

The Most Holy Trinity Ukrainian Catholic Church

Parish Administered by Rev. Fr. Pavlo Myts 109 Tranquille Road, Kamloops, BC V3B 3E8 Church Tel.: 250-376-3690 Rectory Tel.: 250-461-7249



Email: mostholytrinitypar@shaw.ca Parish web-site: http://kamloops.nweparchy.ca/

Parish Executive Council Chairperson: Mr. Matt Dmyterko; UCWLC President: Mrs. Adelle Dmyterko - Tel: 250-554-3107 Parish Cantor: Mr. Myron Musey Ukrainian Catholic Eparchy of New Westminster: www.nweparchy.ca

16th Sunday after Pentecost - September 4th, 2016 A.D.



THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST: Through the Word, the Holy Mysteries & Prayer, Serving One's Neighbour, Leadership,

Fostering & Serving Unity and Missionary Spirit – Pastoral Letter of His Beatitude Sviatoslav

O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it



might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and your most-holy, good and lifegiving Spirit. Amen.

The question posed by Jesus Christ, and the question we must be prepared to answer at our own judgment, is "What have you done with the gifts-talents you have received?" Everything we have and everything we become are gifts from the Almighty and Omnipresent God. Like the stewards in the parable, we have been given many personal and individual gifts. Do we develop those gifts and do we share them, or do we ignore, "bury" and keep them just to ourselves by really doing nothing with them?

Behold, O my soul, the Master has confided to you a talent; receive the gift with awe; bear fruit for Him Who gave; distribute to the poor and acquire for yourself the Lord as your Friend; that when He will come in glory you may stand on His right hand and hear His blessed voice: Enter, my servant, into the joy of Your Lord. O my Savior, deem me, the lost wanderer, worthy of Your Kingdom through Your great love. Amen.

(Hymn of the Aposticha)

"...Open the doors of your hearts and your homes to Christ, allow His Holy Spirit to transform you, purify and strengthen you in God's love!" - Pastoral Letter of His Beatitude Sviatoslav Shevchuk "The Vibrant Parish"

"...Відчиніть двері своїх душ і домівок Христові, дозвольте Його Святому Духові вас перемінити, очистити і скріпити Божою любов'ю!" — Пастирський Лист Блаженнішого Святослава Шевчука "Жива Парафія"

Christian Greetings: Glory to Jesus Christ! — Glory to Him Forever! Slava Isusu Chrystu! — Slava na Viky! Слава Ісусу Христу! — Слава на Віки!

Liturgical Propers:

Tropars, Kondakions, Prokimenon and Verses are on pages 103-105, Tone 7th in liturgical book "The Divine Liturgy of Saint John Chrysostom"

Epistle: A reading from the Second Letter of Saint Paul to the Corinthians: (2 Cor. 6:1-10)

Brethren, as your fellow workers we beg you not to receive the grace of God in vain. For he says, "In an acceptable time I have heard you; on a day of salvation I have helped you." Now is the acceptable time! Now is the day of salvation! We avoid giving anyone offense, so that our ministry may not be blamed. On the contrary, in all that we do we strive to present ourselves as ministers of God, acting with patience endurance amid trials, difficulties, distresses, beatings, imprisonments, and riots; as men

familiar with hard work, sleepless nights, and fastings; conducting ourselves with innocence, knowledge and patience, in the Holy Spirit, in sincere love as men with the message of truth and the power of God; wielding the weapons of righteousness with right hand and left, whether honored or dishonored, spoken of well or ill. We are called imposters, yet we are truthful; nobodies who in fact are well known; dead, yet here we are alive; punished, but not put to death; sorrowful, though we are always rejoicing; poor, yet we enrich many. We seem to have nothing, yet everything is ours!

Gospel: (Mt. 25:14-30)

The Lord told this parable: "The case of a man who was going on a journey is similar. He called in his servants and handed his funds over to them according to each man's abilities. To one he disbursed five thousand silver pieces, to a second two thousand, and to a third a thousand. Then he went away.

