



# The Most Holy Trinity Ukrainian Catholic Church



Parish Administered by Rev. Fr. Pavlo Myts  
109 Tranquille Road, Kamloops, BC V3B 3E8  
Church Tel.: 250-376-3690 Rectory Tel.: 250-461-7249

Email: [mostholytrinitypar@shaw.ca](mailto:mostholytrinitypar@shaw.ca) Parish web-site: <http://kamloops.nweparchy.ca/>

Parish Executive Council Chairperson: Mr. Matt Dmyterko; UCWLC President: Mrs. Adelle Dmyterko - Tel: 250-554-3107

Parish Cantor: Mr. Myron Musey  Ukrainian Catholic Eparchy of New Westminster: [www.nweparchy.ca](http://www.nweparchy.ca)

## Third Sunday of the Great Fast/Lent

Veneration of the Holy Cross of Our Lord and Saviour Jesus Christ – February 28<sup>th</sup>, 2016 A.D.

**THE VIBRANT PARISH - A PLACE TO ENCOUNTER THE LIVING CHRIST: Through the Word, the Holy Mysteries & Prayer, Serving One's Neighbour, Leadership, Fostering & Serving Unity and Missionary Spirit** – Pastoral Letter of His Beatitude Sviatoslav



O Lord Jesus Christ, our Good Shepherd, as you once gathered lost sheep that they might hear Your voice and be your flock, so also today graciously look down from heaven upon our parish community, and send down on it your Holy Spirit, that it might be a place to receive the joy of Your Good News. Strengthen us with your presence, and always gather us together in prayer. Grant us the spirit of serving others, so that in our parish all might encounter You, the merciful God. Bless our spiritual leaders with Your wisdom, and inspire us to generously give of our time, talents and treasure for the building up of Your Kingdom. Unite us in peace and harmony, as befits Your community of love. Instill in us a missionary spirit, and let our parish community shine with the light of the Gospel, with prayer and good works, inviting all to share in the divine life, so that Your Name, O Saviour, may be praised, together with Your eternal Father, and your most-holy, good and life-giving Spirit. Amen.



On the third Sunday of Lent we celebrate the veneration of the honorable and Life -Giving Cross. As we have “crucified the flesh with its passions and desires” (Galatians 5:24), and will have mortified ourselves during these forty days of the Fast, the precious and life-giving Cross is now placed before us to refresh our souls and encourage us who may be filled with a sense of bitterness, resentment, and depression. The Cross reminds us of the Passion of our Lord, and by presenting to us His example, it encourages us to follow Him in struggle and sacrifice, being refreshed, assured, and comforted. In other words, we must experience what the Lord experienced during His Passion - being humiliated in a shameful manner. The Cross teaches us that through pain and suffering we shall see the fulfillment of our hopes: the heavenly inheritance and eternal glory.

As they who walk on a long and hard way and are bowed down by fatigue find great relief and strengthening under the cool shade of a leafy tree, so do we find comfort, refreshment, and rejuvenation under the Life-giving Cross, which our Fathers “planted” on this Sunday. Thus, we are fortified and enabled to continue our Lenten journey with a light step, rested and encouraged.

Moreover, as the Holy Cross is called the Tree of Life, it is placed in the middle of the Fast, as the ancient tree of life was placed in the middle of the garden of Eden. By this, our Holy Fathers wished to remind us of Adam's gluttony as well as the fact that through this Tree has condemnation been abolished. Therefore, if we bind ourselves to the Holy Cross, we shall never encounter death but shall inherit life eternal.

“...Open the doors of your hearts and your homes to Christ, allow His Holy Spirit to transform you, purify and strengthen you in God's love!”

– Pastoral Letter of His Beatitude Sviatoslav Shevchuk “The Vibrant Parish”

“...Відчиніть двері своїх душ і домівок Христові, дозвольтє Його Святому Духові вас перемінити, очистити і скріпити Божою любов'ю!” –Пастирський Лист Блаженнішого Святослава Шевчука “Жива Парафія”

### Christian Greetings:

Glory to Jesus Christ! – Glory to Him Forever! Slava Isusu Chrystu! – Slava na Viky!  
Слава Ісусу Христу! – Слава на Вікі! Christ is among us! – He is and will be!

