



Sunday of Meat-fare: Sunday of the Fearful Judgment

The Holy Martyrs Pamphilus the Priest (c. 309) and Porphyrius and Their Companions – Pamphilus, a disciple of Origen, was ordained a priest in Caesarea of Palestine, where he established a library. He suffered martyrdom in 309.

**** Sunday, Feb. 16th, 2020 ****

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Parish Liturgical Services

Sunday, Feb. 16th ** 9:30 a.m. ** Rosary (Eng.)

***** 10:00 a.m. *** Divine Liturgy (Eng./Ukr.):**

God's blessings to all parishioners

Monday, Feb. 17th ** 9:00 a.m. Div. Lit.: God's

blessings & good health for Jesse Pawlyshyn

Wednesday, Feb. 19 9:30 a.m. Div. Lit.: God's blessings for**
Ann Gulka

Thursday, Feb. 20th ** 9:30 a.m. Div. Lit.: +Marlene P.

Saturday, Feb. 22 9:00 a.m. Div. Lit.: .: God's blessings for**
Dr. Renih M.

Sunday, Feb. 16th ** 9:30 a.m. ** Rosary (Eng.) * 10:00**
a.m. * Divine Liturgy (Eng./Ukr.): God's blessings to all**
parishioners



Troparion, Tone 3: Let the heavens be glad, let the earth rejoice,* for the Lord has done a mighty deed with His arm.* He trampled death by death. He became the first-born of the dead;* He saved us from the abyss of Hades* and granted great mercy to the world.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 1: When You come on earth, O God, in glory, * and the universe trembles, * while the river of fire flows before the seat of judgement, * and the books are opened and all secrets disclosed, * then deliver me from the unquenchable fire,* and count me worthy to stand at Your right hand, * O Judge who are most just.

Prokeimenon, Tone 3 – Great is our Lord and great is His strength; * and of His knowledge there is no end.

verse: Praise the Lord, for a psalm is good; may praise be sweet to Him. (*Psalm 146:5,1*)

Epistle: *1 Corinthians 8:8-9:2*

Brothers and Sisters, “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are you not my work in the Lord? If I am not an apostle to others, at least I am to you; for you are the seal of my apostleship in the Lord.



Alleluia, Tone 8 - Come, let us rejoice in the Lord; let us acclaim God our Saviour.

verse: Let us come before His face with praise, and acclaim Him in psalms. (*Psalms 94:1,2*)

Gospel - Matthew 25:31-46



The Lord said, “When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides *his* sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, ‘Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.’

“Then the righteous will answer Him, saying, ‘Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You?’ And the King will answer and say to them, ‘Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.’

“Then He will also say to those on the left hand, ‘Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.’

“Then they also will answer Him, saying, ‘Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?’ Then He will answer them, saying,

‘Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to Me.’ And these will go away into everlasting punishment, but the righteous into eternal life.”

Communion Hymn – Praise the Lord from the heavens * praise Him in the highest. (*Psalm 148:1*) * Rejoice in the Lord, O you just; * praise befits the righteous. * Alleluia, alleluia, * alleluia. (*Psalm 32:1*)

**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #936-38, p. 291

The Social Dimension of Christian Love

936

Christian love is the foundation of all interpersonal relations and all social life. It is precisely love that discloses the dignity of the human person and teaches us how to love him or her. Acts of mercy are the social manifestations of Christian love. The religious character of acts of mercy stems from the fact that Jesus Christ identified himself with every destitute person: “As you did it to one of the least of these who are members of my family, you did it to me” (Mt 25:40). Love for the sake of Christ is the primary motivation for acts of mercy.

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The Christian ascetical tradition teaches us about seven spiritual works of mercy and seven corporal works of mercy. The seven spiritual works of mercy are: to counsel the doubtful, to instruct the ignorant, to admonish the sinner, to comfort the sorrowful, to sincerely forgive injuries, to bear wrongs patiently, and to pray for the living and the dead. The seven corporal works of mercy are: to feed the hungry, to give drink to the thirsty, to clothe the naked, to shelter the homeless, to minister to the sick, to visit the imprisoned, and to bury the dead.

