



## 2<sup>nd</sup> Sunday of the Great Fast; Sunday of St. Gregory Palamas

*Our Venerable Father and Confessor  
Theophilactus, Bishop of Nicomedia* –

Theophilactus was exiled in 815 by Emperor Leo the Armenian during the Iconoclastic persecution. He died in 845.

**\*\* Sunday, March 8<sup>th</sup>, 2020 \*\***

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### ***Parish Liturgical Services***

**Sunday, March 8<sup>th</sup> \*\* 9:30 a.m. \*\* Rosary (Eng.)**

**\*\*\* 10:00 a.m. \*\*\* Divine Liturgy (Eng./Ukr.):**

God's blessings to all parishioners

**Wednesday, March 11 \*\*\* 4:00 p.m. *Liturgy of the Pre-Sanctified Gifts***

**Thursday, March 12 \*\*\* 9:30 a.m. *Akathist to Christ's Passion***

**Friday, March 13 \*\*\* 3:00 p.m. *Stations of the Cross***

**Saturday, March 14 \*\*\* 9:00 a.m. *Div. Lit.*: 3<sup>rd</sup> All Souls Saturday (Sorokouste) – prayers for our beloved deceased ones**

**Sunday, March 15<sup>th</sup> \*\* 9:30 a.m. Rosary (Eng.) \*\*\* 10:00 a.m. *Div. Lit.*: God's blessings for all parishioners. (Eng./Ukr.)**

***\* The Divine Liturgy of St. Basil the Great is celebrated today. \****

***Troparion, Tone 6:*** Angelic powers were upon Your tomb \* and the guards became like dead men; \* Mary stood before Your tomb \* seeking Your most pure body. \* You captured Hades

without being overcome by it. \* You met the Virgin and granted life. \* O Lord, risen from the dead, \* glory be to You!

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

***Kontakion, Tone 4:*** The time for action is now revealed; \* the Judge is at the door. \* Let us rise and keep the fast, \* offering tears of contrition with alms and crying aloud: \* our sins are more numerous than the sands of the sea, \* but forgive us, O Maker of all, that we may receive incorruptible crowns.

***Prokeimenon, Tone 5 -*** You, O Lord, will guard us \* and will keep us \* from this generation \* and forever.

***verse:*** Save me, O Lord, for there is no longer left a just man.

***Epistle - Hebrews 1:10-2:3:***



Brethren, “You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands. They will perish, but You remain; And they will all grow old like a garment; Like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail.”

But to which of the angels has He ever said: “Sit at My right hand, till I make Your enemies Your footstool”? Are they not all ministering spirits sent forth to minister for those who will inherit salvation? Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him.

***Alleluia, Tone 6 -*** He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.

***verse:*** He says to the Lord: You are my protector and my refuge, my God, in Whom I hope. (*Psalm 90:1,2*)

***Gospel - Mark 2:1-12***

At that time, Jesus entered Capernaum after some days, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying.

When Jesus saw their faith, He said to the paralytic, “Son, your sins are forgiven you.” And some of the scribes were sitting there and reasoning in their hearts, “Why does this Man speak blasphemies like this? Who can forgive sins but God alone?”

But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, “Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, ‘*Your* sins are forgiven you,’ or to say, ‘Arise, take up your bed and walk’? But that you may know that the Son of Man has power on earth to forgive sins”—He said to the paralytic, “I say to you, arise, take up your bed, and go to your house.” Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, “We never saw anything like this!”

***Hymn to the Mother of God*** - In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins’ pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

***Communion Hymn*** - Praise the Lord from the heavens;\* praise Him in the highest.\* Alleluia, alleluia,\* alleluia. (*Psalms 148:1*)

## **\*\* ANNOUNCEMENTS \*\***

“Absence of passions and the possession of virtue constitute love for God; for hatred of evil, resulting in the absence of passions, introduces in its place the desire for and acquisition of spiritual blessings.” ***St Gregory Palamas.***

### ***(The Grace of God)***

214 - As the signs of God’s action in the time of Christ were his miracles, so in the life of the Church the signs are the Holy Mysteries. The grace of God acts in the Holy Mysteries through external signs such as water, oil, bread, and wine, as well as various liturgical gestures and actions. By receiving the Holy Mysteries, a person conquers sinful inclinations and grows in virtue.

266 - The Source of all grace is God the Father. From the Father, through the Son, and in the Holy Spirit, the grace of God descends upon all creation and sustains its existence. By the power of grace, all being has been wisely ordered, the laws of nature have been established, and the beauty of the universe and of humankind has been designed. Of all that was created, only humankind, called to life in God, has been granted the ability to cooperate with the Holy Spirit, the Treasury of Blessings, who grants God’s grace in a variety of gifts (see 1 Cor 12:4-13). In this cooperation (in Greek, *synergia*), the natural powers (in Greek, *energiai*) of humankind are united with the divine and uncreated gift of the grace of the Holy Spirit.

