

# The Most Holy Trinity Ukrainian Catholic Church

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21<sup>st</sup> Sunday after Pentecost, Saint Apostle James - October 9<sup>th</sup>, 2016 A.D. Let us express our gratitude to the Almighty God for all the spiritual and physical gifts we have received! THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST: Through

the Word, the Holy Mysteries & Prayer, Serving One's Neighbour,

Leadership, Fostering & Serving Unity and Missionary Spirit - Pastoral Letter of His Beatitude Sviatoslav



O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.

In today's reading of the Gospel the Lord tells us the parable of the sower. Actually, He Himself interprets it. The Sower is Jesus Christ; the seed is the Word of God. The ground is the human heart. The good heart is the fruitful earth, but the evil heart choked by sins is the earth that is good for nothing.

From the Bible, we learn that "faith comes by hearing, and hearing by the Word of God" (Romans 10:17). Jesus Christ sowed the word of God everywhere in the villages and towns, and in the deserts, and on the sea. He chose His apostles so that they too would sow the Word of God. The apostles appointed their successors - the bishops and presbyters/priests who continue the missionary labour of spreading of sowing the Word of God until this day.

The Church on earth continues the work of Christ. It sows in our hearts the Word of God. When the living Word of God is sown in sinful world of fallen people, a

new life springs up. All people have some strength to receive the Word of God. True Christian life is constant work on the conversion of one's own heart, to prepare the ground in person to receive the seed. Every person can differ in how she or he approaches this task.

"...Open the doors of your hearts and your homes to Christ, allow His Holy Spirit to transform you, purify and strengthen you in God's love!" - Pastoral Letter of His Beatitude Sviatoslav Shevchuk "The Vibrant Parish"

"...Відчиніть двері своїх душ і домівок Христові, дозвольте Його Святому Духові вас перемінити, очистити і скріпити Божою любов'ю!" — Пастирський Лист Блаженнішого Святослава Шевчука "Жива Парафія"

Christian Greetings:Glory to Jesus Christ! – Glory to Him Forever!Slava Isusu Chrystu! – Slava na Viky!Слава Icycy Xpucmy! – Слава на Віки!

# Liturgical Propers:

**Troparion** (Tone 4): When the disciples of the Lord learned from the angel the glorious news of the resurrection and cast off the ancestral condemnation, they proudly told the apostles: "Death has been plundered! Christ our God is risen, granting to the world great mercy."

Troparion (Tone 3): Holy apostle, James, intercede with the merciful God to grant our souls forgiveness of sins.

#### Glory be to the Father and to the Son and to the Holy Spirit.

**Kontakion** (Tone 4): My Saviour and Deliverer from the grave as God raised out of bondage the children of the earth and shattered the gates of Hades; and as Master, He rose on the third day.

### Now and for ever and ever. Amen.

**Kontakion** (Tone 2): With praises let us all extol James as a herald of God; he firmly planted the doctrines of wisdom in the souls of the godly. For he stands before the Master's throne of glory and rejoices with all the angels unceasingly praying for all of us.

Prokeimenon (Tone 4): How great are Your works, O Lord You have made all things in wisdom (Psalm 103:24)

Verse: Bless the Lord, O my soul: O Lord my God, You are exceedingly great (Psalm 103:1)

Prokeimenon (Tone 8): Their utterance has gone forth into all the earth, and their word unto the ends of the world. (Psalm 18:5) Epistle: A reading from the Letter of Saint Paul to the Galatians: (Gal. 2:16-20)

Brethren, knowing that a man is not justified by legal observance but by faith in Jesus Christ, we too have believed in him in order to be justified by faith in Christ, not by observance of the law; for by works of the law no

one will be justified. But if, in seeking to be justified in Christ, we are shown to be sinners, does that mean that Christ is encouraging sin? Unthinkable! If, however, I were to build up the very things I had demolished, I should then indeed be a transgressor. It was through the law that I died to the law,

to live for God. I have been crucified with Christ, and the life I live now is not my own; Christ is living in me. I still live my human life, but it is a life of faith in the Son of God, who loved me and gave himself for me.