Immediately the man who received the five thousand went to invest it and made another five. In the same way, the man who received the two thousand doubled his figure. The man who received the thousand went off instead and dug a hole in the ground, where he buried his master's money.

After a long absence, the master of those servants came home and settled accounts with them. The man who had received the five thousand came forward bringing the additional five. 'My lord,' he said 'you let me have five thousand. See, I have made

five thousand more.' His master said to him, 'Well done! You are an industrious and reliable servant. Since you were dependable in a small matter I will put you in charge of larger affairs. Come, share your master's joy!' The man who had received the two thousand then stepped forward. 'My lord,' he said, 'you entrusted me with two thousand and I have made two thousand more.' His master said to him, 'Cleverly done! You too are an industrious and reliable servant.



Since you were dependable in a small matter I will put you in charge of larger affairs. Come, share your master's joy!'

Finally, the man who had received the thousand stepped forward. 'My lord,' he said, 'I knew you were a hard man. You reap where you did not sow and gather where you did not scatter, so out of fear I went off and buried your thousand silver pieces in the ground. He is your money back.' His master exclaimed: 'You worthless, lazy lout! You know I reap where I did not sow and gather where I did not scatter. All the more reason to deposit my money with the bankers, so that on my return I could have had it back with interest. You, there! Take the thousand away from him and give it to the man with the ten thousand. Those who have, will get more until they grow rich, while those who have not, will lose even the little they have. Throw this worthless servant into the darkness outside, where he can wail and grind his teeth."

Our Eparch, Bishop Ken is requesting that at the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war. For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

GRATITUDE

* to all our parishioners, guests, visitors and all people of the good will who by their kindness, time, donations, knowingly and unknowingly, organize and lead praying with rosaries, attend services during the week, share their time and work at the parish projects, clean the church, look after and graciously support our Christian, Catholic parish community! Thank you very much! May the Almighty God generously bless and reward your care, time and generosity!

CONGRATULATIONS

AXIOS! AXIOS! AXIOS! – our Holy Trinity Parish would like to congratulate newly ordained deacon Mykhailo Ozorovych on the occasion of his diaconal ordination by Bishop Ken that took place on this past Sunday, Aug. 28th in Ukraine. May the blessings of the Lord be upon him and his ministry at our Eparchy – Многая Літа!

May the Almighty God grant many, happy and blessed years in good health and salvation to all our parishioners, your family members, our guests and visitors who celebrate their birthdays, name-days, wedding anniversaries and any other special joyful and important celebrations this week – Mnohaya i Blahaya Lita!



ANNOUNCEMENTS:

A WARM WELCOME TO OUR PARISHIONERS, GUESTS AND VISITORS WHO HAVE JOINED US IN THIS DIVINE LITURGY. THANK YOU FOR PRAYING WITH US AT THE CHUCH. HAVE A BLESSED AND RESTFUL WEEKEND AND FRUITFUL WEEK!

Special Petitions:

- * We also pray to be blessed with generous hearts to contribute to our Bishop's initiatives and programmes, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.
- * We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.
- III. REMEMBER TO PRAY FOR: yourselves, Most Reverend Bishop Severian Yakymyshyn, Fr. Steven Basarab, Fr. Serabion ElMakary, Steve and Bernice Usipuik, Ann Kuz, Ann Derzak, Dave and Mary Emery, Elsie Kinaschuk, John and Mildred Kolody, Joseph Mychaluk, Zonia Rurka, Eugene Palsitt, Adeline Palsitt, Orest Hrycewich, Myron and Myrna Wizniak, Elsie Zachary, Matt Dmyterko, Allan and Sharon Ludwig, Steve and Jesse Pawlyshyn, Joe and Olga Burkatsky, Orest Kociuba, Kalyna Kociuba, Allan Bodnaruk, Maria Chorny, Katrien Sobhy, Marg Musey, Kathleen Musey, Jacob and Ann Dressler,

Rosemary Pellizzon, Bronie Huska, Peter Huska, Mary Borrett, Stanley and Roma Nowakowski (Bishop Ken's parents), Larry and Valray Necember, Lawrence and Ping Beaton, Red Mackay, Theresa Munro, Michelle New, Martin Schinkelwitz, Adam Laniel, Cryss O'Donnell, Rose Ostopowich (Fr. Joe Ostopowich's mother), Sandra and Mike Jones, members of our parish and those who are not able to join actively in our community, your families, relatives, friends; governments and armed forces, especially the shut-in or those in the hospitals, traveling, working or studying, nursing and senior homes, those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless and all people who have asked us pray for them. Please, also in your kindness keep praying daily for vocations to the priesthood and religious life. Remember to ask for special blessings to all Christian families!

