

# The Most Holy Trinity Ukrainian Catholic Church

Parish Administered by Rev. Fr. Pavlo Myts 109 Tranquille Road, Kamloops, BC V3B 3E8 *Church Tel.:* 250-376-3690 *Rectory Tel.:* 250-461-7249



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28<sup>th</sup> Sunday after Pentecost; Great Martyr Saint James of Persia - November 27<sup>th</sup>, 2016 A.D THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST: Through the Word, the Holy Mysteries & Prayer, Serving One's Neighbour, Leadership, Fostering & Serving Unity and Missionary Spirit – Pastoral Letter of His Beatitude Sviatoslav



O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O

Saviour, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.

In today's Gospel reading, our Lord and Saviour Jesus Christ tells a parable-story about a banquet which a wealthy and a wellknown respectful man had prepared for all he invited.

However, many of those invited declined the invitation by placing some other things and events at the first place as something much more important. They were all too busy with their own lives, problems, concerns, dreams and plans to take time to come to the feast which has been prepared specially for them.

Jesus Christ probes the reasons why people make excuses to God's great invitation. When we make a parallel and put all these excuses into our present world and human lives we will see it clearly because it touches our lives and people we know personally. 1) Do we allow our work and worries totally absorb our lives and to keep us from the God's invitation to come and personally participate at the Divine Liturgy celebration at the church at least once a week on Sunday? 2) Why material goods and possessions become human temporal idols by replacing God's love, care and eternal command and salvation in our daily lives?

3) Why so many hours are easily spent in front of TV, using internet, phone, playing sports, gambling and shopping which really steal our precious time from prayer, reading the Bible and worshiping God? 3) Are our homes, time with families and friends are placed before of God? God never really wants for a person's home and relationships to be used selfishly. We truly worship and serve God much better when we invite Him into our work and homes, sports and rest, sad and joyful moments of our lives!

The second part of the parable focuses on those who had no claim on the king and who would never have considered getting such an invitation. The poor, addicted, blind, and lame represent the outcasts of any society - those who can make no claim on the King. However, the Almighty if Omnipresent God invites each and every one of us to His Divine Liturgy/Mass banquet that we may share in His joy, love and blessings by testifying and proclaiming His holy name to all people.

"...Open the doors of your hearts and your homes to Christ, allow His Holy Spirit to transform you, purify and strengthen you in God's love!" - Pastoral Letter of His Beatitude Sviatoslav Shevchuk "The Vibrant Parish"

"...Відчиніть двері своїх душ і домівок Христові, дозвольте Його Святому Духові вас перемінити, очистити і скріпити Божою любов'ю!" — Пастирський Лист Блаженнішого Святослава Шевчука "Жива Парафія" Christian Greetings: Glory to Jesus Christ! – Glory to Him Forever! Slava Isusu Chrystu! – Slava na Viky! Слава Icycy Христу! – Слава на Віки! Christ is among us! – He is and will be!

## Liturgical Propers:

**Troparion** (tone 3): Let the heavens be glad, let the earth rejoice, for the Lord has done a mighty deed with His arm. He trampled death by death. He became the first-born of the dead; He saved us from the abyss of Hades and granted great mercy to the world.

Glory be to the Father and to the Son and to the Holy Spirit.

**Kontakion** (tone 3): You rose from the tomb, O compassionate Lord, and led us out from the gates of death. Today Adam exults and Eve rejoices, and the prophets together with the patriarchs unceasingly acclaim the divine might of Your power.

## Now and forever and ever. Amen.

**Theotokion** (tone 3): Today the Virgin stands before us in the church, and together with the choirs of saints invisibly prays to God for us. Angels are worshiping with hierarchs; apostles exalt with prophets, for the Mother of God prays in our behalf to the eternal God.

Prokeimenon (tone 3): Sing to our God, sing; sing to our King, sing (Ps 46:7).

Verse: Clap your hands, all you nations; shout unto God with the voice of joy (Ps 46:2).

Prokeimenon (tone 3): Sing to our God, sing; sing to our King, sing (Ps 46:7).

## Epistle: A reading from the Letters of Saint Paul to the Colossians: (Col. 1:12-18)

*Brethren*, giving thanks to the Father for having made you worthy to share the lot of the same saints in light. He rescued us from the power of darkness and brought us into the kingdom of his beloved Son. Through him we have redemption, the forgiveness of our sins.

