



8th Sunday after

*The Seven Holy Youths of Ephesus;
Holy Venerable-Martyr Eudocia – The
Emperor Decius went to prepare a riotous*

*festival in honor of the idols and also a viciously persecute
Christians. Seven youths, all of them soldiers, refused to
sacrifice to the idols and were buried alive. (Dormition Fast)*

***** Sunday, August 4th, 2019 *****

Pastor: Fr. Andrzej Wasylanko

109 Tranquille Rd. Kamloops, BC V3B 3E8

Mailing address: 118 Don St., Kamloops, BC V2B 1B7

Phones: 250-376-3690 (church) ** 250-461-7249 (residence)

Email: mostholyltrinitypar@shaw.ca *

Web-site: <http://kamloops.nweparchy.ca/>



Parish Liturgical Services

Sunday, Aug 4th ** 9:30 a.m. **

Rosary (Eng.) * 10:00 a.m. *****

Divine Liturgy (Eng./Ukr.): God's

blessings to all parishioners

Monday, August 5 * 9:00 a.m.** Div. Lit: Good health &
God's blessings for Marlene Perry

Tuesday, August 6 *** Feast of Transfiguration of our
Lord *** **10:00 a.m.** Div. Lit.: *God's blessings to all
parishioners (day of obligation)*

Wednesday, August 7 * 8:30 a.m.** Div. Lit: +Petro G.

Thursday, August 8 * 3:00 p.m.** *Moleben to the
Mother of God*

Saturday, August 10 * 9:00 a.m.** Div. Lit: God's
blessings & good health for Ida L. - Manda Hill

Sunday, August 11 ** 9:30 a.m. ** Rosary (Eng.) ***
10:00 a.m. * Divine Liturgy (Eng./Ukr.):** God's
blessings to all parishioners.



Liturgical Propers - Tone 7, pg. 103

*Epistle: A reading from the First letter of St. Paul to
the Corinthians (1:10-18)*

Brothers and Sisters, I appeal to you by the name of our Lord Jesus Christ, that all of you be in agreement and that there be no divisions among you, but that you be united in the same mind and the same purpose. For it has been reported to me by Chloe's people that there are quarrels among you, my brothers and sisters. What I mean is that each of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Has Christ been divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, so that no one can say that you were baptized in my name. (I did baptize also the household of Stephanas; beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to proclaim the gospel, and not with eloquent wisdom, so that the cross of Christ might not be emptied of its power. For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

Gospel: Matthew 14:14-22



At that time, Jesus saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish."

And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children. Immediately he made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds.



**** ANNOUNCEMENTS ****



A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!

Holiness as a Sign of the Action of the Holy Spirit

716

Only the one Lord is holy in the true sense of this word. We read about this in the book of the prophet Isaiah, who saw God on the heavenly throne. The seraphim sang of his ineffable holiness, proclaiming: “Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory!” (Is 6:3). The Holy Scriptures also calls believers “saints” (literally “the holy ones”)—those who are sanctified through God’s salvific action (see Rom 1:7; 1 Cor 1:2). The Holy Spirit cleanses a person of all defilement and leads him or her into divine life and holiness. The apostle Paul teaches:

Do you not know that wrongdoers will not inherit the kingdom of God? Do not be deceived! Fornicators, idolaters, adulterers, male prostitutes, sodomites, thieves, the greedy, drunkards, revilers, robbers—none of these will inherit the kingdom of God. And this is what some of you used to be. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and in the Spirit of our God (1 Cor 6:9-11).

717

Christian holiness is not a perfection grounded in our nature, but is achieved rather through the active participation of a person in the holiness of God. Saint John Cassian teaches:

All holy people have certainly had God within them. For we know well that God was in the patriarchs, and that he spoke in the prophets. We believe that not only apostles and martyrs but all the saints and servants of God have within them the Spirit of God, according to this: "For we are the temple of the living God" (2 Cor 6:16) And again: "Do you not know that you are God's temple and that God's Spirit dwells in you?" (1 Cor. 3:16). And thus we are all receivers of God.

718

All Christians receive holiness in embryonic form through the Holy Mysteries of Baptism and Chrismation, and they are called not to squander it, but to nurture it to fullness. Again, John Cassian reminds us:

As far as human weakness permits, [people] should humble themselves before God, be subject to God, make themselves dwellings for God, and by their faith and piety win this, to have God as their guest and indweller. For in proportion as anyone is fit for God's gift, so does the Divine grace reward that person: in proportion as a person seems worthy of him; in proportion as a human being seems worthy of God, so does that person enjoy God's presence, according to the Lord's promise, "those who love me will keep my word, and my Father will love them, and we will come to them and make our home with them" (Jn 14:23).

Catechism of the Ukrainian Catholic Church – "Christ Our Pascha"
#716-718 pg. 236-237

St. Diadochos of Photiki – "On Spiritual Knowledge"

"All men are made in God's image; but to be in His likeness is granted only to those who through great love have brought their own freedom into subjection to God. For only when we do not belong to ourselves do we become like Him who through love has reconciled us to Himself. No one achieves this unless he persuades his soul not to be distracted by the false glitter of this world.

Evil does not exist by nature, nor is any man naturally evil, for God made nothing that was not good. When in the desire of his heart someone conceives and gives form to what in reality has no existence, then what he desires begins to exist. We should therefore turn our attention away from the inclination to evil and concentrate it on the remembrance of God; for good, which exists by nature, is more powerful than our inclination to evil. The one has existence while the other has not, except when we give it existence through our actions.”



