



Sunday after Theophany

The Holy Martyr Tatiana – Tatiana suffered for her faith in Christ in Rome under Emperor Alexander Severus (222-235).

**** Sunday, Jan. 12th, 2020 ****

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Christ is Baptised! In the Jordan by John!

Христос Хрещасться! В Йордані! від Йоана!



Parish Liturgical Services

Sunday, Jan. 12th ** 9:30 a.m. ** Rosary (Eng.)

***** 10:00 a.m. *** Divine Liturgy (Eng./Ukr.):**

God's blessings to all parishioners

Monday, Jan. 13th - 9:30 a.m. Div. Lit.: +Simon Piccolo

Tuesday, Jan. 14th ** 9:30 a.m. Div. Lit.: *God's blessings and good health to the members of the Shinkeruk family*

Wednesday, Jan. 15 9:30 a.m.** Div. Lit.: *God's blessings for Matthew – Manda Hill*

Friday, Jan. 17 * 11:00 a.m. *** Funeral Service for +Anne Marie Kocherkewych at St. Francis of Assisi Church in Revelstoke**

Sunday, Jan. 19th ** 9:30 a.m. ** Rosary (Eng.) * 10:00 a.m. *** Divine Liturgy (Eng./Ukr.):** God's blessings to all parishioners

Antiphon 1

When Israel came forth from Egypt, the house of Jacob from an alien people.

Through the prayers of the Mother of God, * O Saviour, save us.

Judah became His sanctuary, Israel His dominion.

Through the prayers of the Mother of God, * O Saviour, save us.

The sea beheld this and fled,* the Jordan turned back on its course.

Through the prayers of the Mother of God, * O Saviour, save us.

Why was it, O sea, that you fled, * that you, O Jordan, turned back on your course?

Through the prayers of the Mother of God, * O Saviour, save us.

+Glory... Now... Only-Begotten Son...

Antiphon 3

Come, let us sing joyfully to the Lord, let us acclaim God, our Saviour.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

Let us come before His face with praise, and acclaim Him in psalms.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

For God is the great Lord, and the great king over all the earth.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

*** ***Entrance:*** Come, let us worship and fall down before Christ.

Son of God, baptized by John in the Jordan, save us who sing to You: Alleluia.

Troparion, one 6: Angelic powers were upon Your tomb * and the guards became like dead men; * Mary stood before Your

tomb * seeking Your most pure body. * You captured Hades without being overcome by it. * You met the Virgin and granted life. * O Lord, risen from the dead, * glory be to You!

Troparion, Tone 1: When You, O Lord, were baptized in the Jordan, * worship of the Trinity was revealed;* the voice of the Father bore witness to You,* naming You the beloved Son,* and the Spirit in the form of a dove confirmed the word's certainty.* Glory to You, O Christ God,* who appeared and enlightened the world.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 6: With His life-giving hand * Christ our God, the Giver of life, * raised all the dead from the murky abyss * and bestowed resurrection upon humanity. * He is for all the Saviour, * the resurrection and the life, and the God of all.

Now and for ever and ever. Amen.

Kontakion, Tone 4: Today, You have appeared to the world * and Your light, O Lord, has been signed on us, * who with knowledge sing Your praises. * You have come, You have appeared, O unapproachable Light.

Prokeimenon, Tone 1 - Let your mercy, O Lord, be upon us* as we have hoped in you.

verse: rejoice in the Lord, O you just; praise befits the righteous.



Epistle: Ephesians 4:7-13

Brothers and Sisters, each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of

ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

Alleluia, Tone 5 - Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

verse: For You have said: Mercy shall be built up forever; in the heavens Your truth shall be prepared. (Psalm 88:2,3)

Gospel: Matthew 4:12-17

At that time when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: “Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles— the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death, light has dawned.” From that time Jesus began to proclaim, “Repent, for the kingdom of heaven has come near.”

Hymn to the Mother of God

O my soul, magnify Christ the King, baptized in the Jordan.

Irmos: Every tongue is at a loss to praise you as is your due, O Mother of God. Even a spirit from above is filled with dizziness when seeking to sing your praises. But since you are good, accept our faith, for you know well our love inspired by God. For it is you who protect all Christians; therefore, we magnify you.

Communion Hymn - Praise the Lord from the heavens; * praise Him in the highest. * Alleluia (3x)

Instead of “Blessed is He who comes...” we sing

All creation is filled with rejoicing today, for Christ is baptized in the Jordan.

**** ANNOUNCEMENTS ****

Repentance

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Christ, the Good Shepherd, who came to find the “lost sheep,” calls all to repentance: “Repent, for the kingdom of heaven is at hand” (Mt 4:17). Without repentance, there can be neither salvation nor new life.

In the Parable of the Prodigal Son, Christ reveals the essence of repentance as a return to the Father and the acceptance of his gift of forgiveness. In repentance, we come to know God as a loving and merciful Father. He accepts repentant sinners and rejoices at their conversion, “for he is good and loves mankind.”

781

Repentance allows a Christian not only to experience God as a merciful Father, but to rediscover oneself in God’s embrace—to see oneself as the son who returned from the foreign land of sin to the Father’s home of righteousness. On the Sunday of the Prodigal Son, the Church sings: “As the Prodigal Son I come to you, merciful God. I have wasted my whole life in a foreign land; I have scattered the wealth which you gave me, O Father. Receive me in repentance, O God, and have mercy on me.”

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Repentance forms the foundation of Christian spirituality, since all movement toward God, inaugurated by him and suggested by his grace, is characterized by repentance. The beginning of this movement is a fundamental interior change (conversion) which brings about a new way of seeing oneself, others, and the Lord God. The goal of this movement is liberation from sin and a return to the fullness of life in God. During Matins on the Sunday of the Publican and the Pharisee we sing: “Open to me the doors of repentance, O Giver of life. As we worship in your temple this morning, teach us how to purify the temples of our bodies, and in your compassion, purify me by the goodness of your mercies.”