*Alleluia* (Tone 4) Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice. (Psalm 44:5). You have loved justice and hated iniquity (Psalm 44:8). The heavens shall confess our wonders, O Lord, and Your truth in the church of the saints (Psalm 88:6). God is glorified in the assembly of the saints. (Psalm 88:8)

#### Gospel: (*Lk* 8:5-15)

The Lord told this parable, "A farmer went out to sow some seed. In the sowing, some fell on the footpath where it was walked on and the birds of the air ate it up. Some fell on rocky ground, sprouted up, then withered through lack of moisture. Some fell among briers, and the thorns growing up with it stifled it. But some fell on good soil, grew up, and yielded grain a hundredfold." As he said this he exclaimed: "Let everyone who has ears attend to what he has heard."

His disciples began asking him what the meaning of this parable might be. He replied, "To you the mysteries of the reign of God have been confided, but to the rest in parables that, 'Seeing they may not perceive, and hearing they may not understand.'

This is the meaning of the parable. The seed is the word of God. Those on the footpath are people who hear, but the devil comes and takes the word out of their hearts lest they believe and be saved. Those on the rocky ground are the ones who, when they hear the word, receive it with joy. They have no root; they believe for a while, but fall away in time of temptation. The seed fallen among briers are those who hear, but their progress is stifled by the cares and riches and pleasures of life and they do not mature. The seed on good ground are those who hear the word in a spirit of openness, retain it, and bear fruit through perseverance.

**Communion Verses:** Praise the Lord from the heavens; praise Him in the highest (Ps 148:1). Their utterance has gone forth into all the earth, and their word unto the ends of the world. Alleluia! (3x)

Our Eparch, Bishop Ken is requesting that at the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war. For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

#### GRATITUDE

\* to everyone who came and worked at our parish work bees in preparation and making perogies this past week!

\* to every person who thoughtfully and generously donated toward our parish hedges and cedar trees trimming project!

\* to all who participated in annual Pro-Life chain and attended Kyiv Symphony Orchestra and Chorus concert this past week!

\* to all our parishioners, guests, visitors and all people of the good will who by their kindness, time, donations, knowingly and



unknowingly, organize and lead praying with rosaries, attend services during the week, share their time and work at the parish projects, clean the church, look after and graciously support our Christian, Catholic parish community! Thank you very much! May the Almighty God generously bless and reward your care, time and generosity!

### Anonymous person's Thanksgiving Prayer:

"Even though I clutch my blanket and growl when the alarm rings, thank you, Lord, that I can hear. There are many who are deaf.

Even though I keep my eyes closed against the morning light as long as possible, thank you, Lord, that I can see. Many are blind.

Even though I huddle in my bed and put off rising, thank you, Lord, that I have the strength to rise. There are many who are bedridden.



Even though the first hour of my day is hectic, when socks are lost, toast is burned and tempers are short, my children are so loud, thank you, Lord, for having a family. There are so many who are lonely.

Even though our breakfast table never looks like the pictures in the magazines and the menu is at times unbalanced, thank you, Lord, for the food we have. There are so many who are hungry.

Even though the routine of my job often is monotonous, thank you, Lord, for the opportunity to work. There are so many who have no job.

Even though I grumble and bemoan my fate from day to day and wish my circumstances were not so modest, thank you, Lord, for life. Amen. *"In their houses human beings carefully accumulate their wealth. The Lord in His house, our soul* 

and body, amasses and stores up the heavenly riches of the Spirit." - Pseudo-Macarius

#### CONGRATULATIONS

May the Almighty God grant many, happy and blessed years in good health and salvation to Mrs. Marry Borrett on her birthday (Oct. 11), Mr. Myron Musey on his birthday (Oct. 11), Mr. Al Bodnaruk on his birthday (Oct. 12), and to all our parishioners, your family members, our guests and visitors who celebrate their birthdays, name-days, wedding anniversaries and any other special joyful and important celebrations this week – Mnohaya i Blahaya Lita!