He is the image of the invisible God, the first-born of all creatures. In him everything in heaven and on earth was created, things visible and invisible, whether thrones or dominations, principalities or powers; all were created through him, and for him. He is before all else that is. In him everything continues in being. It is he who is head of the body, the church; he who is the beginning, the first-born of the dead, so that primacy may be his in everything.



*Alleluia* (tone 3): In You, O Lord, have I hoped that I may not be put to shame for ever (*Ps 30:2*). Be a protector unto me, O God, and a house of refuge to save me (*Ps 30:3*). Hear, O God, my voice, when I make my petition to You. (*Ps 63:2*)

### Gospel: (Luke 14:16-24)

*Jesus told this parable:* "A man was giving a large dinner and he invited many. At dinner time he sent his servant to say to those invited, 'Come along, everything is ready now.' But they began to excuse themselves, one and all. The first one said to the servant, 'I have bought some land and must go out and inspect it. Please excuse me.' Another said, 'I have bought five yoke of oxen and I am going out to test them. Please excuse me.' A third said, "I am newly married and so I cannot come.'

The servant returning reported all this to his master. The master of the house grew angry at the account. He said to his servant, 'Go out quickly into the streets and alleys of the town and bring in the poor and the crippled, the blind and the lame.'

The servant reported, after some time, 'Your orders have been carried out, my lord, and there is still room.' The master then said to the servant, "Go out into the highways and along the hedgerows and force them to come in. I want my house to be full, but I tell you that not one of those invited shall taste a morsel of my dinner'."

**Communion Verse:** Praise the Lord from the heavens; praise Him in the highest (*Ps 148:1*). Alleluia! (*3x*)

Our Eparch, Bishop Ken is requesting that at the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war. For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

### GRATITUDE

\* to all our parishioners, guests, visitors and all people of the good will who by their kindness, time, donations, knowingly and unknowingly, organize and lead praying with rosaries, attend services, share their time and work at the parish projects, clean the church, organize socials, look after and graciously support our Christian, Catholic parish community! Thank you very much! May the Almighty God generously bless and reward your care, time and generosity!

## CONGRATULATIONS

\* May the Almighty God grant many, happy and blessed years in good health and salvation to all our parishioners, your family members, our guests and visitors who celebrate their birthdays, name-days, wedding anniversaries and any other special joyful and important celebrations this week – Mnohaya i Blahaya Lita!



#### **ANNOUNCEMENTS:**

A WARM WELCOME TO OUR PARISHIONERS, GUESTS AND VISITORS WHO HAVE JOINED US IN THIS DIVINE LITURGY. THANK YOU FOR PRAYING WITH US AT THE CHUCH TODAY! WISHING YOU A BLESSED WEEKEND AND FRUITFUL, HEALTHY AND SAFE WEEK! EVERYONE IS WELCOME TO PARTICIPATE AT OUR PARISH SOCIAL IN THE MORNING AND GREY CUP PARTY IN THE AFTERNOON IN THE CHURCH HALL TODAY!

#### **Special Petitions:**

\* We also pray to be blessed with generous hearts to contribute to our Bishop's initiatives and programmes, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.

\* We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

**REMEMBER TO PRAY FOR**: yourselves, Most Reverend Bishop Severian Yakymyshyn, Fr. Steven Basarab, Fr. Edward Evanko, Monsignor Jeremiah Desmond, Fr. Serabion ElMakary, Steve and Bernice Usipuik, Ann Kuz, Ann Derzak, Dave and Mary Emery, Elsie Kinaschuk, John and Mildred Kolody, Joseph Mychaluk, Zonia Rurka, Eugene Palsitt, Adeline Palsitt, Orest Hrycewich, Myron and Myrna Wizniak, Elsie Zachary, Matt Dmyterko, Allan and Sharon Ludwig, Steve and Jesse Pawlyshyn, Joe and Olga Burkatsky, Orest Kociuba, Kalyna Kociuba, Allan Bodnaruk, Maria Chorny, Katrien Sobhy, Marg Musey, Kathleen Musey, Jacob and Ann Dressler, Rosemary Pellizzon, Bronie Huska, Peter Huska, Mary Borrett, Stanley and Roma Nowakowski (Bishop Ken's parents), Larry and Valray Necember, Lawrence and Ping Beaton, Red Mackay, Theresa Munro, Michelle New, Martin Schinkelwitz, Adam Laniel, Cryss O'Donnell, Rose Ostopowich (Fr. Joe Ostopowich's mother), Sandra and Mike Jones, members of our parish and those who are not able to join actively in our community, your families, relatives, friends; governments and armed forces, especially the shut-in or those in the hospitals, traveling, working or studying, nursing and senior homes, those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless and all people who have asked us pray for them. Please, also in your kindness keep praying daily for vocations to the priesthood and religious life. Remember to ask for special blessings to all Christian families!