REMINDER for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

FAITHFUL GIVING... Remember that we never take a day off or a vacation from God, or from our obligation to attend Divine Liturgy. When traveling, make sure you check out the service schedule for the area churches and attend the Divine Liturgy. Please remember as well, that while parishioners may be away and on vacation, the parish is not. Expenses continue as they do



throughout the year. Please, remain consistent in your gifts to parish. Your weekly Sunday offering is important to our financial well-being. If you are away, (especially during summer) we appreciate it when you forward your "make-up" donations. The financial stability of the parish counts on regular Sunday contributions. Please, continue to be generous! "Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!" (Divine Liturgy of Saint John Chrysostom)

BE A STEWARD: Have you ever wondered what more can you do to help our parish? Here are some suggestions: **Steward** of property security; **Steward** of grounds cleaning; **Steward** of cleaning church; **Steward** of church linen; **Steward** of outreach; **Steward** of caring; **Steward** of prayer; **Steward** of

service. Quite often, our homebound or senior members, once active in their younger years, want to find purpose in their senior years. It's not only about doing but about "BEING" present to others. Contact Fr. Pavlo **OR** Mr. Matt Dmyterko for more information. You will be amazed how "BEING" can make a difference.

* **Sunday** (Aug. 28^{th)} **collection**: \$ 583.00

SHARE YOUR HEART

EPARCHY OF NEW WESTMINSTER VIBRANT PARISH APPEAL

"... We need your urgent and immediate support to guarantee the viability of our Eparchy for future generations of your children and grandchildren. We want to ensure the survival of pastoral services including the celebration of the sacraments in the Ukrainian Catholic tradition, such as Divine Liturgies, Baptism, Marriages, Funerals and the great Feasts, which means so much to us..." +Ken (Eparchial Bishop of New Westminster)

WAYS TO GIVE

- **CHEQUE** (Please make your cheques payable to the Eparchy of New Westminster)
- **BEQUESTS** (You have the ability to leave a legacy that will commemorate your love of God by remembering the Eparchy in your will)
- GIFT OF PUBLICLY TRADED STOCK (Please contact the Chancery office for further details on how to make a gift of stock)

FOR WHERE YOUR TREASURE IS THERE WILL YOUR HEART BE ALSO

CONTACT INFORMATION: 502 – 5th AVENUE, NEW WESTMINSTER, BC CANADA, V3L 1S2

TELEPHONE: 604-524-8824 EMAIL: new.chancery@gmail.com WEBSITE: www.nweparchy.ca

CATECHISM ANNOUNCEMENT: "And they were bringing to Him also the infants, in order that He may be touching them; but after the disciples saw it, they rebuked them. But Jesus called them to Himself and said, Let alone the little children to come to Me, and cease hindering them; for of such is the kingdom of God." (Matthew 19:14) We are happy to welcome all children to our Holy Trinity catechism program. We want your children to learn more about their Catholic faith, sacred scripture, feast days, icons, singing and religious practices and customs of the Ukrainian Catholic Church. If you have any questions, please do not hesitate to contact Rev. Fr. Pavlo Myts at 250.376.3690.

Head of the UGCC sanctified a memorial bas-relief to Metropolitan Andrey in Lviv Opera House

Today, I have been honoured by God to sanctify a monumental bas-relief to the righteous metropolitan Andrey Sheptytsky in this temple of art in Lviv, known around the world – National Theatre of Opera and Ballet of Solomiya Krushelnytska.