#### ANNOUNCEMENTS:



#### A WARM WELCOME TO OUR PARISHIONERS, GUESTS AND VISITORS WHO HAVE JOINED US IN THIS DIVINE LITURGY. THANK YOU FOR PRAYING WITH US AT THE CHUCH TODAY! WISHING YOU A BLESSED WEEKEND AND FRUITFUL, HEALTHY AND SAFE WEEK! EVERYONE IS VERY WELCOME TO PARTICIPATE IN OUR PARISH FELLOWSHIP IN THE CHURCH HALL TODAY!

#### **Special Petitions:**

\* We also pray to be blessed with generous hearts to contribute to our Bishop's initiatives and programmes, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.

\* We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

**REMEMBER TO PRAY FOR**: yourselves, Most Reverend Bishop Severian Yakymyshyn, Fr. Steven Basarab, Fr. Serabion ElMakary, Steve and Bernice Usipuik, Ann Kuz, Ann Derzak, Dave and Mary Emery, Elsie Kinaschuk, John and Mildred Kolody, Joseph Mychaluk, Zonia Rurka, Eugene Palsitt, Adeline Palsitt, Orest Hrycewich, Myron and Myrna Wizniak, Elsie Zachary, Matt Dmyterko, Allan and Sharon Ludwig, Steve and Jesse Pawlyshyn, Joe and Olga Burkatsky, Orest Kociuba, Kalyna Kociuba, Allan Bodnaruk, Maria Chorny, Katrien Sobhy, Marg Musey, Kathleen Musey, Jacob and Ann Dressler, Rosemary Pellizzon, Bronie Huska, Peter Huska, Mary Borrett, Stanley and Roma Nowakowski (Bishop Ken's parents), Larry and Valray Necember, Lawrence and Ping Beaton, Red Mackay, Theresa Munro, Michelle New, Martin Schinkelwitz, Adam Laniel, Cryss O'Donnell, Rose Ostopowich (Fr. Joe Ostopowich's mother), Sandra and Mike Jones, members of our parish and those who are not able to join actively in our community, your families, relatives, friends; governments and armed forces, especially the shut-in or those in the hospitals, traveling, working or studying, nursing and senior homes, those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless and all people who have asked us pray for them. Please, also in your kindness keep praying daily for vocations to the priesthood and religious life. Remember to ask for special blessings to all Christian families!

**REMINDER** for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

\* FAITHFUL GIVING... Remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy on Sundays. When traveling, working or studying, please, make sure you check out the service schedule for the area churches at our eparchial website: *www.nweparchy.ca* and attend the Divine Liturgy. Please remember as well, that while parishioners may be away and on vacation, the parish is not. Expenses continue as they do throughout the year. Please, remain consistent in your gifts to parish. Your weekly Sunday offering is important to our financial well-being. If you are away, we appreciate it when you forward your "make-up" donations. The financial stability of the parish counts on regular Sunday contributions. Please, continue to be generous! "Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!" (Divine Liturgy of Saint John Chrysostom)

\* **BE A STEWARD:** Have you ever wondered what more can you do to help our parish? Here are some suggestions: **Steward** of property security; **Steward** of grounds cleaning; **Steward** of cleaning church; **Steward** of church linen; **Steward** of outreach; **Steward** of caring; **Steward** of prayer; **Steward** of service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in their senior years. It's not only about doing but about "BEING" present to others. Contact Fr. Pavlo or Mr. Matt Dmyterko for more information. You will be amazed how "BEING" can make a difference.

\* "Perogies making work bee starts at 8:30 a.m. on Tuesday, October 11<sup>th</sup>, 2016. Everybody is welcome is help our church!

\* Monthly Parish Breakfast will be held after the Divine Liturgy on next Sunday, October 16th, 2016. Please sign up.

