



## Sunday before Christmas *Sunday of the Holy Fathers*

*The Holy Great-Martyr Anastasia (304) - Anastasia was born in Rome into a wealthy senatorial family. Her father was pagan and her mother a Christian. She loved Jesus and clung to Him in faith. She ministered openly to Christian martyrs and helped the poor and the sick from her great inheritance. She was martyred in 304. \*\*\*  
Nativity Fast.*

**\*\* Sunday, Dec. 22<sup>nd</sup>, 2019 \*\***

**Pastor:** Fr. Andrzej Wasylanko

109 Tranquille Rd. Kamloops, BC V3B 3E8

**Mailing address:** 118 Don St., Kamloops, BC V2B 1B7

Phones: 250-376-3690 (church) \*\* 250-461-7249 (residence)

Email: [mostholyltrinitypar@shaw.ca](mailto:mostholyltrinitypar@shaw.ca)

Website: <http://kamloops.nweparchy.ca/>

Facebook: holytrinitykamloopsbc



### **Parish Liturgical Services**

**Sunday, Dec. 22<sup>nd</sup> \*\* 9:30 a.m. \*\* Rosary**  
(Eng.) \*\*\* **10:00 a.m. \*\*\* Divine Liturgy**  
(Eng./Ukr.): God's blessings to all

parishioners

**Monday, Dec 23 \*\*\* 9:00 a.m. Div. Lit.: God's blessings for**  
*Ante Jukic – Manda H.*

**Tuesday, Dec. 24<sup>th</sup> \* CHRISTMAS EVE / НАВЕЧИР'Я РІЗДВА**

**10:00 a.m. – Royal Hours**

**3:00 p.m. - Great Compline with Lytia**

**4:00 p.m. Divine Liturgy**

**Wednesday, Dec. 25<sup>th</sup> \* NATIVITY OF OUR LORD**

**10:00 a.m. - Divine Liturgy**

**Thurs., Dec. 26<sup>th</sup> - Synaxis of the BVM - 10:00 a.m. – Div. Lit.**

**Friday, Dec. 27<sup>th</sup> \* First Martyr Stephen \* 10:00 a.m. – Div.**

Lit.: +Mary Elizabeth, +Emmett, +Margaret & +Angus Brady

**Sunday, Dec 29<sup>th</sup>** \*\*\* 9:30 a.m. \*\* **Rosary** (Eng.) \*\*\* **10:00 a.m.** \*\*\* *Divine Liturgy* (Eng./Ukr.): God's blessings to all parishioners



***Troparion, Tone 3:*** Let the heavens be glad, let the earth rejoice, \* for the Lord has done a mighty deed with His arm. \* He trampled death by death. He became the first-born of the dead; \* He saved us from the abyss of Hades \* and granted great mercy to the world.

***Troparion, Tone 2:*** Great are the achievements of faith! \* In the fountain of flames, the three holy youths rejoiced as by the water of rest, \* and the prophet Daniel was revealed shepherding lions like sheep. \* Through their intercession, O Christ God,\* save our souls.

+Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

***Kontakion, Tone 6:*** Armed by the Being that defies description\* You defied the man-made idol, O thrice blessed youth. \* In the midst of the unbearable flames you stood and cried out to God: \* “In Your mercy, O gracious One, hasten and come to our aid,”\* for You can do whatever You will.

***Prokeimenon, Tone 4*** - Blessed are You, Lord God of our fathers, \* and praised and glorified is Your Name forever.

***verse:*** For You are righteous in everything that You have done to us.

***Epistle: Epistle:*** A reading of St. Paul's letter to the Hebrews (11:9-10,17-23,32-40):



Brothers and Sisters, by faith Abraham stayed for a time in the land he had been promised, as in a foreign land, living in tents, as did Isaac and Jacob, who were heirs with him of the same promise. For he looked forward to the city that has foundations,

whose architect and builder is God. By faith Abraham, when put to the test, offered up Isaac. He who had received the promises was ready to offer up his only son, of whom he had been told, “It is through Isaac that descendants shall be named for you.” He considered the fact that God is able even to raise someone from the dead—and figuratively speaking, he did receive him back. By faith Isaac invoked blessings for the future on Jacob and Esau. By faith Jacob, when dying, blessed each of the sons of Joseph, “bowing in worship over the top of his staff.” By faith Joseph, at the end of his life, made mention of the exodus of the Israelites and gave instructions about his burial. By faith Moses was hidden by his parents for three months after his birth, because they saw that the child was beautiful; and they were not afraid of the king’s edict. And what more should I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets— who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground. Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect.

