

The Most Holy Tríníty Ukraínían Catholic Church

Parish Administered by Rev. Fr. Pavlo Myts 109 Tranquille Road, Kamloops, BC V3B 3E8 <u>Church Tel</u>: 250-376-3690 <u>Rectory Tel</u>.: 250-461-7249



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 Parish Executive Council Chairperson: Mr. Matt Dmyterko; UCWLC President: Mrs. Adelle Dmyterko - Tel: 250-554-3107

 Parish Cantor: Mr. Myron Musey
 Image: Council Chairperson: Wr. Matt Dmyterko; UCWLC President: Mrs. Adelle Dmyterko - Tel: 250-554-3107

Fifth Sunday after Pentecost – June 19th, 2016 A.D. THE HOLY APOSTLE JUDE, BROTHER OF THE LORD ACCORDING TO THE FLESH *Father's Day*



THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST: Through the Word, the Holy Mysteries & Prayer, Serving One's Neighbour, Leadership, Fostering & Serving Unity

and Missionary Spirit – Pastoral Letter of His Beatitude Sviatoslav

O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might



be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.

The Holy Apostle Jude is descended from King David and Solomon, and was the son of Righteous Joseph the Betrothed by his first wife. The Holy Apostle John the Theologian writes in his Gospel, "... *neither did his brethren believe in Him*" (Jn. 7:5). Saint Theophylact explaining this passage says that at the beginning of the Lord Jesus Christ's earthly ministry, Joseph's sons, Jude among them, did not believe in His divine nature.

Only later Jude came to believe in Christ as the awaited Messiah, and he followed Him and was chosen as one of the twelve Apostles. Mindful of his sin, Jude considered himself unworthy to be called the Lord's brother, and in his Epistle he calls himself merely the brother of James. The Apostle Jude also had other names: the Evangelist Matthew

terms him "*Lebbaeus, whose surname was Thaddeus*" (Mt. 10:3). The Holy Evangelist Mark also calls him Thaddeus (Mk 3:18), and in the Acts of the Holy Apostles he is called Barsabas (Acts 15: 22).

After the Ascension of the Lord Jesus Christ, St Jude traveled about preaching the Gospel. He propagated the faith in Christ at first in Judea, Galilee, Samaria and Idumaia, and later in the lands of Arabia, Syria and Mesopotamia. Finally, he went to the city of Edessa. Here he finished the work that was not completed by his predecessor, St Thaddeus, Apostle of the Seventy (August 21). There is a tradition that St Jude went to Persia, where he wrote his catholic Epistle.

The Holy Apostle Jude died as a martyr around the year 80 near Mount Ararat in Armenia, where he was crucified and pierced by arrows.

"...Open the doors of your hearts and your homes to Christ, allow His Holy Spirit to transform you, purify and strengthen you in God's love!" - Pastoral Letter of His Beatitude Sviatoslav Shevchuk "The Vibrant Parish"

"...Відчиніть двері своїх душ і домівок Христові, дозвольте Його Святому Духові вас перемінити, очистити і скріпити Божою любов'ю!" — Пастирський Лист Блаженнішого Святослава Шевчука "Жива Парафія"

Christian Greetings:

Glory to Jesus Christ! – Glory to Him Forever! Slava Isusu Chrystu! – Slava na Viky! Слава Icycy Христу! – Слава на Віки!

Liturgical Propers:

Text from "The Divine Liturgy of St. John Chrysostom: An Anthology for Worship"; Pg. 341

Troparion (Tone 4): When the disciples of the Lord learned from the angel the glorious news of the resurrection and cast off the ancestral condemnation, they proudly told the apostles: "Death has been plundered! Christ our God is risen, granting to the world great mercy."

Glory be to the Father and to the Son and to the Holy Spirit.

Kontakion (Tone 4): My Saviour and Deliverer from the grave as God has raised out of bondage the children of the earth and shattered the gates of Hades; and as Master, He rose on the third day.

Now and for ever and ever. Amen.

Theotokion (Tone 4): By Your birth, O immaculate one, Joachim and Anna were freed from the reproach of childlessness, and Adam and Eve from the corruption of death. And Your people, redeemed from the guilt of their sins, celebrate as they cry out to You: "The barren one gives birth to the Mother of God* and nourisher of our life."

