



Sunday after the Exaltation of the Cross

The Holy Great-Martyr Euphemia – she was born in Chalcedon. She suffered martyrdom for Christ in the year 304.

***** Sunday, September 16th, 2018 *****

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Parish Liturgical Services

Sunday, September 16th ** 9:30 a.m.

**** Rosary (Eng.) *** 10:00 a.m. *****

Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners

Monday, September 17 ** 9:00 a.m. Div. Lit.: Souls in the Purgatory - Annie A.

Wednesday, September 19 * 9:00 a.m. Div. Lit.: +Frank & +Florence S.**

Thursday, September 20 * 3:30 p.m. Moleben to Christ the Lover of Mankind**

Friday, September 21 * 3:30 p.m. Moleben to St. Teresa of Culcatta**

Sunday, September 23rd ** 9:30 a.m. ** Rosary (Eng.)
***** 10:00 a.m. *** Divine Liturgy (Eng./Ukr.): God's**
blessings to all parishioners



First Antiphon:

O God, my God, hear me; why have You forsaken me? *
The words of my transgressions put salvation far from me.

**Through the prayers of the Mother of God, O Savior,
save us.**

O God, I will call to You by day but You will not listen; *
and by night, yet it will be foolish of me.

**Through the prayers of the Mother of God, O Savior,
save us.**

But You, the praise of Israel,* dwell in the holy place.

**Through the prayers of the Mother of God, O Savior,
save us.**

Glory be... now and forever...: “Only Begotten Son...”

Antiphon 3 Festal Refrain (Sept 15-20; Including Sundays)

Refrain: Son of God, crucified in the flesh, save us who sing to
You: Alleluia.

Entrance

Come, let us worship and fall down before Christ.

***Son of God, crucified in the flesh, save us who sing to You:
Alleluia.***

Troparion, Tone 8: You came down from on high, O Merciful
One,* and accepted three days of burial* to free us from our
sufferings.* O Lord, our life and our resurrection,* glory be to
You.

Troparion, tone 1: Save Your people, O Lord, and bless Your inheritance. * Grant victory to Your faithful people against enemies, * and protect Your community by Your cross.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion, Tone 8: When You rose from the tomb,* You also raised the dead and resurrected Adam.* Eve exults in Your resurrection,* and the ends of the world celebrate Your rising from the dead,* O most merciful One.

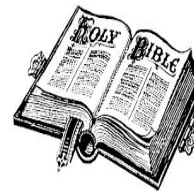
Now and for ever and ever. Amen.

Kontakion, tone 4: By Your own choice, O Christ our God, * You were lifted on the cross. Grant Your mercies to Your new community * that bears Your name. * By your power gladden the faithful people * and grant them victory against enemies. * May they have the help of your instrument of peace, * the invincible sign of victory.

Prokimen, tone 7: Exalt the Lord our God, and bow in worship at the footstool of His feet, for it is holy.

Verse: The Lord reigns, let the peoples tremble.

Epistle: A reading from the Letter of the Holy Apostle Paul to the Galatians (2: 16 – 20)



Brethren, we know man is not justified by the works of the Law, but by faith in Jesus Christ. Hence we also believe in Christ Jesus, that we may be justified by faith in Christ, and not by the works of the Law, because by the works of the Law no man will be justified. But if, while we are seeking to be justified in Christ, we ourselves also are found sinners, is Christ therefore the minister of sin? By no means. For if I rebuild the things I destroyed, I make myself a sinner. For through the Law I have died to the Law that I may live for God. With Christ I am nailed to the cross. It is now no longer I who live, but Christ is living in me. And the life I now live in the flesh, I live within the faith in the Son of God who loved me and gave himself up for me.

Alleluia Verses, tone 4: Remember Your congregation, which You acquired from the beginning.

- But God is our king before the ages; He has wrought salvation in the midst of the earth.

Gospel: Mark 8: 34 – 39

The Lord said, “If anyone wishes to come after me, let him deny himself, and take up his cross, and follow me. For anyone who would save his life will lose it; but anyone who loses his life for my sake and for the sake of the Good News will save it. For what does it profit a man, if he gains the whole world, but suffers the loss of his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when he comes with the holy angels in the glory of his Father.” And he said to them, “Amen I say to you, there are some of those standing here who will not taste death, till they have seen the kingdom of God coming in power.”

Instead of : “**It is truly right**” sing the following ...

O my soul, magnify the most precious Cross of the Lord. You are a mystical Paradise, O Mother of God, * who though untilled, have brought forth Christ. * He has planted upon earth the life-giving Tree of the Cross. * Therefore today as we raise it on high * we bow low and we magnify you.

Communion Verse: Praise the Lord from the heavens; praise Him in the highest. Alleluia (3)

At the end of Liturgy, we sing: To Your Cross, O Master, we bow in veneration, and we glorify Your holy Resurrection. (3)



ANNOUNCEMENTS:

Thank you for joining us!