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Neglecting mercy is a sin against Christian love. “As you did it not to one of the least of these, you did it not to me” (Mt 25:45). A social sin is both a sin against an individual at the level of their societal interaction (murder, theft, robbery, fraud, etc.) as well as a sign of an entire structure of sin, which exists in society or the international community (corruption, human trafficking, drug trafficking, etc.).



Please Pray for health of ... Maria Z., Jayne & Ernie P., Jessie P., Lawrence & Ping B., Allan N., Moris P., Mary W., Bill Ch., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon L., Joe S., Jeanne R., Emily H., Lisa M., Michael L., Greg H., Melynda S., Dorothy N., Jayne P., Gloria N., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Volunteers –

Дякуємо – Many thanks to everyone for your support of our parish community and all work done at the church property this past week. Our gratitude **to everyone who helped** in all the work involved in preparing and running today’s fundraising breakfast. God bless you all!



Monthly Fundraising Breakfast – will take place today, **Sunday, February 16th**.

Family/Faith Day Blazers Hockey Game – will take place tomorrow, Monday, Feb. 17th, 2020 at the Sandman Centre. Tickets are \$10.00 each.

Monthly Parish Council Meeting – will take place this coming **Tuesday, Feb. 18th, 2020** at 1:00 p.m. at the parish hall.



Perogy Work-Bees – will take place on the following Tuesdays of February & March (**Feb. 18; March 3, 10, & 17**). Please plan to come and join us

in this fundraising project.

Knights of Columbus 4th Degree Monthly Meeting – will take place this coming Thursday, Feb. 20th, after a special pot luck dinner at 5:30 p.m. in the OLPH Parish Centre.



Society of St. Vincent de Paul, OLPH, Kamloops – will hold their next monthly meeting on **Monday, Feb. 24th** at 11:00 a.m. in SSVP dining room on Briar St.

Great Fast (Lent) 2020 – will begin on **Monday, Feb. 24th**.

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
17:20-37	Feb. 16, 2020	Feb. 22, 2020	Pss 116-117
18:1-17	Feb. 23, 2020	Feb. 29, 2020	Pss 118

Farewell Reception for Bishop Ken - Holy Eucharist Cathedral parish would like to invite you on **Feb. 29, 2020** to a farewell reception for Bishop Ken that will begin with Divine Liturgy at 11:00 AM with reception to follow. Let us take this opportunity to celebrate Bishop Ken's new appointment as Bishop of the Holy Family of London Eparchy and most importantly his 12 years of dedicated service, enthusiastic leadership and prayerful ministry in the Eparchy of New Westminster.

Special Petition for Divine Liturgy: We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

On behalf of the Ukrainian Catholic Eparchy of New Westminster and myself, we would like to thank all who took part in our global fundraising program, “**Christmas Candle/Різдвяна свічка**”, for Caritas Ukraine. Because of all your generous donations, we were able to help needy, disadvantaged, disabled and orphaned children in Ukraine. This year we raised **\$2,463**, bringing us to a total of **\$24,953** collected for Caritas Ukraine since our appeal started in 2012. Щиро дякуємо всім тим що взяли участь і нехай Бог благословить Вас. Thank You and God Bless -- Dana Koren Lupynis.

For more information, please contact Dana Koren Lupynis, Natalia Lupynis or Emelia Lupynis at nweparchy.christmascandle@gmail.com and follow us on Facebook at *Caritas “Christmas Candle/Різдвяна свічка” Campaign, sponsored by NWEparchy.*

CAMP ST. VOLODYMYR * MARK YOUR CALENDARS!**

August 16-23, 2020, Kelowna BC - Start planning your summer holidays now! If you are between the ages of 7-15 this is a summer must do! Come join us to celebrate our 37th year of camp for children in our Eparchy! Registration for campers and counsellors will begin in April. Bus transportation available from New Westminster. If you are interested in volunteering please let us know. For more information contact Jennifer Caldwell @ 604.220.0584 or jennsawka@hotmail.com.

