known throughout Joppa, and many believed in the Lord.

Alleluia, Tone 1: Of Your mercies, O Lord, I will sing forever; with my mouth I will proclaim Your truth from generation to generation.

verse: For You have said, "Mercy will be established forever."

Gospel: John 5:1-15

At that time, Jesus went up to Jerusalem. Now in Jerusalem by the Sheep Gate there is a pool, called in Hebrew Bethesda, which has five porticoes. In these lay many invalids — blind, lame, and paralyzed. One man was there who had been ill for thirty-eight years. When Jesus saw him lying there and knew that he had been there a long time, he said to him, "Do you want to be made well?" The sick man answered him, "Sir, I have no one to put me into the pool when the water is stirred up; and while I am making my way, someone else steps down ahead of me." Jesus said to him, "Stand up, take your mat and walk." At once the man was made well, and he took up his mat and began to walk. Now that day was a sabbath. So the Jews said to the man who had been cured, "It is the sabbath; it is not lawful for you to carry your mat." But he answered them, "The man who made me well said to me, 'Take up your mat and walk.'" They asked him, "Who is the man who said to you, 'Take it up and walk?'" Now the man who had been healed did not know who it was, for Jesus had disappeared in the crowd that was there. Later Jesus found him in the temple and said to him, "See, you have been made well! Do not sin any more, so that nothing worse happens to you." The man went away and told the Jews that it was Jesus who had made him well.

Hymn to the Mother of God *** The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine,

shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn: Receive the Body of Christ; * taste the fountain of immortality.

Praise the Lord from the heavens; praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

Instead of “Blessed is He...” *we sing:* **Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.**

Instead of “We have seen the true light...” *we sing:* **Christ is risen...**

Instead of “Let our mouths...” *we sing:* **Christ is risen ... (3x).**

Instead of “Blessed be the name of the Lord...” *we sing:* **Christ is risen... (3x).**

“Christ is risen” is sung again once (using a simple chord chant) instead of “Glory be to the Father...” at the dismissal.

Then the Troparion “Christ is risen” is sung as in the beginning of the Liturgy, but with an additional ending.

Troparion: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life *(3x).*

And to us He has granted life eternal * we bow down before His resurrection on the third day.



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul.

Since I cannot receive You now,

I place before You my whole life and hope, O loving Master;

and I ask, pray, and entreat You: Make me worthy to partake in a mystical way and with a pure conscience of Your awesome and heavenly Mysteries:

for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation.

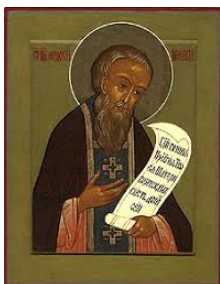
I embrace You as You enter and abide in me, and I unite myself completely to You.

Permeate my soul and body, and never permit me to be separated from You.

Amen.

Молитва духовного Причасття

Мій Ісусе! Я вірю, що Ти присутній у цих Святих Дарів!
Люблю Тебе над усе і моя душа тужить за Тобою.
Не можу зараз Тебе прийняти в Євхаристії,
тому хоча б духовно прийди до мого серця!
Запрошую Тебе, відчиняю навстіж двері мого серця,
згадаючи Твої слова: «Ось стою під дверима і стукаю.
Якщо хто почує Мій голос і відчинить двері,
Я ввійду до нього, і буду вечеряти з ним, а він зі Мною».
Я весь єднаюся з Тобою. Ісусе, моє найвище Добро
й моя солодка Любове!
Торкнись мого серця і запали його,
щоб воно завжди палало любов'ю до Тебе! Амінь.



THE REPOSE OF OUR VENERABLE FATHER THEODOSIUS, HEGUMEN OF THE MONASTERY OF THE CAVES AT KYIV (SUNDAY, MAY 3)

St Theodosius was the Father of monasticism in Ukraine. He was born not far from Kyiv. From his youth he felt an irresistible attraction for the ascetic life and led an ascetic lifestyle while still in his parental home.

