

Sunday before the Exaltation of the Cross

Post-feast of the Nativity of the Mother of God



Holy and Righteous Forebears of God Joachim and Anna – both Joachim and Anna had been praying for years for a child. One day while Joachim prayed in the desert and Anna at home, an Angel of the Lord appeared to both and announced the conception of a daughter who would have a great destiny. Overwhelmed with joy, Anna ultimately gave birth to Mary.

The Holy Martyr Severian (321-23) – Severian suffered martyrdom for Christ at Sebastea in Armenia under Emperor Licinius in 323.

***** Sunday, September 9th, 2018 *****

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Parish Liturgical Services

Sunday, September 9th ** 9:30 a.m. **

Rosary (Eng.) * 10:00 a.m. *****

**Divine Liturgy (Eng./Ukr.): God's
blessings to all parishioners**

Tuesday, September 11 ** 9:00 a.m. Div. Lit.:
Thanksgiving for received blessings - Annie A.

Wednesday, September 12 * 9:00 a.m. Div. Lit.:**
+Ivan & +Maria W.

Thursday, September 13 * 9:00 a.m. Div. Lit.:**
Healing for John & Annie

Friday, September 14 *** Feast of Exaltation of the Holy Cross **10:00 a.m. Div. Lit.:** *God's blessings to all parishioners*

Sunday, September 16th ** 9:30 a.m. ** Rosary
(Eng.) * 10:00 a.m. *** Divine Liturgy (Eng./Ukr.):**
God's blessings to all parishioners



Troparion, Tone 7: By Your cross You destroyed death; * You opened Paradise to the thief; * You changed the lamentation of the myrrh-bearers to joy, * and charged the apostles to proclaim * that You are risen, O Christ our God, * offering great mercy to the world.

Troparion, Tone 4: Your nativity, O Virgin Mother of God, * has made joy known to all the world, * for from you dawned the Sun of Righteousness, Christ our God. * He abolished the curse and gave the blessing; * and by making death of no effect He bestowed on us eternal life.

+Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 7: No longer shall the dominion of death be able to hold humanity, * for Christ went down shattering and destroying it's powers. * Hades is bound. * The prophets exult with one voice. * The Saviour has come for those with faith, saying: * "Come forth, O faithful, to the resurrection!"

Now and for ever and ever. Amen.

Kontakion, Tone 4: By your birth, O immaculate one, * Joachim and Anna were freed from the reproach of childlessness, * and Adam and Eve * from the corruption of death. * And your people, redeemed from the guilt of their sins, * celebrate as they cry out to you: * “The barren one gives birth to the Mother of God * and nourisher of our life.”

Prokeimenon, Tone 6 - Save Your people, O Lord, * and bless Your inheritance.

verse: Unto You I will cry, O Lord, my God, lest You turn from me in silence. (Psalm 27:9,1)

Epistle: Galatians 6:11-18

Brothers and Sisters, see what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised — only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule— peace be upon them, and mercy, and upon the Israel of God. From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

Alleuia, Tone 1 - I have exalted one chosen from the people and with my holy oil anointed him.

verse: My hand shall always be with him and my arm shall make him strong.

Gospel: John 3:13-17



The Lord said, “No one has ascended into heaven except the one who descended from heaven, the Son of

Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Hymn to the Mother of God - O my soul, magnify the Virgin Mary, born from a barren womb.

And the Irmos, Tone 8: Virginitly is alien to mothers* and childbearing is foreign to virgins;* yet in you, O Mother of God, both of them came together.* Therefore we and all the nations of the earth* without ceasing magnify you.

Communion Hymn - Praise the Lord from the heavens;* praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

ANNOUNCEMENTS:

Thank you for joining us!

A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #413-14, p. 142

Our Baptism Is “the Blessing of the Jordan.”