Prokimenon (Tone 4): How great are Your works, O Lord You have made all things in wisdom (Ps 103:24).

Verse: Bless the Lord, O my soul; O Lord my God, You are exceedingly great (Ps 103:1).

Prokimenon (Tone 4): How great are Your works, O Lord You have made all things in wisdom (Ps 103:24).

Epistle: A reading from the Letter of St. Paul to the Romans: (Romans 10:1-10)

Brethren, my heart's desire, my prayer to God for the Israelites, is that they may be saved. Indeed, I can testify that they are

zealous for God though their zeal is unenlightened. Unaware of God's justice and seeking to establish their own, they did not subject themselves to the justice of God. Christ is the end of the law. Through him, justice comes to everyone who believes. Moses writes of the justice that comes from the law, 'The one who observes the law shall live by it.' But of the justice that comes from faith he says, 'Do not say in your heart, tous

"Who shall go up into heaven?" (that is, to bring Christ down), or "Who shall go down into the abyss?" (that is, to bring Christ up from the dead). What is it he does say? 'The word is near you, on your lips and in your heart' (that is, the word of faith that we preach). For if you confess with your lips that Jesus is Lord, and believe in your heart that God raised him from the dead, you will be saved. Faith in the heart leads to justification, confession on the lips to salvation.

Alleluia (Tone 4): Poise yourself and advance in triumph and reign in the cause of truth, and meekness, and justice (Ps 44:5). You have loved justice and hated iniquity (Ps 44:8).

Gospel: (Matthew 8:28-9:1)

At that time, as Jesus approached the Gadarene boundary, he encountered two men coming out of the tombs. They were possessed by demons and were so savage that no one could travel along that road. With a sudden shriek they cried, 'Why meddle with us, Son of God? Have you come to torture us before the appointed time?' Some distance away a large herd of swine was feeding. The demons kept appealing to him, 'If you expel us, send us into the herd of swine.' He answered, 'Out with you!' At they came forth and entered the swine. The whole herd went rushing down the bluff into the sea and were drowned. The swineherds took to their heels, and upon their arrival in the town related everything that had happened, including the story about the two possessed men. The upshot was that the entire town came out to meet Jesus. When they caught sight of him, they begged him to leave their neighborhood. Then he reentered the boat, made the crossing, and came back to his own town.

Communion Verse: Praise the Lord from the heavens; praise Him in the highest (*Ps* 148:1). Alleluia! (x3)

Our Eparch, Bishop Ken is requesting that at the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war. For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

GRATITUDE

* to all ladies and gentlemen who organized, worked and participated in our parish Praznyk/Feast Day celebrations!

* to everyone who congratulated Veronica and Fr. Pavlo on their birthdays!

* to all our parishioners, guests, visitors and all people of the good will who by their kindness, time, donations, knowingly and unknowingly, organize and lead praying with rosaries, attend services during the week, share their time and work at the parish projects, clean the church, prepare coffee and sweets, look after and graciously support our Christian, Catholic parish community! Thank you very much! May the Almighty God generously bless and reward your care, time and generosity! "Remember. O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy **upon all of us**!" (Divine Liturgy of Saint John Chrysostom)

CONGRATULATIONS

May the Almighty God grant many, happy and blessed years in good health and salvation to Mrs. Mildred Kolody on her birthday (June 16th), to Mrs. Elsie Zachary, on her birthday (June 22nd), to all gentlemen and their families who celebrate Father's Day today, and to all our parishioners, your family members, our guests and visitors who celebrate their birthdays, name-days, wedding anniversaries and any other special anniversaries this week – Mnohaya i Blahaya Lita!



What does it mean to be a Father?



A father must be many things for his family. First of all, he must be a breadwinner. He must provide for those he loves. Often it is only a breadwinner who knows what it costs in blood, sweat and tears to be a good provider!

A father must look deeply into his conscience, and with his wife, determine what the real needs of his family are. He must sometimes willingly and without regret make decisions that will be appreciated perhaps only after the years have gone by!