Please Pray for health of ... Olga S., Lisa

M., Michael L., Marlene P., Greg H., Melynda S., Dorothy N., Jayne P., Gloria N., Jessie P., Mary E., Louise M, Elsie K., Ann D., Ivanna I., Bill Ch., Joyce K., Suzanne C., Clay B., Maria W., Anne D., Rose K., Maria S., Lawrence & Ping B., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Volunteers –
Дякуємо – Many thanks to everyone for your support of our parish community and all other work done for our church this past week.

Up-coming Major Feasts (days of obligation) – this coming Tuesday, August 6th we will celebrate the feast of the Transfiguration of the Lord and on Wednesday, August 15th the feast of Dormition of the Mother of God.

It is our tradition that we bless **fruits** on the feast of Transfiguration and **flowers** on the feast of Dormition.

CAMP ST. VOLODYMYR -- August 18-25, 2019

Register online using Eventbrite. Search “Camp St. Volodymyr BC 2019.” For more information contact Jennifer Caldwell at jennsawka@hotmail.com or 604.220.0584.

DONATE Food

We are always happy to accept food donations of fresh fruits and vegetables, breakfast items; cereal, syrup, pancake mix, jam, Nutella, lunch items; chicken soup, Kraft dinner, cheese, drinks; juice boxes, powdered drinks, brownie/cake mixes, Jello, snack

bars, cookies or treats. Gift certificates to Superstore and Costco are also welcome.

DONATE Monetarily

Each year the Eparchy sponsors several children to attend. You can help send a deserving child to camp through your donations. Donation can be made through the Eparchy or online at our Eventbrite page. Tax receipts can be issued for donations of \$25 or more.

Parish Feast-day/Praznyk in Kelowna – will be celebrated on Sunday, August 18th with the Pontifical Divine Liturgy beginning at 11:00 a.m.

Fr. Andrzej's vacation time – from Wednesday, Aug. 28th to Wednesday, Sept. 11th inclusive, Fr. Andrzej will be away on part of his annual vacation. Fr. Stepan Dovhoshyya from Vernon will be substituting. Sunday Divine Liturgies will be celebrated on **Saturdays at 3:00 p.m.**

Sunday Divine Liturgy in August – please note that due to Fr. Andrzej's participation at Camp St. Volodymyr, our regular time of Sunday Divine Liturgies will be changed. On Saturday, August 17th we will celebrate at **2:00 p.m.** (for Sunday Aug. 18) and on Sunday, Aug. 25th our service will be at **2:00 p.m.**

Special Petition for Divine Liturgy: We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

The Most Holy Trinity Parish Stewardship: Sunday, July 21 - \$563.00 **** *May God bless and reward you for your generosity & support.*

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.



<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
9:43-50	August 4, 2019	Aug. 10, 2019	Ps 61-62
9:51-62	Aug. 11, 2019	Aug. 17, 2019	Ps 63-64
10:1-16	Aug. 18, 2019	Aug. 24, 2019	Ps 65-66

***HIS BEATITUDE SVIATOSLAV (SHEVCHUK)
ADVISED HOW TO REVIVE THE LITURGY***

Father and Head of the Ukrainian Greek Catholic Church, His Beatitude Sviatoslav at a meeting with the youth during the national pilgrimage to Zarvanytsia shared his advice on how to enliven the Liturgy. First of all, believes His Beatitude Sviatoslav, in order to revive the Liturgy, **we must be active participants in it.**

According to him, after the Second Vatican Council in the Catholic Church and in other communities, in particular the

Protestant, there was a lot of discussion on this topic. "There was a whole trend that began to treat the liturgy as a show. But then it became clear that the spectacle was a one-day fly. And the priest in such a liturgy-performance was supposed to act as a showman. And then they saw that such a revival of the Liturgy did not lead to a better experience of God," said the Primate.

"There is another way - to better prepare for the Liturgy, both for the priest and for the faithful," stressed the Head of the UGCC.

As an example, he mentioned a priest who initiated a truly liturgical reform in the Church. "He began to print texts for every mass, so that those who come to the temple had texts in front of their eyes and could participate in singing. Maybe we all should go that way," said the Bishop.

His Beatitude Sviatoslav gave two pieces of advice, which he received as a seminarian from his spiritual father Lubomyr Husar. "These tips have personally helped me a lot. The first thing he said - go to the Divine Services as a meeting. Not as a performance, but as a meeting ... We go to the Liturgy, not only to learn something there, to get some information, but to meet God. Moreover, to meet God Who wants to serve me. For Divine Liturgy is a moment when He descends from Heaven to serve me. Therefore, we call it the Service of God," convinces His Beatitude Sviatoslav.

And the second piece of advice: "Go to a meeting with God with this mood: 'God wants to say something to me, and I have to hear.' Believe me, if you go to the Service of God as to something new and different each time, God will speak to you. For the Lord God speaks. There are no two identical Divine Liturgies," says the spiritual leader of Ukrainians.

"And when you go out of worship, ask yourself: 'What did God say to me today?' You will see that you will come out of such a meeting with a full heart and a special word that God says to you," says His Beatitude Sviatoslav.

The UGCC Department for Information