**REMINDER** for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

\* FAITHFUL GIVING... Remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy on Sundays. When traveling, working or studying, please, make sure you check out the service schedule for the area churches at our eparchial website: *www.nweparchy.ca* and attend the Divine Liturgy. Please remember as well, that while parishioners may be away and on vacation, the parish is not. Expenses continue as they do throughout the year. Please, remain consistent in your gifts to parish. Your weekly Sunday offering is important to our financial well-being. If you are away, we appreciate it when you forward your "make-up" donations. The financial stability of the parish counts on regular Sunday contributions. Please, continue to be generous! "Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!" (Divine Liturgy of Saint John Chrysostom)

\* **PANAKHYDA FOR THE VICTIMS OF HOLODOMOR** (Genocide-by-Famine) in Ukraine of 1932-1933 and all people who have died because of lack of food in their lives will be celebrated after the Divine Liturgy today.

\* Sunday (Nov.  $20^{\text{th}}$  offerings/donations: \$734.00

\* Our Parish UCWLC Meeting will be held at 7:00 pm. on Tuesday, November 30th, 2016 A.D

**Our Annual Grey Cup party is today.** Beginning at 3:00 pm. We are looking forward to see you and enjoying great football game and unforgettable time together!



\* **BE A STEWARD: Have you ever wondered what more can you do to help our parish?** Here are some suggestions: **Steward** of property security; **Steward** of grounds cleaning; **Steward** of cleaning church; **Steward** of church linen; **Steward** of outreach; **Steward** of caring; **Steward** of prayer; **Steward** of service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in

their senior years. It's not only about doing but about "BEING" present to others. Contact Fr. Pavlo or Mr. Matt Dmyterko for more information. You will be amazed how "BEING" can make a difference.



**Come to Coffee Cat** – **An informal Cafe ambience where we can meet and discuss our faith** Our next Coffee Cat will be held on **Monday 28<sup>th</sup> following the 7 pm Mass at Sacred Heart Roman Catholic Cathedral in the parish hall.** Our topic of conversation will be Advent. This will be a fun, relaxed, welcoming, environment to build both Catholic friendships and faith. Please plan to drop in. Coffee, tea and desserts provided.

\*Annual Celebration of Saint Nicholas Day and Monthly Parish Breakfast will take place in our parish after the Divine Liturgy on next Sunday, Dec. 11<sup>th,</sup> 2016 A.D.

\* The St. Ann's Academy Youth Ministry classes will host the December 4<sup>th</sup>, 11:30 am Mass. Following the Mass, teens are encouraged to stay for lunch and a mini-retreat that will go until 2:00 pm in the parish hall. Teens from all over the city are invited to attend and join in.

\* Catholic Women League Christmas Bazaar at OLPH Parish Centre from 11:00 am until 2:00 pm on this coming up Saturday of Dec. 3<sup>rd</sup>, 2016 A.D.

\* Please, share to Kamloops Food Bank. Special boxes are located at the entrance to the church.

\*Christmas Candle Eparchial Fundraiser: Since 2012 our Eparchy of New Westminster has been collecting funds to help disadvantaged and orphaned children in Ukraine through our Christmas Candle appeal. Our fundraising program is part of a larger global appeal sponsored by Caritas Ukraine. We have had great momentum over the last few years raising over \$20,000 with support from our BC Parishes as well as Parishes in other Provinces and parts of the United States.

This appeal will again take place in December 2015 and we encourage everyone to remember these Children during our Christmas season with a voluntary donation. Please place your donation in an envelope marked Christmas Candle, with your name and address and include it with the Sunday Collection at any Ukrainian Catholic Church in BC or mail it to the Ukrainian Catholic Eparchy of New Westminster. All donations over \$20.00 will receive a tax receipt and cheques can be made out to Eparchy of New Westminster with Christmas Candle Project in the memo. Candles will also be available for purchase at all the Ukrainian Catholic Parishes in BC for a minimum donation of \$5.00 per candle. We Thank You for your past support and ask that you again consider supporting this ongoing Eparchial appeal and lighting these candles as part of your Christmas Eve celebrations.