Special Invitation from Sacred Heart Roman Catholic Cathedral - please join us on Saturday February 29th for a Lenten Reflection by Fr. Derrick. The theme is “Going into the Desert”. **Everyone is welcome!**

The schedule is as follows: 7:50 a.m. to 8:50 a.m. - Adoration/Exposition; 9:00 a.m. – Mass; 9:45 a.m. – 10:15 a.m. - Continental Breakfast (downstairs); 10:15 am – 12 Noon – Reflection/dialogue “Going into the Desert” by Fr. Derrick. **LUNCH IS NOT INCLUDED**

Kamloops Pro-life ** Grade 12 Scholarship Opportunity - we are offering a \$1,000 scholarship which includes an essay contest, with a due date of April 1st. An additional

requirement is involvement in pro-life and/or life-affirming activities. To apply, please email us at...kamloopsprolife@gmail.com.

Kamloops Pro-life AGM - will take place on Wed., Feb. 19, 6:30 p.m. registration, 7:00pm meeting, OLPH Parish Centre, 635 Tranquille Rd. Please attend with your questions and ideas. Refreshments to follow.

OLPH PSG 2020 RAFFLE TICKET FUNDRAISER -Ticket sales have begun and will continue until Thursday, March 12th. The Main Draw date is Thursday, March 12th at 1:30 pm at the school.

By purchasing a ticket, you will be eligible to win the following prizes: 1st Prize: \$2000.00 Sun Peaks Package includes (\$1000 Sun Peaks Grand, \$500 Sun Peaks Resort and \$500 Visa Card; 2nd Prize: \$1500 Art Knapps Kamloops; 3rd Prize: \$500.00 Aberdeen Mall Gift Card; 4th Prize: \$450.00 Evening Out Package includes (\$250 Kamloops Live Certificate, \$100 Bold Pizzeria Gift Card and a \$100 Mitz Kitchen Gift Card). The cost per ticket is \$5.00.

On behalf of Our Lady of Perpetual Help School, we wish to thank our families, parishioners and community for supporting this fundraiser. Our school and students benefit in many ways because of your continued support and generosity!

Anyone interested to participating in this fundraiser, please talk to Adrian or Teresa Wasylinko.

The Most Holy Trinity Parish Stewardship: Sunday, Sunday Feb. 9 - \$603.00 **** *May God bless and reward you for your generosity & support.*

Basic Guidelines for Reception of Holy Communion:

1) You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.



Very Special Event – Celebration of Bishop Ken's enthronement will take place on Tuesday, April 7th, 2020 in London, England. For more information and to register for ticket/passes please go to the following Link:

https://docs.google.com/forms/d/e/1FAIpQLScjH_aqjyBB4tRx3EJngRtTvWDOtWrx770LBBjtvrS7ybnM8A/viewform?vc=0&c=0&w=1



Pope Francis' Message for 28th World Day of the Sick

*Come to me, all you who labour and are burdened,
and I will give you rest" (Mt 11:28)*

Dear brothers and sisters,

1. Jesus' words, "Come to me, all you who labor and are burdened, and I will give you rest" (*Mt 11:28*) point to the mysterious path of grace that is revealed to the simple and gives new strength to those who are weary and tired. These words of Christ express the solidarity of the Son of Man with all those who

are hurt and afflicted. How many people suffer in both body and soul! Jesus urges everyone to draw near to him – “Come to me!” – and he promises them comfort and repose. “When Jesus says this, he has before him the people he meets every day on the streets of Galilee: very many simple people, the poor, the sick, sinners, those who are marginalized *by the burden of the law and the oppressive social system...* These people always followed him to hear his word, a word that gave hope! Jesus’ words always give hope!” (*Angelus*, 6 July 2014).

On this XXVIII World Day of the Sick, Jesus repeats these words to the sick, the oppressed, and the poor. For they realize that they depend entirely on God and, beneath the burden of their trials, stand in need of his healing. Jesus does not make demands of those who endure situations of frailty, suffering, and weakness, but offers his mercy and his comforting presence. He looks upon a wounded humanity with eyes that gaze into the heart of each person. That gaze is not one of indifference; rather, it embraces people in their entirety, each person in his or her health condition, discarding no one, but rather inviting everyone to share in his life and to experience his tender love.

2. Why does Jesus have these feelings? Because he himself became frail, endured human suffering and received comfort from his Father. Indeed, only those who personally experience suffering are then able to comfort others. There are so many kinds of grave suffering: incurable and chronic diseases, psychological diseases, situations calling for rehabilitation or palliative care, numerous forms of disability, children’s or geriatric diseases... At times human warmth is lacking in our approach to these. What is needed is a personalized approach to the sick, not just of *curing* but also of *caring*, in view of an integral human healing. In experiencing illness, individuals not only feel threatened in their physical integrity but also in the relational, intellectual, affective and spiritual dimensions of their lives. For this reason, in addition to therapy and support, they expect care and attention. In a word, love. At the side of every sick person,

there is also a family, which itself suffers and is in need of support and comfort.

