

The Most Holy Trinity Ukrainian Catholic Church

Parish Administered by Rev. Fr. Pavlo Myts

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Facebook page Holy Trinity Parish: <https://www.facebook.com/profile.php?id=100015447278945>

Parish Executive Council Chairperson: Mr. Matt Dmyterko; UCWLC President: Mrs. Adelle Dmyterko - Tel: 250-554-3107

Parish Cantor: Mr. Myron Musey



Ukrainian Catholic Eparchy of New Westminster: Most Rev. Ken Nowakowski: www.nweparchy.ca

Sunday of the Holy Fathers of the 1st Ecumenical Council of Nicea 325 A.D. – May 28th, 2017 A.D.

**THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST: Through the Word, the Holy Mysteries & Prayer,
Serving One's Neighbour, Leadership,**



Fostering & Serving Unity and Missionary Spirit – Pastoral Letter of His Beatitude Sviatoslav

O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always

gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.

“A human being today feels the need to belong to a community that holds the same values regarding family, culture, nation, language, profession, vocation. And in spite of all the technological possibilities for social communication, we all still seek authentic personal contact with another person. The most precious moment in life is when one person says to another: “I am yours” or “you are mine.” In that moment, a person knows that he or she “belongs” to someone and is part of a special relationship.

When we think about God, we come to understand that special relationship that exists between the Father, the Son, and the Holy Spirit because such a relationship has parallels in our human experience. In God, everything is common – will, reason, life: “everything of mine is yours and everything of yours is mine” (Jn 17:10). A person who does not know God thinks that God lives His own separate life, and that there is no reason for Him to interfere in my life nor for me to interfere in His. But the kontakion for the feast of the Ascension helps us understand that we are invited to share in God’s life: “in no way distant, but remaining inseparable, You cried to those who love You: I am with You and there is none against you.” In a special way, God is present to us in the Most Holy Eucharist: “Take, eat: this is my body... Drink of it all of you, this is my blood of

the New Covenant...” (Mt 26:26–28). Christ today says to us: “I am yours and you are mine,” and a person responds: “I am Yours and You are mine.” **Lord, I am here. Lord, I am Yours!** (Let us repeat this prayer throughout the day.) – Mission Days 2017

“Christ said: do this in memory of me, in my memory. Poets leave behind their works in remembrance, sculptors and artists leave their statues or paintings in order that they might be remembered. But the greatest living remembrance has been left for us by Jesus Christ: He gave us His Body, His Blood, so that we might remember – ‘do this...’ – that this Body and spilled Blood is passed on for the forgiveness of sins.” (Patriarch Josyf Slipyj, June 13, 1974)

“...Open the doors of your hearts and your homes to Christ, allow His Holy Spirit to transform you, purify and strengthen you in God’s love!” – Pastoral Letter of His Beatitude Sviatoslav Shevchuk “The Vibrant Parish”

“...Відчиніть двері своїх душ і домівок Христові, дозвольтє Його Святому Духові вас перемінити, очистити і скріпити Божою любов’ю!” – Пастирський Лист Блаженнішого Святослава Шевчука “Жива Парафія”

Christian Greetings: *Glory to Jesus Christ! – Glory to Him Forever!*
Slava Isusu Chrystu! – Slava na Viky! Слава Ісусу Христу! – Слава на Віку!
Christ is among us! – He is and will be!

Liturgical Propers:

Text from "The Divine Liturgy: An Anthology for Worship"; Pg. 551. The Divine Liturgy of Saint John Chrysostom

First Antiphon (of Ascension):

Verse 1: Clap your hands, all you nations; shout to God with the voice of joy (Ps 46:2).

Refrain: Through the prayers of the Mother of God, O Saviour, save us.

Verse 2: For the Lord most high is awesome, a great king over all the earth (Ps 46:3).

Refrain: Through the prayers of the Mother of God O Saviour, save us.

Verse 3: He has subdued peoples to us, and nations under our feet (Ps 46:4).