Caritas is an organization that is supported and approved by His Beatitude Sviatoslav Shevchuk and His Excellency Bishop Ken Nowakowski. 100% of the proceeds go to Caritas Ukraine.

**SHARE YOUR HEART** 

EPARCHY OF NEW WESTMINSTER

### **VIBRANT PARISH APPEAL**

"... We need your urgent and immediate support to guarantee the viability of our Eparchy for future generations of your children and grandchildren. We want to ensure the survival of pastoral services including the celebration of the sacraments in the Ukrainian Catholic tradition, such as Divine Liturgies, Baptism, Marriages, Funerals and the great Feasts, which means so much to us..."



+Ken (Eparchial Bishop of New Westminster)

## WAYS TO GIVE

- **CHEQUE** (*Please make your cheques payable to the Eparchy of New Westminster*)
- **BEQUESTS** (You have the ability to leave a legacy that will commemorate your love of God by remembering the *Eparchy in your will)*
- **GIFT OF PUBLICLY TRADED STOCK**(Please contact the Chancery office for further details on how to make a gift of stock) FOR WHERE YOUR TREASURE IS THERE WILL YOUR HEART BE ALSO

CONTACT INFORMATION: 502 - 5th AVENUE, NEW WESTMINSTER, BC CANADA, V3L 1S2 **EMAIL**: new.chancery@gmail.com **TELEPHONE**: 604-524-8824 WEBSITE: www.nweparchy.ca

\* The Kamloops Pro-Life Society is selling Great Little Coupon Books, with discount coupons for restaurants and entertainment in Kamloops, a GREAT deal at \$10 each! They make great gifts! Please call Linda at 250-851-8605 or at St. Joseph's Book Store for your coupon books. Thank you for supporting the Pro-Life Society.

\* Longest Married Couple 2016-2017: We are Ernesto & Ana Lilian Ayala and with Father Michael Basque represent the Worldwide Marriage Encounter movement in Canada. We are an important ministry in the Church as we provide a program for married couples to enrich their relationship thus becoming aware of the importance of the Sacrament of Marriage for our church and our world. Lasting marriages are getting fewer and fewer every day. Our Longest Married Campaign proves that marriage can last a lifetime. Please do not hesitate to contact should you require further information.



Worldwide Marriage Encounter launches 2016-2017 search for the Longest Married Couple in Canada Richmond, BC, Oct. 9, 2016 - The annual search for the Longest Married Couple in both Canada and the United States begins on Monday, October 10, 2016.

The Longest Married Couple search is sponsored by Worldwide Marriage Encounter and is running simultaneously in both countries from October 10, 2016 to January 10, 2017. Canadian and US winners will be announced in February 2017, to coincide with World Marriage Day celebrations.

This is the seventh year for the project in the US and the fourth year in Canada. In 2013 Worldwide Marriage Encounter Canada honoured Alice and Arthur John of Ross River, Yukon, who had been married 77 years. In 2014 Clemon (Clem) and Mildred Mintz of Parry Sound, Ontario, married 80 years, were awarded. Bert & Bertie Nickerson of Liverpool, Nova Scotia, married 80 years were recognized as the Longest Married Couple in Canada in 2015.

"We want to show the world that couples everywhere work to keep their marriage vibrant and alive, and that marriages can last a lifetime," said Ana Lilian and Ernesto Ayala and Fr. Michael Basque, the Canadian leadership team for Worldwide Marriage Encounter. "As a marriage enrichment ministry we work throughout Canada to support married couples and help them enjoy a richer, fuller life together, so this campaign is a natural fit for our movement." The Longest Married Couple is selected solely from nominations submitted. Nominations are open to all husband and wives regardless of religious affiliation. Nominating a couple is easy; just send the names of the husband and wife, their wedding date, their current home location and contact information for the person who is submitting the nomination to Ernesto & Ana Lilian Ayala, by mail to 113-7471 Blundell Road Richmond, B.C. V6Y 1J6, by email to wwme.cet@hotmail.com, or by phoning (604) 337-5845. Worldwide Marriage Encounter (WWME) offers tools for building and maintaining a strong, Christian marriage in today's world and is a registered Canadian charitable organization. WWME has been offering weekend experiences for more than 48 years and has a presence in almost 100 www.wwme.org countries. In Canada, the WWME programs are presented in English, Spanish, French, and Korean languages. The mission of Worldwide Marriage Encounter is to proclaim the value of Marriage and Holy Orders in the Church and in the world. To learn more, go to wwme.org Media contacts: Canada: Ernesto & Ana Lilian Ayala, wwme.cet@hotmail.com or (604)337-5845. United States: Dick & Diane Baumbach, dickanddiane66@bellsouth.net or (321) 544-3440

#### Why We Fast Before Christmas?

The time of preparation before Christmas is intended to be a time of purposeful asceticism, almsgiving, and learning to say yes to God while saying no to our own desires.