Metropolitan Andrey means to Ukrainian people the same what means Saint John Paul II in the newest history of Europe. Well-chosen words are engraved in this snow-white bar-relief. I encourage everyone approach, read these words and think: "Life is art, and works of this art are acts of mind, volition and soul".

Said Head and Father of the UGCC His Beatitude Sviatoslav after sanctifying memorial bas-relief to the Venerable Metropolitan Andrey Sheptytsky on August 26th In the process of sanctifying also participated Metropolitan Ihor, Archbishop of Lviv and Bishop Volodymyr, Bishop-Auxiliary of Lviv.

The bar-relief to the Venerable Metropolitan is disposed in foyer of Opera House near the bar-relief to Saint Pope John Paul II. "In this bar-relief we see the righteous Metropolitan as an artist, first of all, of holiness of a human soul, - His Beatitude Sviatoslav continued. – This artist loved Ukraine with all his soul, and all his acts of mind and volition, all feelings of his heart is our modern Ukrainian heritage".

The Major Archbishop added that this occasion has synchronized with celebration of 25th Independence Day in Ukraine and decommunisation process: "Along this historical moment figure of Metropolitan – the great Artist, builder not only of a human soul but whole Ukrainian statehood as well, begin to shine throughout Ukraine. New streets and squares that appear in Ukraine are getting his name". According to his words, today our people need someone who can unite us anew, awakening deep strength of mind and volition among our people.

"I testify you that a uniting strength what our people got is holiness, wisdom and a living word of a great Moses of Ukrainian people, bishop Andrey. Thank you all, who not only honour him but accept his spirit, benefit from a divine wisdom what is poured upon us through his pastoral appeals. Exactly Lviv becomes a lighthouse, spreading light of metropolitan Andrey and showing whole Ukraine that we are on the right way", His Beatitude Sviatoslav said at the end.

The UGCC Department of Information: www.ugcc.org.ua

Ecclesiology as Spirituality: A Little Church History Lesson: LETTER FROM UKRAINE by Andriy Chirovsky, October 2001 Part 1:

There is one remaining institution of the old Tsarist empire of the Romanovs: the Patriarchate of Moscow. It is the only such institution to survive the bloody upheavals of the Russian Revolution, which led to the expansion of Russian imperial holdings but also to a loss of most of its tradition. All that remains is the Moscow Patriarchate, which in Soviet times was the closest thing to an established church in an officially atheist state. Today it is the Russian imperialist's last hope for a restitution of the old empire"even a smaller, Slavic empire of three fraternal nations, Russia, Belarus, and Ukraine. Of course, Russia would have to be"in Orwellian terms"more fraternal than the rest, but that is the way it is with all empires. That this last empire would never come to be was pretty much apparent by the end of the visit of Pope John Paul II to Ukraine, June 24-27, 2001.

Thanks to the relentless efforts of the enormous KGB-trained Department of External Affairs of the Moscow Patriarchate, under the leadership of the old Estonian KGB's decorated "agent Drozdov," a.k.a. Patriarch Alexei II, the world media was alerted to what was to be the Pope's most controversial and potentially ugliest visit to any country thus far. In Goebbels-like fashion, the articles from paid or simply lazy drones in the press came churning out systematically. One influential media outlet per week"different every week"spread the universal message: Pope John Paul may not set foot on the soil of Ukraine, despite the invitation of its government and the bishops of both the Ukrainian and Roman Rite Catholic Churches, with their flocks of nearly six million people.

Demonstrations were organized "pitiful, little demonstrations, but with icons, beards, and incense, they certainly made for a good visual and thus made the editor's cut for the news. The demonstrations were organized and attended by members of three groups: the faction of the Ukrainian Orthodox Church loyal to the Moscow Patriarchate; the movement to unite Ukraine, Belarus, and Russia; and the Communist Party. At first glance the third seems "not like the others," as Sesame Street might say. But in reality they were very much alike. All three would like to see the return of one state with one closely allied church, just like the good old days.

That is where the Moscow Patriarchate lost touch with reality and its faithful. Only one-half of 1 percent of the Ukrainian population was adamantly opposed to the papal visit. In the aftermath of the pontiff's trip to Ukraine sixty-five percent of Russia's population wanted a papal visit of their own, with only 17 percent describing themselves as opposed.