Refrain: Through the prayers of the Mother of God O Saviour, save us.

Verse 4: God ascended amid shouts of joy; the Lord, at the sound of the trumpet (Ps 46:6).

Refrain: Through the prayers of the Mother of God O Saviour, save us.

Glory be to the Father and to the Son and to the Holy Spirit. Now and for ever and ever. Amen.

Only-begotten Son... (p. 23)

Third Antiphon:

We sing the usual Third Antiphon, but with the festal refrain:

Son of God, who ascended in glory, save us who sing to You: Alleluia.

Troparion (Tone 6): Angelic powers were upon Your tomb and the guards became like dead men; Mary stood before Your tomb* seeking Your most pure body. You captured Hades without being overcome by it. You met the Virgin and granted life. O Lord, risen from the dead, glory be to You!

Troparion (Tone 4): You ascended in glory, O Christ our God, giving joy to Your disciples by the promise of the Holy Spirit, and assuring them through your blessing that You are the Son of God, the Redeemer of the world.

Troparion (Tone 8): Christ our God, You are glorified above all, You established our fathers as beacons on earth and through them guided all of us to the true faith. Glory to You, most compassionate Lord.

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion (Tone 8): The apostles' preaching and the Fathers' doctrine confirmed the Church's one faith, and wearing the garment of truth woven from theology that descends on high, she rightly imparts the mystery of godliness* and sings its glory.

Now and for ever and ever. Amen.

Kontakion (Tone 6): When You had fulfilled Your plan for us and united things on earth with those in heaven, You ascended in glory, O Christ our God, in no way distant, but remaining inseparable, You cried to those who love You: I am with You and there is none against you.

Prokimenon (Tone 4): Blessed are You, Lord God of our fathers, and praised and glorified is Your Name forever (Dn 3:26).

Verse: For You are righteous in everything that You have done to us (Dn 3:27).

Prokimenon (Tone 4): Blessed are You, Lord God of our fathers, and praised and glorified is Your Name forever (Dn 3:26).

Epistle: A reading from the Acts of the Apostles: (Acts 20:16-18a, 28-38)

In those days, Paul had decided to sail past Ephesus, so as not to lose time in Asia, for he was eager to get to Jerusalem by the feast of Pentecost if at all possible. Paul sent word from Miletus to Ephesus, summoning the presbyters of that church. When they came to him he delivered this address: "keep watch over yourselves, and over the whole flock the Holy Spirit has given you to guard. Shepherd the church of God, which he has acquired at the price of his own blood. I know that when I am gone, savage wolves will come among you who will not spare the flock. From your own number, men will present themselves distorting the truth and leading astray any who follow them. Be on guard, therefore. Do not forget that for three years, night and day, I never ceased warning you individually even to the point of tears. I commend you now to the Lord, and to that gracious word of his which can enlarge you, and give you a share among all who are consecrated to him. Never did I set my heart on anyone's silver or gold or envy the way he dressed. You yourselves know that these hands of mine have served both my needs and those of my companions. I have always pointed out to you that it is by such hard work that you must help the weak. You need to recall the words of the Lord Jesus himself, who said 'There is more happiness in giving than receiving.'"

After this discourse, Paul knelt down with them all and prayed. They began to weep without restraint, throwing their arms around him and kissing him, for they were deeply distressed to hear that they would never see his face again. Then they escorted him to the ship.

Alleluia (Tone 1): The God of gods, the Lord, spoke and summoned the earth from the rising of the sun to its setting (Ps 49:1). Gather to Him His devout ones, who with sacrifice make covenant with Him (Ps 49:5).

Gospel: (John 17:1-13)

At that time, Jesus looked up to heaven and said: "Father, the hour has come! Give glory to your Son that your Son may give glory to you, inasmuch as you have given him authority over all people, that he may bestow eternal life on those you gave him. (Eternal life is this: to know you, the only true God, and him you have sent, Jesus Christ.) I have given you glory on earth by finishing



the work you gave me to do. Do you now, Father, give me glory at your side, a glory I had with you before the world existed. I have made your name known to those you gave me out of the world. These men you gave me were yours; they have kept your word. Now they realize that all that you gave me comes from you.