At the age of twenty-four, he secretly left his parents' home and St Anthony at the Kyiv Caves monastery blessed him to receive monastic tonsure. After four years his mother found him and with tearfully begged him to return home, but the saint persuaded her to remain in Kyiv and to become a nun in the monastery of Saint Nicholas.

Saint Theodosius toiled at the monastery more than others, and he often took upon himself some of the work of the other brethren. In 1054 he was ordained a hieromonk, and in 1057 he was chosen hegumen. The fame of his deeds attracted a number of monks to the monastery, at which he built a new church and cells, and he introduced cenobitic rule of the Studion monastery, a copy of which he commissioned at Constantinople.

As hegumen, St Theodosius continued his arduous duties at the monastery. He usually ate only dry bread and cooked greens without oil, and spent his nights in prayer without sleep. The brethren often noticed this, although the saint tried to conceal his efforts from others. During Great Lent the saint withdrew into a cave

near the monastery, where he struggled unseen by anyone. His attire was a coarse hairshirt worn next to his body. He looked so much like a beggar that it was impossible to recognize in this old man the renowned hegumen, deeply respected by all who knew him.

Saint Theodosius was particularly concerned for the destitute. He built a special courtyard for them at the monastery where anyone in need could receive food and drink. Sensing the approach of death, Saint Theodosius peacefully fell asleep in the Lord in the year 1074. He was buried in a cave which he dug, where he had secluded himself during fasting periods.



Although the Most Holy Trinity Parish Public Liturgical Services Postponed Until Further Notice, Fr. Andrzej & his family will continue to celebrate daily services and offer their prayers for the intentions of parishioners of the Most Holy Trinity parish.

Sunday, May 3 *Liturgy* (Eng./Ukr.): God's blessings to all parishioners

Monday, May 4 *** Div. Lit: God's blessings to members of SSVF

Tuesday, May 5 ** Div. Lit: + Jessie Pawlyshyn.

Wednesday, May 6 *** **Funeral service for +Jessie Pawlyshyn**

Thursday, May 7 *** Div. Lit: Good health & God's blessings for Lawrence & Ping Beaton

Friday, May 8 *** Moleben to the Mother of God

Saturday, May 9 *** Vespers

Sunday, May 10 * *Divine Liturgy* (Eng./Ukr.): God's blessings to all parishioners

Dear Parishioners, please continue participating in online or televised services and remain united with each other in thought and prayer. Keep up the phone calls and don't forget those who may not receive too many calls, emails, texts, etc.



Please Pray for health of ... All those affected by the coronavirus, and Stan K., Fr. Josaphat T., Olga P., Sharon B., Zonia R., Brian K., Maria Z., Jayne & Ernie P., Lawrence & Ping B., Allan



N., Moris P., Mary W., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Dorothy N., Gloria N., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Sincerest Thanks – Many thanks to Mr. Orest Hrycewich & Mr. John Chaplin for their work done on our parish premises this week. Our gratitude to Mrs. Adelle Dmyterko & Mr. Peter Orichowski for continued work with parish finances. Many thanks to everyone who brought or sent



financial support to our parish during this time when our liturgical services are not open to the public. God bless you all.

Sincerest Condolences! Christ is Risen! – we extend our prayers & condolences to Mrs. Mary Emery & Mrs. Elsie Kinaschuk and their families as well to members of the Pawlyshyn & Prokop families as they mourn the death of their beloved sister, sister-in-law, mother & grand-mother, aunt, **Mrs. Jessie Pawlyshyn** who died on Wednesday, April 29th, 2020. The funeral service for the late Jessie will be celebrated this coming Wednesday, May 6th. May Jessie's soul rest in peace. Christ is Risen!

Zoom Board Meeting for Society of St. Vincent de Paul – will take place tomorrow, Monday, May 4th at 2:00 p.m.