### Liturgical Propers:

For the Sundays of Great Fast/Lent the Typicon prescribes the Divine Liturgy of Saint Basil the Great

## Adoration of the Precious and life giving Cross

**Priest:** Wisdom Stand Aright

**People:** sing **Troparion** (tone 1): Save Your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies, and protect Your community by Your cross. (3 times)

**Priest:** Have Mercy on us, O God, in the greatness of Your compassion, we pray You, hear us and have mercy. †

**People:** Lord, have mercy (24 times according to the melody presented below)

**Priest:** We also pray for our most holy universal Pontiff, Francis Pope of Rome; and for our most blessed Patriarch Sviatoslav, that the Lord God would grant them health and salvation, ever directing them and assisting them in all they do: We pray to You, O Lord, hear us and have mercy. †

**People:** Lord, have mercy (24 times.)

**Priest:** We also pray for our most reverend metropolitan Lawrence, for our Godloving bishop Ken, for our spiritual fathers and mothers, and for all our brothers and sisters in Christ; for their health and salvation, and for the remission of their sins, let us say. †

**People:** Lord, have mercy (24 times.)

**Priest:** We also pray for every Christian soul that is afflicted and maltreated; for their health and salvation, and for the remission of their sins, let us say. †

**People:** Lord, have mercy (24 times.)

**Priest:** We also pray for all those who serve and have served in this holy church; for their health and salvation, and for the remission of their sins, let us pray. †

**People:** Lord, have mercy (24 times.)

**People:** Glory be to the Father and to the Son and to the Holy Spirit; now and for ever and ever. Amen.

**Kontakion** (tone 4): By Your own choice, O Christ our God, You were lifted on the cross. Grant Your mercies to Your new community that bears Your name. By Your power gladden the faithful people and grant them victory against enemies. May they have the help of Your instrument of peace, the invincible sign of victory.

### Musical Arrangement of the 24 Lord Have Mercies. Pg 1122 Anthology.

Ho-spo-dy, po-my-lui. (3) Ho-spo-dy, po-my-lui. (3)

Ho-spo-dy, po-my-lui. (3) Ho-spo-dy, po-my-lui. (3)

Ho-spo-dy, po-my-lui. (3) Ho-spo-dy, po-my-lui. (3)

Ho - spo - dy, po - my-lui. (3) Ho - spo - dy,

po-my - - - lui. Ho-spo - dy, po-my-lui.

Ho - spo - dy, po - my - - - lui.

**Priest:** To Your cross, O Master, we bow in veneration, and we glorify Your holy resurrection.

**People:** To Your cross, O Master, we bow in veneration, and we glorify Your holy Resurrection.

**Priest:** To Your cross, O Master, we bow in veneration,

**People:** And we glorify Your holy resurrection!

**Troparion** (Tone 7): By Your cross You destroyed death; You opened Paradise to the thief; You changed the lamentation of the myrrhbearers to joy, and charged the apostles to proclaim that You are risen, O Christ our God, offering great mercy to the world.

**Troparion** (Tone 1): Save your people, O Lord, and bless Your inheritance. Grant victory to Your faithful people against enemies,\* and protect Your community by Your cross.

**Glory be to the Father and to the Son and to the Holy Spirit: Now and for ever and ever. Amen**

**Kontakion** (Tone 7): No longer does the flaming sword guard the gate of Eden; the tree of the Cross has quenched its flames gloriously. The sting of death and the victory of Hades are banished, and You, O my Saviour, came and called to those in Hades: "Return again to Paradise!"

Instead of "Holy God," **To Your Cross, O Master, we bow in veneration, and we glorify Your holy Resurrection!**

**Prokimenon** (Tone 6): Save Your people, O Lord, and bless Your inheritance (Ps. 27:9)

**Verse:** Unto You I will cry, O Lord my God, lest You turn from me in silence (Ps. 27:1)

**Prokimenon** (Tone 6): Save Your people, O Lord, and bless Your inheritance (Ps. 27:9)

**Epistle:** *A reading from the Letter of Saint Paul to the Hebrews* (Hebrews 4:14-5:6)

*Brethren,* Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our profession of faith. For we do not have a high priest who is unable to sympathize with our weakness, but one who was tempted in every way that we are, yet never sinned. So let us confidently approach the throne of grace to receive mercy and favor and to find help in time of need.

Every high priest is taken from among men and made their representative before God, to offer gifts and sacrifices for sins. He is able to deal patiently with erring sinners, for he himself is beset by weakness and so must make sin offerings for himself as well as for the people. One does not make this honor on his own initiative, but only when called by God as Aaron was. Even Christ did not glorify himself with the office of high priest; he received it from the One who said to him, "You are my son; today I have begotten you"; just as he says in another place, "You are a priest forever, according to the order of Melchizedek."