I entrusted to them the message you entrusted to me, and they received it. They have known that in truth I came from you, they have believed it was you who sent me. For these I pray – not for the world but for these you have given me, for they are really yours. (Just as all that belongs to me is yours, so all that belongs to you is mine.) It is in them that I have been glorified.

I am in the world no more, but these are in the world as I come to you. O Father most holy, protect them with your name which you have given me (that they may be one, even as we are one). As long as I with them, I guarded them with your name which you gave me. I kept careful watch, and none one of them was lost, none but him who was destined to be lost – in fulfillment of Scripture. Now, however, I come to you; I say all this while I am still in the world that they may share my joy completely.

Instead of "It is truly...": **O my soul, magnify the Lord who in glory ascended bodily into the heavens.**

Irmos (Tone 5): O Mother of God, you transcended both mind and word, and in time, ineffably bore the Timeless One: it is you who, with one accord, we, the faithful magnify.

Communion Verses: Praise the Lord from the heavens; praise Him in the highest (Ps 148:1). Rejoice in the Lord, O you just; praise befits the righteous (Ps 32:1). Alleluia! (3x)

Instead of "We have seen the true light..." **Be exalted, O God, above the heavens; above all the earth be Your glory (Ps 56:6).**

"May our mouths be filled..." **Be exalted, O God, above the heavens; above all the earth be Your glory (3x)**

"Blessed be the Name of the Lord..." **Be exalted, O God, above the heavens; above all the earth be Your glory (3x).**

Our Eparch, Bishop Ken is requesting that at the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war. **For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the GRATITUDE**

* to all our parishioners, guests, visitors and all people of the good will who by their kindness helped to plant church gardens plots, cut weeds around the church and at the parking lot, fixed parish lawn and lights at the church office, shared time, donations, knowingly and unknowingly, organize and lead praying with rosaries, attend services during the week, share their time and work at the parish projects, clean the church, prepare coffee and sweets, look after and graciously support our Christian, Catholic parish community! Thank you very much! May the Almighty God generously bless and reward your care, time and generosity!

"Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!" (Divine Liturgy of Saint John Chrysostom)

CONGRATULATIONS

* May the Almighty God bless in good health and salvation in many, happy and blessed years of life to all the ladies of our parish but especially our parish UCWLC on their Ladies' Day celebration today, to Mr. Ken Sawka of his birthday (June 2nd), to Mrs. Zonia Rurka on her birthday (June 3rd), and to all our parishioners, guests, visitors, family members and all those who celebrate their birthdays, name-days, wedding anniversaries and any other special anniversaries this week – Mnohaya i Blahaya Lita!



ANNOUNCEMENTS

A WARM WELCOME TO OUR PARISHIONERS, GUESTS AND VISITORS WHO HAVE JOINED US IN THIS DIVINE LITURGY. THANK YOU FOR PRAYING WITH US AT THE CHUCH. EVERYONE IS WELCOME TO PARTICIPATE IN OUR PARISH, LADY'S LEAGUE DAY CELEBRATION AND PARISH BREAKFAST AFTER THE SERVICE AT THE CHURCH HALL TODAY!

Special Petitions:

* We also pray to be blessed with generous hearts to contribute to our Bishop's initiatives and programmes, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.

