



3rd Sunday of Pascha Sunday of Myrrh- Bearing Women

The Holy Apostles Aristarchus, Pudens and Trophimus (54-68) - They were numbered among the Seventy Apostles. Aristarchus was bishop of Apamea in Syria. The Apostle Paul mentions him several times. Aristarchus was captured in Ephesus with Gaius by a multitude of people who had risen up against Paul. The Apostle Paul writes to the Colossians: "Aristarchus, my fellow prisoner sends you his greetings" (Colossians 4:10). Pudens was a distinguished citizen of Rome. The Apostle Paul mentions him once. "Eubulus, Pudens, Linus, Claudia and all the brothers send greetings"(2 Timothy 4:21). At first, the home of Pudens was a haven for the Chief Apostles [Peter and Paul] and later it was converted into a place of worship, called the Shepherd's Church. Trophimus was from Asia. He accompanied the apostle on his travel. In one place the Apostle Paul writes: "I left Trophimus sick at Miletus" (2 Timothy 4:20). During the reign of Nero's persecution, when the Apostle Paul was beheaded, all three of these glorious apostles were also beheaded.

***** Sunday, April 15th, 2018 *****

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Easter Season Greeting

Christ Is Risen! - Indeed He Is Risen!

Chrystos Voskres! - Voistynu Voskres!

Христос Воскрес! - Воістину Воскрес!

Parish Liturgical Services

Sunday, April 15 ** 9:30 a.m. ** Rosary (Eng.) ***



10:00 a.m. * Divine Liturgy**
(Eng./Ukr.): God's blessings to all parishioners

Monday, April 16 * 9:00 a.m.**

Div. Lit: +Gerry Lagrave

Tuesday, April 17 * 9:00 a.m. Div. Lit: Special Intention**

Thursday, April 19 * 9:00 a.m. Div. Lit: God's blessings for Mirko & family**

Friday, April 20 * 4:00 p.m. Moleben to St. Teresa of Calcutta**

Sunday, April 22 ** 9:30 a.m. ** Rosary (Eng.) ***

10:00 a.m. * Divine Liturgy (Eng./Ukr.): God's blessings to all parishioners**



After the priest has exclaimed, "Blessed be the Kingdom..." and the people have responded, "Amen," the clergy sing the Paschal Troparion once and the people repeat it. Then, the clergy sing the first half, and the people conclude it.

Paschal Troparion

Christ is risen from the dead, * trampling death by death, * and to those in the tombs* giving life.

Troparion, Tone 2: When You went down to death, O Life Immortal, * You struck Hades dead with the blazing light of Your divinity. * When You raised the dead from the nether world, * all the powers of heaven cried out: * "O Giver of Life, Christ our God, glory be to You!"

Troparion, Tone 2: The noble Joseph took down Your most pure body from the tree. * He wrapped it in a clean shroud, and with aromatic spices* and placed it in burial in a new tomb.* But on the third day You arose, O Lord,* granting the world Your great mercy.

Glory... Kontakion, Tone 2: You commanded the myrrh-bearers to rejoice, O Christ God,* and ended the grief of our mother Eve by Your resurrection.* You ordered the apostles to proclaim to all:* "The Saviour is risen from the tomb."

Now... Kontakion, Tone 8: Though You descended into a tomb, O Immortal One, * yet You destroyed the power of Hades; * and You rose as victor, O Christ God, * calling to the myrrh-bearing women: Rejoice! * and giving peace to Your apostles: * You, who grant Resurrection to the fallen.

Prokimenon, Tone 6: Save Your people, O Lord, * and bless Your inheritance.

Verse: Unto You I will cry, O Lord my God, lest You turn from me in silence.

Epistle (Acts 6:1-7: A reading from the Acts of the Apostles):



In those days, when the disciples were increasing in number, the Hellenists complained against the Hebrews because their widows were being neglected in the daily distribution of food. And the twelve called together the whole community of the disciples and said, 'It is not right that we should neglect the word of God in order to wait at tables. Therefore, friends, select from among yourselves seven men of good standing, full of the Spirit and of wisdom, whom we may appoint to this task, while we, for our part, will devote ourselves to prayer and to serving the word.' What they said pleased the whole community, and they chose Stephen, a man full of faith and the Holy Spirit, together with Philip, Prochorus, Nicanor, Timon, Parmenas, and Nicolaus, a proselyte of Antioch. They had these men stand before the apostles, who prayed and laid

their hands on them. The word of God continued to spread; the number of the disciples increased greatly in Jerusalem, and a great many of the priests became obedient to the faith.