A father must be a leader; one who shares in the decision making process with his family!

A father must also be a priest, helping to lead his family to God. In a sense, a father is called to be like God, in that he creates, sustains and provides for those he loves!

Dear fathers, grandfathers, god-fathers, most reverend and reverend spiritual fathers may the Almighty and Omnipresent God bestow upon you, your families and all your dear ones good health, peace, lots of love, blessings and happiness that you can cherish always - HAPPY FATHER'S DAY!!!

Blessings and Congratulations to Morganne Emery, of proud parents Robert and Lynda Emery and grandparents Dave and Mary Emery, who will graduate on Friday, June 24th this year from Mount Boucherie Senior Secondary in Kelowna, BC! May Our Lord and Saviour Jesus Christ lead and bless you, gear graduate and sister in Christ, by keeping you to grow wisely for many blessings of your family, church and country!

ANNOUNCEMENTS:



A WARM WELCOME TO OUR PARISHIONERS, GUESTS AND VISITORS WHO HAVE JOINED US IN THIS DIVINE LITURGY. THANK YOU FOR PRAYING WITH US AT THE CHUCH. HAVE A JOYFUL FATHER'S DAY AND BLESSED WEEK. EVERYONE IS INVITED FOR PARISH COFFEE SOCIAL AFTER THE SERVICE TODAY! ENJOY YOUR SPECIAL DAY WITH YOUR FAMILIES AND FRIENDS BUT DO NOT FORGET THE MOST IMPORTANT PERSON, OUR HEAVENLY FATHER!!!

Special Petitions:

* We also pray to be blessed with generous hearts to contribute to our Bishop's initiatives and programmes, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.

* We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

III. **REMEMBER TO PRAY FOR**: yourselves, Most Reverend Bishop Severian Yakymyshyn, Fr. Steven Basarab, Fr. Serabion ElMakary, Steve and Bernice Usipuik, Ann Kuz, Ann Derzak, Dave and Mary Emery, Elsie Kinaschuk, John Kolody, Joseph Mychaluk, Zonia Rurka, Eugene Palsitt, Adeline Palsitt, Orest Hrycewich, Myron and Myrna Wizniak, Elsie Zachary, Matt Dmyterko, Allan and Sharon Ludwig, Steve and Jesse Pawlyshyn, Joe and Olga Burkatsky, Orest Kociuba, Kalyna Kociuba, Allan Bodnaruk, Maria Chorny, Katrien Sobhy, Marg Musey, Jacob and Ann Dressler, Rosemary Pellizzon, Bronie Huska, Peter Huska, Mary Borrett, Stanley and Roma Nowakowski (Bishop Ken's parents), Larry and Valray Necember, Lawrence and Ping Beaton, Red Mackay, Les Blain, Theresa Munro, Michelle New, Randy Hamilton, Adam Laniel, Cryss O'Donnell, Rose Ostopowich (Fr. Joe Ostopowich's mother), members of our parishes and those who are not able to join actively in our community, your families, relatives, friends; especially the shut-in or those in the hospitals, nursing and senior homes, those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless and all people who have asked us pray for them. Please, also in your kindness keep praying daily for vocations to the priesthood and religious life. Remember to ask for special blessings for Christian families!

REMINDER for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

- * Sunday (June 12^{th} collection: \$914.00
- * **Parish Council Meeting** will be held at 7:00 pm. on Tue., June 21st, 2016 A.D.

*The Most Holy Trinity Ukrainian Catholic Church parish appreciation day will be held on Sunday, June 26th, 2016. BBQ and social are following the Divine Liturgy at 10:00 am. A signing in list is available in the church hall. Please, do not forget to sign in and let us know about your participation!

* Saints Peter and Paul Ukrainian Catholic Church in Grindrod - invites you to their Praznyk/Parish Feast Day on Sunday, June 26th, 2016. The Divine Liturgy will be celebrated at 3:00 p.m. Reception, social, games ... etc. to follow. We are looking forward to seeing you, welcoming you and sharing the joy of celebration with all of you!

* THE KNIGHTS OF COLUMBUS, 4th Degree Assembly will be having their Officer Installation at the Most Holy Trinity Ukrainian Catholic Church on at 6: 30 p.m. on Mon., June 27th, 2015 A.D.

