



Pentecost Sunday

Неділя П'ятидесятниці

The Holy Apostle Hermas; the Holy
Martyr Hermes.

*** Sunday, May 31st, 2020 ***

Pastor: Fr. Andrzej Wasylanko

109 Tranquille Rd. Kamloops, BC V3B 3E8

Mailing address: 118 Don St., Kamloops, BC V2B 1B7

Phones: 250-376-3690 (church) ** 250-461-7249 (residence)

Email: mostholytrinitypar@shaw.ca

Website: <http://kamloops.nweparchy.ca/>

Facebook: holytrinitykamloopsbc

Parish Liturgical Services



In order to participate in liturgical services in church, one must sign up by contacting Fr. Andrzej @ 250-376-3690 or email: fr.wasylanko@gmail.com

Pentecost Sunday, May 31 * 10:00 a.m. *** Divine Liturgy (Eng./Ukr.):** God's blessings to all parishioners

Monday of the Holy Spirit, June 1 ** 10:00 a.m. Div. Lit: God's blessings for members & volunteers of SSVP.

Wednesday, June 3 * 9:00 a.m.** Div. Lit: Special Intention

Thursday, June 4 * 9:00 a.m.** Div. Lit.: God's blessings for Florence Schreiner (100th Birthday)

Friday, June 5 * 6:00 p.m.** Moleben to Christ the Lover of Mankind

Saturday, June 6 * 9:00 a.m. Div. Lit.: +Beloved Deceased Ones (followed by grave blessings)**

Sunday, June 7 ** 10:00 a.m. * Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners**



At the beginning of the Divine Liturgy, immediately after “Blessed be the Kingdom” and our “Amen”, we kneel and recite the following prayer:

“Heavenly King, Advocate, Spirit of Truth, * Who are everywhere present and fill all things, * Treasury of Blessings, Bestower of Life, * come and dwell within us, cleanse us of all that defiles us, * and, O Good One, save our souls.” Amen.

1st Antiphon:

The heavens tell the glory of God, * and the firmament declares the work of His hand.

Refrain: *Through the prayers of the Mother of God,* O Savior, save us.*

Day to day pours forth the message * and night proclaims this knowledge to night.

Refrain: *Through the prayers of the Mother of God...*

Their utterance has gone forth into all the earth, * and their words unto the ends of the world.

Refrain: *Through the prayers of the Mother of God....*

Glory be to the Father and to the Son.. Only-begotten Son ..

3rd Antiphon:

Verse: O Lord, by Your power the king shall rejoice and greatly exult in Your salvation.

Troparion Tone 8: *Blessed are You, O Christ our God who revealed the fishermen as most wise by sending them the Holy*

Spirit; through them You caught the entire world. Loving Master, glory to You.

Verse: You gave him his heart's desire and did not deny the request of his lips.

Troparion Tone 8: *Blessed are You.....*

Verse: For You have gone before him with gracious blessings, you have placed upon his head a crown of precious stones.

Troparion Tone 8: *Blessed are You....*

Priest: Wisdom! Stand aright!

Entrance Verse: Be exalted, O Lord, in Your strength; we will sing and make music to Your might.

Troparion Tone 8: *Blessed are You....*

Glory be to the Father and to the Son

Kontakion Tone 8: When the Most High came down and confused the tongues, He parted the nations. When He divided the tongues of fire, He called all to unity; thus with one voice we glorify the all-Holy Spirit.

Instead of "Holy God.." we sing..

All you, who have been baptized into Christ, you have put on Christ! Alleluia! (3)

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen. **You have put on Christ! Alleluia!**

All you, who have been baptized into Christ, you have put on Christ! Alleluia!

Prokeimenon Tone 8: Their utterance has gone forth into all the earth, * and their words unto the ends of the world.

Verse: The heavens tell the glory of God, and the firmament declares the work of His hand.