- \* Sunday (Oct. 2<sup>nd)</sup> offerings/donations: \$ 570
- \* **2016 World Mission Sunday** will be celebrated on next Sunday, October 23<sup>rd</sup>, 2016. A special collection will be taken.

## SHARE YOUR HEART EPARCHY OF NEW WESTMINSTER VIBRANT PARISH APPEAL

"...We need your urgent and immediate support to guarantee the viability of our Eparchy for future generations of your children and grandchildren. We want to ensure the survival of pastoral services including the celebration of the sacraments in the Ukrainian Catholic tradition, such as Divine Liturgies, Baptism, Marriages, Funerals and the great Feasts, which means so much to us..." **+Ken (Eparchial Bishop of New Westminster)** 

# WAYS TO GIVE

- **CHEQUE** (Please make your cheques payable to the Eparchy of New Westminster)
- **BEQUESTS** (You have the ability to leave a legacy that will commemorate your love of God by remembering the Eparchy in your will)

• GIFT OF PUBLICLY TRADED STOCK (Please contact the Chancery office for further details on how to make a gift of stock)

# FOR WHERE YOUR TREASURE IS THERE WILL YOUR HEART BE ALSO

CONTACT INFORMATION: 502 – 5th AVENUE, NEW WESTMINSTER, BC CANADA, V3L 1S2TELEPHONE: 604-524-8824EMAIL: new.chancery@gmail.comWEBSITE: www.nweparchy.ca

\* Post-Sobor Visits by Most Rev. Ken Nowakowski – our Eparch, bishop Ken is visiting each parish in the Eparchy in order to continue, promulgate and evaluate our progress of fulfilling the guidelines of the "Vibrant Parish – a place to encounter the living Christ" program. Bishop Ken and Deacon Mykhailo (please, welcome him to our eparchy) will be at our parish at 2:00 pm on Thursday, Oct. 13th, 2016. Please, read carefully again and reflect the Pastoral Letter of His Beatitude Sviatoslav "Vibrant Parish", Eparchial Resolutions, and resolutions of the vi session of the patriarchal assembly (sobor) of the ukrainian GREEK-CATHOLIC CHURCH. All the materials and information are published at our eparchial web-site: http://nweparchy.ca/project/the-vibrant-parish-a-place-to-encounter-the-living-christ-eparchial-sobor/ and are printed and presented on the bulletin tables at the entrance to the church and church hall. Parish pot luck supper is following 5:00 pm Moleben. For more information, please contact Mrs. Adelle Dmyterko - Tel: 250-554-3107. A list is available at the church hall.

\* YOU ARE INVITED TO AN ORDINATION! On Wednesday, October 26<sup>th</sup> at 4:30 pm Bishop Ken will be ordaining Deacon Gleb Pistruga to the priesthood during the celebration of the Divine Liturgy at Holy Eucharist Cathedral in New Westminster. Deacon Gleb is a member of our Eparchial clergy and is serving our country as a chaplain in the Canadian Armed Forces. Once ordained to the priesthood Fr. Gleb will continue to serve as a chaplain in our Armed Forces. There will be an ordination reception to follow the ordination in the Cathedral basement hall. Those who would like to attend the reception after the ordination are welcome for a price of \$15.00 per person, (children and youth under 15 free of charge just to allow us to prepare enough food). The deadline for ordination reception tickets is Wednesday 19 October. For tickets contact Fr. Stepan Dovhoshyia at (604) 518-1873 or dovhoshyiastepan@gmail.com Let us continue to pray for Deacon Gleb and his family as he prepares for his ordination.

\* 40 Day for Life: September 28 to November 6, 3:30 to 5:30 at 3<sup>rd</sup> Avenue beside Sacred Heart Roman Catholic Cathedral in Kamloops, BC. The Cathedral will be open for prayer from 3:00 pm to 6:00 pm. Please, consider registering at www.40daysforlife.com and/or www.campaignlifecoalition.com which is the Canadian website.