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Repentance has a positive character—it is liberating and life-creating rather than demeaning. It is the force of renewal and rebirth, the fruit of hope, and the negation of despair. This is so because repentance is not looking down at one’s own faults, but looking up towards the Lord’s love; not backwards with self-reproach, but forward with faith. One must focus not on what one has failed to

achieve, but on that which, with the mercy of Christ, one may still become. Repentance is a continuous path toward personal healing and growth. Saint John Climacus teaches:

The person turning away from the world in order to shake off the burden of his or her sins should imitate those who sit outside the tombs in the city. Let this person not desist from ardent raging tears, from the wordless moans of the heart, until this person sees Jesus himself, coming to roll back the rock of hardness off them.

It is precisely for this kind of constant transfiguring of our lives in repentance that we pray during divine services: “That we may spend the rest of our lives in peace and repentance, let us ask the Lord.”

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Thus, repentance is enlightenment, the crossing from darkness to light. Until we see the light of Christ we will not be able to recognize our own sins. The closer we come to God, the more clearly we see how sinful we are. The light of Christ illumines us and leads us to repentance, to a vision of beauty rather than deformity, to an awareness of God’s glory rather than of our own destitution.

Catechism of the Ukrainian Catholic Church – “Christ Our Pascha”

#780-784 p. 254-5 ** <http://catechism.royaldoors.net/catechism/>



A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



Please Pray for health of ... Maria Z.,

Jessie P., Moris P., Mary W., Bill Ch., Piotr & Jadwiga W., Sam D., Ray O., Mary E., Sharon L., Joe S., Jeanne R., Emily H., Lawrence & Ping B., Lisa M., Michael L., Greg H., Melynda S., Dorothy N., Jayne P., Gloria N., Louise M, Elsie K., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.

Thank you to all our Volunteers –

Дякуємо – Many thanks to everyone for your support of our parish community and all other work done at the church property this past week. God bless you all!



Sincerest Condolences – to the Kocherkewych family who mourn the death of their beloved Anne Marie Kocherkewych who died in Vouncover on Sunday Jan. 5th, 2020. Funeral service for the late Anne will take place in Revelstoke this coming Friday, Jan. 17th at 11:00 a.m. May Anne's soul rest in peace. Вічна Пам'ять!

House Blessing & Pastoral Visits – will continue this coming week. Please assist Fr. Andrzej in planning these visits by filling out the provided form with your name and time of preference.

Knights of Columbus 4th Degree Monthly Meeting – will take place this coming Thursday, January 16th, at 7:00 p.m.



Catechetical Presentation & Parish pre-Eparchial Sobor meeting – will take place next **Sunday, Jan. 19th** after the Divine Liturgy.

Society of St. Vincent de Paul, OLPH, Kamloops – will hold their next monthly meeting on **Monday, January 20th** at 1:00 p.m. in SSVP Dining room on Briar St.

Monthly Parish Council Meeting – will take place on **Tuesday, January 21st, 2020** at 2:00 p.m. at the parish hall.

Nominating Committee – on the last Sunday of January we are planning to hold our 2019-2020 AGM. As usual at the meeting we will elect new parish council members. For your suggestions of candidates, please call one of the members of the Nominating Committee, Mrs. Zonia Rurka at 250-377-5517.

Special Petition for Divine Liturgy: We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

The Most Holy Trinity Parish Stewardship: Sunday, Sunday Jan. 5th - \$1030.00 **** *May God bless and reward you for your generosity & support.*

Annual Parish General Meeting – is planned to take place on **Sunday, January 26th, 2020.**

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
15:11-32	Jan. 12, 2020	Jan. 18, 2020	Pss 106-107
16:1-18	Jan 19, 2020	Jan. 25, 2020	Pss 108-109
16:19-31	Jan 26, 2020	Feb. 01, 2020	Pss 110-111



The VII Patriarchal Assembly-Sobor in 2020 - “Emigration, settlements and the global unity of the Ukrainian Greek-Catholic Church.”

The regional Eparchial Sobor for “**The Interior**” (our parishes in Kamloops, Kelowna, Penticton, Vernon and Grindrod) will take place on Sat., Feb. 8, 2020 **at Holy Trinity Parish in Kamloops.**

10:30 a.m. - Welcome and Moleben to the Holy Spirit

11:00 a.m. - 1:00 p.m. - Discussion on the questions previously submitted to you for discussion at the parish level (see below)

1:00 pm. - Lunch, followed by departures

Regional Sobor Questions:

Question 1: Connecting with our heritage – Why have you remained or what has led you to become a Ukrainian Greek Catholic? What aspects of UGCC’s spiritual heritage and history, or cultural heritage and history, are especially important to you?

Question 2: Engaging with our present – Why are you a Ukrainian Greek Catholic today? Which spiritual practices or cultural practices are important to your engagement with your faith today? Do you know the faith stories of the other people in your parish?

Question 3: Ideas for our future – How can the Ukrainian Greek Catholic Church’s expression of our Christian faith continue to remain important in your life, in the life of your community, and for our future generations?



DIOCESE OF KAMLOOPS 75th ANNIVERSARY: MAY 30, 2020 at Thompson Rivers University Grand Hall. Mass at 1 pm; reception at 6 pm; and Gala Banquet at 7 pm, Banquet tickets (\$50 each) can now be purchased from: St. Joseph's Christian Book and Gift Store 778-471-6100, Bianca Cinel - 250-374-7004.



Basic Guidelines for Reception of Holy Communion:

1) You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