But Christmas, and especially in present day America, has become a time of great anxiety and materialism, despite the fact that most every song one hears, most every retail ad one reads, and most every film that is produced—with "Christmas" as a theme—will try to convince us that it's a time for warmth, joy, spending time with family, and even taking a break from the regular hustle of everyday life. *If only* this were the case.

On the contrary, Christmas — a period of time that seems to grow longer and more arduous by the year — is preceded by ominous social media status updates that lament: "I can't believe it's already November … Christmas is just around the corner," or "My children won't stop bothering me about [insert the latest gadget here] … I can't wait until Christmas is over," and so on. Many will also complain: "Wow. I am not ready for Christmas. Where has the time gone?" This grief and anxiety should not be. No, we have certainly missed the purpose of this feast — and the time of preparation and fasting that precedes it — if all we can do is approach it with stress and sorrow.

As I mentioned above, the time before Nativity — Advent (or "Coming") in the West, and the Fast of St. Philip the Apostle (due to its beginning on the eve of this Saint's feast) or simply "the Nativity fast" in the Orthodox Church — is intended to be utilized for one's Spiritual benefit (and indeed, for the life of the world), not for remorse or regret.

The Nativity fast dates to the year 1166 A.D. and a synod at Constantinople, where our fathers inaugurated a forty-day period of fasting and preparation before the annual celebration of Christ's Incarnation. This period of forty days is analogous to the forty days that Moses fasted before receiving the commandments from God.

Of this connection, Saint Symeon of Thessaloniki (ca. A.D. 1381–1429) writes: The Nativity Forty-day Fast represents the fast undertaken by Moses, who — having fasted for forty days and forty nights — received the Commandments of God, written on stone tablets. And we, fasting for forty days, will reflect upon and receive from the Virgin the living Word — not written upon stone, but born, incarnate — and we will commune of His Divine Body.

If nothing else, then, the time of prayer and fasting before Nativity reminds us that we, as Orthodox Christians, are given the immense and unthinkable blessing, privilege, and honor of receiving the very Body and Blood of our Lord, God and Savior Jesus Christ. But as we say yes to Christ in the holy mysteries, we must also learn to say no to ourselves, making a point to both follow Christ and serve those in need. It is no coincidence that Christ, in one of the Gospel readings during Nativity exhorts: "Whoever does not bear his cross" as well as "forsake all that he has cannot be my disciple" (Lk. 14:27, 33). While the faithful prepare to receive Christ anew in his Incarnation, we must also be prepared to relinquish whatever it is we possess that keeps us from the glory of his everlasting kingdom.

But even as the faithful are called to a period of spiritual quietude and even asceticism during this fasting period, we should not engage in asceticism and bear this cross as an end unto itself. Rather, we learn to say no to ourselves so that we can say yes to God. And in saying yes to the poor and the needy, we are saying yes to Christ, so that we might share in the vision of Cornelius, hearing: "Your prayers and alms have ascended as a memorial before God" (Acts 10:4). An effective remedy for the anxieties and desires of this time of year is found in a concern for our fellow man. Rather than being so caught up in the materialism and "me too" nature of contemporary celebrations, orthodox Christians should play a pivotal role in showing a wholly better and more noble way forward.

Incidentally, the other Gospel readings throughout the Nativity fast remind us not only why we are participating, but also how we can make the most out of it. For example, we should not lay up treasure for ourselves, while neglecting God (Luke 12:16–21), but should rather be "rich" towards God — and by consequence, towards those who are in need. We should not make excuses when it comes to serving or helping those in distress (Luke 13:10–17). And, of course, we should be willing to "sell all that [we] have and distribute to the poor" (Luke 18:22).

It's in these virtues, and in a genuine concern for others, that we can be released from the empty cares of this world, especially as they are emphasized during the holiday season. If we give to the poor, we are giving to God. If we say no to our own desires, we can fulfill the needs of those who are looking for someone — *anyone* — that is willing to say yes on their behalf.