**Alleluia** (Tone 1): Remember Your congregation which You acquired from the beginning (Ps 73:2) But God is our king before the ages; He has wrought salvation in the midst of the earth (Ps. 73:12).

**Gospel:** (Mark 8:34-9:1)

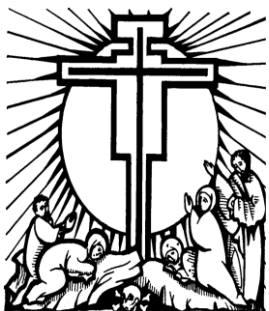
*The Lord said,* "If a man wishes to come after me, he must deny his very self, take up his cross, and follow in my steps. Whoever would preserve his life will lose it, but whoever loses his life for my sake and the gospel's will preserve it.

What profit does a man show who gains the whole world and destroys himself in the process? What can a man offer in exchange for his life?

If anyone in this faithless and corrupt age is ashamed of me and my doctrine, the Son of Man will be ashamed of him when he comes with the holy angels in his Father's glory." He also said to them: "I assure you, among those standing here there are some who will not taste death until they see the reign of God established in power."

*Instead of "It is truly...":* In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before the ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

**Communion Verse:** Let the light of Your countenance, O Lord, shine upon us (Ps. 4:7). Alleluia! (x3).



**Our Eparch, Bishop Ken is requesting that at the conclusion of every Divine Liturgy we say an additional prayer for Peace in Ukraine until the end of the war. For peace in Ukraine, let us pray: Our Father ... Hail Mary ... Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.**

**Priest:** To Your cross, O Master, we bow in veneration, and we glorify Your holy resurrection.

**People:** To Your cross, O Master, we bow in veneration, and we glorify Your holy Resurrection.

**Priest:** To Your cross, O Master, we bow in veneration,

**People:** And we glorify Your holy resurrection!

## GRATITUDE

\* to everyone who came and worked at pierogis and paska's making work bees during the past week!

\* to all our parishioners, guests, visitors and all people of the good will who by their kindness, time, donations, knowingly and unknowingly, organize and lead praying with rosaries, attend services during the week, work at the parish projects, clean the church, prepare coffee and sweets, look after and graciously support our Christian, Catholic parish community! Thank you very much! May the Almighty God generously bless and reward your care, time and generosity! **"Remember, O Lord, those who bear fruit doing good works in Your holy churches and remembering the poor. Send down Your mercy upon all of us!"** –

(Divine Liturgy of Saint John Chrysostom)

## CONGRATULATIONS

May the Almighty God bless in good health and salvation in many, happy and blessed years of life to all our parishioners, guests, visitors, family members and all those who celebrate their birthdays, name-days, wedding anniversaries and any other special anniversaries this week – Mnohaya i Blahaya Lita!

## ANNOUNCEMENTS:



**A WARM WELCOME TO OUR PARISHIONERS, GUESTS AND VISITORS WHO HAVE JOINED US IN THIS DIVINE LITURGY. THANK YOU FOR PRAYING WITH US AT THE CHUCH TODAY. WISHING YOU A BLESSED WEEKEND AND FRUITFUL, HEALTHY AND SAFE WEEK! EVERYONE IS WELCOME TO PARTICIPATE IN OUR PARISH FELLOWSHIP AT THE CHURCH HALL TODAY!**

## Special Petitions:

\* We also pray to be blessed with generous hearts to contribute to our Bishop's initiatives and programmes, such as: the support of parishes, the education of parishioners, and the formation of seminarians, Lord hear us and have mercy.

\* We also pray for the people of Ukraine, that with the help of the Holy Spirit, they may obtain social peace, political harmony and economic stability: Lord, hear us and have mercy.

