



* 5th Sunday of the Great Fast *

Commemoration of Our Venerable Mother Mary of Egypt

Venerable Father Mark, Bishop of Arethusa, the Deacon Cyril and Others Martyred During the Reign of Julian the Apostate (360-63).

**** Sunday, March 29th, 2020 ****

Pastor: Fr. Andrzej Wasylanko

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The Most Holy Trinity Parish Public Liturgical Services Postponed Until Further Notice



Glory be to Jesus Christ!

Dear Brothers & Sisters in Christ,

Although there is no public liturgical services in the church at this time, however, this coming week, Fr. Andrzej will be celebrating the following services privately:

Divine Liturgy: Sunday, Tuesday, Thursday & Saturday

Lenten Service: Monday, Wednesday & Friday.

Your intentions, petitions and needs will be included in those prayers.

God bless you all!

Lenten Scriptural Readings for this week

Monday: Genesis 27:1-41; Proverbs 19:16-25; Isaiah 48:17-49:4

Tuesday: Genesis 31:3-16; Proverbs 21:3-21 & Isaiah 49:6-10

Wed.: Genesis 43:26-45:16; Proverbs 21:23-22:4 & Isaiah 58:1-11

Thurs.: Genesis 46:1-7; Proverbs 23:15-24:5 & Isaiah 65:8-16

Friday: Genesis 49:33-50:26; Proverbs 31:8-31 & Isaiah 66:10-24



Please join the Holy Eucharist Facebook page for live-streamed coverage of liturgical services at Holy Eucharist Cathedral.

<https://www.facebook.com/holyeucharistcathedral/>

Liturgical schedule for March 29-April 5 for livestreaming via Facebook		
SUN, Mar 29	Divine Liturgy - ENG Божественна Літургія - UKR	9:00 AM 10:00 AM
TUES, Mar 31	Divine Liturgy (Bilingual) Молебень до Новомучеників УГКЦ	8:30 AM 6:00 PM
WED, Apr 1	Akathist to the Suffering of Christ Liturgy of Presanctified Gifts (Bilingual)	8:30 AM 6:00 PM
THU, Apr 2	Divine Liturgy (Bilingual) Moleben to Saint Mother Teresa	8:30 AM 6:00 PM
FRI, Apr 3	Акафіст до Страстей Христових Liturgy of Presanctified Gifts (Bilingual)	8:30 AM 6:00 PM
SAT, Apr 4	Лазарева Субота/Lazarus Saturday DL Vespers	8:30 AM 6:00 PM
SUN, Apr 5	Palm Sunday Divine Liturgy - ENG Квітна Неділя Божественна Літургія	9:00 AM 10:00 AM

NB: to request Divine Liturgy for a special intention, please contact Fr. Mykhailo



Troparion, Tone 1: Though the stone was sealed by the Judeans, * and soldiers guarded Your most pure body, * You arose, O Saviour, on the third day, * and gave life to the world. * And so the heavenly powers cried out to You, O Giver of Life: * Glory to Your resurrection, O Christ! * Glory to Your kingdom! * Glory to Your saving plan, * O only Lover of mankind.

Troparion, Tone 8: The divine image was faithfully preserved in you, O mother, * for taking up the Cross, you followed Christ.* By your deeds you have taught us to see beyond the flesh, which passes, * and care for the soul, a thing immortal. * And so, O venerable Mary, * your spirit rejoices with the angels.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 3: Once you were filled with every impurity, * now through repentance you have been revealed as a bride of Christ, * following the angelic life, you crushed demons with the weapon of the Cross. * Therefore, O glorious Mary, you have been shown to be a bride of the kingdom.

Prokeimenon, Tone 1 - Let Your mercy, O Lord, be upon us, as we have hoped in You.

verse: Rejoice in the Lord, O you just; praise befits the righteous.

Prokeimenon, Tone 4 - God is wonderful in His saints,* the God of Israel.

Epistle - Hebrews 9:11-14

Brethren, Christ came as High Priest of the good things to come, with the greater and more perfect tabernacle not made with hands, that is, not of this creation. Not with the blood of goats and calves, but with His own blood He entered the Most Holy Place once for all, having obtained eternal redemption. For if the blood of bulls and goats and the ashes of a heifer, sprinkling the unclean, sanctifies for the purifying of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, cleanse your conscience from dead works to serve the living God?



Alleluia, Tone 1- God gives me vindication, and has subdued people under me.

verse: Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity forever.

Gospel - Mark 10:32-45

At that time, Jesus took the twelve aside again and began to tell them the things that would happen to Him: “Behold, we are going up to Jerusalem, and the Son of Man will be betrayed to the chief priests and to the scribes; and they will condemn Him to death and deliver Him to the Gentiles; and they will mock Him, and scourge Him, and spit on Him, and kill Him. And the third day He will rise again.”

Then James and John, the sons of Zebedee, came to Him, saying, “Teacher, we want You to do for us whatever we ask.”

And He said to them, “What do you want Me to do for you?”

They said to Him, “Grant us that we may sit, one on Your right hand and the other on Your left, in Your glory.”

But Jesus said to them, “You do not know what you ask. Are you able to drink the cup that I drink, and be baptized with the baptism that I am baptized with?” They said to Him, “We are able.”

So Jesus said to them, “You will indeed drink the cup that I drink, and with the baptism I am baptized with, you will be baptized; but to sit on My right hand and on My left is not Mine to give, but it is for those for whom it is prepared.”

