

4th Sunday of the Great Fast *** Commemoration of St. John Climacus

Our Holy Father Sophronius, Patriarch of Jerusalem (638) – Sophronius was born in Damascus in 550. He became a monk at the monastery of St. Theodosius, near Jerusalem and was famous for his vast knowledge and the many works he wrote. In 634, he was elevated to the Patriarchal See of Jerusalem. In 637, when the Byzantine armies were defeated, Sophronius surrendered the keys of the Holy City to Khalife Omar. **Great Fast Day 28.**

***** Sunday, March 11th, 2018 *****

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Parish Liturgical Services

Sunday, March 11th * 9:30 a.m. Rosary**
(Eng.) *** 10:00 a.m. **Div. Lit.:** God's blessings
for all parishioners. (Eng./Ukr.)

Monday, March 12 ** 9:00 a.m. Stations of the Cross

Thursday, March 15 * 9:00 a.m. Great Canon of St. Andrew of Crete**

Friday, March 16 * Noon (12:00 p.m.) Confessions *****
12:30 p.m. **1st Mission Session**

Sunday, March 18th ** 9:30 a.m. Rosary (Eng.) ** 10:00 a.m.
Div. Lit.: God's blessings for all parishioners. (Eng./Ukr.)



The Divine Liturgy of St. Basil the Great is celebrated today.

Troparion, Tone 7: By Your cross You destroyed death; * You opened Paradise to the thief; * You changed the lamentation of the myrrh-bearers to joy, * and charged the apostles to proclaim * that You are risen, O Christ our God, * offering great mercy to the world.

Troparion, Tone 1: O John, our God-bearing father, * you were shown to be a citizen of the desert, * an angel in bodily form, * and a worker of miracles. * Through fasting, prayers and vigils you received heavenly gifts * to heal the sick and the souls of those who, in faith, run to you. * Glory to Him who gives you strength. * Glory to Him who crowned you.* Glory to Him who works healing for all through you.

+Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

Kontakion, Tone 4: On the heights of true abstinence, * the Lord established you as a reliable star, * giving light for guidance to the ends of the earth, * O father John, our teacher.

Prokeimenon, Tone 7 - The Lord will give strength to His people; * the Lord will bless His people with peace.

verse: Bring to the Lord, O you sons of God; bring to the Lord young rams. (Psalm 28:11,1)

Prokeimenon, Tone 7 - The venerable ones will exult in glory * and they shall be joyful in their beds. (Psalm 149:5)

Epistle: Hebrews 6:13-20

Brothers and Sisters, when God made a promise to Abraham, because he had no one greater by whom to swear, he swore by himself, saying, “I will surely bless you and multiply you.” And thus Abraham, having patiently endured, obtained the promise. Human beings, of course, swear by someone greater than themselves, and an oath given as confirmation puts an end to all dispute. In the same way, when God desired to show even more

clearly to the heirs of the promise the unchangeable character of his purpose, he guaranteed it by an oath, so that through two unchangeable things, in which it is impossible that God would prove false, we who have taken refuge might be strongly encouraged to seize the hope set before us. We have this hope, a sure and steadfast anchor of the soul, a hope that enters the inner shrine behind the curtain, where Jesus, a forerunner on our behalf, has entered, having become a high priest forever according to the order of Melchizedek.

Alleluia, Tone 7 - It is good to give praise to the Lord; and to sing to Your name, O Most High. (Psalm 91:2)

verse: To announce Your mercy in the morning, and Your truth every night. (Psalm 91:3)

verse: They who are planted in the house of the Lord shall flourish in the courts of our God. (Psalm 91:14)

Gospel: Mark 9:17-31



At that time, someone from the crowd answered him, “Teacher, I brought you my son; he has a spirit that makes him unable to speak; and whenever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, but they could not do so.” He answered them, “You faithless generation, how much longer must I be among you? How much longer must I put up with you? Bring him to me.” And they brought the boy to him. When the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. Jesus asked the father, “How long has this been happening to him?” And he said, “From childhood. It has often cast him into the fire and into the water, to destroy him; but if you are able to do anything, have pity on us and help us.” Jesus said to him, “If you are able! —All things can be done for the one who believes.” Immediately the father of the child cried out, “I believe; help my unbelief!” When Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, “You spirit that keeps this boy from speaking and hearing, I command you, come out of him, and

never enter him again!” After crying out and convulsing him terribly, it came out, and the boy was like a corpse, so that most of them said, “He is dead.” But Jesus took him by the hand and lifted him up, and he was able to stand. When he had entered the house, his disciples asked him privately, “Why could we not cast it out?” He said to them, “This kind can come out only through prayer.” They went on from there and passed through Galilee. He did not want anyone to know it; for he was teaching his disciples, saying to them, “The Son of Man is to be betrayed into human hands, and they will kill him, and three days after being killed, he will rise again.”

Communion Hymn - Praise the Lord from the heavens; * praise Him in the highest. ** The just man shall be in everlasting remembrance; * of evil hearsay he shall have no fear. * Alleluia, alleluia, * alleluia.

