



Palm Sunday * The Lord's Entrance into Jerusalem*****

Saint Martin the Confessor, Pope of Rome – he was persecuted for the Christian faith in the 7th century. He died in exile at Cherson in the Crimea.

***** Sunday, April 14th, 2019 *****

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Holy Week & Easter Celebrations

Sunday, April 14th - PALM SUNDAY

10:00 a.m. - Divine Liturgy (Eng./Ukr.) -
After the Divine Liturgy - blessing of pussy willows & myrovania/blessing with Holy Oil

Great & Holy Monday, April 15th * 4:00 p.m. *****
Akathist to Christ's Passion

Great & Holy Tuesday, April 16th * 4:00 p.m. *****
Stations of the Cross

Great & Holy Wednesday, April 17th * 4:00 p.m. *****
Liturgy of the Presanctified Gifts

Great & Holy Thursday, April 18th * 6:00 p.m. –**
Matins of the Passion/Strasti (12 Gospels)

Good & Holy Friday, April 19 * 3:00 p.m. –** Good Friday
Vespers & Procession with the Shroud - Plashchanycia

After Service until 6:00 p.m. – Confessions & church will be open for personal prayer.

Great & Holy Saturday, April 20 * 9:00 a.m.**

– Holy Saturday Matins (Jerusalem Matins)

10:00 a.m. – 12:00 p.m. – Confessions & Personal Prayer before the Tomb



**Sunday, April 21 – The Holy Resurrection
Of Our Lord And Savior Jesus Christ -
EASTER SUNDAY – PASCHA /
Великдень **** 8:00 AM **** Paschal
Procession,**

Easter Matins, Divine Liturgy of St.
John Chrysostom. After the Liturgy - blessing of
Artos and blessing of Easter Foods.

Monday, April 22 - Bright Monday - 10:00 a.m. – Div. Lit.

Tuesday, April 23 - Bright Tuesday - 10:00 a.m. – Div. Lit.

Sunday, April 28 – Thomas Sunday * 9:30 a.m. Rosary
(Eng.) *** 10:00 a.m. Div. Lit.:** God’s blessings for all
parishioners. (Eng./Ukr.). After the Liturgy distributing of the
Artos (the Blessed Bread), anointing with blessed oil and
“Spilne Sviachence”/Parish Easter Lunch.



First Antiphon

Verse 1: I am filled with love* for the Lord will hear the voice
of my plea (Ps 114:1).

Refrain: Through the prayers of the Mother of God,* O
Saviour, save us.

Verse 2: For He has inclined His ear to me,* and I will call to
Him all the days of my life.

Refrain: Through the prayers of the Mother of God...

Verse 3: The pangs of death encircled me,* the trials of Hades befell me (Ps 114:3).

Refrain: Through the prayers of the Mother of God....

Verse 4: I met with anguish and pain,* and called upon the name of the Lord.

Refrain: Through the prayers of the Mother of God....

Third Antiphon

Verse 1: Give thanks to the Lord, for He is good, for His mercy endures forever (Ps 117:1).

Troparion (Tone 1): Assuring us before Your Passion of the general resurrection,* You raised Lazarus from the dead, O Christ God:* and so, like the children, we also carry signs of victory* and cry to You, the conqueror of death:* Hosanna in the highest!* Blessed is He who comes* in the name of the Lord.

Verse 2: Therefore, let the house of Israel say that He is good, for His mercy endures forever (Ps 117:2).

Troparion (Tone 1): Assuring us before Your Passion...

Verse 3: Therefore, let the house of Aaron say that He is good, for His mercy endures forever (Ps 117:3).

Troparion (Tone 1): Assuring us before Your Passion...

Verse 4: Let all who fear the Lord say that He is good, for His mercy endures forever (Ps 117:4).

Troparion (Tone 1): Assuring us before Your Passion...

At the Little Entrance

Entrance Verse: Blessed is He, Who comes in the name of the Lord, we bless you from the house of the Lord; the Lord is God and has appeared to us.

Troparion (Tone 1): Assuring us before Your Passion of the general resurrection, * You raised Lazarus from the dead, O Christ God: * and so, like the children, we also carry signs of victory * and cry to You, the conqueror of death: * Hosanna in the highest! * Blessed is He who comes * in the name of the Lord.