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In the Rite of Baptism, the Church prays that “the grace of salvation and the blessing of the Jordan” descend upon the water. We pray that in this Baptism, that which was revealed at the river Jordan, will be realized now. There, the Father, through the Holy Spirit, declared Jesus to be his beloved Son. That which was manifested in Christ—being the Son of God—becomes the reality of all who are baptized. Upon you also, if

you possess sincere piety, the Holy Spirit will descend, and from above will be heard over you the voice of the Father, saying not “This is my Son” but “This has now become my son.” For to Christ alone belongs the “is” ... To you belongs “has now become,” since you do not possess the sonship by nature, but receive it by adoption. He is Son eternally, but you receive that grace by advancement.

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Baptism is the first Mystery that a person needs to receive in order to enter the Church, the ark of salvation. It is the means by which one becomes a member of the Church, the Body of Christ. “Whence is it that we are Christians? Through our faith would be the universal answer. And in what way are we saved? Plainly because we were regenerated through the grace given in our baptism.”

Baptism unlocks the access to the other Holy Mysteries and sacred rites in the Church through which the Lord sanctifies, vivifies, and leads his Church as a whole and each believer in particular. This is why the baptized already become “heirs of the kingdom” and receive the “blessedness of the saints.”



Please Pray for health of ... Moriss P., Clay B., Annie A., Donna A, Muna N., Mirko W., John K., Wanda Jean R., Mike H., Joe S., Irene M., Maria W., Peter & Ann G., Brandon, Chad, Vanessa & Nathan N., Joe M., Anne D., Rose K., Maria S., Slava W., Maria & Ihor Z.,

Fr. Jeffery S., Lawrence & Ping B., all the sick brothers and sisters in our families and our parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Parishioners

– **Дякуємо** – Many thanks to everyone for your great support of our parish community and sharing of talents and resources for the needs of our parish community during this past week. Our gratitude to all parishioners who came out to help with the preparation of onions & bacon for our cabbage roll making. Special thanks to Mr. Dave Emery for repairing the residence sink. God bless you all!

Next Pastoral Address – will take place today, **Sunday, September 9th** during coffee time in the parish hall.

Friday, September 14th - Feast of the Exaltation of the Holy Cross - this feast is a day of obligation and it is also a Fasting Day (no meat).

Next Monthly Fundraising Breakfast – will take place next **Sunday, September 16th**.

Monthly Parish Council Meeting – will take place on **Monday, Sept. 17th** at 7:00 p.m. at the parish hall.

The First Annual Vocations Dinner - Wednesday, Sept., 19, 2018 *** 6:00 p.m. Reception/Cocktails *** 7:00 p.m. Dinner
Bishop Joseph's Vision for Kamloops Diocese *** Location:
Schubert Centre

3505 – 30th Avenue, Vernon, BC *** Dress: Semi Formal
Tickets: \$30 per person **** *Tickets Available at Chancery Office, Kamloops; St. James Parish, Vernon*



The Father Le Jeune 4th Degree Knights of Columbus Assembly – will hold their monthly meeting on **Thursday, September 20th, 2018** at 7:00 p.m. at Le Jeune Manor.

God's Squad

God's Squad is youth grade 8 and older coming together for fun, prayer and fellowship with other Catholic youth. See the Holy Family website for more information or contact hfgodssquad@gmail.com.



God's Squad Kickoff 2018 God's Squad is beginning a new year!! God's Squad is a group of youth from all parishes to develop a deeper friendship with Jesus and other Catholic youth in an informal, supervised setting. We invite all youth grade 8 and older for our first event: **Saturday September 22nd at Holy Family Parish from 2 pm to 6 pm.** Fun and games, food, music, prayer and crazy prizes. Dinner served at 5 pm. Bring Enthusiasm, bring energy, bring a friend!! Contact hfgodssquad@gmail.com

Let Us Pray Together - all faithful of the Ukrainian Catholic Church are encouraged to pray every day at 9:00 p.m. (regardless of

the time zone). We will pray for each others' needs, for the parish, the eparchy, the Ukrainian Catholic Church, for peace in Ukraine, and for vocations. At this time the faithful are encouraged to pray at least: the usual beginning of the ordinary (Начало обичне) including our Father and Hail Mary.

