



3rd Sunday of the Great Fast; Veneration of the Holy Cross of Our Lord Jesus Christ

**The Holy Martyr Agapius and the Six
Martyrs with Him** - Agapius and his six
companions suffered for Christ in the year 304.

Great Fast Day 21.

**** Sunday, March 15th, 2020 ****

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Parish Liturgical Services

Sunday, March 15th ** 9:30 a.m. ** **Rosary** (Eng.)

*** **10:00 a.m.** *** *Divine Liturgy* (Eng./Ukr.):

God's blessings to all parishioners

Monday, March 16 *** 9:30 a.m. *Stations of the Cross*

Wednesday, March 18 *** 4:00 p.m. *Liturgy of the Pre-Sanctified Gifts*

Thursday, March 19 *** 9:30 a.m. *Akathist to Christ's Passion*

Saturday, March 21 *** 9:00 a.m. *Div. Lit.:* 4th All Souls Saturday (Sorokouste) – prayers for our beloved deceased ones

Sunday, March 22nd, ** 9:30 a.m. **Rosary** (Eng.) *** 10:00 a.m. **Div. Lit.:** God's blessings for all parishioners. (Eng./Ukr.)

Lenten Scriptural Readings for this week

Monday: Genesis 8:21-9:7; Proverbs 11:19-12:6 & Isaiah 14:24-32

Tuesday: Genesis 9:8-17 Proverbs 12:8-22 & Isaiah 25:1-9

Wed.,: Genesis 9:18-10:1; Proverbs 12:23-13:9 & Isaiah 26:21-27:9

Thurs.,: Genesis 10:32-11:9; Proverbs 13:19-14:6 & Isaiah 28:14-22

Friday: Genesis 12:1-7; Proverbs 14:15-26 & Isaiah 29:13-23

**** The Divine Liturgy of St. Basil the Great is celebrated today. ****

Troparion, Tone 7: By Your cross You destroyed death; * You opened Paradise to the thief; * You changed the lamentation of the myrrh-bearers to joy, * and charged the apostles to proclaim * that You are risen, O Christ our God, * offering great mercy to the world.

Troparion, Tone 1: Save Your people, O Lord, and bless Your inheritance. * Grant victory to Your faithful people against enemies, * and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 7: No longer does the flaming sword guard the gate of Eden; * the tree of the Cross has quenched its flames gloriously. * The sting of death and the victory of Hades are banished, * and You O my Saviour came and called to those in Hades: “Return again to Paradise!”

Instead of Holy God, we sing:

To Your Cross, O Master,* we bow in veneration,* and we glorify Your holy Resurrection!

Prokeimenon, Tone 6 - Save Your people, O Lord, and bless Your inheritance.

verse: Unto You I will cry, O Lord my God, lest You turn from me in silence. (*Psalm 27:9,1*)

Epistle - Hebrews 4:14-5:6

Brethren, seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need.

For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was.

So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: “You are My Son, today I have begotten You.” As He also says in another place: “You are a priest forever according to the order of Melchizedek.”

Alleluia, Tone 8 - Remember Your congregation which You acquired from the beginning.

verse: But God is our king before the ages; He has wrought salvation in the midst of the earth. (*Psalm 73:2,12*)

Gospel - Mark 8:34-9:1

The Lord said, “Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel’s will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels.”



And He said to them, “Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power.”

Hymn to the Mother of God –

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins’ pride and boast, from whom God is made flesh and

became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

Communion Hymn - Let the light of Your countenance, O Lord
* shine upon us. * Alleluia, alleluia, * alleluia. (*Psalm 4:7*)

**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!

Please Pray for health of ... Fr. Josaphat T., Sharon B., Zonia R., Brian K., Maria Z., Jayne & Ernie P., Jessie P., Lawrence & Ping B., Allan N., Moris P., Mary W., Bill Ch., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon & Al L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Dorothy N., Gloria N., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Volunteers –
Дякуємо – Many thanks to everyone for your support of our parish community and all work done at the church property this past week. Our gratitude to everyone who helped with perogy making on Tuesday. God bless you all!

Today's Fundraising Breakfast Canceled – for unforeseen reasons, today's fundraising breakfast has been canceled. We apologise for any inconvenience.

The Most Holy Trinity UCWLC Branch – Cancellation of Fundraising Projects – due to the coronavirus outbreak, our Ladies have made the difficult decision to

cancel this year's Easter Bake Sale and all the remaining perogy bees as well as upcoming baking sessions.

Knights of Columbus 4th Degree Monthly Meeting – scheduled for this coming **Thursday, March 19th** has been **canceled** due to coronavirus.



Society of St. Vincent de Paul, OLPH, Kamloops – will hold their next monthly meeting tomorrow, **Monday, March 16th** at 1:00 p.m.