**III. REMEMBER TO PRAY FOR:** yourselves, Most Reverend Bishop Severian Yakymyshyn, Fr. Steven Basarab, Fr. Serabion ElMakary, Steve and Bernice Usipuk, Ann Kuz, Ann Derzak, Dave and Mary Emery, Elsie Kinaschuk, John Kolody, Joseph Mychaluk, Zonia Rurka, Eugene Palsitt, Adeline Palsitt, Orest Hrycewich, Myron and Myrna Wizniak, Bill and Elsie Zachary, Matt Dmyterko, Allan and Sharon Ludwig, Jesse Pawlyshyn, Joe and Olga Burkatsky, Orest Kociuba, Kalyna Kociuba, Allan Bodnaruk, Maria Chorny, Katrien Sobhy, Marg Musey, Jacob and Ann Dressler, Rosemary Pellizzon, Bronie Huska, Peter Huska, Mary Borrett, Stanley and Roma Nowakowski (Bishop Ken's parents), Larry and Valray Necedor, Lawrence and Ping Beaton, Red Mackay, Les Blain, Theresa Munro, Michelle New, Randy Hamilton, Adam Laniel, Cryss O'Donnell, Rose Ostopowich (Fr. Joe Ostopowich's mother), members of our parishes and those who are not able to join actively in our community, your families, relatives, friends; especially the shut-in or those in the hospitals, nursing and senior homes, those seeking God's answer to their prayers or those rejoicing with God's answer; those celebrating birthdays and anniversaries; those called to their eternal reward and for the family they leave behind; widows and widowers, orphans, homeless and all people who have asked us pray for them. Please, also in your kindness keep praying daily for vocations to the priesthood and religious life. Remember to ask for special blessings for Christian families!

**REMINDER** for families of individuals, who are admitted to hospital - If you or a family member is admitted to hospital and you wish to have a priest visit, please be sure to have someone call our parish rectory office to make this request. Your pastor may have no other way of knowing that you are in hospital, as privacy legislation.

\* **Our Parish 3 work bees this week:** 1) **Pierogies and Doves making** at 8:30 a.m. on Tue., Mar. 1<sup>st</sup>; 2) **Bapka's making** at 8:30 a.m. on Thurs., Mar. 3<sup>rd</sup>; 3) **Beets and Bacon cutting and making** at 8:30 a.m. on Fri., Mar. 4<sup>th</sup>. Everyone is welcome to help our UCWLC ladies' project in supporting of our church!

\* **Sunday** (Feb. 21<sup>st</sup>) **collection:** \$ 473.00

\* **The Great Fast/Lenten Missions** will take place in our parish at 2:00 pm on Friday, March 4<sup>th</sup>, 2016 in Kamloops, BC. **Everyone Welcomed!** Rev. Fr. Bohdan Lukie, CSSR, pastor The Ukrainian Catholic Church of Our Lady of Perpetual Help in Yorkton, SK will be our mission master priest this year.



### **EASTER Bread & Bake Sale**

at the **Most Holy Trinity Ukrainian Catholic Church** (109 Tranquille Road)  
on **Saturday, March 19<sup>th</sup>, 2016** from **10:00 am – 12:00 pm.**

*Paskas & Babkas (Easter Breads), Fresh baked Cabbage Rolls, Potato & Cheddar Cheese Perogies, and  
Homemade Baking*

Sponsored by Ukrainian Catholic Women's League.

*Please note: There will be limits on the amounts allowed per person.*

***Bimaemo!***

***Everyone Welcomed!***

### **Head of Ukrainian Catholic Church consoled by Pope's words**

ROME (CNS) -- The head of the Ukrainian Catholic Church said he was consoled by Pope Francis' words of understanding and tenderness after he expressed the disappointment of Ukrainians with a joint declaration signed by the pope and the Russian Orthodox patriarch.

The pope's remarks were "truly the opening of the doors of mercy," said Archbishop Sviatoslav Shevchuk of Kiev-Halych, head of the Ukrainian Catholic Church.

Pope Francis and Russian Orthodox Patriarch Kirill of Moscow signed a joint declaration in Cuba Feb. 12 and, in an interview the next day, the archbishop said it contains unclear statements on the war in Eastern Ukraine and on the identity of the Ukrainian Catholic Church. He also said his people were deeply disappointed in the declaration's wording.

Responding Feb. 17 to a reporter's questions about the archbishop's critique, Pope Francis said everyone has a right to his or her own opinions about the declaration and the archbishop's criticisms must be read in light of the experience of Ukrainian Catholics.

But Pope Francis also spoke about how his friendship with Archbishop Shevchuk began when they were both ministering in Buenos Aires, Argentina, and how the archbishop had given him an icon of Our Lady of Tenderness, which is one of the few things he asked to have brought to the Vatican after his election in 2013.

Mentioning their friendship and the icon, the archbishop said, "he is inviting us to lower our voices. You cannot have a dialogue shouting."

In an interview with Catholic News Service in Rome Feb. 23, Archbishop Shevchuk said he was pleased that even for the pope, the declaration "is not the word of God, it is not a page of the Holy Gospel," but rather offers indications for discussion.



The archbishop said that when the pope-patriarch meeting was first announced, "my spontaneous reaction was, 'Finally,' and I was pleased that Pope Francis repeated almost the same when he embraced Patriarch Kirill" in Havana.