Alleluia, Tone 8: You have shown favour to Your land, O Lord; You brought back the captives of Jacob.

verse: Mercy and truth have met; righteousness and peace have embraced.

Gospel: Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself waiting expectantly for the kingdom of God, went boldly to Pilate and asked for the body of Jesus. Then Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he had been dead for some time. When he learned from the centurion that he was dead, he granted the body to Joseph. Then Joseph bought a linen cloth, and taking down the body, wrapped it in the linen cloth, and laid it in a tomb that had been hewn out of the rock. He then rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joseph saw where the body was laid. When the sabbath was over, Mary Magdalene, and Mary the mother of James, and Salome bought spices, so that they might go and anoint him. And very early on the first day of the week, when the sun had risen, they went to the tomb. They had been saying to one another, "Who will roll away the stone for us from the entrance to the tomb?" When they looked up, they saw that the stone, which was very large, had already been rolled back. As they entered the tomb, they saw a young man, dressed in a white robe, sitting on the right side; and they were alarmed. But he said to them, "Do not be alarmed; you are looking for Jesus of Nazareth, who was crucified. He has been raised; he is not here. Look, there is the place they laid him. But go, tell his disciples and Peter that he is going ahead of you to

Galilee; there you will see him, just as he told you.” So they went out and fled from the tomb, for terror and amazement had seized them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God *** The Angel cried out to the One full of Grace: O chaste Virgin, rejoice! And again I say, Rejoice! Your Son has risen from the tomb on the third day, and raised the dead. Let all people rejoice! Shine, shine, O new Jerusalem, for the glory of the Lord has risen upon you! Exult now and be glad, O Sion! And you, O chaste Mother of God, take delight in the resurrection of your Son.

Communion Hymn: Receive the Body of Christ; * taste the fountain of immortality.

Praise the Lord from the heavens; praise Him in the highest.* Alleluia, alleluia,* alleluia. (Psalm 148:1)

Instead of “Blessed is He...” ***we sing: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life.***

Instead of “We have seen the true light...” ***we sing: Christ is risen...***

Instead of “Let our mouths...” ***we sing: Christ is risen ... (3x).***

Instead of “Blessed be the name of the Lord...” ***we sing: Christ is risen... (3x).***

“Christ is risen” is sung again once (using a simple cord chant) instead of “Glory be to the Father...” at the dismissal.

Then the Troparion “Christ is risen” is sung as in the beginning of the Liturgy, but with an additional ending.

Troparion: Christ is risen from the dead, trampling death by death, and to those in the tombs giving life **(3x).**

And to us He has granted life eternal * we bow down before His resurrection on the third day.



**** ANNOUNCEMENTS ****

A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!

Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #360-362

b. The Antiphons of the Liturgy

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The kingdom of God is the fulfilment of all the prophecies and promises of the Old Testament. In order to understand more fully and to accept more intensely the kingdom, we recall these prophecies and promises. We sing psalm verses that express them and a refrain that conveys their fulfilment in Christ. In the solemn hymn, “Only-begotten Son,” we profess that the fulfilment of all that God promised is to be found in the Incarnation and Paschal Mystery of Christ. By singing the refrains “Through the prayers of the Mother of God...” and “Through the prayers of your saints...” we unite ourselves to those in whom this salvation has already been accomplished. This type of singing of the psalms with a refrain is called antiphonal because two alternating choirs (krylosy or scholae) sing them. In the Divine Liturgy there are three antiphons ending with the Little Entrance. In the prayers between the antiphons we profess God’s “love for mankind which is beyond expression” and Christ’s promise to “grant the request of two or three who join their voices in [his] name.”

c. The Little Entrance, the Troparia, and the Thrice-Holy Hymn

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While in the singing of the antiphons we experience anticipation of the kingdom and our drawing near to it, the

Little Entrance shows that by following Christ we already enter the kingdom; we enter heaven, the fullness of God's life. Thus, we pray: "Grant that as we make our entrance, the holy angels may enter too, serving with us and joining in the praise of Your goodness." By the words "Wisdom! Stand aright!" the deacon calls us to direct our attention to the Word of God. The faithful respond by venerating his Wisdom, which is manifested in the Gospel Book. They prepare their hearts to receive the Word during its proclamation. Thus, bowing their heads, the faithful sing: "Come, let us worship and fall down before Christ."