***Alleluia, Tone 4*** - O God, we have heard with our ears, and our fathers have told us the work You did in their days.

**verse:** You saved us from our oppressors and put to shame those who hate us.

***Gospel: Matthew 1:1-25***

An account of the genealogy of Jesus the Messiah, the son of David, the son of Abraham. Abraham was the father of Isaac, and Isaac the father of Jacob, and Jacob the father of Judah and his brothers, and Judah the father of Perez and Zerah by Tamar, and Perez the father of Hezron, and Hezron the father of Aram, and Aram the father of Aminadab, and Aminadab the father of Nahshon, and Nahshon the father of Salmon, and Salmon the father of Boaz by Rahab, and Boaz the father of Obed by Ruth, and Obed the father of Jesse, and Jesse the father of King David. And David was the father of Solomon by the wife of Uriah, and Solomon the father of Rehoboam, and Rehoboam the father of Abijah, and Abijah the father of Asaph, and Asaph the father of Jehoshaphat, and Jehoshaphat the father of Joram, and Joram the father of Uzziah, and Uzziah the father of Jotham, and Jotham the father of Ahaz, and Ahaz the father of Hezekiah, and Hezekiah the father of Manasseh, and Manasseh the father of Amos, and Amos the father of Josiah, and Josiah the father of Jechoniah and his brothers, at the time of the deportation to Babylon. And after the deportation to Babylon: Jechoniah was the father of Salathiel, and Salathiel the father of Zerubbabel, and Zerubbabel the father of Abiud, and Abiud the father of Eliakim, and Eliakim the father of Azor, and Azor the father of Zadok, and Zadok the father of Achim, and Achim the father of Eliud, and Eliud the father of Eleazar, and Eleazar the father of Matthan, and Matthan the father of Jacob, and Jacob the father of Joseph, the husband of Mary, of whom Jesus was born, who is called the Messiah. So all the generations from Abraham to David are fourteen generations; and from David to the deportation to Babylon, fourteen generations; and from the deportation to Babylon to the Messiah,

fourteen generations. Now the birth of Jesus the Messiah took place in this way. When his mother Mary had been engaged to Joseph, but before they lived together, she was found to be with child from the Holy Spirit. Her husband Joseph, being a righteous man and unwilling to expose her to public disgrace, planned to dismiss her quietly. But just when he had resolved to do this, an angel of the Lord appeared to him in a dream and said, “Joseph, son of David, do not be afraid to take Mary as your wife, for the child conceived in her is from the Holy Spirit. She will bear a son, and you are to name him Jesus, for he will save his people from their sins.” All this took place to fulfil what had been spoken by the Lord through the prophet: “Look, the virgin shall conceive and bear a son, and they shall name him Emmanuel,” which means, “God is with us.” When Joseph awoke from sleep, he did as the angel of the Lord commanded him; he took her as his wife, but had no marital relations with her until she had borne a son; and he named him Jesus.

**Communion Hymn** - Praise the Lord from the heavens;\* praise Him in the highest (Psalm 148:1).

Rejoice in the Lord, O you just;\* praise befits the righteous (Psalm 32:1).\* Alleluia, alleluia,\* alleluia.