* We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

III. REMEMBER TO PRAY FOR: yourselves, Most Reverend Bishop Severian Yakymyshyn, Fr. Steven Basarab, Fr. Edward Evanko, Monsignor Jeremiah Desmond, Fr. Serabion ElMakary, Steve and Bernice Usipuik, Ann Kuz, Ann Derzak, Dave and Mary Emery, Elsie Kinaschuk, John and Mildred Kolody, Joseph Mychaluk, Zonia Rurka, Eugene Palsitt, Adeline Palsitt, Orest Hrycewich, Myron and Myrna Wizniak, Elsie Zachary, Matt Dmyterko, Allan and Sharon Ludwig, Jesse Pawlyshyn, Olga Burkatsky, Orest Kociuba, Kalyna Kociuba, Allan Bodnaruk, Maria Chorny, Katrien Sobhy, Marg Musey, Kathleen Musey, Jacob and Ann Dressler, Rosemary Pellizzon, Bronie Huska, Peter Huska, Mary Borrett, Stanley and Roma Nowakowski (Bishop Ken's parents), Larry and Valray Necember, Lawrence and Ping Beaton, Red Mackay, Theresa Munro, Michelle New, Martin Schinkelwitz, Claud and Eva Gosselin, Adam Laniel, Cryss O'Donnell, Rose Ostopowich (Fr. Joe Ostopowich's mother), Sandra and Mike Jones, Peter Balla, members of our parish and those who are not able to join actively in our community, your families, relatives, friends; governments and armed forces, especially the shut-in or those in the hospitals, traveling, working or studying, nursing and senior homes, those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless and all people who have asked us pray for them. Please, also in your kindness keep praying daily for vocations to the priesthood and religious life. Remember to ask for special blessings to all Christian families!

REMINDER for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

* **Monthly Parish Breakfast** will be held after the Divine Liturgy today. Please, come, enjoy delicious breakfast, Christian gathering and support of our vibrant parish!



Mission Days 2017 - From the Ascension of our Lord to the Descent of the Holy Spirit, Thursday - May 25th to Sunday - June 4th.

"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit," Mt. 28.19

About Mission Days: (Please, do not forget your guidebooks at the entrance to the church)

Through our active participation in the spiritual efforts of these ten Mission Days, once again we are called upon to discover and understand anew that our parish communities and families (domestic churches) are missionary in nature. Such understanding flows from the gift of our Baptism, by virtue of which, and through the power of its mystery, we have committed ourselves to believe, live, serve, and share the experience of our faith in Christ; and not simply with our family members, but with everyone we meet in life. Thus, the mission of our parish community is to allow Christ to enter deeper into our lives, to carry the Good News beyond our own community and to support those who expand the boundaries of the Kingdom of God with their missionary activity and chaplaincy ministry.

From the feast of the Ascension to Pentecost, together with our entire parish community, let us pray that the Lord might renew our life in God by the grace and intercession of the Holy Spirit.

If circumstances do not allow your parish to conduct Mission Days during the week or if you personally cannot participate in them, you are invited to observe Mission Days in your own home, setting aside at least 5 minutes of family time in order to read the Guidebook together (Word of God, Meditation, Quotation-witness, Prayer), and then to discuss among yourselves the Missionary Tasks provided for each day. Another possibility is to observe Mission Days in a prayerful gathering together with other families, with your neighbors, for example.

Prayer: *Lord our God, spread the light of Your Holy Gospel, that it may shine through us who are baptized, as children of the Light. Grant that the Christian faith may spread in our society, that we may bear witness to Your living presence in our lives and in our parish community; O Lord, hear us and have mercy. O Holy Spirit, bestowing all: You send prophets, perfect priests, teach the uneducated wisdom, transform fishermen into theologians, and unite the entire church community. Consubstantial and co-reigning with the Father and the Son, O Comforter, glory be to You!*

* **The Most Holy Trinity Ukrainian Catholic Church Praznyk/Parish Feast Day is on Sunday, June 11th, 2017.** The Hierarchical Divine Liturgy will be celebrated at 11:00 a.m. Reception to follow at the church hall (Clergy and Religious – FREE, Adults - \$15, Children 6-12 - \$7.50 Children under 6 - FREE). We are looking forward to see, pray, welcome and share the joy of celebration with you! Please, sign in, email or call by letting us know about your participation!