+Glory be to the Father and to the Son and to the Holy Spirit.

Troparion (Tone 4): Buried with You through Baptism, O Christ our God, * we have been granted immortal life by Your resurrection, * and we sing Your praises, crying out: * Hosanna in the highest! * Blessed is He who comes in the name of the Lord.

Now and for ever and ever. Amen.

Kontakion (Tone 6): Mounted on the throne in heaven, O Christ God, * and on a colt here on earth, * You accepted the praise of the angels, * and the hymn of the children who cried to You: * Blessed are You, who have to call Adam back.

Prokimenon (Tone 4): Blessed is He who comes in the name of the Lord;* God the Lord has appeared to us (Ps 117:26-27).

verse: Give thanks to the Lord for He is good, for His mercy endures forever.



A reading of St. Paul's letter to the Philippians (Phil 4:4-9) -

Brethren, rejoice in the Lord always; again I will say, Rejoice. Let your gentleness be known to everyone. The Lord is near. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

Alleluia (Tone 1): Sing to the Lord a new song, for He has worked wonders.

verse: All the ends of the earth have seen the salvation of our God.

Gospel: (John 12:1-18):

Six days before the Passover, Jesus came to Bethany, the home

of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, 'Why was this perfume not sold for three hundred denarii and the money given to the poor?' (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, 'Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me.' When the great crowd of the Jews learned that he was there, they came not only because of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus to death as well, since it was on account of him that many of the Jews were deserting and were believing in Jesus. The next day the great crowd that had come to the festival heard that Jesus was coming to Jerusalem. So they took branches of palm trees and went out to meet him, shouting, 'Hosanna! Blessed is the one who comes in the name of the Lord—the King of Israel!' Jesus found a young donkey and sat on it; as it is written: 'Do not be afraid, daughter of Zion. Look, your king is coming, sitting on a donkey's colt!' His disciples did not understand these things at first; but when Jesus was glorified, then they remembered that these things had been written of him and had been done to him. So the crowd that had been with him when he called Lazarus out of the tomb and raised him from the dead continued to testify. It was also because they heard that he had performed this sign that the crowd went to meet him.

Instead of "It is truly...": "O my soul, magnify Christ who is seated on a foal."

Irmos (Tone 4): The Lord is God and has appeared to us: together let us celebrate. Come with great rejoicing; let us magnify Christ with palms and olive branches, and with songs let us cry aloud to Him: Blessed is He who comes in the name of the Lord, our Saviour.

Communion Verse: Blessed is He who comes in the name of the Lord; * God the Lord has appeared to us. **Alleluia! (3x).**

**** ANNOUNCEMENTS ****

Entrance of the Lord into Jerusalem

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The Church begins to celebrate the Resurrection as victory over death with the commemoration of the raising of Lazarus, during which Jesus reveals himself to be “the Resurrection and the Life.” “Those who believe in me, even though they die, will live” (Jn 1:25). The Floral Triodion begins with Lazarus Saturday. It leads into Holy Week, which bears the good news about Christ’s victory over sin and death through his Passion and the Cross. The sign of the imminent victory is the entrance of Christ, the God-man, into Jerusalem. “As man he wept for Lazarus, and as God he resurrected him from the dead. As man he sat upon the donkey, and as to God they cried out to him: ‘Blessed is he who comes in the name of the Lord.’”

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In the liturgical hymns of Palm Sunday, also known as Flowery Sunday, we sing of the children of Jerusalem, who greeted Christ as King even though the Pharisees and scribes refused to accept Him: “O, evil and adulterous generation, why have you treated your Lord so faithlessly? ... Why have you rejected the prophet’s words which proclaim him? Your own children sang to your shame today: ‘Hosanna to the son of David! Blessed is he who comes in the name of the Lord!’” Just as the people greeted Christ with branches from trees, so Christians also greet Christ with “palms of virtue” as he enters upon his voluntary Passion. Those who have not acquired virtues and have rejected Christ are compared to the barren fig tree: “The rod of Aaron, though dried up and withered, was changed into a green branch that put forth leaves; but the lawless assembly was changed into an unfruitful fig tree.”

Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #221-2 p. 79-80 <http://catechism.royaldoors.net/catechism/>

Thank you for joining us!

A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



Thank you to all our Volunteers – Дякуємо – on behalf of our parish we say thank you to the **members of UCWLC**



and everyone else who in various ways helped make a great success of our 2019 Easter Bake Sale. Our gratitude to **Mr. Orest Hrycewich** for polishing candle holders. Many thanks to everyone for your support of our parish community and all other work done at the church property this past week. God bless you all!

Please Pray for health of ... Rob E., Bill Ch., Joyce K., John H., Matthew H., Eugenia W., Myroslava & Michael N., Milynda S., Suzanne C., Walter D., Rosa S., John K., Natalia D., Moriss P., Bill & Johanne C., Clay B., Annie A., Maria W., Anne D., Rose K., Maria S., Lawrence & Ping B., all sick brothers and sisters in our families and parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Congratulation! Mnohaya Lita – on behalf of our parish we would like to congratulate Mrs. Zonia Rurka on the occasion of the birth of her grand-daughter, **Olena St. Pierre**. We wish Olena's parents Nick & Jennifer & the entire family many God's blessings of good health, joy, peace and happiness.

Catechetical Presentation – will take place today, **Sunday, April 14th** during coffee after the Divine Liturgy.

Children's Catechism – will continue today, **Sunday, April 14th** after the Divine Liturgy at 10:00 a.m.

Lenten Collection – our gratitude to everyone who supported our Lenten Collection for the Catholic Missions in Canada. Our total is **\$415**. God bless you all.

Mass of Chrism Tuesday, April 16th at 10:00 am at Roman Catholic Sacred Heart Cathedral:

During the Chrism Mass, Bishop Joseph Nguyen will bless the oil of the sick and the oil of catechumens and consecrate the oil of chrism which will be used in the parishes of the Kamloops diocese throughout the year.

Good Friday, April 19 - is a strict fast day - no meat, dairy or poultry products.

Society of St. Vincent de Paul Good Friday Stations of the Cross: The second annual outside Way of the Cross will begin on **Good Friday** morning at 10:00 a.m. outside of ASK Wellness and proceed down Tranquille Road stopping outside 12 different agencies. Prayers will be offered regarding various social justice concerns such as homelessness, addictions and unemployment. It will take about 1½ hours and cover a little over a kilometer concluding with soup and a bun at St. Vincent de Paul on 168 Briar Avenue. Everyone welcome!

Easter Food Blessing for the Polish community - the traditional Easter Food Blessing Ceremony will take place on **Holy Saturday, April 20th at 1:00 pm** at the Roman Catholic Sacred Heart Cathedral with Fr. Andrzej presiding; reception in the hall to follow. All are welcome.

Monthly Parish Council Meeting – will take place on **Wednesday April 24th** at 7:00 p.m. at the parish hall.

Society of St. Vincent de Paul, OLPH, Kamloops – will hold their AGM on **Monday, April 29th** at 1:00 p.m. in SSVP dining room on Briar St.

“Spilne Sviachence”/Parish Easter Lunch – will take place on Sunday, April 28th after the Divine Liturgy. On that morning there will be traffic restrictions on the **Overlander Bridge & Tranquille Rd.** due to the Annual Run – “Boogie on the Bridge”. Please give yourself extra time to get to church.

Clergy Annual Retreat & Conference – will take place in the Carmel Hill Formation House, Deroche, BC from **Tuesday, April 30 to Friday, May 3rd**.

Annual Diocesan (RC Diocese of Kamloops) Youth Retreat – May 3 – 5, 2019 at Our Lady of Perpetual Help in Kamloops. For youth in grades 7 – 12. For more information visit www.rcdk.org

Special Petition for the Divine Liturgy - We also pray for the people of Ukraine, that with the help of the Holy Spirit they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

The Most Holy Trinity Parish Stewardship: Sunday, April 7th - \$ 897.00 **** *May God bless and reward you for your generosity & support.*



Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion);
- 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently;
- 3) You attend Divine Services regularly;
- 4) Your lifestyle is consistent with the teaching of the Catholic Church;
- 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast).
- 6) You have been in church from the beginning of the service, or at least heard the Gospel.
- 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