Eparchy of New Westminster - Clergy Zoom Meeting – will take place on Tuesday, May 12th at 10:00 a.m.

Upcoming Major Feast Days – The Ascension of Our Lord Jesus Christ will be celebrated on **Thursday, May 21st** & The Descent of the Holy Spirit - **Pentecost Sunday, May 31st**.

The National Week for Life and the Family - will be celebrated **May 10-17**, with the theme, “Children: The Crowning Glory of Marriage.”

Material to help celebrate Life and Family has been prepared by the Catholic Organization for Life and Family (COLF). The material, which can be freely downloaded and reproduced, includes: a proposed plan for pastors and lay pastoral workers on how they might organize the week; a message from the CCCB President, the Most Reverend Richard Gagnon; proposals for homily notes and Prayers of the Faithful; and suggestions for related events and activities.

The material is available on COLF:

<https://www.colf.ca/en/events/item/301-national-week-for-life-and-the-family-2020>

A “**Moleben for Life**” will be celebrated at 7:00 pm, Monday, **May 11**, at **Saint Josaphat’s Cathedral, Edmonton**, to coincide with the annual National Week of Life and Family.

A **Pro-Life Divine Liturgy** will be celebrated at 10:00 am, Thursday, **May 14**, also at Saint Josaphat’s Cathedral. Both services will be livestreamed at www.stjosaphat.ab.ca.

5th Anniversary of “Laudato si” - Pope Francis invites the Church to celebrate **Laudato si’ Week** from **May 16-24**.

In a [recorded video message](#), Pope Francis marks the **5th Anniversary** of the publication of his Encyclical *Laudato si’*, **On the Care of Our Common Home**. In the video, he addresses Catholic communities around the world, asking us, “What kind of world do we want to leave to those who will come after us, to children who are growing up?” “Motivated by this question,” he says, “I would like to invite you to participate in *Laudato si’* Week from May 16-24. It is a global campaign on the occasion of the fifth anniversary of the encyclical letter *Laudato si’*: On the care of our common home.”

The Pope also renews his urgent call to respond to the ecological crisis: “The cry of the earth and the cry of the poor cannot continue,” he says. “Let’s take care of creation, a gift of our good Creator God. Let’s celebrate *Laudato si’* Week together.”

Laudato Si’ Week is sponsored by the Dicastery for Promoting Integral Human Development and is meant to encourage Catholic communities to take bolder actions for creation during the week-long initiative.

For ways to celebrate *Laudato si’* Week, visit www.laudatosiweek.org.

Pope Francis invites us to bring solidarity to our world in a shared **moment of prayer** on **Sunday, May 24**, at **12:00 pm noon local time**, to pray this [Common Prayer for the 5th Anniversary of *Laudato si’*](#):

Loving God, Creator of heaven and earth and all that is in them,
You created us in your image and made us stewards of all your creation, of
our common home.

You blessed us with the sun, water and bountiful lands so that all might be
nourished.

Open our minds and touch our hearts, so that we may attend to your gift of
creation.

Help us to be conscious that our common home belongs not only to us, but
to all future generations, and that it is our responsibility to preserve
it.

May we help each person secure the food and resources that they need.

Be present to those in need in these trying times, especially the poorest and
those most at risk of being left behind.

Transform our fear, anxiety and feelings of isolation into hope so that we
may experience a true conversion of the heart.

Help us to show creative solidarity in addressing the consequences of this
global pandemic.

Make us courageous to embrace the changes that are needed in search of the common good.

Now more than ever may we feel that we are all interconnected, in our efforts to lift up the cry of the earth and the cry of the poor.

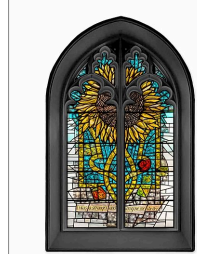
We make our prayer through Christ our Lord. Amen.