Patriarch Alexei's dire predictions only offered the mass media the opportunity to witness and report on a remarkably warm and successful papal pilgrimage. Some journalists, in their perpetually Russocentric obsession, asked repeatedly: What is the meaning of the visit to Ukraine? Does it signal the end of John Paul's hopes to visit Russia? Is Ukraine merely a consolation prize? They could not see the obvious. The Catholic Church of Kyiv (otherwise known, by an ethnic and therefore less proper name, as the Ukrainian Greco-Catholic Church) was for half a century (1946-1990) the world's largest banned religious body. Not that many people noticed this fact, since the world knows precious little of Ukraine and even less of the largest of the Eastern Catholic Churches (those Orthodox Churches that are in full and visible communion with Rome), the Catholic Church of Kyiv.

Mother Teresa's Postulator: "Saint of Darkness"

Tens of thousands of faithful are expected to turn out for the canonization Sunday 4 September of Blessed Mother Teresa of Calcutta. Founder of the religious order, Missionaries of Charity, Mother Teresa dedicated her life to helping the poorest of the poor, the sick, the dying and unloved. She received numerous awards for her work, including the Nobel peace prize in 1979. Mother Teresa died on September 5th, 1997 at the age of 87. She was beatified by Pope John Paul II in 2003.

Missionaries of Charity Fr. Brian Kolodiejchuk is postulator for her cause for Sainthood. He told Vatican Radio's Tracey McClure "She was very gifted humanly speaking. She was intelligent, very practical, a born teacher, organizer... she sang, had a beautiful voice; she played the instrument, she wrote poetry. She had many gifts"

He added that Mother Teresa expected the four thousand sisters who now make up the order to be devoted to Jesus and to live a life of simplicity: "the sisters who joined were very talented doctors, nurses and others – but they were supposed to live simply as all the other sisters. And she herself did it."

"She disguised the profundity of her holiness by the exterior simplicity of her life and of her words, even."

"If I ever become a saint, I will surely be one of Darkness"

"If I ever become a saint, I will surely be one of Darkness," Mother Teresa once said. She also believed she would be "absent from heaven." Asked what she meant by this, Fr. Brian explained:

"I think it was Mother Teresa's 'mission statement' of what she will be doing when she, as she used to say, 'goes home to God.' From the letters that we discovered [after her death] when we began collecting the documents that were published in "Mother Teresa Come Be My Light: The Private Writings of the Saint of Calcutta," to the surprise, if not shock of everyone, even the sisters closest to Mother Teresa, we discovered that her interior experience was what she called "the Darkness" and that she is a woman passionately in love with Jesus."



The shock was greatest because Mother Teresa's seemingly never-ending energy and organizational skills had led everyone to believe she lived with the consoling knowledge of Jesus' love for her.

Yet the letters revealed "that she is feeling unloved, unwanted by Jesus," noted Fr. Brian. "She feels that she cannot love Jesus as she wants to love him: as he's never been loved before - which is a daring resolution to even make if you're taking it seriously."

Fr. Brian recalled reading some of her correspondence to the sisters in the mother house in Calcutta, India who knew her well. "They were really crying because you were reading them and you know Mother, it's your mother, and then you're hearing this and you have a sense of how she's suffering..."

Some of the most revealing of her letters were addressed directly to Jesus, to whom she described her agony over doubts about the strength of her faith and Jesus' love for her.

She wrote, 'I am willing to go through this for all eternity even if this is for your pleasure or if others can benefit from this, if it were possible' explained Fr. Brian. "The magnanimity, the great soul in this is just tremendous: 'I want to satiate your thirst with every drop of blood that you can find in me.' So that's why when you are reading this or hearing this, the sisters were crying in the mother house. If that's not love for God, then I don't know what is."

Did Mother Teresa know she would be made a saint?