* **Sunday (May 21st) faithful offerings/donations:** \$ 694.00

* **PILGRIMAGE TO THE HOLY LAND:** Oct. 12-24, 2017 Walk in the footsteps of Jesus; an unforgettable experience with Fr, Joe Ostapowich, Sr. Angelica SSMI, brother & sister pilgrims. For details and price call Mrs. Myrna Arychuk at 604 - 617 - 7200

* **FAITHFUL GIVING...** Remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy on Sundays. When traveling, working or studying, please, make sure you check out the service schedule for the area churches at our eparchial website: www.nweparchy.ca and attend the Divine Liturgy. Please remember as well, that while parishioners may be away and on vacation, the parish is not. Expenses continue as they do throughout the year. Please, remain consistent in your gifts to parish. Your weekly Sunday offering is important to our financial well-being. If you are away, we appreciate it when you forward your "make-up" donations. The financial stability of the parish counts on regular Sunday contributions. Please, continue to be generous!

"Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!" (Divine Liturgy of Saint John Chrysostom)

* **BE A STEWARD:** Have you ever wondered what more can you do to help our parish? Here are some suggestions: Steward of property security; Steward of grounds cleaning; Steward of cleaning church; Steward of church linen; Steward of outreach; Steward of caring; Steward of prayer; Steward of service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in their senior years. It's not only about doing but about "BEING" present to others.

Please, feel very welcome to participate in our church choir singing, reading of the Epistle, holding the candles during the Gospels readings, processions, parish cleaning, projects, etc.

VOLUNTEERS NEEDED: to help out with weekly cleaning in the church and organizing of coffee social after the Divine Liturgy on Sundays, work-bees, etc. If you can help out, please, let us know. **Please,** Contact Fr. Pavlo or Mr. Matt Dmyterko for more information. You will be amazed how "BEING" can make a difference!



* **Camp Saint Volodymyr 2017 on August 20-27, 2017.** The purpose of camp is to provide an opportunity for youth to experience God through nature and the companionship of others. Children will experience Ukrainian language and culture during camp along with games, religious activities, hikes, sports, arts and crafts, camp fires, water activities and other summer camp activities. This marks the 34th year of our Ukrainian Catholic Summer Camp. Camp will take place in Kelowna at the OAC facility. Camp offers a wide range of activities for campers aged 7-15 (as of December 31, 2017). Registration will be available online via Eventbrite "Camp Saint Volodymyr BC 2017." Early bird registration Ends July 6th, 2017.

The registration for our Eparchial summer camp is now OPEN!

To register follow the link: https://www.eventbrite.com/e/camp-st-volodymyr-bc-2017-tickets-32623288133?aff=utm_source%3Dweb_email%26utm_medium%3Demail%26utm_campaign%3Dnew_event_email&utm_term=eventurl_text

You can also access the link through our camp's website csv.nweparchy.ca.

WAYS TO HELP VOLUNTEER Camp Saint Volodymyr is a nonprofit camp, run on a volunteer basis. If you are interested in helping at this year's camp as a counsellor, chef, arts & crafts or cultural coordinator please contact Jennifer. Applications forms for counsellors are due May 15, 2017. All volunteers will be subject to a criminal records check and must sign the camp code of conduct. For more information contact Jennifer Caldwell @ 604.220.0584 or jennsawka@hotmail.com. Visit our webpage via www.nweparchy.ca

DONATE: We are always happy to accept food donations of vegetables, fruits, cereals, and treats for children such as cakes, cookies, as well as monetary donations. Tax receipts can be issued with donations of \$25 or more.

EPARCHY OF NEW WESTMINSTER VIBRANT PARISH APPEAL SHARE YOUR HEART

"...We need your urgent and immediate support to guarantee the viability of our Eparchy for future generations of your children and grandchildren. We want to ensure the survival of pastoral services including the celebration of the sacraments in the Ukrainian Catholic tradition, such as Divine Liturgies, Baptism, Marriages, Funerals and the great Feasts, which means so much to us..."