"I think that the very gesture is sacred -- we are supposed to meet, we are supposed to talk, but that meeting is only a tool to start true, sincere dialogue," the archbishop said.

The desire for mutual respect and closer cooperation among Catholics and Orthodox in Ukraine is not in question, he said, but the declaration's depiction of the situation in Eastern Ukraine and the terminology used to describe the Ukrainian Catholic Church are.

In encouraging an end to tensions between Orthodox and Eastern-rite Catholics, the declaration referred to the churches that are in full union with Rome as "ecclesial communities," a phrase usually used to designate communities the Catholic Church believes are lacking valid sacraments and apostolic succession. Yet, clearly, as part of the Catholic Church that does not apply to Ukrainian Catholics, he said.

The declaration's affirmation that the Ukrainian Catholic and other Eastern Catholic churches have the right "to undertake all that is necessary to meet the spiritual needs of their faithful, while seeking to live in peace with their neighbors," the archbishop said, is "a step forward."

However, the declaration's recognition that the Eastern churches have a "right to exist" makes no sense, he said, because "it's not that we need anyone's permission to exist."

"The Lord resurrected us to full life 25 years ago after the fall of the Soviet Union," he added.

Under Soviet rule, the Ukrainian Catholic Church was illegal and functioned in the underground; in ecumenical dialogues at the time the Russian Orthodox claimed the church did not exist. Once the Soviet Union dissolved and the Ukrainian Catholic Church began functioning publicly, some Orthodox claimed its very existence was an attempt to encroach on the "canonical territory" of the Orthodox.

Along with other Eastern Catholic churches, Archbishop Shevchuk said, "we are churches, 'sui iuris' churches (having their own law). We conserve the Eastern Catholic-Orthodox spiritual-liturgical tradition, but we are in full communion with the successor of Peter."

Being part of the universal Catholic Church, he said, should preserve Ukrainian and other Eastern Catholics from excessive "provincialism, very narrow nationalism, and opens us to real, open ecumenical dialogue. Being Catholic today means being ecumenical."

The other problem with the declaration, the archbishop said, is how it seems to hint that the war in Eastern Ukraine is a civil war and not one involving both Russian troops and Russian support.

The declaration invited "all sides involved in the conflict to prudence, to social solidarity and to action aimed at constructing peace." The pope and patriarch also said, "We invite our churches in Ukraine to work toward social harmony, to refrain from taking part in the confrontation and to not support any further development of the conflict."

In announcing the Cuba meeting, Russian Orthodox Metropolitan Hilarion of Volokolamsk, director of foreign relations for the Moscow Patriarchate, said the Russian Orthodox still see the Eastern Catholics as an obstacle to normalized relations. However, he said the need for joint efforts to defend the rights of persecuted Christians in the Middle East was more pressing.

In addition to calling for protection and respect for religious minorities, the declaration also urged Catholics and Russian Orthodox to work together to fight secularization, to protect the environment and to defend definitions of marriage and family life.

"It is good to be united because of so many common challenges in today's world," Archbishop Shevchuk said, "but I think that real ecumenism is the search for unity in the name of one God, not one enemy."

The permanent synod of the Ukrainian Catholic Church was to meet in Rome beginning Feb. 27 and its members hoped to have a meeting with Pope Francis, the archbishop said.

2.23.2016 11:25 AM ET

by Cindy Wooden

*Catholic News Service:* <http://www.catholicnews.com/services/englishnews/2016/head-of-ukrainian-catholic-church-console-by-popes-words.cfm>



### **ASCEND ONLINE – Administrative Assistant Position External Posting**

We are looking for an enthusiastic candidate to join this young and exciting initiative!

This 1.0 FTE position offers the opportunity to:

- Work and share in a faith based, family focused community
- Minister to families
- Interact with students, parents, suppliers and vendors
- Grow and change as ASCEND changes and grows

If you are:

- Excited about living and working in your Catholic faith
- Experienced with home-based learning and home-schooling and are passionate about supporting families and their choice to educate at home.
- Self-directed and able to work independently
- Confident enough to ask questions
- Proficient in business communication, both written and phone/skype
- Familiar with the functioning of administrative office flow, both systematically and technologically
- Very comfortable using Excel, Word, Power point and other office software.
- Flexible in time commitments
- Living in Kamloops area
- Available to be work out of the Kamloops office of ASCEND Online
- Available to meet and communicate with the central offices of CISKD

Take a look at our website, please go to: [www.ascendonline.ca](http://www.ascendonline.ca) To request an application package for this position please contact Kelly Tries, Superintendent of CISKD, at: [superintendent@ciskd.ca](mailto:superintendent@ciskd.ca)

\* **The Seven Last Words:** You are invited to participate in a Lenten activity on Friday March 18<sup>th</sup> at St. Ann's Academy. Dinner (by donation) will be served at 6:30 pm with the children doing a presentation on the Seven Last Words of our Lord. This event is open to all ages from all parishes. However, we ask that you please register ahead at the Sacred Heart Roman Catholic Cathedral parish office at 250-372-2581.