Asked what Mother Teresa would have said if she knew that she would indeed be made a saint, Fr. Brian answered: "I think that she was innocent and pure but she wasn't stupid or naive. So I think that she had a sense that.... You know, at a news conference, a journalist would ask: 'Well Mother Teresa, why do you think people call you a living saint?' And then, she would say, ... 'you or we shouldn't be surprised if you see Jesus in me because it's an obligation for all of us to be holy.'"

"I think she must have had some sense that she would be (made a saint) but that said, I think one of her other outstanding virtues is humility," continued Fr. Brian. "Because she was one of the most admired women in the twentieth century – not just in the Church – not since St. Francis of Assisi has someone had that echo outside the Church. Of course we have other great saints

but (who) has that echo? ... Even in the culture, you'll see in a movie or in a book or something, someone will say, 'who do you think I am, Mother Teresa?' There's a sense that they just identify Mother Teresa with goodness, kindness, charity...."

The Miracle

The miraculous healing of Marcilio Haddad Andrino in 2008 in Brazil has been attributed to Mother Teresa's intervention. Fr. Brain notes that Marcilio was "diagnosed as having a bacterial brain infection that led to multiple abscesses which led to hydrocephaly – water in the brain ... his wife Fernanda began a novena to pray for his recovery."

She kept praying through December 9th, recounted Fr. Brian, when "he was in such extreme pain from all the pressure of water on the brain that he went into a coma. Basically, on that day he was dying. So they kept praying – a doctor wanted to do an operation to drain the liquid and they couldn't do it the normal way because there was a problem in the throat and the anesthesiologist was afraid to do it. Around 6:00, Marcilio was in the operating room, and around 6.10 pm the doctor left to try to find I think the endocrinologist or someone to do it in another way."

When the doctor returned to the operating room at about 6:40 pm, Fr. Brian explained, "Marcilio who was already in a deep coma, 3 on the Glasgow scale – 15 is conscious and 3 is like near death – and then [suddenly], Marcilio is awake, no pain, and he looks around the operating room and says, 'what am I doing here?' At that time, his wife was also praying intensely."

Neurosurgeons in Brazil and Rome who examined Marcilio's before and after brain scans were dumbfounded: they "said there's no way you can go from here to here," Fr. Brian added. The doctor who treated Marcilio said of the thirty patients in his care for the same condition, Marcilio is the only one to have ever survived.

The "side" miracle, Fr. Brian says, is the fact that Marcilio and his wife, who had been told they would never be able to have kids, discovered that Fernanda was pregnant and would have two children.

Sourse: http://www.news.va/en/news/mother-teresas-postulator-saint-of-darkness



Liturgical celebrations during week:

Mon., Sept. 5th - 9:00 a.m. The Divine Liturgy: + Lena Pawlyshyn (40th Day Memorial Service requested

by Mrs. Jessie Pawlyshyn and Family)

Wed., Sept. 7^{th} – 3:00 p.m. The Divine Liturgy: Nazariy Myts

- 7:00 p.m. Vespers

Thur., Sept. 8th (Nativity of the Blessed Virgin Mary) - 9:00 a.m. The Divine Liturgy: God's blessings for all Christians

Fri., Sept. 9^{th} – 9:00 a.m. The Divine Liturgy: Sat., Sept. 10^{th} – 7:00 a.m. The Divine Liturgy: Sunday, Sept. 11^{th} , 2016 – 9:30 a.m. Rosary (Eng.)

- 10:00 a.m. Divine Liturgy: God's blessings for all our parishioners, guests and visitors (Eng./Ukr.)

Please, contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions.

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time. **Baptisms**: by appointment. **Marriages**: please make an appointment to meet with the parish priest. **Funerals and Memorials**: by appointment. **Holy Unction** (Anointing of the Sick): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing, please contact Fr. Pavlo to arrange a time.

Basic Guidelines for Reception of Holy Communion:

You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Bequests and Wills: Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process.

In your kindness please remember The Most Holy Trinity Ukrainian Catholic Church in Kamloops, BC in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to The Most Holy Trinity Ukrainian Catholic Church at 109 Tranquille Road, Kamloops, BC V3B 3E8 the sum of \$_____ (or % of my estate), to be used for the benefit of the church/parish, it's needs and pastoral ministry."