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The priest enters the sanctuary with the Gospel Book. This is a sign that it is Jesus Christ, the only High Priest, who celebrates the Divine Liturgy. Christ is invisibly among us, and it is he who leads us to the altar (just as the Gospel Book carried by the deacon precedes everyone). The bishop or priest represents the eternal High Priest who offered the perfect sacrifice once and for all, ascended to heaven, and, having entered the heavenly sanctuary, sits at the right hand of the Father (see Heb 9:11-14, 23-28). **p. 126-7**



Please Pray for health of ... John K., Irene M., Maria W., Jessie P., Brandon, Chad, Vanessa & Nathan N., Joe M., Anne D., Joyce & Joe K., Gordon B., Rose K., Edward H., Bishop Severian, Maria S., Maria & Ihor Z., Joe S., Clay B., Fr. Jeffery S., Lawrence & Ping B., all the sick brothers and sisters in our families and our parish community.

Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.

"Christ Our Pascha" - Catechism of the Ukrainian Catholic Church – Part three of the presentation on this great spiritual resource of our Church will take today, **Sunday, April 15th** during our coffee time after the Divine Liturgy.

Kneeling during the Easter Season – a reminder that traditionally from Easter Sunday until Pentecost we do not kneel during the Divine Liturgy. As a sign of our redemption and final resurrection, we offer our prayers to God while standing.

Society of St. Vincent de Paul, OLPH, Kamloops – will hold their next monthly meeting tomorrow, **Monday, April 16th** at 1:00 p.m. in SSVP Dining room on Briar St.

Monthly Parish Council Meeting – will take place this coming **Tuesday, April 17th, 2018** at 7:00 p.m. at the parish hall.



The Father Le Jeune 4th Degree Knights of Columbus Assembly – will hold their monthly meeting this coming **Thursday, April 19th, 2018** at 7:00 p.m. at Le Jeune Manor.

Parish Fundraiser Brunch – will take place next **Sunday, April 22nd** after the Divine Liturgy at 10:00 a.m.

1st Pastoral Address - will take place on **Sunday, April 29th** during our coffee time after the Divine Liturgy.

Announcement from the Kamloops Pro-life Society - We invite you to our Pro-life Fundraising Dinner and Silent Auction, Saturday, April 21, 6:30 p.m., at the OLPH Parish Centre 635 Tranquille Rd. **Dr. Christopher Inegbedion**, psychiatrist, will be speaking on 'Life Choices'. **Tickets: \$30.** Phone [778-220-5584](tel:778-220-5584) or [250 376-4161](tel:250-376-4161).

Diocesan Youth Retreat: Friday April 27 – Sunday April 29 at St. John Vianney in Kamloops. Registration available online at www.rcdk.org.

St. Joseph's Christian Book store, Gifts and Church Supplies, located across the street from the Cathedral, is a Catholic-based Christian store with a wide range of religious products: gifts; CD's; videos and DVDs; Christian books and music; statues; crosses and crucifixes; rosaries; prayer books; devotionals; bibles; theology; family and relationships; healing and grieving; charismatic; religious jewellery; baby and baptism gifts; sacramental gifts and supplies; medals; greeting cards; teacher and catechism supplies; Church supplies; and more. St. Joseph's will also repair broken or chipped statues. Call 778-471-6100

The Most Holy Trinity Parish Stewardship: Sunday, April 8 - \$984.00 **** *May God bless and reward you for your generosity & support.*

Special Petition for Divine Liturgy: We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr. Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

CAMP ST. VOLODYMYR ** August 19-26, 2018**

Start planning your summer holidays now! Come join us to celebrate our 34th year of camp for children in our Eparchy! Camp St.

Volodymyr is a great place to be physically active, build self-confidence and self-esteem, develop life-long skills while reconnecting with nature and building friendships. Our camp is also a wonderful opportunity to experience God through nature and the companionship of others.

Campers will learn about the Ukrainian language and culture along with games, hiking, sports, arts and crafts, camp fires, water activities and much more!

If you are between the ages of 7-15 this is a summer must do! Registration is \$380. Book by July 4 to save \$50. Bus transportation is also available to and from New Westminster. Register online using Eventbrite. Search “Camp St. Volodymyr BC 2018.” For more information contact Jennifer Caldwell @ 604.220.0584 or jennsawka@hotmail.com.

WAYS TO SUPPORT OUR CAMP

Camp St. Volodymyr is a nonprofit camp, run on a volunteer basis. Please contact Jennifer if you are interested in helping.

VOLUNTEER as a Camp Counsellor

We are seeking between 8-10 individuals to help plan and organize our camp activities. Apply online using Eventbrite. Search “Camp St. Volodymyr BC 2018.” Applications due May 15, 2018. All volunteers will be subject to a criminal record check and must sign the camp code of conduct.