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
20:27-40	May 03, 2020	May 09	Ps 119:153-168
20:41-21:4	May 10, 2020	May 16	Ps 119:169- Ps 120



Honouring Canada's Ukrainian Veterans on V-E Day

Given the lockdown caused by the coronavirus pandemic in England and around the world, the Ukrainian Canadian Civil Liberties Foundation (UCCLF) and its partners have postponed the unveiling of [a memorial stained-glass window](#) in London, originally scheduled for May 8, 2020 – the 75th anniversary of V-E (Victory in Europe) Day.



Over the past several years, the UCCLF team has worked hard to ensure that the service and sacrifices of the thousands of Ukrainian Canadians who served overseas during the Second World War, and Ukrainians who did likewise in the armed forces of the other Allied powers, would be recalled on this historic date.

Commenting, UCCLF's chairman, Borys Sydoruk, said:

"Obviously, we are disappointed at not being able to witness the unveiling of this commemorative stained-glass window on May 8. Other possible dates are now being considered, public health and safety considerations permitting. In the meantime, we will be reaching out to surviving veterans and their families by mailing some 3,500 postcards across Canada and internationally, calling attention to the importance of this date and the contributions of Ukrainian Canadians in uniform. We have also organized publication of a half-page notice in the May 8 edition of *The Globe and Mail*, recalling how these men and women volunteered for service overseas, demonstrating their loyalty to Canada by defending our way of life. Some veterans then remained in Europe for several more years, helping to save Ukrainian Displaced Persons (DPs) from forcible repatriation to the Soviet Union. Those victims of Nazi and Communist tyranny were eventually resettled across the free world, helping to strengthen the Ukrainian diaspora we are part of today, whether we live in England, the USA, Australia, western Europe or here in Canada. And many of us are the children and grandchildren of the very same political refugees these Canadian Ukrainians rescued. Simply put, we would not be here today if it

were not for the men and women in uniform who saved the DPs. So, on May 8, the 75th anniversary of the end of the war in Europe, V-E Day, we call upon our friends and supporters across Canada, and indeed around the world, to remember the Ukrainian Canadians who were the 'heroes of their day'."



The Patriarchal (All-Church) Council (Sobor) of the UGCC on the topic "The Immigration, Settlement and Global Unity of the UGCC" convened by His Beatitude Sviatoslav is postponed till the second half of 2021.

This is stated in the Decree of the Head of the UGCC. The date of the Sobor will be determined after hearing the opinions of the members of the Synod of Bishops.

"In view of the COVID-19 pandemic, taking into account the proposals of the Secretariat, having heard the opinions of the members of the Synod of Bishops of the UGCC, and especially considering the good of the delegates, the 7th Session of the Patriarchal (All-Church) Sobor of the UGCC has been transferred to the second half of 2021," it says in the Decree. "The Patriarchal Sobor is the advisory assembly of the entire Church headed by the Patriarch. It assists the Patriarch and Synod of Bishops of the Patriarchal Church in addressing important issues. With our Decree of December 13, 2018, we convened the seventh session of the Patriarchal (All-Church) Council (Sobor) of the Ukrainian Greek Catholic Church on the topic 'Emigration, Settlement and Global Unity of the UGCC,' which was to take place on August 26-29, 2020 in Lviv," explains the text of the Decree.



Catechetical Resources online in English & Ukrainian

1. Royal Doors with daily readings and reflections, UGCC Catechism online, articles, etc

<https://www.royaldoors.net/>

2. Formed: Christian movies, TV shows, prayers, etc.

<https://watch.formed.org/browse>

3. Dynamic Catholic. Beautiful resource for the whole family with Catechism for children, marriage enrichment programs, etc.

<https://dynamiccatholic.com/>

1. Живе ТВ.

<https://zhyve.tv/>

2. Дивен Світ.

<https://dyvensvit.org/>

3. Катехизм УГКЦ.

<http://catechismugcc.org/>