SHARE YOUR HEART EPARCHY OF NEW WESTMINSTER VIBRANT PARISH APPEAL

"...We need your urgent and immediate support to guarantee the viability of our Eparchy for future generations of your children and grandchildren. We want to ensure the survival of pastoral services including the celebration of the sacraments in the Ukrainian Catholic tradition, such as Divine Liturgies, Baptism, Marriages, Funerals and the great Feasts, which means so much to us..." +Ken (Eparchial Bishop of New Westminster)

WAYS TO GIVE

- **CHEQUE** (Please make your cheques payable to the Eparchy of New Westminster)
- **BEQUESTS** (You have the ability to leave a legacy that will commemorate your love of God by remembering the Eparchy in your will)
- **GIFT OF PUBLICLY TRADED STOCK** (*Please contact the Chancery office for further details on how to make a gift of stock*)

FOR WHERE YOUR TREASURE IS THERE WILL YOUR HEART BE ALSO

CONTACT INFORMATION: 502 – 5th AVENUE, NEW WESTMINSTER, BC CANADA, V3L 1S2TELEPHONE: 604-524-8824EMAIL: new.chancery@gmail.comWEBSITE: www.nweparchy.ca

* **Camp Saint Volodymyr 2016- August 21-28:** The purpose of camp is to provide an opportunity for youth to experience God through nature and the companionship of others. Children will experience Ukrainian language and culture during camp along with games, religious activities, hikes, sports, arts and crafts, camp fires, water activities and other summer camp activities.

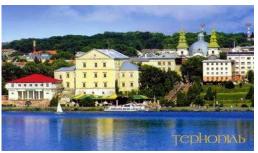
This marks the 33rd year of our Ukrainian Catholic Summer Camp. Camp will take place in Kelowna at the OAC facility. Camp offers a wide range of activities for campers aged 7-15 (as of December 31, 2016). Registration is available online via Eventbrite "Camp St. Volodymyr BC 2016." Early bird registration Ends July 7, 2016.

WAYS TO HELP, VOLUNTEER: Camp Saint Volodymyr is a nonprofit camp, run on a volunteer basis. If you are interested in helping at this year's camp as a counsellor, chef, arts & crafts or cultural coordinator please contact Jennifer. All volunteers will be subject to a criminal records check and must sign the camp code of conduct. For more information contact Jennifer Caldwell @ 604.220.0584 or jennsawka@hotmail.com. Visit our website via www.nweparchy.ca

DONATE: We are always happy to accept food donations of vegetables, fruits, cereals, and treats for children such as cakes, cookies, as well as monetary donations. Tax receipts can be issued with donations of \$25 or more.

* Cat Chat Vacation Bible School and sports camp at St. Ann's Academy on July 4 - 8 and July $11 - 15^{th}$, 2016 A.D. To register, please, visit office@saredheartkamloops.org

ITINERARY FOR INDEPENDENCE DAY TOUR OF UKRAINE with Father Damian & Sister Angelica 16th AUGUST 2016 – 01st SEPTEMBER 2016 KYIV –LVIV-TERNOPIL CARPATHIAN MOUNTAINS



Be part of Mykhaylo Ozozrovych ordination

Land Package \$2625.00 U.S. Dollars // Single supplement \$568.00

[includes all breakfasts & Meals as specified] Flights: please call Luba@Captain Cook // Toll free: 1 877-430 6789

Reservations: A non refundable deposit of \$700.00 U.S. due 25 April 2016

Final Balance \$1925.00 U.S due 01 June 2016

*Flights: Please call Luba @ our office to book your flights

*Please advise any special visits to Villages and/or Archives in order that we may help to pre arrange vehicles for you and advise costs.

* Any other questions, please call Sister Angelica 604-526-9198 or 604-375-6626.

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The Head of the UGCC: «Our task – to pray for those who do not accept the Gospel, do not know God and truth about a human and a family»

In the period from Resurrection to Ascension of our Lord Jesus Christ, the UGCC passes through the Mission Decade. During this time, the faithful carry out what Christ was praying for at The Holy Supper: in these ten days the Church prays for those people who have not experienced Christ's faith yet.