Glory to Jesus Christ! Dear Friends,

The Vancouver Friends of the Ukrainian Catholic University (UCU) and the Ukrainian Catholic Education Foundation (UCEF) is hosting a special fundraising gala for UCU on 11 November in Vancouver. I fully support this initiative and would also ask you to support it.

Ticket information is in the attachment. Please note that there are ten places at each table. Perhaps you could consider purchasing a full table for yourself and inviting friends to join you.



7 September 2016

The theological and philosophical faculty of the UCU has papal accreditation. The history, IT, humanities, journalism and business programs are among the best in the country. UCU and its various faculties are open to students of all religious denominations and confessions in Ukraine and internationally. The seminarians (more than two hundred of them) at Holy Spirit Ukrainian Catholic Seminary in Lviv, Ukraine receive their academic formation from UCU free of charge. In fact a good number of the clergy of our Eparchy have received their academic formation from UCU!

Today UCU is not only a flagship of reform in higher education but is an acknowledged leader in the transformation of Ukrainian society. The university is setting the highest academic standards while being in the forefront of social responsibility. Most of the students come from humble economic backgrounds and can dream of a world class education only with our help.

I cannot emphasize enough how important this educational institution is for the future of Ukraine. Local resources are sharply limited during this time of war and foreign invasion. This means that it is vital for us in the west where education is valued and esteemed to support UCU.

For more information about UCU please visit the English language website. http://ucu.edu.ua/eng/

Sponsoring this event is the Ukrainian Catholic Education Foundation. Donations to UCU can be made directly to UCEF, which will issue you a charitable donation income tax receipt. http://ucef.ca/new-generation-for-a-new-ukraine-2/

What you can expect during the evening gala...

\* Silent auction \* A great meal \* Dynamic guest speakers, featuring award winning CTV journalist Mr. Victor Malarek

\* Meeting representatives of the UCU community \* Musical entertainment

Looking forward to seeing you on 11 November!

Sincerely yours in the Lord, + Ken Nowakowski, Bishop



Ukrainian Catholic Education Foundation 263 Bering Ave, Toronto, ON, M8Z 3A5, Canada phone: (416) 239-2495 toll free: 1 (866) 871-8007 fax: (416) 239-2496

\* **OLPH parish pot luck supper to welcome Rev. Fr. Jeremy and help support his mission in Madagascar** will be held on Saturday, Oct. 15<sup>th</sup>, 2016 following the 5:00 pm Mass. Bring your favorite dish to share and join us at the OLPH Parish Centre (you can drop off your items at the centre before mass). A basket will be provided for your donations for Fr. Jeremy's mission. Most Rev. Bishop Joseph Nguyen will also be in attendance, so come and welcome him to the Diocese. For more information, please contact Gemma at 250-376-3530

\* 23<sup>rd</sup> Annual Oktoberfest at St John Vianney Roman Catholic Parish on Saturday October 15th, 2016 Proceeds to St. Vincent DePaul, CPPS Missions in Tanzania and Parish Projects Cocktails at 6:30 – Dinner at 7:15PM Music by Frank Stofanik Silent Auction, Fine Food & Door Prizes Tickets \$40.00 each Casey 250-682-1096 Julian 250-579-9560

## 81-year-old woman got a 'Don't Euthanize Me' tattoo

An 81-year-old walking into a tattoo shop may sound like the start of a joke, but to Christine Nagel, her new ink is no laughing matter. The Calgary grandmother recently had the words "Don't euthanize me" tattooed on her arm. "It's drastic, but this very clearly says, 'I'm going to live until God's ready for me'."

A devout Christian, Nagel opposes assisted suicide, which was legalized in Canada this summer. It is already legal in several other European countries.

The Catholic Church opposes all forms of suicide as violating the inherent dignity of human life. Catholic teaching supports palliative care and other options to alleviate suffering without killing a human person.

Critics of assisted suicide laws say they send the message to society that suicide is an acceptable way to handle suffering, and that they are ripe for abuse, from financially motivated killings and lack of consent to lethal pills changing hands.