** ANNOUNCEMENTS **

A warm welcome - to all parishioners, your families, visitors and guests. Thank you for joining us in this Divine Liturgy. Have a blessed week!



“ Some people ... put a question to me: ‘How can we who are married and living amid public cares aspire to the monastic life?’ ‘I answered: “Do whatever good you may. Speak evil of no one. Rob no one. Tell no lie. Despise no one and carry no hate. Do not separate yourself from the church assemblies. Show compassion to the needy. Do not be a cause of scandal to anyone. Stay away from the bed of another, and be satisfied with what your own wives can provide you. If you do all this, you will not be far from the kingdom of heaven.” Ven. John Climacus, “The Ladder of Divine Ascent” (step 1)

Catechism of the Ukrainian Catholic Church – “Christ Our Pascha” #352-352

“II. THE PRAYER OF THE CHURCH COMMUNITY

1. Preparation for the Divine Liturgy

b. The Participation of the Faithful in the Proskomide

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The priest serves the Proskomide in the sanctuary behind the closed Royal Doors. Nevertheless, each member of the faithful also participates in it in a direct way. The faithful take part in the Proskomide by presenting requests for prayers for themselves and for others, and by bringing offerings. Placing of the named particles side by side on the diskos shows that all the faithful belong to the one Body of Christ. Their communion with God and with one another is thus expressed. Each of the faithful is a unique person, whom God knows by name, and at the same time no one is sufficient unto themselves. When we bring and offer to God “all the cares of our life,” we transcend our private lives and enter into a new and ecclesial, comprehensive and universal communion. Now the faithful are ready for the communal work - the Liturgy.

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Blessing the incense during the Proskomide, the priest says: “Christ, our God, we offer you incense as a pleasing spiritual fragrance. Having received it upon your heavenly altar, send us in return the grace of your most holy Spirit.” As it rises to heaven, the smoke of the incense signifies our prayers rising to God, and as it fills the church building it is a sign of the presence of the Holy Spirit. This is why at the beginning of the Liturgy of the Word, the deacon censens the Holy Table and the icons—as well as the faithful, who are the living bearers of God’s image (in Greek, eikon). **(p. 124)**”

Please Pray for health of ... Anne D., Joyce & Joe K., Gordon B., Rose K., Edward H., Bishop Severian, Maria S., John H., Maria & Ihor Z., Joe S., Clay B., Ana W., Fr. Jeffery S., Lawrence & Ping B., all the sick brothers and sisters in our families and our parish community.

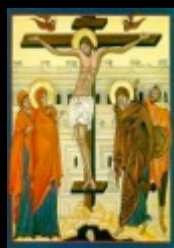


Please let Fr. Andrzej know if you would like to add names to the prayer list and also notify him about any sick and/or hospitalized parishioners and family members.

Thank you to all our Volunteers –

Дякуємо – Many thanks to everyone for your support of our parish community and all other work done at the church property this past week.

Our special gratitude for all those who helped with perogy making and the ladies who worked all day long on Thursday making Paskas as well as the bake sale work done on Friday. God bless you all!



The Most Holy Trinity Parish Lenten Mission – will take place this coming Friday, March 16th, 2018. Mission theme: “The Prayer of St. Ephreme the Syrian”. **Confessions** will begin at Noon. **1st Session** will start at 12:30 p.m.

Our Guest Priest: **Rev. Mykhailo Ozorovych**, Administrator of Holy Eucharist Cathedral in New Westminster.



Continuation of UCWLC Fundraising Projects:

Last Perogy Work-Bee – will take place this coming **Tuesday, March 13**. We will begin at 8:00 a.m.

Baking Babkas – will take place this coming **Thursday, March 15th** starting at 9:00 a.m.

Making “Doves” – will take place this coming **Friday, March 16th** starting at 9:00 a.m. **Please come and join us in these fundraising projects!**

Easter Bake Sale – will take place on **Saturday, March 24th, 2018** from 10:00 a.m. to 12:00 p.m.



Lenten Penitential Services – this coming **Tuesday evening, March 13th** Fr. Andrzej will be assisting in the Sacrament of Confession at the Holy Family RC parish at 2797 Sunset Drive.

The Father Le Jeune 4th Degree Knights of Columbus Assembly – will hold their monthly meeting this coming **Thursday, March 15th, 2018** at 7:00 p.m. at Le Jeune Manor.



Annual Eparchial Lenten Collection – will take place next **Sunday, March 18th**. Please use envelopes with the special inserts for your donations. Special envelopes for this collection are available for pick up at the church entrance. Thank you for your generosity.

Next Monthly Fundraising Breakfast – will take place next **Sunday, March 18th**.

Monthly Parish Council Meeting – will take place on **Tuesday, March 20th, 2018** at 7:00 p.m. at the parish hall.

“Christ Our Pascha” - Catechism of the Ukrainian Catholic Church – Part three of the presentation on this great spiritual resource of our Church will take place on Sunday, March 25th during our coffee time after the Divine Liturgy.