<i>The Gospel of Luke</i>	<i>From</i>	<i>To</i>	<i>Psalm(s)</i>
5:27-39	April 14, 2019	April 20, 2019	Ps 30-31
6:1-11	April 21, 2019	April 27, 2019	Ps 32-33
6:12-26	April 28, 2019	May 04, 2019	Ps 34-35
6:27-35	May 05, 2019	May 11, 2019	Ps 36-37
6:36-42	May 12, 2019	May 18, 2019	Ps 38-39



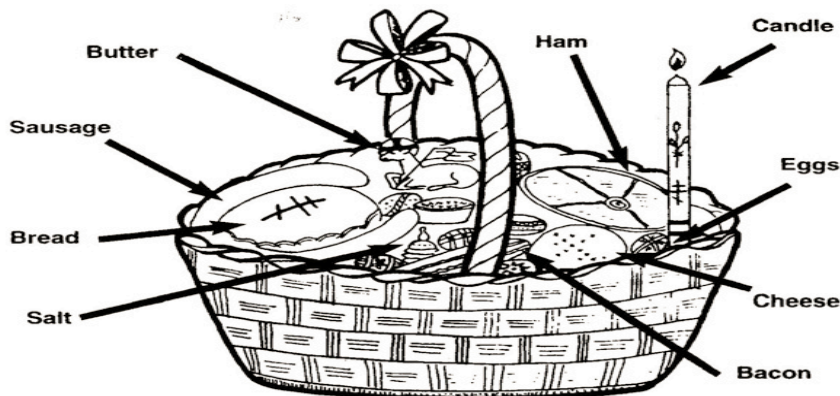
Lenten Scriptural Readings for this week

Monday: Ezekiel 1:1-20; Exodus 1:1-20 & Job 1:1-12

Tuesday: Ezekiel 1:21-28; Exodus 2:5-10 & Job 1:13-22

Wednesday: Ezekiel 2:3-3:3; Exodus 2:11-22 & Job 2:1-10

Thursday: Jeremiah 11:18-23; 12:1-5, 9-11, 14-15; Exodus 19:10-19 & Job 38:1-21; 42:1-5



Ukrainian Catholic Easter Traditions

By 'Rev. Anthony Holowaychuk

For many Ukrainians, Easter would not be Easter without the traditional Easter Basket. Going back in time we discover that in our tradition, Lent used to be a time of strict fasting and abstaining from meat, eggs and dairy products for the whole season. To show joy and thanksgiving at the end of Lent, the faithful took foods to be blessed at the Easter Morning Divine Liturgy and, bringing it home, the entire family shared it to "Break-the-Fast". The first food to "Break-the-Fast" was the blessed egg.

Eggs are a sign of hope and resurrection. Jesus comes from the tomb as the chick breaks the shell at birth. Because of the special meaning, it is fitting that the eggs should be decorated with symbols of Easter, and blessed.

Meats and Sausage represent the animals used for sacrifices in the Old Testament. They remind us of Christ who, in the New Testament, as a Lamb, sacrificed himself on the cross for our salvation. The sausage represents the links of the chains of death, which Christ broke by His Resurrection.

Paska (Easter Bread) is symbolic of Jesus who said: "I am the Bread of Life". He gives Himself as food in the Eucharist saying: "Whoever eats of this Bread will have life everlasting".

Horseradish represents the bitter herbs prescribed in the original Passover Meal as a reminder of the bitterness of life in the captivity of Egypt. Today it reminds us of the bitterness of Christ's Passion, the pains of crucifixion by which He entered into the glory of Resurrection.

Salt is the symbol of perseverance of faith, according to the words of Christ: "You are the salt of the earth" (Mt. 5:13)

Cheese and Butter are related to prosperity, abundance and peace in the Promised Land. They remind us of the abundance of graces and peace granted to us by the Risen Christ.

All the foods were traditionally blessed in church early Easter Morning following the Divine Liturgy... Each basket should have a lighted candle as a symbol of the radiance of the Resurrected Christ, who said: "I am the Light of the World" (Jn. 8:12).