Disability rights groups have argued that legalizing assisted suicide discriminates against the disabled and elderly, pressuring them to end their lives. They also note that the majority of patients who request assisted suicide withdraw that request when treated for depression, a statistic recognized by the Supreme Court.

To Nagel, assisted suicide can all too quickly come to be viewed as an easy way out, preferable over caring for the sick and elderly. "All these old people are darned expensive to look after. And they're cranky. And they're messy. And you can't help thinking, 'This would be a really good solution'."

She lamented the lack of respect for life, and said that she does not want anyone interfering with God's plan for her own life. "How would you feel if you turned up at the gates, and St. Peter got out the book and said, 'Just a minute – we weren't expecting you for another 18 months'?" she joked. Nagel's children respect her decision and will honor her intentions. "She doesn't want to be thrown away," her daughter Juliana told Globalnews.ca. *www.catholicnewsagency.com* 

#### HOLY APOSTLE JAMES

Holy Apostle James, the Brother of God (Adelphotheos) was the son of Righteous Joseph the Betrothed of the Most Holy Theotokos. From his early years James was a Nazarene, a man especially dedicated to God. The Nazarenes vowed to preserve their virginity, to abstain from wine, to refrain from eating meat, and not to cut their hair. The vow of the Nazarenes symbolized a life of holiness and purity, commanded formerly by the Lord for all Israel. When the Savior began to teach the nation about the Kingdom of God, St James believed in Christ and became His apostle. He was chosen as the first Bishop of Jerusalem.

Saint James presided over the Council of Jerusalem and his word was decisive (Acts 15). In his thirty years as bishop, St James converted many of the Jews to Christianity. Annoyed by this, the Pharisees and the Scribes plotted together to kill St James. They led the saint up on the pinnacle of the Jerusalem Temple and asked what he thought of Jesus. The holy Apostle began to bear witness that Christ is the Messiah, which was not the response the Pharisees were expecting. Greatly angered, the Jewish teachers threw him off the roof. The saint did not die immediately, but gathering his final strength, he prayed to the Lord for his enemies while they were stoning him. St James' martyrdom occurred about 63 A.D.

The holy Apostle James composed a Divine Liturgy, which formed the basis of the Liturgies of Saints Basil the Great and John Chrysostom. The Church has preserved an Epistle of St James, one of the books of the New Testament.

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# Liturgical celebrations during week:

Mon., Oct. 10<sup>th</sup> – 9:00 p.m. The Divine Liturgy: In thanksgiving to the Almighty and Omnipresent God for all the visible and invisible gifts we have received. (Eng./Ukr.)

Tue., Oct. 11th – 9:00 a.m. The Divine Liturgy: + Bertha Pernitsky

Wed., Oct. 12th – 9:00 a.m. The Divine Liturgy: + Paolo & Rosario Caputo

Thurs., Oct. 13th - 9:00 a.m. The Divine Liturgy: + Eugenio Caputo

- 2:00 p.m. post-sobor meetings and our parish visit by Our Eparch Most Rev. Ken Nowakowski

5:00 p.m. Moleben to Merciful Christ

Fri., Oct. 14th – 10:00 a.m. The Divine Liturgy: + Mrs. Julia Black (Requested by Ms. Stella Black)



Sunday, Oct. 16<sup>th</sup>, 2016 – 9:30 a.m. Rosary (Eng.)

- 10:00 a.m. Divine Liturgy: God's blessings to all our parishioners, guests and visitors (Eng./Ukr.)

Please, contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions.

### Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time. **Baptisms**: by appointment. **Marriages**: please make an appointment to meet with the parish priest. **Funerals and Memorials**: by appointment. **Holy Unction** (Anointing of the Sick): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing, please contact Fr. Pavlo to arrange a time.

### **Basic Guidelines for Reception of Holy Communion**:

You are a member of the Catholic Church (*Orthodox faithful are welcome to receive Holy Communion*); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (*water and medicine does not break the fast*). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.