267 - The bearer of God’s grace in the world is Christ’s Church. Through the ministrations of the Holy Mysteries, by means of sanctification and blessing, she apportions grace to those who believe in Christ. Through prayer, ascetical effort, and a life of virtue, Christians grow in the grace of the Holy Spirit to the fullness of divinization. Transfigured by grace, human nature abides in God’s nature, “without division or confusion.” At the same time, in humankind and through humankind, the nature of all creation is transfigured to its final consummation, as “a new heaven and a new earth” (Rev 21:1). \*\*\* ***Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #214, p. 77 & 266-7, p. 94-5***  
<http://catechism.royaldoors.net/catechism/>



**A warm welcome** - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!

**Please Pray for health of ...** Sharon B., Zonia R., Brian K., Maria Z., Jayne & Ernie P., Jessie P., Lawrence & Ping B., Allan N., Moris P., Mary W., Bill Ch., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Dorothy N., Jayne P., Gloria N., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



**Thank you to all our Volunteers –**

**Дякуємо** – Many thanks to everyone for your support of our parish community and all work done at the church property this past week. Our gratitude to everyone who helped with perogy making on Tuesday. God bless you all!

**Perogy Work-Bees** – will take place on **Tuesdays March 10, & 17**. Please plan to join us in this fundraising project and enjoy socializing at the same time!



**New Westminster Eparchy's Clergy Skype Conference Call** – will take place this coming **Tuesday, March 10<sup>th</sup>** at 5:00 p.m.

**Lenten Food Donations** – in the Lenten spirit of almsgiving and sharing our good fortune, we will be collecting non-perishable food items in a box at the back of the church. Thank you in advance for your generosity!

**Next Bible Study** – will continue this coming **Friday, March 13<sup>th</sup>** after the Stations of the Cross at 3:00 p.m.

**All Souls Saturday (Задушні Суботу)** – our prayers for our beloved deceased ones will continue on the third and fourth Saturdays of the Great Fast - **March 14 & 21**.

**Next Fundraising Breakfast** – will take place next **Sunday March 15<sup>th</sup>**.

**Society of St. Vincent de Paul, OLPH, Kamloops** – will hold their next monthly meeting on **Monday, March 16<sup>th</sup>** at 1:00 p.m. in SSVP dining room on Briar St. **SSVP Board Meeting** will take place tomorrow, **Monday, March 9<sup>th</sup>** at 1:00 p.m.

**Monthly Parish Council Meeting** – will take place on **Tuesday, March 17<sup>th</sup>, 2020** at 1:00 p.m. at the parish hall.

**Knights of Columbus 4<sup>th</sup> Degree Monthly Meeting** – will take place on **Thursday, March 19<sup>th</sup>** at 7:00 p.m. in the OLPH Parish Centre.



**Catechetical Presentation** – will take place next **Sunday, March 24<sup>th</sup>** during coffee after the Divine Liturgy.

**Special Petition for the Divine Liturgy** - We also pray for the people of Ukraine, that with the help of the Holy Spirit they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.



**Lenten Penitential Services** – Fr. Andrzej will be assisting at the Sacrament of Reconciliation on Thursday, March 26 at OLPH parish; on Tuesday, March 31<sup>st</sup> at Holy Family parish; on Friday, April 12<sup>th</sup>; at OLPH school on Thursday, April 2<sup>nd</sup>; at St. Ann's Academy on Friday, April 3<sup>rd</sup>.

**Catholic Youth Group Monthly Meeting** – will take place on **Friday, April 3<sup>rd</sup>** at 7:00 p.m. at Holy Family RC parish.

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
<b>18:31-43</b>	March 8	March 14	<b>Ps 119:25-40</b>
<b>19:1-10</b>	March 15	March 21	<b>Ps 119: 41-56</b>

**Easter Bake Sale** – will take place on **Saturday, April 4<sup>th</sup>, 2020** from 10:00 a.m. to 12:00 noon.

**“Pysanka” Writing Workshop** – is planned for Saturday, April 18<sup>th</sup>, 2020. For more information please contact Fr. Andrzej or Ms Holly Paluck.

**The Most Holy Trinity Parish Stewardship:** Sunday, Sunday March 1 - \$710.00 \*\*\*\*\* *May God bless and reward you for your generosity & support.*



**The Most Holy Trinity Parish Lenten Mission** – will take place on Sunday, April 5<sup>th</sup>, 2020.

Our Guest Priest: **Msgr. Jerry Desmond**, Roman Catholic Diocese of Kamloops.