Monthly Parish Council Meeting – will take place this coming **Tuesday, March 17th, 2020** at 1:00 p.m. at the parish hall.

Lenten Food Donations – in the Lenten spirit of almsgiving and sharing our good fortune, we will be collecting non-perishable food items in a box at the back of the church. Thank you in advance for your generosity!

All Souls Saturday (Задущні Суботу) – our prayers for our beloved deceased ones will continue this coming **Sat. March 21**.

Catechetical Presentation – will take place next **Sunday, March 22nd** during coffee after the Divine Liturgy.

Special Petition for the Divine Liturgy - We also pray for the people of Ukraine, that with the help of the Holy Spirit they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.



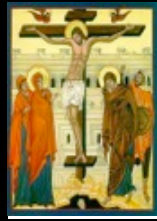
Lenten Penitential Services – Fr. Andrzej will be assisting at the Sacrament of Reconciliation on **Thursday, March 26** at OLPH parish; on **Tuesday, March 31st** at Holy Family parish; on **Thursday, April 2nd** at OLPH school & on **Friday, April 3rd** at St. Ann's Academy.

Catholic Youth Group Monthly Meeting – will take place on **Friday, April 3rd** at 7:00 p.m. at Holy Family RC parish.

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
19:1-10	March 15	March 21	Ps 119: 41-56
19:11-28	March 22	March 28	Ps 119:57-72

“Pysanka” Writing Workshop – is planned for Saturday, April 18th, 2020. For more information please contact Fr. Andrzej or Ms Holly Paluck.

The Most Holy Trinity Parish Stewardship: Sunday, March 8 - \$565.00 **** *May God bless and reward you for your generosity & support.*



The Most Holy Trinity Parish Lenten Mission – will take place on Sunday, April 5th, 2020.

Our Guest Priest: **Msgr. Jerry Desmond**, Roman Catholic Diocese of Kamloops.

CAMP ST. VOLODYMYR * MARK YOUR CALENDARS!**

August 16-23, 2020, Kelowna BC - Start planning your summer holidays now! If you are between the ages of 7-15 this is a summer must do! Come join us to celebrate our 37th year of camp for children in our Eparchy! Registration for campers and counsellors will begin in April. Bus transportation available from New Westminster. If you are interested in volunteering please let us know. For more information contact Jennifer Caldwell @ 604.220.0584 or jennsawka@hotmail.com.

Basic Guidelines for Reception of Holy Communion:

1) You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.



**Chancery Office
Eparchy of New Westminster**

12 March 2020

To the Clergy and the Faithful of the Eparchy of New Westminster,

CIX!

Many of our parishioners are understandably concerned about the spread of the Coronavirus. We want to assure them of steps we are taking in our parishes to provide a sense of health and well-being so that their spiritual needs continue to be met, and that they may grow in their relationship with God, especially during Great Lent.

All liturgical services will continue to be celebrated publicly. However, we will follow closely the advice and directives from medical experts and government officials in Canada should they prescribe otherwise.

By way of responding to the Coronavirus Disease, the following liturgical norms can be helpful in protecting ourselves and family from COVID-19:

- Wash your hands often and well.
- Avoid touching your face, nose, or mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Clean and disinfect surfaces that are frequently touched.
- Stay at home and away from others (particularly the elderly as they are most vulnerable) if you are feeling ill.

- When sick, cover your cough and sneezes with a sleeve or tissue and then wash your hands.
- Upon entering and exiting the Church, wash your hands with provided antibacterial hand sanitizers.
- Holy Water fonts (where they exist) at the entrance of the Church have been removed.
- Refrain from kissing icons and hand crosses.
- Offer the Kiss of Peace at the Divine Liturgy by simply bowing to each other.
- At this time, the Divine Eucharist will be distributed as usual. When you approach, open your mouth as wide as possible, and do not allow your lips or tongue to touch the spoon.

For up to date information on the Corona virus, visit reliable sources, for example, Ministry of Health – British Columbia and Public Health Agency of Canada.

Let us do what we do best as the people of God, let us pray:

Prayer During the Coronavirus Outbreak

Lord, Our God,
 We thank you for the life that is your gift,
 For the providence that sustains us,
 And for your wisdom that directs the course of our days.
 The threat of an infection of coronavirus is upon us today.
 This disease causes fear among us and has claimed lives.
 We humbly beg you, loving Lord,
 Dispel our fear and deliver us from this and other diseases.
 Heal those who are afflicted and stop the spread of the virus.
 Strengthen us in charity to care for one another.
 For You are a God of mercy, kindness, and love, and we glorify
 You Father, Son, and Holy Spirit, now and for ever and ever.
 Amen.

God bless!

Bishop David



Note: As of yesterday, Saturday, March 14th, we are instructed to distribute the Divine Eucharist with single-use eco-friendly disposable wooden spoons.