Epistle: A Reading from the Acts of the Apostles: 2: 1 – 11

When the days of Pentecost were ending, the disciples were all together in one place. And suddenly there came a sound from heaven, as of a violent wind blowing, and it filled the whole house where they were sitting. And there appeared to them separate tongues as of fire, and they settled upon each one of them, and all were filled with the Holy Spirit, and they began to speak in foreign tongues, as the Holy Spirit granted them to speak. Now, there were staying in Jerusalem devout Jews from every nation under heaven. And when this sound occurred, a great crowd gathered, and they were astounded because each one heard them speaking in his own language. And all of them, amazed and wondering, were saying to each other, “Look, are not all these men who are speaking Galileans? How then have all of us heard our own language in which we were born? Parthians and Medes and Elamites, and inhabitants of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya around Cyrene, and visitors from Rome, Jews also and proselytes, Cretans and Arabs, we have heard them speaking in our own language of the wonderful works of God.”

Alleluia Verses: By the Lord’s word the heavens were established, and by the Breath of His mouth all their host.

- The Lord has looked down from heaven and beheld the whole human race.

Gospel: John 7: 37–52; 8: 12

Now on the last, the great day of the feast, Jesus stood and cried out, saying, “If anyone thirsts, let him come to me and drink. Anyone who believes in me, as the Scripture says, ‘*From within him there shall flow rivers of living water.*’” He said this, however, of the Spirit, whom they who believed in him were to receive; for the Spirit had not yet been given, since Jesus had not yet been glorified. Some of the crowd, therefore, when they had heard these words, said, “This is truly the Prophet.” Others said, “This is the Christ.” Some, however, said, “Can the Christ come from Galilee? Does not the Scripture say it is of the offspring of David, and from



Bethlehem, the village where David lived, that the Christ is to come?” So there arose a division among the crowd because of him. And some of them wanted to seize him but no one laid hands on him. The attendants therefore came to the chief priests and Pharisees; and these said to them, “Why have you not brought him?” The attendants answered, “Never has man spoken as this man.” The Pharisees then answered them, “Have you also been fooled? Has any one of the rulers believed in him, or any of the Pharisees? But this crowd, which does not know the Law, is accursed.” Nicodemus, the man who had come to him at night, who was one of them, said to them, “Does our Law judge a man unless it first gives him a hearing, and knows what he does?” They answered and said to him, “Are you also a Galilean? Search and see that out of Galilee arises no prophet.” And again Jesus spoke to them saying, “I am the Light of the world. Anyone who follows me does not walk in the darkness, but will have the light of life.”

*Instead of “It is truly right...”: O my soul, magnify the one Divinity in three Persons. Rejoice, O Queen, * boast of virgins and mothers,* for every tongue, though capable and eloquent,* cannot hymn you as is your due,* and every mind is confounded * in seeking to comprehend the way in which you gave birth.* Wherefore with one accord we glorify you.*

Communion Verse: Your good Spirit will lead me * to the land of righteousness. Alleluia (3)



Prayer of Spiritual Communion

My Jesus, I believe that You are present in these Holy Gifts!

I love You above all things and I desire to receive You into my soul.
 Since I cannot receive You now,
 I place before You my whole life and hope, O loving Master;
 and I ask, pray, and entreat You: Make me worthy to partake in a

mystical way and with a pure conscience of Your awesome and heavenly Mysteries:
for forgiveness of sins, for the pardon of offenses, for communion of the Holy Spirit, for the inheritance of the kingdom of heaven, for confidence before You, and not for judgment or condemnation.
I embrace You as You enter and abide in me, and I unite myself completely to You. Permeate my soul and body, and never permit me to be separated from You. Amen.