The Father and Head of the UGCC His Beatitude Sviatoslav emphasized this in his homily on June 12, the Sunday of the Fathers of the First Ecumenical Council at Nicea.

According to the preacher, despite the fact that we live in the world of modern technology, there are still a lot of people alongside who do not know God yet. That is why Christ in His Hierarchical prayer commits us to share our faith with such people. "During the Decade, we also pray for missionaries who preach God's Word to those who are not Christians yet and who might not share our Christian values", he added.

How should we share our faith? Jesus Christ in today's Gospel answers: "We have to share our faith by means of the method and content of the evangelical homily. However, sharing our faith must not be forceful since we cannot make anyone accept the Truth. Aggression and violence are incompatible with the Christian mission".

As His Beatitude Sviatoslav observed, first and foremost, we ourselves must live deeply by the Word of God and reveal it with our own lives (family, public and professional aspects).

"Today Christ calls us in the same way as he called His Apostles: to love those He is sending us to. Because of this the Christians of the early period of the life of Church respected the dignity of every person regardless of his religious beliefs, ways of living and culture", added the preacher. However, in his opinion, respect and tolerance for those who are different from us, does not exempt us from the duty to testify the Truth, even if people do not accept and reject it. "The big task of our Church is to pray for those who do not accept the God's Gospel and His Word of Truth, not knowing God and truth about a human and a family", underlined the Head of the Church.

At the end, His Beatitude Sviatoslav prayerfully added: "May the Lord unite in this prayer our Church and Ukraine so that we could fully pass the heritage of treasure of Divine life to those who need it." Source: www.ugcc.org.ua

Pan-Orthodox Council Organizing Committee claims the decision of ROC not to affect its conduct

The decision of the Synod of the ROC will not affect the preparation and conduct of Pan-Orthodox Council in Crete. Preparation for the Council will continue, member of the Organizing Committee of the Pan-Orthodox Council, the American priest the Very Rev Alexandros Karlutsos, who is responsible for coordinating meetings, told RIA Novosti.

An emergency meeting of the Synod of the Russian Orthodox Church was held on Monday, June 13, which supported the proposal of the Antioch, Georgian, Serbian and Bulgarian Orthodox Churches on the postponement of Pan-Orthodox Council.

According to the hierarchs of the Russian Orthodox Church, a pan-orthodox discussion should be held and obligatory consent of all Orthodox Churches to host Council should be achieved.

"If this proposal is not accepted by the Church of Constantinople, and the council convenes on Crete despite the lack of agreement of a number of churches, the ROC delegation will not take part in its work," states the the decision of the Holy Synod of the Russian Orthodox Church.

According Fr.Karlutsos they were informed about the decision of the Holy Synod of the Russian Orthodox Church.

"However, we have the decision of the Russian Orthodox Church of January 28, which was adopted together with the heads of all 14 local Orthodox Churches that the Holy and Great Council will meet in Crete. We have a decision that invites everyone to participate in the council. And now we expect that all the heads will come as agreed by all 14 churches and the Synaxis of Heads of Churches will be held on June 17th," Fr. Karlutsos said.

"They will be able to discuss the message of Pan-Orthodox Council. If there are any other problems, they will also be able to discuss them before Orthodox council," said the priest.

When asked about the decision of the Synod of the Russian Orthodox Church to postpone the Pan Orthodox Council Fr. Karlutsos said: "We see that the decision of January 28 remains in force. So if they require Synaxis, it is already scheduled for June 17."

Orthodox World, source: www.risu.org.ua

"War in Ukraine is something more than a long-running conflict," State Secretary of Vatican in Zaporizhzhia

"We know that this war is something much more than a long-running conflict: a constant danger, being a sign confrontation of civilizations, histories and peoples that goes far beyond the borders of Ukraine, which could have serious consequences for the balance, which so constantly violated in many parts of the world," Vatican Secretary of State Pietro Parolin said in a speech at a meeting of the Council of Churches in Zaporizhzhia on June 16.

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He recalled the words of Pope Francis on the "war in fragments", which is taking place in the world and the conflict in Ukraine is part of a global confrontation. Therefore, the resolution of the conflict must be global.