**CAMP ST. VOLODYMYR \*\*\* MARK YOUR CALENDARS!**

August 16-23, 2020, Kelowna BC - Start planning your summer holidays now! If you are between the ages of 7-15 this is a summer must do! Come join us to celebrate our 37th year of camp for children in our Eparchy! Registration for campers and counsellors will begin in April. Bus transportation available from New Westminster. If you are interested in volunteering please let us know. For more information contact Jennifer Caldwell @ 604.220.0584 or [jennsawka@hotmail.com](mailto:jennsawka@hotmail.com).

**OLPH PSG 2020 RAFFLE TICKET FUNDRAISER** -Ticket sales have begun and will continue until Thursday, March 12th. The Main Draw date is Thursday, March 12th at 1:30 pm at the school.

By purchasing a ticket, you will be eligible to win the following prizes:  
1st Prize: \$2000.00 Sun Peaks Package includes (\$1000 Sun Peaks Grand, \$500 Sun Peaks Resort and \$500 Visa Card; 2nd Prize: \$1500 Art Knapps Kamloops; 3rd Prize: \$500.00 Aberdeen Mall Gift Card; 4th Prize: \$450.00 Evening Out Package includes (\$250 Kamloops Live Certificate, \$100 Bold Pizzeria Gift Card and a \$100 Mitz Kitchen Gift Card). The cost per ticket is \$5.00.

***Last chance to get your ticket from Adrian today!***

**The Most Holy Trinity Parish Feast Day/Praznyk** – will be celebrated on Sunday, June 7<sup>th</sup>. Bishop David Motiuk will celebrate the Pontifical Divine Liturgy for this very special day.

**Announcement from the Kamloops Pro-Life Society - Fundraising Dinner** - Be an early bird and buy your ticket now... Full Gospel Tabernacle, 1550 Tranquille Rd., on Saturday May 2, 2020. Gathering: 5:30 p.m.; Dinner 6:00 p.m.

**Tickets : \$35.00**

**Program:** Andre Shutten, Director, Law & Policy, ARPA Canada

**Topic :** Presenting Life Issues Before Government & Courts

**Tickets available at:**

\*\* St. Joseph's Bookstore 256 Nicola St. (778-471-6100)

\*\* Pro-life office 331 Maple St. (250-376-4054)



\*\* [www.eventbrite.ca](http://www.eventbrite.ca)

### ***Lenten Scriptural Readings for this week***

**Monday:** Genesis 6:9-22; Proverbs 8:1-22 & Isaiah 8:13-9:6

**Tuesday:** Genesis 7:1-5; Proverbs 8:32-9:10 & Isaiah 9:8-10:4

**Wednesday:** Genesis 7:6-9; Proverbs 9:12-18 & Isaiah 10:12-20

**Thursday:** Genesis 7:11-8:3; Prov. 10:1-22 & Isaiah 11:10-12:2

**Friday:** Genesis 8:4-21; Proverbs 10:31-11:12 & Isaiah 13:2-13



### **Basic Guidelines for Reception of Holy Communion:**

1) You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

*If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*

### **Pastoral Ministry and Sacraments:**

**Reconciliation:** on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

**Holy Communion:** for the sick, by appointment, any time.

**Baptisms:** by appointment.

**Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

**Funerals and Memorials:** by appointment.

**Anointing of the Sick (Holy Unction):** Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.





The **Canadian Conference of Catholic Bishops** issued a **response** to the tabling of **Bill C-7, “An Act to amend the Criminal Code (medical assistance in dying)”** which was tabled on February 24, 2020.

In the response, the Bishops of Canada express their concerns with Bill C- 7, which seeks to expand the eligibility criteria for euthanasia and assisted suicide by removing the “reasonable foreseeability of natural death” criterion currently in the Criminal Code, and by loosening some of the existing “safeguards” allowing patients whose death is “reasonably foreseeable” to waive final consent to receiving euthanasia by making an advance directive.

In addition to voicing their strong opposition to the proposed legislation, the Bishops call upon all Canadians who also oppose the new Bill to make their voices heard. They likewise urge members of Parliament to acknowledge the giftedness of life as an inalienable right not to be taken away by others, the importance of compassion for the ill and the dying, as well as the responsibility to protect the most vulnerable.

Response to the tabling of Bill C-7: "An Act to amend the Criminal Code (medical assistance in dying)"



*Statement from Cardinal Collins on Bill C-7, amend the Criminal Code (medical assistance in dying)*

<https://youtu.be/V4ZqxDMtuNQ>