Молитва духовного Причастя

Мій Ісусе! Я вірю, що Ти присутній у цих Святих Дарів!
Люблю Тебе над усе і моя душа тужить за Тобою.
Не можу зараз Тебе прийняти в Євхаристії,
тому хоча б духовно прийди до мого серця!
Запрошую Тебе, відчиняю навстіж двері мого серця,
згадаючи Твої слова: «Ось стою під дверима і стукаю.
Якщо хто почує Мій голос і відчинить двері,
Я ввійду до нього, і буду вечеряти з ним, а він зі Мною».
Я весь єднаюся з Тобою. Ісусе, моє найвище Добро
й моя солодка Любове!
Торкнись мого серця і запали його,
щоб воно завжди палало любов'ю до Тебе! Амінь.

**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners who join us today in our church for the Divine Liturgy and all who continue to pray at home. We wish you all a healthy & blessed week!

Dear Parishioners, although we are now reopening our church, because of health concerns and the safety of each other, not everyone will be able to join us for the Sunday Divine Liturgy (refer to our “Directive for the

reopening of churches.”). Please continue participating in online or televised services and remain united with each other in thought and prayer. Keep up the phone calls and don’t forget those who may not receive too many calls, emails, texts, etc.



The Life-Creating Spirit is the Giver of Grace

266

The Source of all grace is God the Father. From the Father, through the Son, and in the Holy Spirit, the grace of God descends upon all creation and sustains its existence. By the power of grace, all being has been wisely ordered, the laws of nature have been established, and the beauty of the universe and of humankind has been designed. Of all that was created, only humankind, called to life in God, has been granted the ability to cooperate with the Holy Spirit, the Treasury of Blessings, who grants God’s grace in a variety of gifts (see 1 Cor 12:4-13). In this cooperation (in Greek, synergia), the natural powers (in Greek, energiai) of humankind are united with the divine and uncreated gift of the grace of the Holy Spirit.



267

The bearer of God’s grace in the world is Christ’s Church. Through the ministrations of the Holy Mysteries, by means of sanctification and blessing, she apportions grace to those who believe in Christ. Through prayer, ascetical effort, and a life of virtue, Christians grow in the grace of the Holy Spirit to the fullness of divinization. Transfigured by grace, human nature abides in God’s nature, “without division or confusion.” At the same time, in humankind and through humankind, the nature of all creation is transfigured to its final consummation, as “a new heaven and a new earth” (Rev 21:1).

*** ***Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #266-7, p. 94-5*** ***

<http://catechism.royaldoors.net/catechism/>

CATECHETICAL SUMMARY

“OUT OF HIS HEART SHALL FLOW RIVERS OF LIVING WATER.”

Today we celebrate the great feast of Pentecost, fifty days after Pascha. And while we hear the historical account of Pentecost read in the church today from Acts of the Apostles, we also hear in the Gospel the promise of Jesus that those who believe in him will receive the gift of the Holy Spirit which will become a life giving spring which will flow out to others. In other words, we who have received the gift of the life of Jesus within us cannot remain simply consumers but must become, like Jesus, a people who live our life as a gift to others. “For whoever would save his life will lose it; and whoever loses his life for my sake, he will save it” (Lk 9:24). It is in giving of our life, then, that the Christian finds his true purpose in life.

CHALLENGE QUESTIONS:

1. How can we gain our life by losing it?
2. In what tangible ways can we give our life for others?
3. How is prayer for another a way in which we share our life with others?

Please watch Voice of the Shepherd – Bishop Bohdan Danylo - <https://vimeo.com/423732988>

Please Pray for health of ... All those affected by the coronavirus, and Fr. Josaphat T., Olga P., Sharon B., Zonia R., Brian K., Maria Z., Jayne & Ernie P., Lawrence & Ping B., Allan N., Moris P., Mary W., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.





Thank you to all our Volunteers –

Дякуємо – Many thanks to Mr. Orest Hrycewich for his work done on the parish parking lot (filling in potholes) & to Mr. John Chaplin for repairing the parish internet connection. Our gratitude to the members of our Parish Council and others who helped prepare the church for today's service.



Also many thanks to everyone who brought or sent financial support to our parish during the time when our liturgical services were not open to the public. God bless you all!