Let Us Pray Together - all faithful of the Ukrainian Catholic Church are encouraged to pray every day at 9:00 p.m. (regardless of the time zone). We will pray for each others' needs, for the parish, the eparchy, the Ukrainian Catholic Church, for peace in Ukraine, and for vocations. At this time the faithful are encouraged to pray at least: the usual beginning of the ordinary (Начало обичне) including our Father and Hail Mary. Please pick up your **Special Prayer cards** that are available at the church entrance.

Advanced Care Planning Information - The Kamloops Hospice Ass'n is holding an informational session regarding planning for your wishes for health-care if you are unable to make those decisions for yourself.

This planning will address positive choices, and will not include euthanasia or assisted suicide.

Where: Kamloops Alliance Church, [200 Leigh Rd.](#)

When: March 15th, 10 - 12:30

Sponsored by: Kamloops Hospice Ass'n.

For more information, and to register, phone: [250-372-1336](tel:250-372-1336) , or email: pamela@kamloopshospice.com



Weekly Reflections - Commencing this week, The Serra Club of Kamloops Diocese will be submitting weekly reflection questions to be placed in all of the parish bulletins. Below is the first reflection.

Serra Club of Kamloops Diocese reflection question to Parish and Parishioners: #1- As an

active member of my parish, how do I live out my responsibility to take seriously the call of God to each of us?

Adoration – for Vocations Weekly Holy Hour!

Serra Club of Kamloops Diocese

5:00PM 1st Wednesday of the month at OLPH

7:00PM 2nd Thursday of the month at Holy Family

7:00PM 3rd Wednesday of the month at St. John Vianney

8:00PM 4th Wednesday of the month at Sacred Heart Cathedral.



The Most Holy Trinity Parish Stewardship: Sunday, March 4 - \$490.00 **** *May God bless and reward you for your generosity & support.*



Special Petition for Divine Liturgy:

We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Divine Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time.

Baptisms: by appointment.

Marriages: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made.

Funerals and Memorials: by appointment.

Anointing of the Sick (Holy Unction): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to meet with parish priest, please call or email Fr.

Andrzej in advance to arrange a time and a day.

Basic Guidelines for Reception of Holy Communion:

1. You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.



Lenten Scriptural Readings for this week

Monday: Genesis 13:12-18; Proverbs 14:27-15:4; Isaiah 37:33-38:6

Tuesday: Genesis 15:1-15 Proverbs 15:7-19 & Isaiah 40:18-31

Wed.: Genesis 17:1-9; Proverbs 15:20-16:9 & Isaiah 41:4-14

Thurs.: Genesis 18:20-33; Proverbs 16:17-17:17 & Isaiah 42:5-16

Friday: Genesis 22:1-18; Proverbs 17:17-18:5 & Isaiah 45:11-17



Holy Week & Easter Celebrations

Sunday, March 25th - PALM SUNDAY & Feast of Annunciation of the Mother of God

10:00 a.m. - Divine Liturgy (Eng./Ukr.) -
After the Divine Liturgy - blessing of pussy willows & myrovania/blessing with Holy Oil

Great & Holy Monday, March 26th * 4:00 p.m. *** Akathist to Christ's Passion**

Great & Holy Tuesday, March 27th * 4:00 p.m. *** Stations of the Cross**

Great & Holy Wednesday, March 28th * 4:00 p.m. *** Liturgy of the Presanctified Gifts**

Great & Holy Thursday, March 29th * 6:00 p.m. *** Matins of the Passion/Strasti (12 Gospels)**

Good & Holy Friday, March 30th * 3:00 p.m. *** Good Friday Vespers & Procession with the Shroud - Plashchanycia After Service until 6:00 p.m. – Confessions & church will be open for personal prayer.**

Good Friday is a day of Strict Abstinence - No meat, dairy or poultry products.

Great & Holy Saturday, March 31 * 9:00 a.m. **** Holy Saturday Matins (Jerusalem Matins)**

10:00 a.m. – 12:00 p.m. – Confessions & Personal Prayers before the Tomb



Sunday, April 1 – The Holy Resurrection Of Our Lord And Savior Jesus Christ - EASTER SUNDAY – Pascha / Великдень

****** 8:00 AM **** Paschal Procession, Easter Matins, Divine Liturgy of St. John Chrysostom. After the Liturgy - blessing of Artos and blessing of Easter Foods.**

Monday, April 2 - Bright Monday * 10:00 a.m. *** Divine Liturgy**

Tuesday, April 3 - Bright Tuesday * 10:00 a.m. *** Divine Liturgy**

Sunday, April 8 – Thomas Sunday ** 9:30 a.m. ** Rosary (Eng.) * 10:00 a.m. *** Divine Liturgy (Eng./Ukr.). After the Liturgy distributing of the Artos (the Blessed Bread), anointing with blessed oil and “Spilne Sviachence”/Parish Easter Lunch.**