## **\*\* ANNOUNCEMENTS \*\***

***“The Protoevangelium.***

*Immediately after their fall, God announces to Adam and Eve his promise of salvation. Inasmuch as the human race was deceived by the tempter by trusting in him, God sets enmity, a struggle between them, to safeguard humanity from total subordination to evil: “I will put enmity between you and the woman, and between your offspring and hers” (Gen. 3:15).*

*In this struggle, God promises humanity the ultimate victory: “He [i.e., the offspring of the woman] will strike your [i.e., the serpent’s] head (Gen. 3:15). In the contest between good and evil, in the end, good shall overcome, as personified by the offspring of the woman. The assurance of this victory emerges not from human efforts, but from the very Word of God, given in the promise. The first proclamation of the Good News about the salvation of the human race is what the Church calls the Protoevangelium.” Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #160*



<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
<b>14:12-24</b>	Dec. 22, 2019	Dec. 28, 2019	<b>Ps 100-101</b>
<b>14:25-35</b>	Dec. 29, 2019	Jan. 4, 2020	<b>Ps 102-103</b>



**A warm welcome** - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



**Please Pray for health of ...** Sam D., Ray O., Mary E., Sharon L., Joe S., Jeanne R., Stan N., Michael G., Emily N., Lawrence & Ping B., Lisa M., Michael L., Greg H., Melynda S., Dorothy N., Jayne P., Gloria N., Jessie P., Louise M, Elsie K., Ann D., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



**Thank you to all our Volunteers – Дякуємо** – Many thanks to everyone for your support of our parish community and for sharing your talents and resources during this past week, especially those involved in preparing for last Sunday’s breakfast & the St. Nicholas Day celebration.

**Change of the Altar Cloths** – as part of our preparation for Christmas services today, Sunday, Dec. 22<sup>nd</sup> after coffee we will change our church altar cloths.

**Tuesday, Dec. 24 – Christmas Eve** – is a day of strict fasting from meat and dairy products (applies to those without various dispensations). Everyone is invited to take part in a spiritual preparation for Christ's Nativity according to their abilities.

**Theophany Eve Meal and Caroling (Shchedrij Vechir)** – will take place on **Sunday, Jan. 5<sup>th</sup>, 2020** after the Divine Liturgy & Water Blessing at 10:00 a.m.

**Nominating Committee** – on the last Sunday of January we are planning to hold our 2019-2020 AGM. As usual at the meeting we will elect new parish council members. For your suggestions of candidates, please call one of the members of the Nominating Committee, Mrs. Zonia Rurka at 250-377-5517.

**Special Petition for Divine Liturgy:** We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

**DIOCESE OF KAMLOOPS 75<sup>th</sup> ANNIVERSARY: MAY 30, 2020** at Thompson Rivers University Grand Hall. Mass at 1 pm; reception at 6 pm; and Gala Banquet at 7 pm, Banquet tickets (\$50 each) can now be purchased from: St. Joseph's Christian Book and Gift Store 778-471-6100, Bianca Cinel - 250-374-7004.

**The Most Holy Trinity Parish Stewardship:** Sunday, Sunday Dec. 15<sup>th</sup> - \$1,128.00 \*\*\*\* *May God bless and reward you for your generosity & support.*



## 2019 - 20 Christmas – Theophany Services



**Monday, January 1<sup>st</sup> - The  
Circumcision of our Lord,  
God and Saviour Jesus  
Christ;**

**Saint Basil the Great,  
Archbishop of Caesarea in Cappadocia; New Year's Day**

10:00 a.m. - Divine Liturgy of St. Basil the Great

**Sunday, January 5<sup>th</sup> - THEOPHANY EVE /  
НАВЕЧИР'Я БОГОЯВЛЕННЯ**

10:00 a.m. – Divine Liturgy; Great  
Sanctification of Water followed by  
Theophany meal and Caroling

**Monday, January 6<sup>th</sup> - FEAST OF THE  
THEOPHANY / БОГОЯВЛЕННЯ (ЙОРДАН)**

10:00 a.m. - Divine Liturgy



**Pastoral Ministry and Sacraments:**

**Reconciliation:** on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

**Holy Communion:** for the sick, by appointment, any time.

**Baptisms:** by appointment.

**Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

**Funerals and Memorials:** by appointment.

**Anointing of the Sick (Holy Unction):** Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

**Basic Guidelines for Reception of Holy Communion:**

1) You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

*If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.*