As families, we can help our children give or donate to a family, friend, or even a complete stranger in need, rather than providing them with more and more stuff. As individuals, we can honor the fast, spend more time in prayer, and make a conscious effort to love our neighbors as ourselves, dedicating this season to be a time for true, spiritual growth. We can practice the religion of St. James that is "pure and undefiled" before God: "... to visit orphans and widows in their afflictions, and to keep oneself unstained by the world" (James 1:27). Instead of overeating for the next month, spending countless hours at parties and other premature celebrations, we can fast from our regular intake of food so that we have more time and resources to give to those who are truly in need—not to mention more focus and attention for prayer and spiritual growth.

Rather than approaching this Nativity season with anxiety and distress, dedicate yourself to the *true* spirit of the season and the greater purpose that lies within: the salvation and healing of the world through the Incarnation of Jesus Christ.

by Vincent Gabriel, source: http://blogs.ancientfaith.com/onbehalfofall/why-we-fast-before-christmas/

#### Statement by the Prime Minister of Canada on Holodomor Memorial Day

The Prime Minister, Justin Trudeau, issued the following statement today on Holodomor Memorial Day: "Today, we commemorate one of the darkest chapters in human history: the forced starvation of millions of Ukrainians by the tyrannical regime of Joseph Stalin in the early 1930s. This genocidal act was designed to destroy the identity and will of the Ukrainian people. It did not achieve its aim. Despite the brutality of the Holodomor, Ukrainians endured and, after decades of Soviet control, Ukraine achieved its independence in 1991.

"Canada stands firm with the Ukrainian people in condemning the atrocities of the Holodomor, and ensuring that its victims are not forgotten. We also remain committed to supporting Ukraine's sovereignty and territorial integrity as well as the important steps taken by the Ukrainian government to bring greater security, prosperity, and economic independence to their people.

"I invite all Canadians to take time today to remember those who suffered as a result of the Holodomor and to reflect on the important contributions citizens of Ukrainian descent have made all across Canada. Their resilience and determination have helped build Canada's diverse society, which is our strength and pride." Ottawa, Ontario, November 26, 2016

http://pm.gc.ca/eng/news/2016/11/26/statement-prime-minister-canada-holodomor-memorial-day

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## Liturgical celebrations during week:

Mon., Nov. 28<sup>th</sup> – 9:30 a.m. The Divine Liturgy: Repose of the souls of the Simpson & Coobs families Tue., Nov. 29<sup>th</sup> – 9:00 a.m. The Divine Liturgy: Repose of the souls of the Simpson & Coobs families

Wed., Nov. 30th -9:00 a.m. The Divine Liturgy: Good health to relatives, friends and parishioners of the Most Holy Trinity

Ukrainian Catholic Church in Kamloops, BC (requested by Mrs. Zonia Haidymovska) –6:15 p.m. Moleben to Emanuel

Thur., Dec.  $1^{st}$  – 9:00 a.m. The Divine Liturgy: Repose of the souls of the Simpson & Coobs families Fri., Dec.  $2^{nd}$ , 2016– 9:00 a.m. The Divine Liturgy: Repose of the souls of the Simpson & Coobs families Sunday, Dec.  $4^{th}$ , 2016 – 2:30 p.m. Rosary (Eng.)

- 3:00 p.m. Divine Liturgy: God's blessings to all our parishioners, guests and visitors (Eng./Ukr.)

Please, contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions. *Pastoral Ministry and Sacraments:* Reconciliation: on Sundays and Holy Days: before Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time. **Baptisms**: by appointment. **Marriages**: six months' notice should be given to the parish priest, and he should be contacted before any other arrangements are made. **Funerals and Memorials**: by appointment. **Holy Unction** (Anointing of the Sick): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing or to **meet with parish priest, please call or email Fr. Pavlo in advance to arrange a time and a day.** 

#### **Basic Guidelines for Reception of Holy Communion**:

You are a member of the Catholic Church (*Orthodox faithful are welcome to receive Holy Communion*); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (*water and medicine does not break the fast*). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace. If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

**Bequests and Wills:** Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process.

In your kindness please remember The Most Holy Trinity Ukrainian Catholic Church in Kamloops, BC in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to The Most Holy Trinity Ukrainian Catholic Church at 109 Tranquille Road, Kamloops, BC V3B 3E8 the sum of \$\_\_\_\_% of my estate), to be used for the benefit of the church/parish, it's needs and pastoral ministry."