And when the ten heard it, they began to be greatly displeased with James and John. But Jesus called them to Himself and said to them, “You know that those who are considered rulers over the Gentiles lord it over them, and their great ones exercise authority over them. Yet it shall not be so among you; but whoever desires to become great among you shall be your servant. And whoever of you desires to be first shall be slave of all. For even the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many.”

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins’ pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn

Praise the Lord from the heavens; * praise Him in the highest. (*Psalm 148:1*)
* The just man shall be in everlasting remembrance; * of evil hearsay he shall have no fear. * Alleluia, alleluia, * alleluia. (*Psalm 111:6*)

ANNOUNCEMENTS



St. Mary of Egypt was born around 344 AD in Alexandria. She was a rich and beautiful courtesan. She chose to lead a selfish life of sin. Once on an excursion to Jerusalem, she noticed throngs of pilgrims entering the Church of the Holy Sepulchre. Curious to join the attractions, Mary tried to enter the Church, but was prevented by some mysterious force. Mary began to wonder if her sinful life was the cause for preventing her entrance into the Church. At that moment, she became aware of the Icon of the Mother of God which had been above the entrance of the Church. Filled with compunction of heart, she cried for her many sins.

Mary sought a life of repentance for her wicked past by entering the desert. There she lived as a hermit for nearly fifty years, willfully depriving herself of all comforts of life and exposing her beauty to the harshness of the sun.

While in the desert one day, she met Saint Zosimus. According to the custom of Palestinian monks, this priest-monk had gone out into the wilderness in the first days of Holy Week to meditate on the Passion of Christ. She asked him to bring the Holy Eucharist to her on Holy Thursday. She related her life to the priest, and then arranged with Zosimus to meet again in a year so she could confess and receive Communion again (frequent Communion was not common among these desert dwellers). When he returned to the site in 421 AD, she was not there, and he finally came upon her body. As happened with some other desert saints, a lion was near her body, and he helped Zosimus to bury her body, and then lay down and mourned for her. The dramatic conversion and life-long penance of Mary is one of the most famous in Christian literature and has been enormously popular among Eastern Christians.



Happy Birthday



Sam Daneliuk; 31st – Todd Flodstrom & Joe Mychaluk

Многая Літа! – very special God's blessings to anyone among our parishioners and their families who celebrated their birthday, name-day, wedding anniversary and any other special anniversary during **the month of March** (20th - Robert Russell; 24th - Ann Derzak; 27 -

Please Pray for health of ... All those affected by the coronavirus and Fr. Josaphat T., Olga P., Sharon B., Zonia R., Brian K., Maria Z., Jayne & Ernie P., Jessie P., Lawrence & Ping B., Allan N., Moris P., Mary W., Bill Ch., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Dorothy N., Gloria N., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Volunteers – Дякуємо – Many thanks to all of you for your prayers and support of our parish community. God bless you all!

The Most Holy Trinity UCWLC Branch – Cancellation of Fundraising Projects – due to the coronavirus outbreak, our Ladies have made the difficult decision to cancel this year’s Easter Bake Sale and all the remaining perogy bees as well as upcoming baking sessions.



Next Monthly Parish Council Meeting – will take place on **Tuesday, April 21st, 2020** at 1:00 p.m. at the parish hall.

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
19:29-40	March 29	April 4	Ps 119:73-88



National Prayer for Canada – please join us this coming **Tuesday, March 31st at 12 p.m. noon BC time.** See information below...

Dear Friends,

During this time of affliction it is important to celebrate and support worthy communal efforts that unite us in prayer as people of faith, as citizens, and above all in our shared humanity.



As faith leaders across the country think creatively about ways to care for their communities, I would invite you to join me in supporting such a worthy initiative: the [National Prayer for Canada](#), which has been launched by His Grace Archbishop Terrence Prendergast, S.J. of Ottawa and Rabbi Dr. Reuven Bulka, one Canada's great Jewish leaders. We will come together in prayer and offer a prayer

specially composed by Archbishop Prendergast and Rabbi Bulka
Each one of us in our separate locations will offer this prayer on the
following date and time:

Tuesday, March 31, 2020 at 3:00 p.m. Eastern

Thank you for your support and for your prayers. May you and your
faithful people be blessed during this time and may our prayers bring
forth divine mercy.

By your prayers,

Fr. Dcn. Andrew Bennett
Director-Cardus Religious Freedom Institute



PRAYER DURING THE CORONAVIRUS OUTBREAK

Jesus Christ, you travelled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, in the midst of the global spread of the coronavirus, that we may experience your healing love.

Heal those who are sick with the virus. May they regain their strength and health through quality medical care.

Heal us from our fear, which prevents nations from working together and neighbours from helping one another.

Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders.

Stay by our side in this time of uncertainty and sorrow. Be with those who have died from the virus. May they be at rest with you in your eternal peace. Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. May they know your peace. Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection and peace. Be with our priests and spiritual care givers. May they know that they are loved and cared for.

Be with the leaders of all nations. Give them the foresight to act with charity and true concern for the well-being of the people they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for or prevent future outbreaks. May they know your peace, as they work together to achieve it on earth.

Whether we are home or abroad, surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. In place of our anxiety, give us your peace.

For You are a God of mercy, kindness, and love, and we glorify You, Father, Son, and Holy Spirit, now and for ever and ever. Amen.