"The suffering you are going through, although concerns directly to your land, but appeals to the conscience of all people and the entire international community to exert all efforts to end the drama in Ukraine," said the Vatican's Secretary of State.

Cardinal again reiterated that the Holy See has called for the need to comply with international law on the territory and borders of Ukraine. These words are one of the clearest statements of the Vatican on the situation in Ukraine.

He emphasized the duty to pray and act. "In the face of the existing confrontation we have a duty above all to pray for peace and to act in God's name is to be close to those who are deprived of basic things by violence," said the Secretary of State.

At the meeting of the Council of Churches in Zaporizhzhia Cardinal Pietro Parolin symbolically handed the help of Catholics in Europe who gathered at the call of Pope Francis. Recall that the Pope has announced a collection for Ukraine, which was held April 24. The amount will be announced later, but for implementing "Ukraine for the Pope" action, a special technical committee was launched under the leadership of Bishop Ian Sobilo, auxiliary bishop of the diocese of Kharkiv and Zaporizhzhia of the Roman Catholic Church in Ukraine.

We know that the funds are intended solely for victims of violence in eastern Ukraine, settlers, residents of so-called "gray zone" near the contact line, the population that remains on the territory which is not by Ukrainian government, especially children, the elderly and single-parent families with young children to those who suffered torture and other forms of torture.

"Humanitarian aid allocation will be devoid of ideology or the religious, ethnic or linguistic identity. The only condition is that it is intended to people who are in situation of real need. For the Church all are sons, on an equal footing, sons of the Father in Heavens. Let us start with the most urgent aid, food, medicine, shelter," said Cardinal Parolin in his speech to the Council of Churches of Zaporizhia, which unites churches and religious organizations.

The Vatican's Secretary of State will stay in Ukraine until 20 June and after Zaporizhia is to visit Kyiv and Lviv.

http://risu.org.ua/en/index/all news/catholics/vatikan/63711/

Liturgical celebrations during week:

- 6:15 p.m. Moleben to the Divine Mercy Tue., June 21st – 9:00 a.m. The Divine Liturgy: Rev. Fr. Peter Nguyen Wed., June 22nd – 9:00 a.m. The Divine Liturgy: Harry Aurrie Thurs., June 23rd – 9:00 a.m. The Divine Liturgy: Laorenz Stark - 7:00 p.m. Vespers Fri., June 24th (Birth of Saint John the Baptist) - 7:00 a.m. The Divine Liturgy: Chris Burton - 7:00 p.m. Moleben to the Divine Mercy

Sat., June 25th – 10:00 a.m. The Divine Liturgy: Joseph Wilk

Sunday, June 26th, 2016 – 9:30 a.m. Rosary (Eng.)

- 10:00 a.m. The Hierarchical Divine Liturgy: God's blessings for all our parishioners, guests and visitors (Eng/Ukr.)

Please, contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions.

Pastoral Ministry and Sacraments:

Reconciliation: on Sundays and Holy Days: before Liturgies and other days, by appointment.

Holy Communion: for the sick, by appointment, any time. Baptisms: by appointment. Marriages: please make an appointment to meet with the parish priest. Funerals and Memorials: by appointment. Holy Unction (Anointing of the Sick): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing, please contact Fr. Pavlo to arrange a time.

Basic Guidelines for Reception of Holy Communion:

You are a member of the Catholic Church (Orthodox faithful are welcome to receive Holy Communion); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (water and medicine does not break the fast). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.

Bequests and Wills: Leaving a bequest is a process of giving a donation through your will. It is simply a distribution from your estate to a charitable organization through your last will and testament. It can be as small or as large a donation as you wish. It is important that you talk to your lawyer about the process.

In your kindness please remember The Most Holy Trinity Ukrainian Catholic Church in Kamloops, BC in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will: "I give, devise, and bequeath to The Most Holy Trinity Ukrainian Catholic Church at 109 Tranquille Road, Kamloops, BC V3B 3E8 the sum of \$_____ (or

% of my estate), to be used for the benefit of the church/parish, it's expenses, needs and pastoral ministry."