3. Dear brothers and sisters who are ill, your sickness makes you in a particular way one of those “who labor and are burdened”, and thus attract the eyes and heart of Jesus. In him, you will find light to brighten your darkest moments and hope to soothe your distress. He urges you: “Come to me”. In him, you will find strength to face all the worries and questions that assail you during this “dark night” of body and soul. Christ did not give us prescriptions, but through his passion, death, and resurrection he frees us from the grip of evil.

In your experience of illness, you certainly need a place to find rest. The Church desires to become more and more the “inn” of the Good Samaritan who is Christ (cf. *Lk* 10:34), that is, a home where you can encounter his grace, which finds expression in closeness, acceptance, and relief. In this home, you can meet people who, healed in their frailty by God’s mercy, will help you bear your cross and enable your suffering to give you a new perspective. You will be able to look beyond your illness to a greater horizon of new light and fresh strength for your lives.

A key role in this effort to offer rest and renewal to our sick brothers and sisters is played by healthcare workers: physicians, nurses, medical and administrative professionals, assistants and volunteers. Thanks to their expertise, they can make patients feel the presence of Christ who consoles and cares for the sick and heals every hurt. Yet they too are men and women with their own frailties and even illnesses. They show how true it is that “once Christ’s comfort and rest is received, we are called in turn to become rest and comfort for our brothers and sisters, with a docile and humble attitude in imitation of the Teacher” (*Angelus*, 6 July 2014).

4. Dear healthcare professionals, let us always remember that diagnostic, preventive and therapeutic treatments, research, care, and rehabilitation are always in the service of the sick person; indeed the noun “person” takes priority over the adjective “sick”.

In your work, may you always strive to promote the dignity and life of each person, and reject any compromise in the direction of euthanasia, assisted suicide or suppression of life, even in the case of terminal illness.

When confronted with the limitations and even failures of medical science before increasingly problematic clinical cases and bleak diagnoses, you are called to be open to the transcendent dimension of your profession that reveals its ultimate meaning. Let us remember that life is sacred and belongs to God; hence it is inviolable and no one can claim the right to dispose of it freely (cf. *Donum Vitae*, 5; *Evangelium Vitae*, 29-53). Life must be welcomed, protected, respected and served from its beginning to its end: both human reason and faith in God, the author of life, require this. In some cases, conscientious objection becomes a necessary decision if you are to be consistent with your “yes” to life and to the human person. Your professionalism, sustained by Christian charity, will be the best service you can offer for the safeguarding of the truest human right, the right to life. When you can no longer provide a cure, you will still be able to provide care and healing, through gestures and procedures that give comfort and relief to the sick.

Tragically, in some contexts of war and violent conflict, healthcare professionals and the facilities that receive and assist the sick are attacked. In some areas, too, political authorities attempt to manipulate medical care for their own advantage, thus restricting the medical profession’s legitimate autonomy. Yet attacking those who devote themselves to the service of the suffering members of society does not serve the interests of anyone.

5. On this XXVIII World Day of the Sick, I think of our many brothers and sisters throughout the world who have no access to medical care because they live in poverty. For this reason, I urge healthcare institutions and government leaders throughout the world not to neglect social justice out of a preoccupation for financial concerns. It is my hope that by joining the principles of

solidarity and subsidiarity, efforts will be made to cooperate in ensuring that everyone has access to suitable treatments for preserving and restoring their health. I offer heartfelt thanks to all those volunteers who serve the sick, often compensating for structural shortcomings, while reflecting the image of Christ, the Good Samaritan, by their acts of tender love and closeness.

To the Blessed Virgin Mary, Health of the Sick, I entrust all those who bear the burden of illness, along with their families and all healthcare workers. With the assurance of a remembrance in my prayers, I cordially impart my Apostolic Blessing.

From the Vatican, 3 January 2020,

Memorial of the Most Holy Name of Jesus

FRANCIS