+Ken (Eparchial Bishop of New Westminster)

CONTACT INFORMATION: 502 – 5th AVENUE, NEW WESTMINSTER, BC CANADA, V3L 1S2

TELEPHONE: 604-524-8824 **EMAIL:** new.chancery@gmail.com **WEBSITE:** www.nweparchy.ca



* **50th PARISH ANNIVERSARY:** Holy Cross Ukrainian Catholic Church in Surrey, BC will be holding the Celebration of the 50th Anniversary of the Parish this year. The dates are: **Saturday, October 21st at 5:00 PM – Banquet** (5 STAR CATERING SUNRISE BANQUET & CONFERENCE CENTRE 5640 188 Str.); **Sunday, October 22nd - Divine Liturgy at 11:00 am.** If you would like to submit some photos or other materials for 50th Anniversary Celebration, please use the following e-mail address: 50holycross@gmail.com



* **Couples for Christ** *Invites you to witness the goodness of Christ through a **Christian Life Program (CLP) Orientation** (For Families, Singles, Handmaids, & Servants of the Lord) Saturday- June 10, 2017 (9 am-5 pm), Saturday- June 17, 2017 (9 am-5 pm), Saturday- June 24, 2017 (9 am-5 pm, Sacred Heart Roman Catholic Cathedral in Kamloops, BC. The CLP is an integrated course intended to lead the program participants into a renewed understanding of and response to God's call to them as Christian couples. Please contact the following: Benny/Maria Esguerra 250-374-9376; Omar/Rochelle Directo 250-554-1096; Sister Analisa 250-372-5470*

* **The Ukrainian Canadian Congress (UCC) is pleased to announce the launch of its project, Celebrating the Strength of Canada's Diversity: Youth Engaging Youth.** The project is undertaken with the financial support of the Government of Canada's Department of Heritage Canada 150 Fund. With the Celebrating the Strength of Canada's Diversity: Youth Engaging Youth Project, the UCC will work with its member organizations across the country to organize youth-led and driven Canada 150 celebratory events in British Columbia, Alberta, Saskatchewan, Manitoba, and Ontario. The end goal is to focus on youth working together in the spirit of diversity and inclusion to share experiences and create actively engaging celebratory events for Canadians for Canada's 150th anniversary. The project will result in 50 events, engaging 1250 – 2500 youth in actively designing and administering the events, and attracting up to 50,000 Canadians. If your organization has young and enthusiastic leaders who might be interested in organizing or developing current multicultural youth event in BC under the UCC Youth Engaging Youth project umbrella with the financial support of the Government of Canada's Department of Heritage Canada 150 Fund, please contact: Galyna Paliychuk *BC Canada 150 animator / Youth Engaging Youth coordinator at UCC National* Cell: 604-767-7608 Email: galyna@ucc.ca Website: www.150.ucc.ca

* **Young basketball players coming from Ukraine** are looking for room and board, they can afford about \$500 a month. If anyone is willing to help them out that would be appreciated. There are 2 of them. Ideally the family or person lives close to TRU. Please, contact Scott Clark at sclark@tru.ca

* **Pregnancy Care Centre** is looking for a returning student who is interested to work at the Pregnancy Care Centre for July & August in Kamloops, BC. Ideally, we would give preference to a student who is interests lie in the social work, nursing, and or helping fields. For more information call the Centre at 250-376-4646 or email: info@mypregnancychoices.ca



* **Fine Arts Dinner Show: June 6th at 6 pm at St. Ann's Academy Gym in Kamloops, BC.**

Entertainment offered by the St. Ann's High school Choir, Vocal Jazz, Bands, solos, and small groups. Italian Dinner Catered by La Cucina Caterers: Pasta, Chicken, Salads, desserts etc.

Tickets are available at the school office Monday – Friday from 8am – 4pm. Adults: \$25 Seniors \$ 20 Students \$15. Plan to attend this great evening of fantastic food and fine entertainment!