A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #415-16, p. 142-3

One Baptism for the Remission of Sins

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In Baptism a person receives remission of all sins: “Where sin increased, grace abounded all the more” (Rom 5:20). Having been united to Christ and having become a temple of the Holy Spirit, the Christian is freed from enslavement to sin and death through the action of divine grace. He or she becomes capable of growing into the likeness of God. Divine filiation and the capacity for divine likeness through Christ in the Holy Spirit is given to the baptized person once and for all. That is why this Mystery can be received only once in a lifetime. Even after Baptism, however, the person who is not yet tempered in choosing what is good, is inclined to sin. Therefore, one turns to the Mystery of Repentance. In this Holy Mystery, one continues on the path of repentance, conversion, cleansing from sin, and strengthening in the virtues.

The Necessity of Faith

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As he sends his disciples to preach, Christ assures them: “The one who believes and is baptized will be saved” (Mk 16:16). In order to receive the salvific gift of Baptism, faith is essential—faith in Christ, the Son of God, “in whom we have redemption, the forgiveness of sins” (Col 1:14) and the gift of divine filiation: “If you believe with all your heart, you may [be baptized]” (Acts 8:37). “In Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ” (Gal 3:26-27).



Please Pray for health of ... Ann K., Bishop Severian, Moriss P., Clay B., Annie A., Donna A, Muna N., Mirko W., John K., Wanda Jean R., Mike H., Joe S., Irene M., Maria W., Peter & Ann G., Brandon, Chad, Vanessa & Nathan N., Joe M., Anne D., Rose K., Maria S., Slava W., Maria & Ihor Z., Fr. Jeffery S., Lawrence & Ping B., all the sick brothers and sisters in our families and our parish community. Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.



Thank you to all our Parishioners

– **Дякуємо** – Many thanks to everyone for your great support of our parish community and sharing of talents and resources for the needs of our parish community during this past week. Our gratitude to all parishioners who helped with preparing and running today's fundraising breakfast. God bless you all!

Monthly Parish Council Meeting – will take place tomorrow, **Monday, Sept. 17th** at 7:00 p.m. at the parish hall.

The First Annual Vocations Dinner - Wednesday, Sept., 19, 2018 *** 6:00 p.m. Reception/Cocktails *** 7:00 p.m. Dinner
Bishop Joseph's Vision for Kamloops Diocese *** Location: Schubert Centre 3505 – 30th Avenue, Vernon, BC



The Father Le Jeune 4th Degree Knights of Columbus Assembly – will hold their monthly meeting this coming **Thursday, September 20th, 2018** at 7:00 p.m. at Le Jeune Manor.

God's Squad Kickoff 2018 - **Saturday September 22nd** at Holy Family Parish from **2 pm to 6 pm**. Fun and games, food, music, prayer and crazy prizes. Dinner served at 5 pm. Bring Enthusiasm, bring energy, bring a friend!! Contact hfgodssquad@gmail.com



Let Us Pray Together - all faithful of the Ukrainian Catholic Church are encouraged to pray every day at 9:00 p.m. (regardless of the time zone). We will pray for each others' needs, for the parish, the eparchy, the Ukrainian Catholic Church, for peace in Ukraine, and for vocations. At this time the faithful are encouraged to pray at least: the usual beginning of the ordinary (Начало обичне) including Our Father and Hail Mary.

2018 Fall Clergy Conference – will take place in New Westminster from **Tuesday, Oct. 9 to Thursday, Oct. 11th, 2018.**

40 days of peaceful prayerful vigil

Choose Life Sept. 26 – Nov. 4, 2018

We hope and pray that you will join us in this 40 day prayer vigil. Prayer is at the centre of Choose Life. We are inviting all people of faith in Kamloops to join with people across the nation ... and around the world ... asking the Lord to hear our plea and heal our land. Prayer keeps us rooted in the fact that it is our desire to carry out God's will.

Every day for 40 days, (rain or shine) there will be a prayer vigil from 3:30 – 6:00 pm on 3rd Avenue between Nicola and Columbia Street. Optional prayers will be provided to assist those participating focus on the value and protection of Life. The Cathedral will be open from 3:30 pm to 6pm daily for those who are unable to stand for 2 hours or who would like to enter to pray. Signs indicating CHOOSE LIFE etc. will be available.

On Tuesday Sept 25th following the 6:30 Mass we will meet at the Cathedral to pray the Rosary and Divine Mercy to Kick-Off the 40 Days. All are encouraged to attend.

For more info: Domenica Spina at domenicaspina@yahoo.ca or (250) 320-8319.

2018 Annual Life Chain – Kamloops Pro-Life Society invites everyone to the Annual Life Chain. Come and witness to God's great gift of all human life, standing prayerfully for one hour on Sunday September 30th from 2:00 - 3:00 p.m. along Columbia St., between 3rd & 5th Avenues. Pick up your sign from Sacred Heart Cathedral ([255 Nicola St.](#)), or from First Baptist Church (454 Columbia St.). Refreshments to follow at Sacred Heart Cathedral, lower level.

Special Petition for Divine Liturgy - We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

The Most Holy Trinity Parish Stewardship: Sunday, September 9th - \$ 958.00 **** *May God bless and reward you for your generosity & support.*



Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.