2018 Fall Clergy Conference – will take place in New Westminster from **Tuesday, Oct. 9 to Thursday, Oct. 11th, 2018.**

40 days of peaceful prayerful vigil

Choose Life Sept. 26 – Nov. 4, 2018

Mission: To bring together the Christian community in a spirit of unity during a focused 40-day campaign of prayer and peaceful activism, to seek God's favour to turn hearts and minds from a culture of death to a culture of life. Choose Life (Deuteronomy 30:19) is a peaceful and educational presence. Those who are called to stand witness send a powerful message to the community about the tragic realities of abortion and euthanasia/assisted suicide. The Choose Life community-based campaign tracks Biblical history, where God used 40-day periods to transform individuals, communities ... and the entire world. From Noah in the flood to Moses on the mountain to the disciples after Christ's resurrection, it is clear that God sees the transformative value of His people accepting and meeting a 40-day challenge. **We hope and pray that you will join us in this 40 day prayer vigil.** Prayer is at the centre of Choose Life. We are inviting all people of faith in Kamloops to join with people across the nation ... and around the world ... asking the Lord to hear our plea and heal our land. Prayer keeps us rooted in the fact that it is our desire to carry out God's will. **Every day for 40 days, (rain or shine) there will be a prayer vigil from 3:30 – 6:00 pm on 3rd Avenue between Nicola and Columbia Street.** Optional prayers will be provided to assist those participating focus on the value and protection of Life. The Cathedral will be open from 3:30 pm to 6pm daily for those who are unable to stand for 2 hours or who would like to enter to pray. Signs indicating CHOOSE LIFE etc. will be available.

On Tuesday Sept 25th following the 6:30 Mass we will meet at the Cathedral to pray the Rosary and Divine Mercy to Kick-Off the 40 Days. All are encouraged to attend.

For more info: Domenica Spina at domenicaspina@yahoo.ca or (250) 320-8319.

Special Petition for Divine Liturgy - We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

The Most Holy Trinity Parish Stewardship: Sunday, September 2nd - \$530.00 **** *May God bless and reward you for your generosity & support.*



Синод Єпископів Української Греко-Католицької Церкви
Львів-Броговичі, 2-11 вересня 2018 року Божого

How to communicate the Word of God to a modern person? A report delivered by Fr. Roman Ostrovskyi at the Synod of Bishops of UGCC (Tuesday, 04 September 2018)

Catechization must be present in every parish community. It has to embrace all parishioners, from children to adults. Catechetical ministering of adults must be carried out

according to their professions and interests. It should be taken into consideration that catechetical work among teachers, doctors and, generally, intellectuals, is not developed.

This conclusion was made by Fr. Roman Ostrovskyi, PhD in his report “The Word of God as a basement of catechetical ministering” at the Synod of Bishops which is taking place in Lviv-Briukhovychi from Sep 2-12, 2018, a theme of what is “The Word of God and catechization”.

The speaker points out that nowadays in Ukraine the interest in religions and, particularly, in Bible is highly increasing. Nevertheless, it is somewhat incompatible with the level of knowledge of the audience. A preacher or catechist needs to know more so to be able to explain the nuances of Christian theology.

In his report, Fr. Roman covered the following points: catechization and the Word of God, biblical apostolate, Services and the Word of God, a homily and the Word of God with suggestions related to the content of a homily and catechization.

Successful catechization, as for the speaker, would obtain such characteristics as beginning with the Word of God, learning about the Word of God, and as a consequence – preparing faithful to the meeting with Christ – the Word of God.

The report signals that recently UGCC has received huge achievements in catechization of believers. According to the statistics of 2018 the number of catechetical schools and Bible clubs has increased.

However, Church ought to admit that catechization has not become a permanent and fixed process of forming a Christian in Ukraine. It is mainly narrowed to the First Communion, and only at the separate parishes it is an activity which embraces a wider circle of participants.

Fr. Roman assumes that we have to acknowledge – the level of knowing and understanding Bible among our faithful is very low

or even absent. What means that we have to work on it to improve the situation by including more percent of Holy Bible into a homily.

Last, but not least is to teach people pray and share faith. Saying everyday prayers, a person must not only pronounce but comprehend them.

UGCC Department of Information



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.