VOLUNTEER as a Camp Chef

We are seeking between 4-6 individuals to help us each day in the kitchen. It is your opportunity to get creative and be a part of one of the campers’ top 5 things at camp; The Food!

VOLUNTEER as our Camp Nurse

We are looking for an individual to be our camp nurse. This is a wonderful opportunity to get to know the children in our Eparchy. This position would require valid first aid and nursing certification. Responsibilities would include administering medications brought by campers/staff as well as recording all incidents and treatments. Supplies and medications are provided by the camp.

DONATE Food

We are always happy to accept food donations of fresh fruits and vegetables, breakfast items; cereal, syrup, pancake mix, jam, Nutella,

lunch items; chicken soup, Kraft dinner, cheese, drinks; juice boxes, powdered drinks, brownie/cake mixes, Jello, snack bars, cookies or treats. Gift certificates to Superstore and Costco are also welcomed.

DONATE Monetarily

Each year the Eparchy sponsors several children to attend. You can help send a deserving child to camp through your donations. Donations can be made through the Eparchy or online at our Eventbrite page. Tax receipts can be issued for donations of \$25 or more.

Visit our website www.nweparchy.ca



Bishops welcome papal exhortation on universal call to holiness *Vatican City, Apr 12, 2018 (EWTN News/CNA)*

Following the publication of Pope Francis's third apostolic exhortation, bishops in the English-speaking world have applauded *Gaudete et exsultate* for challenging Catholics to strive for holiness. The exhortation, dated March 19, is on the call to holiness in today's world.

Bishop James Conley of Lincoln termed *Gaudete et exsultate* "a pro-life call", writing in his April 13 column for the Southern Nebraska Register that what he has read of it already "is wise, direct, and encouraging."

"The idea that every single person, without exception, is created in the image of God means just that: that every human life has value and dignity, and that our choices must always endeavor to respect, protect and uphold that unique dignity," the Nebraska bishop wrote... "The pope is right: we cannot uphold the sacredness of life for the unborn while disregarding it for those who are born. I thank God that the pro-life people I have met have not exhibited this attitude – that instead, they have been witnesses of charity and generosity..."

Bishop Conley noted that Francis is "right to call to accountability political leaders who profess support for the unborn, but do not exhibit compassion for other people suffering injustice. We need to insist that our politicians work to end abortion, and, at the very same time, that they work to protect the sovereignty of families, the rights of immigrants and laborers, and the dignity of the poor and the vulnerable. We ask our politicians to be consistent in their commitment to human dignity, which is why blind partisanship is

inconsistent with our faith...”

Cardinal Daniel DiNardo of Galveston-Houston, president of the US bishops' conference, wrote that “The mission entrusted to each of us in the waters of baptism was simple – by God's grace and power, we are called to become saints.”

Pope Francis is in the exhortation clearly urging “every Christian to freely, and without any qualifications, acknowledge and be open to what God wants them to be – that is 'to be holy, as [God] is holy.’”

Cardinal DiNardo pointed out that the Pope is encouraging this pursuit of holiness through the challenges of daily life.

“The Holy Father describes how holiness comes through the daily struggles each of us face. In the ordinary course of each day, the Pope reminds us, 'We need to recognize and combat our aggressive and selfish inclinations, and not let them take root.’”

Other American bishops, like Archbishop Jose Gomez of Los Angeles, Bishop Michael Burbidge of Arlington, and Bishop Joseph Bambera of Scranton, have also stressed the importance of undertaking practical holiness through ordinary events.

Archbishop Gomez, in his April 10 column at *The Angelus*, called *Gaudete et exsultate* “a beautiful and practical reflection on the meaning of our Christian lives.”

“All of us, every baptized Catholic, need to understand how important we are, what our lives mean in the eyes of God, in the light of his beautiful plan for creation. The meaning of our lives is to be saints, to be holy,” the Los Angeles archbishop wrote.

“Pope Francis also wants us to know that holiness is personal, but it does not isolate us from others,” he added.

In the Arlington Catholic Herald, Bishop Burbidge wrote that the pursuit of holiness is a constant battle against the false promises of sin, which must be counteracted with a renewed commitment to prayer and the sacraments. He also said Catholics must foster works of mercy, joy, and community...

Bishop Bambera agreed, adding that Pope Francis is encouraging Catholics to share compassion with the most vulnerable. “The Holy Father calls all of us to bear witness to God in our everyday lives and in all that we do, in particular by treating everyone we encounter with dignity and respect, especially the most vulnerable and those in need of our compassion and assistance – the unborn, the poor and destitute, migrants and refugees,” he said in an April 10 statement.