\* **Does your marriage need attention? Maybe repair?** Retrouvaille is for all married couples wanting to heal their marriages, even those contemplating separation, those who are already separated; even divorced couples. Retrouvaille deals with tough problems like infidelity, years of emotional distance or seemingly irreconcilable differences. Couples who come to Retrouvaille often feel hopeless or desperate, but leave with a renewed sense of hope, intimacy and trust. For more information visit <http://www.retrouvaillevancouver.com/> The next retreat in Vancouver is April 1 - 3, 2016.



### **Liturgical celebrations during week:**

#### **Lenten Scriptural Readings for 4<sup>th</sup> week of the Great Fast/Lent**

**Mon.:** Genesis 8:21-9:7; Proverbs 11:19-12:6 & Isaiah 14:24-32    **Tue.:** Genesis 9:8-17; Proverbs 12:8-22 & Isaiah 25:1-9  
**Wed.:** Gen. 9:18-10:1; Proverbs 12:23-13:9 & Isaiah 26:21-27:9    **Thur.:** Gen. 10:32-11:9; Proverbs 13:19-14:6 & Isaiah 28:14-22  
**Fri.:** Genesis 12:1-7; Proverbs 14:15-26 & Isaiah 29:13-23

Mon., Feb. 29<sup>th</sup> – 9:00 a.m. The Divine Liturgy: **Rosina Maida**

Tue., Mar. 1<sup>st</sup> – 6:30 a.m. The Divine Liturgy: **Alex and Harry MacDonald**

Wed., Mar. 2<sup>nd</sup> – 9:00 a.m. The Great Canon of St. Andrew of Crete

– 4:00 p.m. The Divine Liturgy of Pre-Sanctified Gifts: **Bernice Armstrong**

Thurs., Mar. 3<sup>rd</sup> – 9:00 a.m. The Divine Liturgy: **Mario Guzzi**

Fri., Mar. 4<sup>th</sup> – 9:00 a.m. The Way of the Cross, followed by Sorokousty/Lenten Memorial Service for the deceased. (Eng./Ukr.)

– 2:00 p.m. **The Great Fast / Lenten Mission** (Eng./Ukr.)

Sunday, Mar. 6<sup>th</sup>, 2016 – 9:30 a.m. Rosary (Eng.)

– 10:00 a.m. The Divine Liturgy: **God's blessings for all parishioners.** (Eng./Ukr.)

Please, contact Fr. Pavlo if you want to have the Divine Liturgies celebrated in your special (such as: In thanksgiving for favours received, the Infirm, General Intentions, the Deceased, Help of the Holy Spirit, for the Travelers, etc.) intentions.

#### **Pastoral Ministry and Sacraments:**

**Reconciliation:** on Sundays and Holy Days: before Liturgies and other days, by appointment.

**Holy Communion:** for the sick, by appointment, any time.    **Baptisms:** by appointment.    **Marriages:** please make an appointment to meet with the parish priest.    **Funerals and Memorials:** by appointment.    **Holy Unction** (Anointing of the Sick): Those anticipating surgery, hospitalization or treatments and who would like to receive anointing, please contact Fr. Pavlo to arrange a time.

#### **Basic Guidelines for Reception of Holy Communion:**

You are a member of the Catholic Church (*Orthodox faithful are welcome to receive Holy Communion*); 2) You have participated in the Sacrament of Confession at least during the Easter or Christmas seasons this past year if not more frequently; 3) You attend Divine Services regularly; 4) Your lifestyle is consistent with the teaching of the Catholic Church; 5) You have kept the Liturgical fast – no food at least one hour prior to the Divine Liturgy (*water and medicine does not break the fast*). 6) You have been in church from the beginning of the service, or at least heard the Gospel. 7) To the best of your ability, you are in the state of Grace.

**If for any of these or other reasons you cannot receive Holy Communion, you are very welcome to come for a blessing. Please indicate to the priest that you would like to receive his blessing.**