Happy Birthday



Многая Літа! – very special God's blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special anniversary during **the month of May** (10th – Anne Tofan; 12th – Taylor Russell; 16th – Peter Orichowski; 19th – Fr. Andrzej; 20th – Lidia & Fr. Andrzej (2000); 20th – Morris Prokop; 26th – Juliana Wasylinko; 28th – Ken Sawka.)

NATIONAL UCWLC DAY! Mnohaya Lita! * Многая літа** – on behalf of the Most Holy Trinity parish we would like to wish many God's blessings of good health, joy, peace and happiness to **all the members of our UCWLC Branch** as they celebrate **League Day** today. We also express our gratitude for all the hard work and generosity that is given to the parish by our Ladies. God bless you all.

Zahalnytsia/No fasting – due to the festive Pentecost season, this coming **Friday, June 5th** is not a fasting day.

2020 Cemetery Grave blessing – will take place on **Saturday, June 6** after the Divine Liturgy at 9:00 a.m. Please contact Fr. Andrzej for more information about this service.

The Fast of the Holy Apostles – begins on the Monday after All Saints Sunday (Monday, June 8th) and lasts until June 29, the Feast of the Holy Apostles Peter & Paul.

Camp St. Volodymyr 2020 Update - As more information on COVID-19 has emerged, the Camp Committee has made the difficult decision to postpone camp for the safety of our children and

staff. Please stay tuned for upcoming summer programs for children and youth this summer.

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
22:1-13	May 31	June 06	Pss 125- Ps 126
22:14-30	June 7	June 13	Pss 127- Ps 128



Prayer During the Coronavirus Outbreak

Lord, Our God,
We thank you for the life that is your
gift,

For the providence that sustains us,
And for your wisdom that directs the course of our
days. The threat of an infection of coronavirus is
upon us today. This disease causes fear among us
and has claimed lives.

We humbly beg you, loving Lord, Dispel our fear
and deliver us from this and other diseases.

Heal those who are afflicted and stop the spread of
the virus.

Strengthen us in charity to care for one another.

For You are a God of mercy, kindness, and love, and
we glorify You Father, Son, and Holy Spirit, now
and for ever and ever. Amen.



**Please join Holy Eucharist Cathedral (New Westminster) or
St. Nicholas parish (Victoria) Facebook page for live-
streamed coverage of liturgical services**

www.facebook.com/stnicholasvictoria

<http://www.stnicholasparish.org/index.php>

<https://www.facebook.com/holyeucharistcathedral/>

Youtube https://www.youtube.com/channel/UCPp1JaDotIj_4h3aAJq0Srg



HOLY EUCHARIST CATHEDRAL

Online Streaming via Facebook



Liturgical Schedule for May 31 - June 7

Pentecost Sunday - Зіслання Святого Духа:

8:30AM - Divine Liturgy (English)

10:30AM - Боже ственна Літургія (Ukrainian)

Monday of the Holy Spirit:

9:00AM - Divine Liturgy/Божественна Літургія

Tuesday:

9:00AM - Divine Liturgy/Божественна Літургія

6:00PM - Moleben to Christ the Lover of Mankind (ENG)

Wednesday:

9:00AM - Divine Liturgy/Божественна Літургія

6:00PM - Молебень до Христа Чоловіколюбця

Thursday:

9:00AM - Divine Liturgy/Божественна Літургія

6:00PM - Moleben to Christ the Lover of Mankind (ENG)

7:00PM - Moleben to Saint Mother Teresa (ENG)

Friday:

9:00AM - Divine Liturgy/Божественна Літургія

6:00PM - Молебень до Христа Чоловіколюбця

Saturday:

9:00AM - Divine Liturgy/Божественна Літургія

6:00PM - Vespers/Вечірня

Sunday:

8:30AM - Divine Liturgy (English)

10:30AM - Божественна Літургія (Ukrainian)

<https://www.facebook.com/holyeucharistcathedral/>

