



25 Sunday after Pentecost

Our the Holy Martyrs Menas, Victor and Vincent (138- 61) – **Menas** was Egyptian by birth and a Roman officer by profession. Renouncing idolatry, he confessed Christ and was martyred in 304. **Victor** was a soldier. He was martyred with Stephanida in Egypt under Emperor Antoninus (138-161). **Vincent** was an Archdeacon in Saragossa, Spain. He was martyred in 304. **Our Venerable Father and Confessor Theodore the Studite (826)** – **Theodore** was the famous abbot of the Studium Monastery who suffered much for the sake of the icons. He died in 826, leaving many hymnographic compositions and spiritual writings.

***** Sunday, November 11th, 2018 *****

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Parish Liturgical Services

Saturday, November 10th ** 2:30

p.m. ** Rosary (Eng.) * 3:00 p.m.**

***** Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners.**

Monday, Nov. 12 * Feast of St. Josaphat of Polotsk *****
9:00 a.m. Div. Lit.: God's blessings to all parishioners

Tuesday, Nov. 13 * 9:00 a.m. Div. Lit.: God's blessings**
and good health for Joe & Joyce Kalfics

Wednesday, Nov. 14 *** 9:00 a.m. *Div. Lit.:* +*Peter Gulka*

Thursday, Nov. 15 *** 9:00 a.m. *Div. Lit.:* *God's blessings and good health for Michael & Tara Hill*

Sunday, November 18th ** 9:30 a.m. ** **Rosary**
(Eng.) *** 10:00 a.m. *** *Divine Liturgy* (Eng./Ukr.):
God's blessings to all parishioners



**** Sunday's Propers - Tone 8 - pg. 105 ****



Epistle: *A reading from the Holy Apostle Paul to the Ephesians (4:1-6):*

Brothers and Sisters, I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

Gospel: *Luke 10:25-37*

At that time, a lawyer stood up to test Jesus. "Teacher," he said, "what must I do to inherit eternal life?" He said to him, "What is written in the law? What do you read there?" He answered, "You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself." And he said to him, "You have given the right answer; do this, and you will live." But wanting to justify himself, he asked Jesus, "And who is my neighbour?" Jesus replied, "A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who

stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while traveling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, 'Take care of him; and when I come back, I will repay you whatever more you spend.' Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?" He said, "The one who showed him mercy." Jesus said to him, "Go and do likewise."



"My progress in holiness depends on God and myself: on God's grace and my will." St. Teresa of Calcutta

**** ANNOUNCEMENTS ****

Thank you for joining us!

A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #796-8, p. 257-8

Conquering Passions.

The battle against evil thoughts and passions, and the acquiring of virtues, is the essence of Christian asceticism. The effects of passions are so ruinous that they are often compared to a debilitating illness.

If the Christian is aroused to defection and is done in by evil, he becomes like a city without walls which robbers invade from any part they wish, for there is absolutely no resisting force and they plunder it and set it on fire. Thus, while you are neglecting yourself and hardly taking stock of yourself, the evil spirits enter into you and destroy and lay barren your mind, dissipating your thoughts on things of this world.

Therefore, a Christian should strive with the utmost diligence to conquer passions and free himself or herself from them.

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Freedom from passions (in Greek, *apatheia*) is a precondition of Christian perfection. The struggle against passions consists of three elements: awareness, resistance, and eradication. Human reason, illumined by grace, is capable of achieving an awareness of passion; the human will, in cooperation with God's grace, can resist passion; the eradication of passion is the crown of spiritual combat and a sign of the healing power of grace. Freedom from passions is strengthened by ascetical practices. However, its only source is the love of God, which conquers all passions, and brings together all of a person's efforts under the power of the Holy Spirit.

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Being free from passions does not mean that a person is free from tempting thoughts, for the intrusion of such thoughts does not always depend on us. However, when a person achieves the state of *apatheia*, he or she dismisses the evil thoughts that lead to passion."

Please Pray for health of ... Walter D., John K., Moriss P., Bill & Johanne C., Fr. Basil C., Clay B., Annie A., Wanda Jean R., Maria W., Ann G., Anne D., Rose K., Maria S., Slava W., Lubko H., Fr. Jeffery S., Lawrence & Ping B., all the sick brothers and sisters in our families and our



parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.

Divine Liturgy for Sunday, November 11th – will be celebrated today, **Saturday, Nov. 10th at 3:00 p.m.** There will be **no coffee** after the service. We will have a Panakhyda service for those who lost their lives in defense of freedom.

Sunday, November 11th, 2018 – **Remembrance Day** – may God remember all the souls of our departed brothers and sisters who lost their lives in defense of freedom – Vichnaya Pamiat!!!



St. Josaphat's Parish Praznyk, Vernon - Please mark your calendars for **Nov. 11** to celebrate our St. Josaphat's Praznyk. **Div. Lit. at 11:30 am** followed by banquet. Tickets: \$20.00 - adults; \$10.00 - children 6-12 years of age; children 5 years & under - free.

Thank you to all our Parishioners – Дякуємо – to everyone who came out and helped with our cabbage roll bees.



Our gratitude to Mr. Orest Hrycewich for bringing gravel and resurfacing our parking lot. We are also grateful for all the other voluntary work done this past week at the church premises. May God richly bless you all!