The best way to communicate with difficult people

What should we do when the other person wants us to accept them, but their behavior is just plain wrong? In today's fast-paced world, where most people are more likely to be looking at their phones than making eye contact, simply stopping, listening, and seeing – truly seeing – is a gesture that goes a long way. People need to be noticed and understood, and they are genuinely touched when they realize that someone is trying to see and hear them, to give them their time. Listening is not just a matter of hearing words; it is also about taking in the whole person and what he says and doesn't say, or in the feelings that cross his face or the gestures and movements of his body. Sometimes communication is more body-language based, and sometimes it happens in total silence. It's an art not only to hear but also to listen, taking into account the richness of communications and complexity of people and their history.

Control negative emotional reactions: It's not easy to understand others, especially when they let loose with extreme feelings, irrational behaviors, and harsh words. It takes great effort and self-awareness to be able to welcome and understand someone even when her behavior is unacceptable, incomprehensible, or hurtful. We may need time, effort, and willingness to work on ourselves so that the first flood of emotions can calm down enough for us to get a better view of the situation. We should not act on heightened emotions or let our feelings be destructive. Take time also for yourself so that you can regain your balance and serenity.

Accept the person, not necessarily their actions: It's one thing to understand and accept the person ... but it's another to accept and agree with their actions. The two do not always go together. We can understand and accept the person in all his individuality, uniqueness, and complexity without accepting or condoning all of his actions and decisions. A strong foundation of understanding allows us to express disagreement in such a way that the other person does not feel rejected. We all need someone we trust, someone we can accept when they tell us, "I love you and I understand why you did this, but I disagree with it."

Give it time and remain present: Learning to be in relationships can take a lifetime, starting from the effort in childhood to label and understand feelings. As we continue to grow, we will make mistakes and sometimes we'll get hurt by others' mistakes. It is important not to close ourselves off and or hide from others. (Note: setting protective boundaries against an abusive person is a separate matter.) For well-intentioned people who struggle with their own problems, emotions, and mistakes, that constant open door is a reminder that our love and understanding are deeper than their good or bad choices. It's a reminder that no matter what they've done, they're seen, understood, and loved – and that if they ever do want to change, someone is there to give them a hand.

This article was adapted from a piece that was [originally published in the Polish edition of Aleteia](#).

Written by *Dominika Wernio* | May 27, 2017 Source: <https://aleteia.org/2017/05/27/communicating-with-difficult-people/>

Liturgical celebrations during week/MISSION DAYS SCHEDULE:

4th Day - **Monday, May 29:** *Branches that Bear Fruit* – 7:00 pm – Moleben to the Mother of God

5th Day - **Tuesday, May 30:** *Where to Look for Truth?* – 9:00 am - Divine Liturgy

6th Day - **Wednesday, May 31:** *Personal Responsibility* – 9:00 am - Divine Liturgy

7th Day - **Thursday, June 1:** *Community of Prayer* – 9:00 am - Divine Liturgy

8th Day - **Friday, June 2:** *Serving Those in Need* – 9:00 am - Divine Liturgy

9th Day - **Saturday, June 3:** *"Tend my sheep!"* – 10:00 am - Divine Liturgy

10th Day - **Sunday, June 4:** (**PENTECOST**) *Our Mission: to Carry the Holy Spirit to Other* – **9:30 a.m.** Rosary (Eng.)

- **10:00 a.m.** The Divine Liturgy: **God's blessings for all parishioners.** (Eng./Ukr.)

Panachyda/1st year Memorial Service: + **Bill (Vasyl) Zachary** (Requested by the Family)

After services will be Myrovania / blessing with Holy Oil.

– 7:00 p.m. Vespers

* Please, contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions.

Pastoral Ministry and Sacraments: **Reconciliation:** on Sundays and Holy Days: before Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time. **Baptisms:** by appointment. **Marriages:** six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made. **Funerals and Memorials:** by appointment. **Holy Unction (Anointing of the Sick):** Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to **meet with parish priest, please call or email Fr. Pavlo in advance to arrange a time and a day.** ***Basic Guidelines for Reception of Holy Communion:** You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace. **If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.**