St. Philip's Fast (Пилипівка) – a time of 40 days preparation for Christmas will begin this coming **Thursday, Nov. 15th, 2018.**

Holy Hour for Families - You are invited to attend a Holy Hour this coming **Friday November 16** at 7:00 pm at Our Lady of Perpetual Help for the intentions of all families.

Fr. Andrzej On Call for Hospital Emergency – for this upcoming week, our Kamloops Roman Catholic clergy will be away on their special Diocesan Conference, thus Fr. Andrzej will be on call.

Perogy Sale – We are now accepting **phone calls for orders.** Anyone wishing to purchase perogies or cabbage rolls, please call Mrs. Adelle Dmyterko at **250-554-3107** or Mrs. Mary Emery **250-376-8934.**



Next Perogy Bee – will take place on Tuesday, Nov. 20th.



Knights of Columbus the 4th Degree Monthly Meeting – will take place this coming Thursday, Nov. 15th, at 7:00 p.m. at LeJeune Manor.

Next Parish Fundraiser Brunch – will take place next **Sunday, Nov. 18th** after the Divine Liturgy at 10:00 a.m.

Monthly Parish Council Meeting – will take place this on **Tuesday, Nov. 20th** at 7:00 p.m.

National Holodomor Awareness Week November 19-25, 2018 - to

commemorate the 85th anniversary of the Holodomor – Famine Genocide of 1932-33. International Holodomor Memorial Day is on Saturday, Nov. 24. At 7:32 p.m. (19.32) local time we are invited to pause for a moment of silence and honour the memory of the victims by lighting a candle of remembrance in our homes. At our parish we will celebrate the Panakhyda service on **Sunday, Nov. 25th** after the Div. Lit. for those who died during the Holodomor.



We are also invited by Ukrainian Orthodox Parish of All Saints (1044-8th St.) to join them in their Holodomor commemoration on Saturday, Nov. 24th at 10:00 a.m.



Grey Cup Party 2018 – Sunday, Nov. 25th

- our 10th Annual Grey Cup party is now being organized. Please plan to attend and be involved. For more information, please contact Mr. John Chaplin.

Fr. Andrzej's vacation time – from Wednesday, Nov. 28th, 2018 to Wednesday, December 5th inclusive, Fr. Andrzej will be away on part of his annual vacation. Fr. Stepan Dovhoshyya from Vernon will be substituting. Fr. Stepan's contact information: phone - **250-549-1327** & e-mail - dovhoshiyastepan@gmail.com). Sunday's Div. Lit. will be celebrated by Fr. Stepan on **Sat., Dec. 1st at 2:00 p.m.**

Let Us Pray Together - all faithful of the Ukrainian Catholic Church are encouraged to pray every day at 9:00 p.m. (regardless of the time zone). We will pray for each others' needs, for the parish, the eparchy, the Ukrainian Catholic Church, for peace in Ukraine, and for vocations. At this time the faithful are encouraged to pray at least: the usual beginning of the ordinary (Начало обичне) including Our Father and Hail Mary.

We Are Family: Where Faith Meets Life - You are invited to a presentation of transforming your family's faith life in a modern world. The speakers' presentation will take place at 7:00 p.m. on November 15th, 2018 at Our Lady of Perpetual Help Parish Centre. For more information please see the attached poster or contact Adele at 250-376-3351 or info@rcdk.org.

Special Petition for the Divine Liturgy - We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

2019 Pilgrimage to Lourdes, Paris, Senlis & Ukraine with Sister Angelica & Myrna Arychuk. *For details please call Myrna Arychuk at 604 - 617 - 7200*

The Most Holy Trinity Parish Stewardship: Sunday, November 4th - \$ 675.00 **** *May God bless and reward you for your generosity & support.*



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion);
- 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently;
- 3) You attend Divine Services regularly;
- 4) Your lifestyle is consistent with the teaching of the Catholic Church;
- 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does

not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.



Notes from last Sunday's catechism presentation:

Virtue - The Holy Fathers believed that **virtue is a capacity** placed in the human soul. Virtue is the power and capacity of a person, created in God's image, to become like God and attain deification.

Virtue is a source of one's natural strengths, which develop and are perfected in cooperation with God's grace.

Through virtue, a person becomes capable of living and acting in Christ.

St. Gregory of Nyssa, one of the greatest saints in the Eastern Church confirmed this with these words: "The goal of a virtuous life is to become like God."

There are two kinds of virtues: theological & cardinal

Theological virtues include: faith, hope and love.

Cardinal virtues include: prudence, justice, fortitude and temperance.

The virtue of Faith - is a belief in God and all that He has revealed, trust in God, personal surrender and obedience to Him.

The virtue of Hope - is confidence in God's mercy, power and providential care.

The virtue of Love - is a commitment, loyalty and devotion to God, selfless giving, sacrifice and good will towards all people; reverence for God and respect for every human being as an image and likeness of God.

The Cardinal virtue **of Prudence is** the gift of good judgement and common sense.

Justice is the gift of fairness and the desire to do what is right, good and just.

The virtue of Fortitude is the courage and strength to do God's will.

Temperance is the gift of self-control in our thoughts, desires and actions.